

Western Hemlock

The introduction of western hemlock to the market as a building material has met with many obstacles. The hemlock of the east is far inferior to the western species as a building wood, and the prejudice existing against the stern species is unjustly extended to that of the west. The latter is a hard, straight and even grained wood, nearly white in color. It does not split readily and is light and tough. These characteristics peculiarly fit it for manperior wood for all inside finishing, as at takes a high pollsh and has excelmit wearing qualities. It can be rap-lly kiln dried at high temperature without injury. Mechanical tests have shown it to possess about 70 per cent of the strength of red fir and to be suited for all except the heaviest struc-Rural demands. Large quantities of this timber are now sold under other tames than its own. There is no just cause for the prejudice which necessitates this deception, and western hem-lock should be handled under its right name.—Department of Agriculture Bul-

### WHOOPING COUCH CROUP

Don't let the child suffer. Instant relief and a permanent cure is obtained with

## DR. SLOCUM'S EXPECTORANT

It heals and soothes throats that are worn and inflamed with coughing, arrests the progress of disease, and effects a complete cure speedily.

Sold by all druggists. Price 10c. and 25c.

Buy the best machine made

and also save \$25.00 duty

The Oliver Visible **Typewriter** 



It has passed all other standard typewriters in the number of machines now made and sold in the U. S., which shows its superiority at equal figures, As it is "made in Canada" from U. S. models and sold at U.S. price, you save the duty.

THE .. Planet Printing House AGENTS

### A "FANNY CROSBY" DAY Nervous Women

HONOR FOR AUTHOR OF "SAFE IN THE ARMS OF JESUS."

The Blind Hymn Writer and the Way the Anniversary of Her Birth Is to Be Observed in Many Christian Churches-For Twelve Years She Was a Teacher of the Blind in New

Sunday, March 26, is to be observed in many Christian churches as "Fainy Crosby day." It was on March 24, 1820, in Southeast, Putnam County, N. Y., that the blind writer of sacred songs was born, and it has been thought fitting that those who love her hymns should pay her a tribute of affection on the Sunday nearest to her eighty-fifth birthday. Her home is in Bridgeport, Conn., and she is passing the closing years of a life that has been full of useful activity in the enjoyment of well earned honors.

At the age of six months little Frances Janes Crosby had as good eyesight as the average baby. The application of hot poulties to the eyes during an illness destroyed the optic nerves, and the little one was rendered sightless. At nineteen she was sent to the Institution for the Blind in New York City Sunday, March 26, is to be observed

the little one was rendered sightless. At hinesees the was sent to the Institution for the Blind in New York City, and there became so proficient in knowledge of the alphabet for the blind that she was made an instructor in the institution. For twelve years she taught English grammar and rhetoric, Greek, Roman and Aemerican history. It was here she met a blind music teacher, Alexander Van Alstyne, whom she married. It was during this period of her career that she wrote poetry and secular songs, one of the most popular of the latter being "Rosaile, the Prairie Flower." Several volumes of her poetry were published.

She was forty-five years old when she wrote her first hymn. Not till that



FANNY CROSBY

time did she discover her real vocation. Some of the most beautiful and popular of these compositions seemed to come to her as if by inspiration. One of her best known hymns, "Safe in the Arms of Jesus," was composed in about twenty minutes, while W. H. Doane, who had written music for many of her twenty minutes, while W. H. Doane, who had written music for many of her hymns, was waiting to take a train. He sat down to the piano and played the music, for which he wished her to compose some words. The song writer was deeply affected by the pathos and sweetness of the air, and before the train arrived had thought out the lines which have since been sung by millions of people and have drawn tears from thousands of eyes.

