

HOME CIRCLE COLUMN

Pleasant Evening Reveries dedicated to tired Mothers as they join the Home Circle at Evening Tide.

CHILDREN'S RIGHTS

In the home life never forget that the children have social rights, and the chief among these is the right to laugh when they are happy, to cry when they are unhappy, and to make a noise. A healthy child is always active. It must jump and scream, fall down, cry when it gets hurt, and jump up only to repeat the same thing. But to keep it still means unhappiness and nearly, if not quite, death. Let them be gay. This is their element. We always class children birds and flowers together. And why? Because they should be equally beautiful, innocent and happy. We should never rob childhood of its ideal loveliness. Let them play and be happy, but teach them self-control. God's estimate of self control is this: He that is slow to anger is better than the mighty and he that ruleth his own spirit, than he who taketh a city. Condemn your children only when they are really wrong, and then as gently as possible, but be sure to commend when they do right. A little praise with a child goes a long way. A child may be very provoking but not wilfully bad. Attributing bad motives to a thoughtless child has ruined many a little life. Just blame less and praise more and we shall have better children. Especially as most of their faults are copied from their parents we should exercise the strictest charity for verily "Charity doth cover a multitude of sins."

When you want to get your grandest idea of a queen, you do not think of Catharine of Russia, or of Anne of England, or Marie Theresa of Germany but when you want to get your grandest idea of a queen you think of the plain woman who sat opposite your father at the table, or walked with him arm in arm down life's pathway; sometimes to the Thanksgiving banquet, sometimes to the grave but always together—soothing your griefs, correcting your childish waywardness, joining in your infantile sports, listening to your evening prayers, tiding for you with needle or at the spinning wheel and on cold nights wrapping you up snug and warm: "Mother! Mother!" Ah, she was a queen.

A new year is here. It is a time for invoice. Business men take an invoice of their stock. Wouldn't it be business for you to take one of yourself? Life, each life, is a business. Have you gained or lost last year? Have you used the talents that have been given you so as to gain other talents? These are pertinent questions that press us all for an answer. Let the result of the self invoice be a spur to us in living the coming year, or a cause for great congratulations as we review the past.

Electric Light Banishes Arctic Night

Electric light is now being used to lighten the long night in at least one Eskimo village in the Arctic circle. "It seems strange," says a writer who tells of this, "to drive out of the darkness of an arctic night into the electric blaze of the lights that stream from the houses, government buildings and street. One has to live in Noorvik to find how much the lights mean to the people. There is less eye-strain. Many an aged Eskimo woman whose eyes used to become wearied has been able to continue sewing by the soft, sure glow of the Mazda lamp installed in her home. A decided home pride and cleanliness have come with the new light. And the people now have regular hours of sleep since all the lights are turned off at 9.30 thus causing people to rise earlier and use more daylight in the winter."

A Million Deaths From the Louse

Of the insects responsible for the death or disablement of hundreds of thousands in the war zone, the louse is declared authoritatively to have been one of the most deadly and to have accounted for at least a million persons. That, however, is only a rough estimate, and the probability is that the toll was infinitely higher, for in Serbia alone typhus, a louse-borne disease, infected nearly one million persons and killed five hundred a day in the little city of Jassey, while 200 of the 1200 medical officers in the country died from the disease. This disease spread over Russia, Austria, Germany and the Balkans generally. These figures are vouched for in a publication by Lieut. Lloyd, who was chief entomologist in northern Rhodesia.

A Great Reservoir of Salt

The annual production of salt in the United States totals seven million tons, of which only about 50,000 tons comes from Salt Lake. But geologists place the total of the lake's available salt deposits at 400 millions of tons, so that it alone would supply the needs of the United States at the present rate, for about sixty years, while if no more was taken from it annually in the future than is taken now, it would last eight thousand years.

More Natural

"Lemme see one o' dem cuckoo clocks," said Mr. Erastus.
"Here you are."
"Could you change de tune a little?"
"What's the idea?"
"I wants an alarm clock. I don't take to dese hasty an excited alarm clocks. If you could train one o' dese to tick like a chicken, I could wake up decept every time."

and go forth to build "more stately mansions" for the future.

New Year greetings are greetings of good will. How they soften hard hearts, purify base desires, sweeten bitter thought, and make every deed purer and holier; every wish kinder and tenderer. Let hearts expand sympathies enlarge, and good will reign. Let benediction drop from lips, and substantial gifts fall from overflowing hands. Make cheerless homes radiant, and hopeless hearts to thrill with unspeakable gladness. Forgive your enemies. Bury the past. Rise above the mean and petty resentments which you may have harbored against those who have not used you well. Be generous.

