

Prepared from the finest selected Cocoa with the natural oil preserved, rendering it absolutely the most nutritious, easily assimilated and indispensable beverage for the daily meal.

THE MOST NUTRITIOUS.

EPPS'S

GRATEFUL—COMFORTING.

COCOA

BREAKFAST—SUPPER.

Distinguished everywhere for its specially fine quality, and delicate and agreeable flavour. Sold only in quarter-pound tins, labelled JAMES EPPS & Co., Ltd., Homœopathic Chemists, London, England.



ST. DENIS HOTEL

Broadway and Eleventh Street, NEW YORK
EUROPEAN PLAN

Table d'Hote Breakfast and Dinner.
Rooms from \$1.00 per day up.
Rooms with bath from \$3.50 per day up.

The Convenient Location, Tasteful Appointment, Reasonable Charges, Courteous Attendance and Cuisine of Exceptional Excellence, are characteristic of this Hotel, and have secured and retained for it a Patronage of the Highest Order.

WM. TAYLOR & SON, Proprietors
CHAS. LEIGH TAYLOR, Manager

EVERY HOUSEHOLD and TRAVELLING TRUNK ought to contain A BOTTLE of

**ENO'S
'FRUIT
SALT.'**

A SIMPLE REMEDY FOR PREVENTING and CURING BY NATURAL MEANS

All Functional Derangements of the Liver, Temporary Congestion arising from Alcoholic Beverages, Errors in Diet, Biliousness, Sick Headache, Giddiness, Vomiting, Heartburn, Sourness of the Stomach, Constipation, Thirst, Skin Eruptions, Boils, Feverish Cold, Influenza, Throat Affections and Fevers of all kinds.

ITS EFFECT is SIMPLY MARVELLOUS. It is, in fact, NATURE'S OWN REMEDY, and an UNSURPASSED ONE.

Prepared only by J. C. ENO, Ltd., at the 'FRUIT SALT' WORKS, LONDON, ENGLAND, by J. C. ENO'S Patent.

Wholesale of Messrs. EVANS & SONS, Ltd., Montreal and Toronto, Canada.

**THE MAKING
OF ALE.**

THE INGREDIENTS—

The formula for the making of ale is exceedingly simple. Barley malt, hops, and water are the only necessary materials, and they alone should be found in good ales.

There are many grades of malt, many varieties of hops, and water differs widely in its adaptability to brewing purposes. The very best of all three, brewed by experts in a perfectly equipped brewery, go to make up Carling's Ales and Porter.

CARLING
LONDON