Her rapidity of thought in composition is partly the result of training. She relates that once while a pupil at the Institution for the Blind, she was required to produce some lines of blank

required to produce some lines of blank verse, and had put it off out of sheer verse, and had put it off out of sheer laziness. Finally, her teacher said to her: "Now, Fanny, it is time for business. No blank verse, no dinner." She had the poem ready before the dinner bell rang. That sort of practice enabled her to concentrate her mind on a theme, and partly accounts for the swiftness of her thought when she composed the immortal lines for Mr. Doane.

The blind poet has a strong feeling for rhythm and a keen enjoyment of music, and in her titme has been herself a skilled performer on the gultar and piano. In the case of some of her songs and hymns she composed both words and music. She used to have a sweet soprano voice, and her sense of songs and hymns she composed both words and music. She used to have a sweet soprano voice, and her sense of harmony was so strong that anything like a discord jarred on her ear, and would even awaken her from sleep. A gentleman who knew this once used it to his advantage. On calling at the hotel where she was staying he was told by attendants that she was sleeping. They were reluctant to disturb her, whereupon the caller, whose business was preasing, strolled down the corridor where her room was located, and began singing a hynm out of tune. The first false note awakened her. Fanny Crosby's judgments of those about her are accurate. She comes to her conclusions through the sound of the voice, "That is a kind man; I like his voice," or "I don't want to know that person," she will say. She was seated next to a stranger in a hotel at dinner. Afterward a friend whe knew his character asked her what she thought of him. "He is a deep, vile, had man," she quickly replied. It was true. Conversing with a man who had spoken sconntully of a good impulse, she exclaimed, "Get me a hammer and let me raise a bump of reverence on this man's head!"

In some of the churches the hymns which she wrote will be sung on "Fanny Crosby Day," and it is proposed to make her the recipient of a gift, thus honoring the poet while she is alive, instead of waiting until she is dead.

Cost of Wireless Telegrams. Wireless telegrams from Great Brit-ain to vessels at sea cost 13 cents a word, the minimum being \$1.60 approx-imate for each message. The rate for ten words and upward is less than for cablegrams.

Discarded Yankee Citizenship. Five citizens of the United States have become British subjects in the Transvaal under the naturalization ordinance adopted in 1902.

Their Sufferings Are Usually Due to Uterine Disorders Ferhaps Unsuspected

A MEDICINE THAT CURES



Can we dispute the well-known fact that Canadian women are ner-How often do we

How often do we hear the expression, "I am so nervous, it seems as if I should fly;" or, "Don't speak to me." Little things annoy you and make you irritable; you can't sleep, you are unable to quietly and calmly perform your daily tasks or care for your children.

The relation of the nerves and generative organs in women is so close that nine tenths of the nervous prostration, nervous debility, the blues, sleeplessness and nervous irritability arise from some derangement of the organism which makes her a woman. It is of depression or restlessness and irritability. Spirits easily affected, so that one minute she laughs, the next minute weeps. Pain in the oyaries and between the shoulders. Loss of voice; nervous dyspepsia. A tendency to cry at the least provocation. All this points to nervous prostration.

Nothing will relieve this distressing

nervous dyspepsis. A tendency to cry at the least provocation. All this points to nervous prostration.

Nothing will relieve this distressing condition and prevent months of prostration and suffering so surely as Lydia E. Pinkham's Vegetable Compound.

Miss Lelah Stowell, of 177 Wellington St., Kingston, Ont., writes:

Dear Mrs. Pinkham:

"Your medicine is indeed a Godsend to suffering women, and I only wish that they all knew what it cand to for them and there would be no need of their dragging our misserable lives in agony. I suffered for years with bearing-down pains, extreme nervousness and extructating headaches, but a few bottles-of your Vegetable Compound made life look new and promising to me. I am light and happy and I do not know what sickness is, and I have enjoyed the best of health now for over four years. Lydia E. Pinkham's Vegetable Compound has sent sunshine into thousands of homes and hearts."