Teach the children to work and to save; to save things as well as money. Some day they will bless you for it. A good resolution for the hard worked housewife to make for the New Year is that she will find time each day for a nap, or a rest at least of fifteen minutes; that she will take every other evening at least for reading or playing games with her children, and at least one afternoon in the week for a social visit, a ride, a walk. These would not be impossible for the busiest woman, who will look carefully into her methods and see if there are not superfluities she can cut out, trimmed underclothing that can be made plain and thus save sewing and ironing; cakes and pies and preserves, for which plainer wholesome food can be substituted.

Goodbye, old year. After all, we are loath to part. Many precious memories as well as many sad things to remember will be forever linked with thee. But time bids us part and however severely thou hast chastened us, yet we feel our hardened feelings relenting and a spirit of charity pervades our being. We forgive as we hope to be forgiven. In humility and love we bow our adieu and welcome the New Year with naught but good resolves and high aspirations that each coming day will see our lives better purer and nobler in every act and purpose.

As you turn the corner in to the new year, look back a minute over the road you have been travelling the past year. It seemed a long way when you started out, but it has been traversed at last. Have you been true to yourself? If not, once more before you step out into the pure New Year, renew your promises to your better natures. Don't stray, but linger near the pleasant outlooks, keep near the bits of high ground where you breathe purer air and can see off Heaven's high hills of black make the motive pure work for the object.

GUARD THE BABY AGAINST COLDS

To guard the baby against colds nothing can equal Baby's Own Tablets. The Tablets are a mild laxative that will keep the little one's stomach and bowels working regularly. It is a recognized fact that where the stomach and bowels are in good order that colds will not exist; that the health of the little one will be good and that he will thrive and be happy and good-natured. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Pushers and Pessimists

Pushers are usually in the thick of the business fight, producing. Pessimists growl on the outskirts, waiting to seize the spoils the pushers win. Pushers build and pessimists tear down. Pushers blaze new trails. Pessimists travel in ruts. Pushers are bright, cheerful, joyous and brave. Pessimists are gloomy, doleful, grouchy and weak. Pushers boost each other and so, boost all. Pessimists knock each other, and thus they fall. Pushers bring prosperity. Pessimists throw blight on all prosperity. We're going to be a Pusher. What are you going to be—and do? —Ohio Print.

A Land of Promise

The bishop was addressing the Sunday school. In his most expressive tones he was saying: "And now, children, let me tell you a very sad fact. In Africa there are ten million square miles of territory without a single Sunday school where little boys and girls can spend their Sundays. Now, what should we all try and save up our money and do?" And the class, as one voice, replied in ecstatic union, "Go to Africa."

The Ontario Government will end private labor agencies.

Alfred Crevier, aged 63, was gored by a bull and died in a hospital at Montreal.

The production of copper has been curtailed awaiting final settlement in price.

Gray Hair
Gray Hair Health
A preparation for restoring natural color to gray or faded hair, for removing dandruff and as a hair-restorer. Is not a dye. Generous sized bottles at all dealers, ready to use. Philo Hay Co., Newark, N.J.

FOR AFTERNOON OR EVENING



This attractive hat is of black panne velvet and shows the high, graceful lines so popular this season. Ghourra encircles the crown.

MAKING OVER THE DRESSES

Great Saving in Material by Remodeling Gowns for the Children—To Clean Velvet.

With material for dresses at a premium, the thrifty housewife will look about for something to "make over," not only for herself, but for the children of the household.

Sometimes there is a velvet dress left from last year or the year before. Velvet if at all of a good quality wears very well. A little benzine to remove spots and a good steaming mangle: it looks like new, states a correspondent.

The steaming process is very simple and quite effective. Heat an ordinary iron and place it in a tin or granite pan. Wet a towel and place over the hot iron. The steam will immediately begin to pour out. Hold the velvet close to the top of the pan, being careful not to allow the material to touch the wet cloth, as contact with this will make a spot that will be hard to get out.

Use a soft brush on the velvet all the time you are holding it over the steam, always brushing it the same way. Soon all the creases and wrinkles will be gone, and after hanging the velvet in the sun or a warm place to dry, it will look fresh and new.

For the schoolgirl a velvet dress is appropriate for "dress up" occasions. Of course the material must be cut along much the same lines as the old dress. If the skirt was cut straight, just gored a bit at the top, it can be used much the same way for the made-over dress. Taking some of the top of the skirt makes a new waistline with more fullness. If the bottom of the hem is at all worn and there is not enough length for a whole new hem, use two rows of narrow silk braid to hide the worn places.

The waist may be made of black satin, with a bolero of the velvet. The bolero can be cut out of the old waist. Finish the edge of the bolero with narrow silk braid like that used on the skirt, and with a dainty frill at the neck and wrist a charming dress is the result. This dress may be worn at the afternoon parties or to the dancing class, with the assurance that although "made-over" it is quite the thing to wear.

