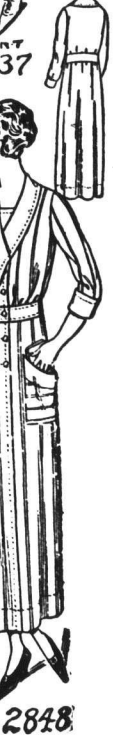


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skirt and lawn, madras, linen, crepe, silk or satin for the waist. The skirt pattern is cut in 7 sizes: 22, 24, 26, 28, 30, 32 and 34 inches waist measure. Size 24 will require 3 3/8 yards of 44-inch material. The width at lower edge with plaits extended is 1 3/4 yards. The waist pattern is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 34 will require 2 1/2 yards of 40-inch material. This illustration calls for two separate patterns which will be mailed to any address on receipt of 10 cents for each pattern in silver or stamps.

A Simple Pretty Frock. 2529—Net over organdie, or dimity, organdie, batiste, lawn, crepe, washable silk, foulard and charmeuse, voile and marquisette; all these are nice for this style. The waist is made with surplice closing. The sleeve may be gathered to the cuff or finished in short length, loose and flowing. The skirt is joined to the waist. A girdle or sash of ribbon forms a suitable trimming. The pattern is cut in 3 sizes: 16, 18, and 20 years. Size 18 requires 5 3/8 yards of 36-inch material. The skirt measures about 1 1/2 yards at the foot. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A Simple Practical Apron With or Without Pocket. 2576—This apron slips over the head and is adjusted at the shoulders. Its fullness is held by a belt which may be omitted. Deep pockets may be arranged on the front. It is nice for gingham, seersucker, drill, percale, khaki, sateen, lawn or cambric. The pattern is cut in 4 sizes: Small, 32-34; medium, 36-38; large, 40-42 and extra large, 44-46 inches bust measure. Size medium will require 4 1/4 yards of 36-inch material. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A Pleasing Frock for a Growing Girl. 2855—Striped gingham or percale could be combined with lawn, cambric, repp or crepe for this model. The bolero may be omitted. The sleeve may be finished in wrist or elbow length. Dotted Swiss or voile and organdie combined, are nice for this design. The pattern is cut in 4 sizes: 6, 8, 10 and 12 years. Size 10 requires 3 3/4 yards of 27-inch material, with 1 yard for bolero. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

A Pretty Summer Dress. 2456—This is such a pretty, style for lawn, organdie, voile, crepe, foulard, satin and taffeta. The closing is at the side. The tunic portions could be omitted, also the overwaist portions which are closed at the shoulders. The pattern is cut in 3 sizes: 12, 14 and 16 years. Size 14 will require 5 yards of 36-inch material. A pattern of this illustration mailed to any address on receipt of 10 cents, in silver or stamps.

A Becoming House Dress. 2348—For this, striped seersucker, checked or plaid gingham, or percale, could be used. Lawn, linen, drill and cotton gabardine are also desirable. The sleeve may be finished in wrist length, or in 3/4 length. The chemisette may be omitted. The skirt is a three-piece model and measures about 2 yards at the foot. The pattern for this pleasing model is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. Size 38 requires 6 yards of 36-inch material. A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

The Smallest Owl

Written for The Western Home Monthly
By E. M. Christianson.

Reds and greys were the main colors on a small owl that I caught last night. He was seeking shelter and blundered into the house through a window left open at the top. Anyone acquainted with owls will know at once which it was. Its feathers are grey-brown, sides nicely mottled with black and white, while underneath the body the feathers are white streaked with black. On the upper part of the head are dear little ear-tufts that look for all the world like little horns. These horns are only in evidence when the owl is at perfect ease.

Frighten him and he at once pulls them down as if he were frowning, which he no doubt is.

This little screech owl, so called from the tone of its weird cry, is one you'll not forget once you hear it. It is one of our smallest owls but the most valuable. He eats borers, insects, grasshoppers, etc., and is an indefatigable mouser. He keeps vigil every night around the granaries and outbuildings, and the mouse that eludes his watchful eye is indeed a clever one.