Will not the volumes of letters from women made strong by Lydia E. Pinkham's Vegetable Compound Convinced Convi

women made strong by Lydia E. Pink-ham's Vegetable Compound convince all women of its virtues? Surely you cannot wish to remain sick and weak and discouraged, exhausted each day, when you can be as easily cured as other women.

Superintendent Cowan is considering the advisability of inaugurating annual good farms competitions throughout the Province. His idea is that prizes should be offered through the agricultural societies for the best-kept farms, as was done some years ago in connection with the agriculture and arts competitions. Prizes would be given for the best farms in the counties; the winners would compete for better prizes given for the best-kept farms in districts consisting of groups of counties, and the successful ones in this class-would in turn strive for the paize given for the best farm in the Province. It is probable that an early meeting of agricultural experts will be held, at which the proposal will be put into definite shape, so that the competitions may begin Prizes for Good Farms, will be held, at which the proposal will be put into definite shape, so that the competitions may begin next summer. Similar competitions have been held in Quebec Province for the past thirteen years, and have been found very helpful to the farmers.

The Breeding Ewes. Not over fifty breeding ewes should be kept in one flock, and these should be of equal size and

TAKE MY CURE, WHEN CURED YOU PAY ME



The fear that you could not be cured many deterred you from taking honest restment or you may have been one of the unfortunated who have been treated in vain by inexperience physicians, free treatments, free trial sampler patent medicines, electric belts and other almits may be a proper or the patent medicines, electric belts and other almits and the patents. 

Minard's Limment for Sale Every-

CANADA'S GARRISON PORTS.

Many Imperial Soldiers Will Gladly Stay if Pay Is Right.

for Canada to maintain the comparatively large forces now at Esquimait and Halifax. They were not needed in times of peace. The British Government was responsible for the protection of these points, and as it would require at least a months' notice to bring reinforcements from headquarters, the garrisons were always kept at their maximum strength in order to meet any possible emergency. When Canada assimed control, however, conditions would be entirely changed. During peaceful periods a small permanent force might be established at both stations, and, should necessity arise, the numbers could be increased from the regulars or different military corps. Of course, the Colonel continued, the of-

reduce this establishment to 150 with out difficulty. He is sure that number out difficulty. He is sure that number, and many more of the British soldiers would take advantage of the opportunity to stay here, providing the same scale of payment was maintained. It would be necessary, of course, to obtain the consent of the Imperial authorities to the discharge of these troops. But under the direumstances, Lieut.-Col. English remarked, it is most improbable that anything would be put in the way of the Dominion securing first-class recruits in this manner. Colonel English laid particular emphasis upon the importance of introducing the same method of payment. He pointed out that even if granted their discharge, members of the present garrison would have a great objection to carrying on Halifav and Esquimatt fortresses for the past few years. Speaking of payments, he compared the schedule in force among the Canadian regulars and members of the British garrison. While the former received about 75 cents a day, or \$22.50 per month, the latter got between \$27 and \$29 for the same period. This, Col. English held, was a considerable difference, and would influence the soldiers if called upon to choose between the British and Canadian. choose between the British and Cana-

choose between the British and Canadian services.
Altogether, however, the commanding officer at Work Point favors the proposed changes. He thinks the Dominion defences should be managed by Canadians, and, as previously mentioned, believes that they can establish as efficient garrisons as those that have guarded Canada's shores for many wars.

Goodrich hauled down his flag. The Bonaventure, the only remaining cruiser, will leave for the China station. The sloop Shearwater will remain in order to do patrol work in Behring Strait. The survey steamer Egeria will remain to do another season's hydrographic work in the North Pacific, the cost of which will be borne by the Canadian Government. All naval departments of the station have closed.

Safer With the Indian "I would rather trust my life and property with the Indians of Pert Simpson than with the men of Toronto or Vancouver," said Rev. Dr. Whitting-ton, Superintendent of Missions for the Methodist Church in British Columbia,

This Temperate Country.

