

HOW THIS NERVOUS WOMAN GOT WELL

Told by Herself. Her Sincerity Should Convince Others.

Christopher, Ill.—“For four years I suffered from irregularities, weakness, nervousness, and was in a run down condition. Two of our best doctors failed to do me any good. I heard so much about what Lydia E. Pinkham's Vegetable Compound had done for others, I tried it and was cured. I am no longer nervous, am regular, and in excellent health. I believe the Compound will cure any female trouble.”—Mrs. ALICE HELLER, Christopher, Ill.

Nervousness is often a symptom of weakness or some functional derangement, which may be overcome by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, as thousands of women have found by experience.

If complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for suggestions in regard to your ailment. The result of its long experience is at your service.

SPECIALIST SAID HE MUST OPERATE

She Took “FRUIT-A-TIVES” Instead, And Is Now in Perfect Health.



MME. F. GAREAU

153 Papineau Ave., Montreal.
“For three years, I suffered great pain in the lower part of my body, with swelling or bloating. I saw a specialist, who carefully examined me and gave me several tonics to take, which did not help me. Then he told me I must undergo an operation. This, I refused to permit.

I heard about ‘Fruit-a-tives’ and the wonderful results it was giving because this medicine is made from fruit juices, so decided to try it.

The first box gave great relief; and I continued the treatment, taking six boxes more. Now, my health is excellent—I am free of pain and swelling—and I give ‘Fruit-a-tives’ my warmest thanks.”

MME. F. GAREAU.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent by Fruit-a-tives Limited, Ottawa.

although unable to read English were immensely interested by the scenes of Canadian life depicted within its pages.

In reading this particular copy of The Western Home Monthly through on the train I found one or two of the different departments under new editorship but the same true Canadian spirit prevails throughout, and I felt decidedly “at home” in it. The correspondence column too is still there and in this, the February issue they are all “argueifying” the old worth out topic, dancing. Is that all they’ve been doing while we were in France Mr. Editor?

If so I think they need a good spanking. Nevertheless it fills me with pride to know how the people of our Canadian west stood behind us during the time we were “over there.” Even dances I’m sure did their share to help swell the different funds for patriotic purposes.

I am only just back from overseas where I went with the first Canadian contingent and as papers were scarce over there and I am quite unacquainted with what you folks at home here have done during that time I will refrain from any discussion of any of your subjects for the time being.

I would like to make this the means of finding some of my old comrades from over there who more or less fortunate went home before me and of whom I have lost all trace. I shall be pleased also if some of you young people of the correspondence column, friends of our Western Home Monthly from East or West or from overseas too, will write to “Capt. G.”

Of the old 8th O.S. Battalion “Little Black Devils.”

Replies Were Many

Dear Editor and Readers: I wish to thank all those readers who wrote to me. I attempted to answer each letter individually but found this impossible, so am writing this to acknowledge each and every one I have missed. I agree with “Valley Farmer” that farming is a good life but from experience I have found out that when a person gets lonesome or blue we don’t take much interest in sunsets or birds. It is only too true that the majority of us fail to appreciate these small, yet wonderful parts of nature. “Tom, Dick or Harry” certainly gave dancing a hard rub. I have attended only two dances in my life and will say that this is two too many. Go ahead, “Tom, Dick or Harry” I believe you are right that better amusement could and will be provided. I will close now with good wishes to all. Cheerio.

Loves the Last Best West

Dear Editor: I have been an interested reader of The Western Home Monthly for three years and just think it is the best paper going. I always turn to the Correspondence page first. I enjoy reading the stories which are always good and help cheer one up. Though I have spent all my life near the city, I just love this “Last Best West.” One seems more free to do as they wish. I live in a western city which is growing year by year, but would much prefer the country. The air seems so much better compared with that of a hot, stuffy factory. Good for you “Tom, Dick or Harry.” I do not agree with dancing. When I need recreation I find a quiet walk is a good tonic or if I stay home nights and employ my spare time, reading, sewing or crocheting. Yes, “Valley Farmer” you folks in the country certainly enjoy the beauties of nature more than we living in cities. It is good to know this terrible war has ceased. I have one brother in England waiting his departure for Canada and one who has paid the supreme sacrifice. I think we should do all we can to help our returning soldiers who have been and fought our battles and done what we could not do. I am not going to describe myself as I don’t believe in it. As this is my first letter I will now close. Wishing The Western Home Monthly continued success. A Lover of the West.

Why Bachelors?

Dear Editor: I know you will turn my letter down as I see you only paint good ones, still, I write to let you know a few of the subjects that I would like to see discussed by your Correspondents. Why is it that there are so many bachelors in Canada while there is too a number of old maids looking in vain for a mate? Who has the best chance of getting

married, girls or boys? I am one who has had no chance yet although I am of age (36). Are the women grain growers aiming at growing grain without male help? If so I would like to sell my farm to one of them and cook for her. Don’t all speak at once ladies. I would also like your Correspondents to tell more about the parts of the country they reside in. It would make the page so interesting and would be a cheap way of getting acquainted with this big country. I live in southwestern Saskatchewan, Shaunavon district. It is practically all prairie. We get the biggest crops in Canada here only they are a little uncertain. We have had so far the finest winter I have seen in Canada. Now, dear editor, you can light your pipe with this or publish it. I send you and all the readers my best wishes. Poilu.