DRAWN-IN LOOK AT BODICE

Effect is Quaint and Regarded as Prime Necessity if the Frock is to Be Smart.

Nearly all the smartest frocks of the fall have a narrow, rather drawn-in look about the bodice. It gives a quaint effect, which is the prime necessity at the present moment if the frock is to be smart.

Black satin is combined with blue gabardine in a very youthful way. The main part of the gown is made of blue serge. The waist extends at the front over the skirt into a long square tab on each side. This gives the coat effect. (Of course it is necessary to give the coat effect.) The tab has a large button of serge in the middle at the end. Over this turns a small rever of black satin.

Black satin fills in the front of the waist and forms a long apron in front. The sash made of it is quite full, and after being folded generously around the waist, ties in a large bow at the back with ends about half way down. A roll collar and cuffs are made of seal fur. Sleeves are long, of course, and tight.

NOVEL NOTES

Dark shades of velvet will be used for the fall hat, rather than brilliant hues.

Black satin embroidered in white is going to become a familiar sight to us before long.

A scarf to be cherished is one of black and gold brocade, banded with heavy fur.

He Was Remembered

"Why are you so exasperated at your late uncle?" asked the disinterested bystander of the mourner emerging in manifest indignation from the decorous family gathering soon after the funeral. "Because he promised to remember me in his will if I would do so and so for him."

"And didn't he?"
"Oh, yes, he remembered me, he did! When the lawyer read the document to the family, after getting through with the other bequests he wiped his eyes, and then continued reading, in a loud clear voice: 'And now to my beloved nephew, John Smith, I distinctly wish to be remembered.'"

Where He Belonged

A great business success must have honesty for its keystone. A dishonest business never develops. There's no hope for the business of Grocer Boggs.

"What ye been doin' down the cellar so long?" snarled Grocer Boggs at his new boy.

"Been cleanin' out the quart molasses measure, sir," the boy answered lightly. "It was so clogged up it only held about a pint."

"Say, you're dazed," growled the grocer. "Yih go home and tell yer father to educate ye for the ministry."

Molly felt badly when she read in the scriptures "The young men shall see visions." "What about the girls?" she asked, but was mollified when told that the girls were the visions in question.

Rheumatism, Kidney or Stomach Trouble and Asthma Promptly Cured

For Rheumatism, Kidney Trouble, Indigestion, Dyspepsia, Biliousness, Sick or Sour Stomach, Bitter taste in the mouth, Loss of Appetite, and Asthma, this medicine has no equal. Two to five doses will cure Sore Back or Sluggish Kidneys.

Corporal W. Lewis No. 305525, 1st D.A.C. at present residing in Eganville, Ont., writes:—"I was 18 months in France and went through the battles of the Somme, Vimy Ridge, Lens, Hill 70 and Passchendaele. On account of Kidney Trouble I was invalided to England. I was treated there for some months in the 5th and 11th Hospitals, and was finally invalided home to Ottawa, where I received treatment in the Convalescent Home. I was finally discharged as being medically unfit for further active service. Having heard of your Victory Rheumatic and Kidney Cure, I decided to try it, and after using four bottles I feel certain it has made me as well as ever, and I am gaining in weight every week. I can highly recommend it to any sufferer from Kidney Trouble as a sure and quick cure."

Mr. W. J. Payne, Renfrew, Ont., writes:—"I had Rheumatism in my arms, shoulders and legs for over four years. At times I was unable to get on my coat without assistance. My kidneys were also in bad shape. Three bottles of your Victory Rheumatic and Kidney Cure completely cured me."

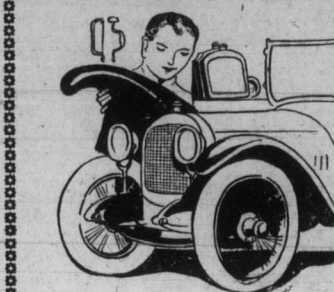
For sale by W. P. Pattie, Carleton Place, M. R. McFarlane, Almonte; L. A. Wilson, Smiths Falls; J. L. Rochester Ltd., Rideau St., Ottawa; or direct from the manufacturer W. F. Ritchie, box 296, Renfrew, Ont.

Price, 75c per Bottle.

In remitting for mail orders add sufficient to cover postage.

Buying a Packet of "SALADA"

Is not a gamble, but a sure thing that you are getting the greatest possible Quality and Value to the limit of your expenditure. TRY - IT.



McGREGOR BROS. MACHINE SHOP AND GARAGE

Giving your Car its original Power

That's the sort of repair work you get done in this shop—the factory kind. You know what we mean! Your car comes back to you as though you had just got it from the factory. Every little detail about your car will be put in first class shape here.