Statistics show that Canada is the most temperate liquor-drinking country on earth. The following table shows at glance the per capits consumption in sallons of alcoholic beverages in 12 countries, including our own.

Ø,	To meetics, meeticaling our on	600000000000000000000000000000000000000	
ĕ	Wines.	Beers	. Spts.
Ĝ	United Kingdom 0.4	29.7	0.99
	Germany 1.2	25.6	1.76
薆	France	4.8	1.56
ä	United States 0.4	- 15.0	1.22
	Italy		
Ø	Spain19.0		
ğ	Fortugal18.3		
ã	Holland 0.4		1.*2
8	Belgium 1.0	47.7	1.19
ã,	Australia 1.2	11.6	0.82
8	Ne v Zealand	9.5	0.75
ă	Canada	4.8	0.83
	The report says that alth		exact

Stay if Pay Is Right.

Lieut.-Col. English, commander of the force now stationed at Work Point Barracks, Esquimait, is most interested in negotiations between the Imperial and Federal Governments. Up to the present he has received no official notification of any pending change, but is not surprised at the determination of Canada to undertake the defence of her own shores, independent of the Old Country. He thinks the decision is most commendable, and sees no reason why the garrisoning of Esquimalt and Halifax cannot be conducted as efficiently by the Dominion as by the Imperial Government. In conversation, he explained that it would be unnecessary for Canada to maintain the comparatively large forces now at Esquimalt

regulars or different military corps. Of course, the Colonel continued, the officers of the present garrisons depended to some extent upon the militia, but having accepted the full responsibility for the safety of their stations, they very naturally wish a sufficient number of their own troops to cope with any contingency.

bf their own troops to cope with any contingency.

Asked how many men are stationed at Work Point, Lieut.-Col. English replied that the total number was about 410. These, he said, comprise principally the Royal Garrison Artillery and the Royal Engineers, there being over 200 of the former and about 130 of the latter. In his opinion it would be possible for the Canadian Government to reduce this establishment to 150 with-

guarden years. Esquimait naval station was formally abandoned Feb. 28, when Commodore abandoned Feb. 28, when Commodore Goodrich hauled down his flag. The

ton, Superintendent of Missions for the Methodist Church in British Columbia, when asked recently in the mission rooms at Toronto if the Indians were being civilized and Christianized.

Dr. Whittington, who has been out west among the Indians for thirteen yenra, has been over the continent 20 tinies during that period. When asked if the Indians were deteriorating or dying out, he replied no, that they were progressing and increasins, that it was only in heathen villages where the race was becoming extinct, several villages having become entirely wiped out. He said the bad Indian drank just as the bad white man, but it was only when whiskey peddlers managed to get into the villages. It was against the law, however, and they had on several occasions been caught and heavily fined.

At Port Simpson the Indians were continually advancing. Twenty-five years ago it was a barricaded place, and to-day there is not one heathen there.

	2000	
Wines.	Beers.	Spts.
United Kingdom 0.4	29.7	0.99
Germany 1.2	25.6	1.76
France	4.8	1.56
United States 0.4	15.0	1.22
Italy		
Spain		
Portugal		
Holland 0.4		1.*2
Belgium 1.0	47.7	1.19
Australia 1.2	11.6	0.82
Ne v Zealand	9.5	0.75
Canada	4.8	0.83
The report says that alth-	ough é	xact

out that even if granted their discharge, members of the present garrison would have a great objection to carrying on the same work at reduced wages, and, he said, it would simplify matters greatly if the Canadians succeeded in obtaining the nucleus of their garrison from the forces that had manned the Halifav and Esquimait fortresses for the past few years. Specificases

Lunaus why.
Ferrozone makes women
plump and healthful because
tains lots of nutriment, the k
forms muscle, sinew, bone an
Vitalizing blood courses thro
body, making delightful colo
spirits, true womanly strengt
cents buys a box of Ferrozon
drug store.
It is first as went to asset

as, can occasionally be improved

# Lea Kettle Child's Play of Wash Day. Use Surprise the ordinary way if you wish but we recommend a trial the Surprise way. SURPRISE