Many Accomplishments

Dear Sir: I thought I would write to tell you how much I enjoy your most admirable magazine. The articles, stories and even the advertisements are all interesting but best of all I enjoy the Correspondence section. I enjoy reading the different views held by the various contributors, and if there is room for one more I would like to join the happy band and send in a letter occasionally. I live on a farm but spend most of my time in the city where I am finishing my education. I am about 5 ft. 7 ins. in height, have grey eyes and last but not least six brown curls. I am 19 years old. I skate, dance, play the piano, drive our car, ride horseback and speak French. I do hope that my letter will be printed and that some of the members will take pity on my loneliness and write a line or two to while away the time. A farm life is not a wild life certainly, but sometimes a city life can be lonely. As this is my first letter to your corner, I will not draw it out any longer. A Real Canuck.

A Musical Aspirant

Dear Editor: After being silent for so long I have decided to come and have my say too, provided, of course, the kind Editor will allow me. I was much interested in seeing music and musicians in general discussed. I think it will be real amusing and also worth while for it will give us a better and more extensive view of that superb art. By the way I talk some might think I was “Paderewski” in disguise, but I shall inform you that I am an obscure female bank ledgerkeeper of seventeen years and real saucy sometimes. I mean, in playing tricks. I could skate all day I love it so much, but I must tell you I was almost forced to enter our Bonspiel (curling) during Christmas tide and consequently yielded though I hadn’t the slightest idea what it was like. I curled but behold my bones ached for five days as the result. If any young person would like to write on some nice topic I will endeavor to search encyclopedias for a lovely answer. Till then I shall sign myself, Frenchy.

A Bit Shy

Dear Editor: Hello readers! I am glad to be able to send in another letter to our splendid magazine. I am out in New Westminster at college again. Mother sent me the January and February numbers of The Western Home Monthly. I guess she knew how anxiously I was waiting to get it. I liked “A Lonely Lieut.” letter but I haven’t courage enough to write to him. He wouldn’t have enough courage either if he were a girl. I do wish some of the correspondents would write to me. I will be sure to answer all letters immediately. I must say there were some really good stories and poems in the last two issues. I am very much interested in poetry and have a large collection of newspaper clippings, etc. If anyone knows of a place to get them bound into a book I do hope they would give me a little information. Well, time is precious and so is The Western Home Monthly Correspondence column, so with good luck to all. Red Cross Rose.

The Stovel Company or any of the other large printing establishments of Winnipeg can do the work you refer to.

Requisite on the Farm.—Every farmer and stock-raiser should keep a supply of Dr. Thomas’ Electric Oil on hand, not only as a ready remedy for ills in the family, but because it is a horse and cattle medicine of great potency. As a substitute for sweet oil for horses and cattle affected by colic it far surpasses anything that can be administered.

WIFE'S COLD Husband's Bronchitis CURED BY DR. WOOD'S NORWAY PINE SYRUP.

Mrs. James Mack, Trenton, Ont., writes:—“I suffered for several months with a bad cold. Some friends told me about Dr. Wood’s Norway Pine Syrup, and of the benefit it was to them. Before I had used two bottles I could get some rest, which I could not do before. I had tried everything, but “Dr. Wood’s” was the only thing that gave me any relief.

My husband suffered terribly from bronchitis, and did not know whether he was going to recover or not. At my druggist’s, Mr. J. H. Dickey, I was advised to try your syrup, which I did, and am so thankful that I cannot recommend it highly enough.”

Many people on the first sign of the slight cold or cough neglect it, thinking, perhaps, it will disappear in a day or two, but the longer it is let run the worse it gets until it settles on the lungs and serious results ensue.

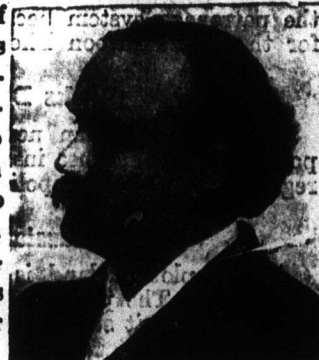
On the first sign of a cough or cold, get rid of it before it gets settled. Take a few doses of Dr. Wood’s Norway Pine Syrup and see how quickly it will disappear.

This sterling remedy has been on the market for the past 30 years, and stands head and shoulders over all other cough remedies.

Put up in a yellow wrapper; three pine trees the trade mark; price 25c. and 50c. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

CANCER

R. D. Evans, discoverer of the famous Evans’ Cancer Cure, desires all who suffer with Cancer to write to him. The treatment cures external or internal Cancer.



R. D. EVANS Brandon Man.

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