The screech owls are non-migratory birds, and once they become attached to a farm will remain there unless they are tormented more than they can endure. In many orchards there are neglected trees, whose trunks contain cavities and



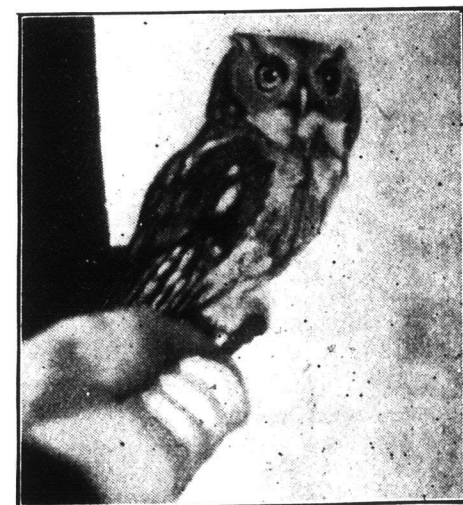
The Screech Owl

woodpecker holes. These just suit the little screech owl. Every farmer, who finds that this owl has taken lodgings in his orchard, should consider himself especially favored, for he will discover in this owl his close second in keeping away mice, bugs and insects.

To have plenty of birds about one's place is most desirable. Most birds, however, hunt in the day-time, but in the little screech owl we have a night bird, which is especially active very early in the morning and about dark at night, and to enlist his services means a crusade against night-flying insects at a time when other birds are not feeding.

The wonderful eyes of the owls are constructed especially for seeing in the dark, and at that time he is particularly wide awake, alert, active and voracious. Owls hide themselves away in the day-time.

This little owl lays from three to five pure white eggs early in the spring, depositing them in some dark hole in an old tree trunk so that color is safe enough for her eggs. The screech owl is always