Patent Berths For Seasickne The patent sleeping bunk has been fitted on two of the cross channel steamers and has proved most satisfac tory. The claims of the inventor, W. Whitehouse, were fully borne out the other day when one of the new bunks was tested on the Lord Warden at Dover. By means of automatically working electrical brakes the bunk remains always level, no matter how badly the steamer may roll. Besides being always kept level the india rubber springs and buffers so minimize the bunk's vibration that the motion felt is no more than that of a railway train. It is now only a matter of time before the new bunk is fitted to all the other steamers of the cross channel fleets.—London Express.

Reyal Note Paper.

A Berlin firm has lately been intrusted with a design for note paper which the German emperor has been working out. The writing paper is to be pale blue, and the emblem, in colors and gold, harmonizes with the blue. and gold, harmonizes with the blue. The shield of the Prussian army, on which is the imperial eagle, is surrounded by the English Order of the Garter, with the motto "Honi soit que mal y pense," and the chain of the Order of the Black Eagle of Prussia. Behind are seen the white points of the cross of St. John of Malta, between the arms of which are the two field marshal's batons crossed and above the German imperial crown.

### If You Would Be Well You Must Keep Your Kidneys Well.

Help them to work freely. Help them to flush off all the body's waste and impurities.

Doan's Kidney Pills Are for this purpose only.

Have you suspected your kidneys as the cause of your trouble? If you have backache, swelling of the feet and ankles, frequent or suppressed urine, painful sensation when urinating, specks floating before the eyes, great thirst, brick-dust deposit in the urine, or anything wrong with the urinary organs, then your kidneys are affected.

It is really not difficult to cure kidney brouble in its first stages. All you have to do is to give Doan's Kidney Pills a trial. They are the most effective medicine to be had for all kidney and urinary troubles.

cine to be had for all kidney and urmary troubles.

Mrs. Mary Galley, Auburn, N.S., was cured by their use. She says:—"For over four months I was troubled with a lame back, and was unable to turn in bed without help. I tried plasters and iniments of all kinds, but to no effect. At last I was induced by a friend to try Doan's Kidney Pills. After I had used two-thirds of a box my back was as strong and as well as ever."

Doan's Kidney Pills are 50 cents. per box, or 8 for \$1.25. All dealers, or seat direct by mail on receipt of price.

THE DOAN KIDNEY PILL CO., TORONTO, ONT.

A FRIENDLY PATH.

The great deep sky calls home our loved.

So that no more their forms we

see,
Rut since that way their spirits went,
It seems a friendly path to me!
—William Brunton. RADIANT WOMANHOOD.

The glory and satisfaction of beautiful womanhood can be known only to those possessing the unlimited advantages of health. No weak woman can be happy or enjoy half the pleasures of life. Pallid cheeks, sanken eyes, exhausted nerves, all tell of a terrible struggle to keep up. What the weak woman needs is Ferrozone; it renews, restores and vitalizes in stantly—it's a "woman's remedy,"—that's why.

it con-cind that id nerve, ough the or, happy th. Fifty ne in any

The man who does the little things well is always ready to do the big things better.

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LIME, CEMENT. SEWER PIPE. CUT STONE,

&c. All of the best quality and a

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PINE and HEMLOCK rough or dressed in large or small quantities. Give us a chance to figure on your contracts and we will prove

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that our prices are the lowest.

### "The YELLOWSTONE NATIONAL PARK

Is something absolutely unique in this world."—
President Buosevelt.

The popular route to this delightful spot is via Union Pacific to Monida, thence by stage to all points in the The stage ride from Mo-

nida, by the splendid Concord Coaches of the Monida & Yellowstone Stage Co., through scenery hardly in-ferior to the park itself.

Very tow rates during June, July, August and September.

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