OF UPPER CANADA.

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me: n in situsituoeen ourmuy shores of the lakes, and the foul banks of many sluggish streams, were often traversed by the troops. Cooling breezes seldom refreshed them on a march. The trees of the forest afforded only a partial protection from the heat of the sun.

Cholera morbus was occasionally met with on a march. It owed its origin in some, to the drinking of unwholesome water in the creeks, and to the eating of unripe fruits. In others it might also have been produced by the changes of temperature; the chilliness of the night, and the subsequent sultriness of the day. This disease I have often witnessed in the West Indies, amongst those men who were employed in marauding excursions in the woods, after those slaves who had forsaken and pillaged the plantations of their masters. In both countries the same causes tended to its production.

When quartered with my regiment in the unhealthy village of Chippawa, during the summer of 1814, intermittent fever became remarkably prevalent in the battalion. With-