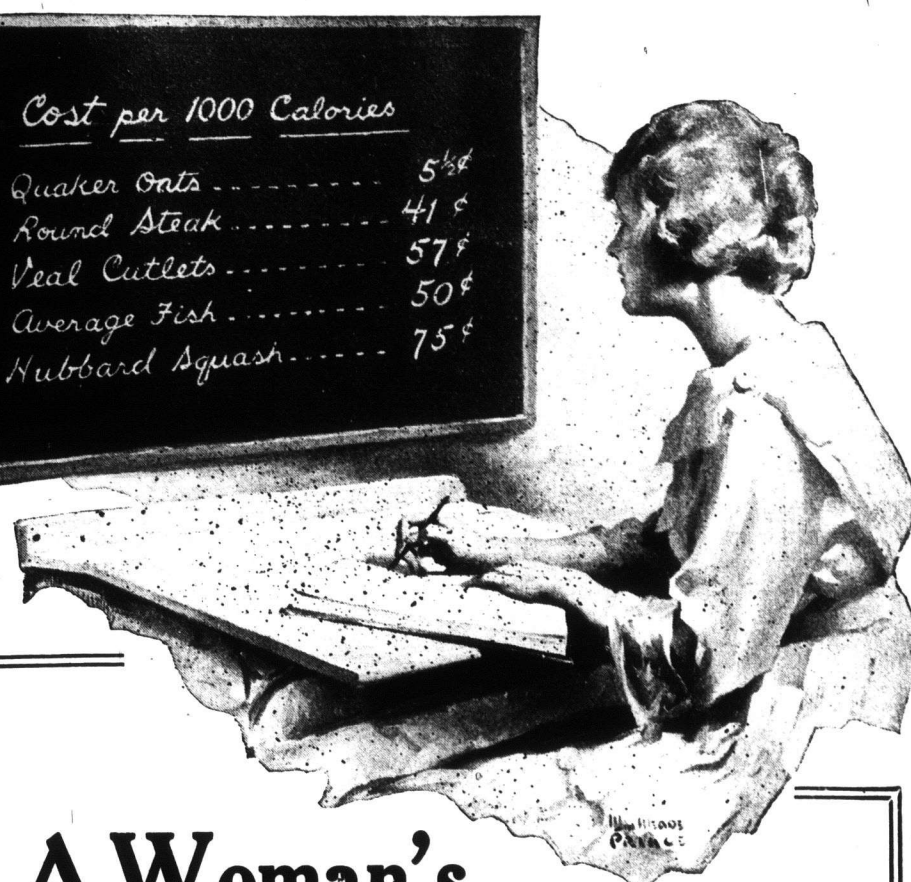
The Smallest Owl

satisfied with the home she secures and during incubation the parents take turns covering the eggs and are most faithful to their trust. You may know the owl is on the nest, but no amount of noise you may make on the tree or about it will ever attract the owl to his window and door, and if in desperation to bring him out you should insert your hand to try conclusions with him you'll find that an owl's home is his castle, and that he resents intrusion and will turn on his back and put his sharp beak and claws into the flesh of your hand in a twinkling.

Owls have a habit of ejecting the indigestible parts of their food in the shape of little balls. These contain feathers, fur, bones, etc., the remains of food taken into the stomach. The finding of these remains is often a clue to their home.

The most obstinate corns and warts fail to resist Holloway's Corn Cure. Try it.

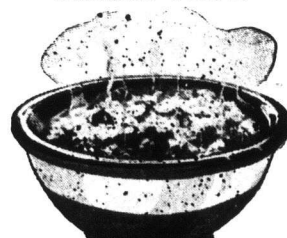
Cost per 1000 Calories	
Quaker Oats	5¢
Round Steak	41¢
Veal Cutlets	57¢
Average Fish	50¢
Hubbard Squash	75¢



A Woman's School of Economy

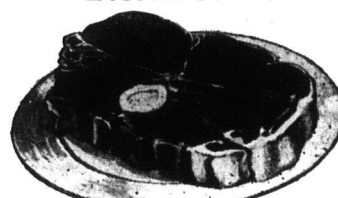
Would Have Lessons Like These

Lesson No. 1



Quaker Oats
1810 Calories Per Pound
5 1/2¢ Per 1000 Calories

Lesson No. 2



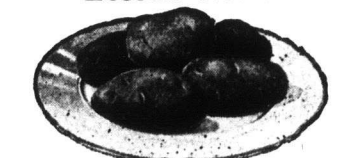
Round Steak
890 Calories Per Pound
41¢ Per 1000 Calories

Lesson No. 3



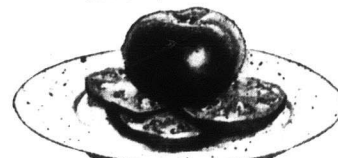
Average Fish
288 Calories Per Pound
50¢ Per 1000 Calories

Lesson No. 4



Potatoes Turnips Parsnips Squash
Average 186 Calories Per Pound
One-Tenth Quaker Oats

Lesson No. 5



Tomatoes Beets Cabbage Celery Spring Beans Cucumbers Lettuce Spinach
Average 104 Calories Per Pound

One thing to know in buying food is the cost per calory unit. That's the energy measure of food value.

Meats and fish on this basis cost about ten times Quaker Oats. And some foods cost up to twice as much as meat.

Each 35c. package of Quaker Oats used to displace meat at breakfast saves about \$3.

Another thing to know is the sort of nutriment.

The oat is the food of foods. As a vim-food it has age-old fame. In protein it equals beef, and stands first among the grain foods. It is rich in needed minerals.

Quaker Oats with milk forms almost the ideal food.

One needs a mixed diet. Some costly foods are necessary.

But the supreme breakfast is a dish of Quaker Oats. The cost is one-half cent.

It means a delicious breakfast, an extremely nutritious breakfast. And the trifling cost will average up the costlier meals of the day.

Quaker Oats

Extra-Flavorly Flakes

Make your oat dishes delightful by using Quaker Oats. They are flaked from queen grains only—just the rich, plump, luscious oats. We get but ten pounds from a bushel.

Get the extra flavor which we bring you in this way.

Two Sizes: 35c and 15c—Except in the Far West

(3133)