

New Brunswick Heart Marathon scheduled

With less than 11 weeks to go, it's time for runners to get into serious training for the New Brunswick Heart Marathon. The third annual heart marathon is scheduled for Sunday, April 19 in Fredericton, with the entry deadline for March 31.

The event is designed to raise money for the NB Heart Foundation and encourage cardiovascular fitness in the process. Runners have the option of signing up at least \$35 in sponsors or paying a \$10 entry fee. (The entry fee climbs to \$12

after March 31).

Sponsors are the NB Heart Foundation, the St. Anne-Nackawic Pulp and Paper Company and the UNB Faculty of Physical Education and Recreation. The meet director is fourth-year physical education student Francie Dunn, from Morrell, PEI.

The marathon course follows the Saint John River and the Trans Canada Highway from downtown Fredericton to the Mactaquac Dam and back. Half and quarter marathons, distances of 13 and 6.5 miles

respectively, will be offered. Awards will be given in mens' and womens' age categories: under 21 years old, 21 to 40, over 40 and open. All competitors will receive a Heart Marathon t-shirt.

The race will start from The Green near the Beaverbrook Art Gallery at 1 p.m. April 19. A high-carbohydrate, or "carbo-fest" dinner will be held the night before the marathon at the UNB Student Union Building, and the race will be followed by an awards ceremony and a buffet supper.

The Heart Marathon originated in 1979 with the work of Doug Davidson. Setting up the event served as his recreation degree "practicum" under professor Gwen McKay. The practicum is comparable to student teaching for an education major.

Dunn is also one of McKay's students. She reports the 1980 marathon attracted more than 360 runners and raised more than \$10,000 and she is optimistic that this year will be even more successful.

Entry forms and information are available by writing to the NB Heart Marathon c/o Francie Dunn, UNB, Box 4400, Fredericton, N.B. E3B 5A3. Information is also available by calling the "runner's line" 453-6935.



NEWS ITEM; FEBRUARY 1981:

DEDICATED RUNNERS ARE ALREADY
IN TRAINING FOR THE APRIL 19th
NEW BRUNSWICK HEART MARATHON

UNB student organizes Mactaquac extravaganza

As many as 200 people of all ages may be tobogganing, skating, skiing, running and snow shoeing along the trails and ponds of Mactaquac Provincial Park on Sun. Feb 15.

That's the date set for the first Mactaquac Outdoor Recreational Extravaganza (MORE). Organized by UNB student Gary Ewing as part of his bachelor's degree program in recreational administration, the event is sponsored by Moosehead Breweries Ltd., Mactaquac Provincial Park, the UNB Faculty of Physical Education and Recreation and the Mactaquac Lodge.

Mr. Ewing is a fourth-year student from Halifax.

MORE is designed as a relay team for up to 40 teams, with five members on each team. Each member competes in a different segment, with the runner handing off to the tobagganer, who hands off to the cross-country skier, followed by the skater, then the snowshoer who finishes up at Mactaquac Lodge.

Teams will compete in several categories: family, male, female, mixed and open. The male, female and mixed categories are subdivided into over and under 30 age groups. The open category is for the most seriously competitive athletes and includes subcategories for teams which are all male, all female, or mixed.

The registration fee is \$25 per team, and covers the cost of a souvenir t-shirt, participation certificate and a stew supper at the Lodge. Moosehead

Breweries are assisting with provision of posters, registration forms, certificates, medals and t-shirts. Each team must provide its own equipment for all events.

MORE will begin at 2 p.m. and teams may register at the lodge up to 12:30 p.m. until the limit of 40 teams is reached. Posters and application forms will be available at UNB's Lady Beaverbrook Gym, the Mactaquac Lodge, some Fredericton retail outlets and the city recreation department offices. Early registration is recommended. Information is available from Gary Ewing at 457-0852 or Professor Gwen McKay at 453-4575.

Mr. Ewing developed a novel system for pacing teams as they begin the course. Each team will receive a piece of wood, which must be cut into kindling to start a fire and boil water. As team members douse their fire and finish cleaning up the firesite, an official will authorize them to start the first leg of the course.

MORE serves as Mr. Ewing's "practicum" in his degree program, an experience comparable to student teaching for an education major. He credits his instructor Prof. McKay with the initial idea for such an event, which he then adapted to suit the Mactaquac facilities. Mr. Ewing is hopeful that MORE, like the New Brunswick Heart Marathon organized several years ago by one of Prof. McKay's students will become an annual event, and he is preparing an organizational manual for future use.

Sociologist Bierstedt to lecture

Sociologist Robert A. Bierstedt, author of the well-known textbook *The Social Order* will lecture on campus Thursday, Feb. 12. Entitled "Ten American Sociologists: Relationships and Interrelationships" the lecture will take place in room 5 of Tilley Hall at 7:30 p.m.

Interested members of the public are invited to attend.

Bierstedt's lecture will be based on material from his forthcoming book *American Sociological Theory: A Critical History*. He has previously published several dozen books and articles, including *The Social Order*, now in its fourth edition and twenty-fourth year.

Bierstedt has taught at Columbia University, and at Bennington and Wellesley Colleges and served as head of the sociology departments at New York University and City College of New York. He has held Fulbright Senior Lectureships at the

University of Edinburgh and Virginia. While on campus he will discuss some of his recent work with students and faculty in the UNB sociology department. Studies at the University of

ENGAGED ENCOUNTER WEEKEND

WHAT IS ENGAGED ENCOUNTER?

It is a weekend designed to give couples planning marriage an opportunity for an intensive and honest look at their commitment to one another. Through the atmosphere of the weekend, a couple has the chance to discuss with each other their desires, ambitions, goals and attitudes about money, sex, children, family and their role in the church and society.

Contact: Rosary Hall 455-1654 Monte Peters (UNB Campus Ministry) or Elinor McCluskey (STU Campus Ministry).

ROSARY HALL FREDERICTON
Feb. 20-22 & April 24-26

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