Bluff That Failed.

General Plumer, who has recently been recalled to France from Italy, can be very ironical when he chooses, as the following story proves:

Shortly before the war, when he held the Irish command, a regiment was being maneuvered before him on a field day, and the colonel in charge succeeded in getting his men mixed up pretty thoroughly.

However, he went grimly on, and at last, calling a halt, rode up to Plumer with an air of importance.

"I flatter myself that was extremely well done, sir," he said, evidently with the idea of trying to bluff that nothing had gone wrong.

"Oh, excellent," was General Plumer's suave reply. "But may I ask what on earth you were trying to do?"

Insects That Have Food Value.

Among insects which have been and are considered of gastronomic value are caterpillars, moths, a favorite in some parts of Africa; the pupae of the silkworm in China; ants, alive and roasted, are appreciated in Burmah, as well as by the Indians of North and South America, while it is said the lumbermen of Maine enjoy an occasional meal of large wood ants. The beetle is eaten in the Nile valley, in Turkey, Lombardy, Java, Peru, and is said to be nutritious and fattening. In Central America the eggs of three aquatic bugs are made into little cakes and eaten. Mexicans make a strong drink by infusing a tiger beetle in alcohol.

Preferred Death to Surrender

Preferring almost certain defeat to surrender, the French navy came out of Toulon in 1895 to meet defeat at Trafalgar; the Spanish fleet came out of Santiago in 1898 to certain defeat, and the Russian Baltic fleet gave battle to the Japs in 1905, although it knew it was doomed. It remained only for the German fleet to make a sheeplike surrender to the British navy on Nov. 21st, rather than stand up and fight it out. Little wonder the British officers and men looked upon the humiliating scene with disgust.

CANADIAN PACIFIC

In Effect October, 1918

Present Time-Table to and from Carleton Place:

EAST BOUND	
No. 18 Soc. Exp.	4:30 a.m. daily
2 Imp. Ltd.	5:00 a.m. daily
556 P. Exp.	5:30 a.m. daily ex. Sunday
558 P. Exp.	6:00 p.m. daily except Sunday
36 Toronto Ex.	6:45 p.m. daily ex. Sunday
550 Brockville Ex.	8:30 a.m. daily
NORTH AND SOUTH BOUND	
No. 17 Soc. Express	1:35 a.m. daily
1 Imp. Ltd.	3:05 a.m. daily
555 P. Exp.	8:50 a.m. daily ex. Sunday
557 Toronto Ex.	9:30 a.m. daily ex. Sunday
559 Chalk River Ex.	10:15 p.m. ex. Sunday
560 Brockville Local	7:30 p.m.

For particulars apply to J. F. WARREN, Agent Carleton Place

The Salvation Army Million Dollar Fund

MAIL YOUR CONTRIBUTION TO ONE OF THE TREASURERS BELOW, OR TO COMMISSIONER RICHARDS, 20 ALBERT ST., TORONTO

We MUST provide for the need of the Soldier and his family!

It is absolutely necessary to ensure certain safeguards and comforts to our boys over there and over here, so that they may be re-established in Canada, strong in body and soul, contented that we at home have stood by them to the finish. What sacrifice can we make for the boys who were prepared to sacrifice everything for us?

What the Salvation Army Has Done

It has provided comforts for fighting men since the twelfth day of the War. Hundreds of thousands of parcels of food and clothing for the boys. Tens of thousands of beds in Hostels in daily use in France, England and Canada. 197 Huts for Soldiers. 1,200 uniformed workers. 45 ambulances. Thousands of War widows cared for. Looked after soldiers' families. Labored for the Master. Helped to preserve the home ties. Given the MOTHER touch to lonely men.

What Remains to be Done

Keep the Hostels open and open more, so that every returning soldier can get a clean bed and wholesome meals at a price he can afford to pay. Provide comforts and safeguards for our boys, advancing into Germany, as well as those coming home and needing a place to eat and sleep in Halifax, St. John, Quebec, Montreal, Kingston, Toronto, London, Chatham, Winnipeg or Vancouver. Guide and assist soldiers' families, especially the widows and orphans.

Soldiers Home

January

Coming Campaign

19th to 25th

The Salvation Army is equipped and organized to take care of the soldiers' URGENT AND PERSONAL needs—needs that are imperative. It has never made a general appeal for funds to carry on this work until now. Give and give liberally. If you are not certain that your contribution will be taken up by a canvasser, send it direct to the Hon. Treasurer, Sir Edmund Walker, Toronto—subscriptions will be acknowledged.

"God loveth a cheerful giver"

SALVATION ARMY MILLION DOLLAR FUND COMMITTEE Headquarters:

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