

THE COMMERCIAL

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or which profess to express the opinions of this
Journal, will not be inserted.

Office: 181 McDermot Street.

D. W. BUCHANAN,
Publisher.

The Commercial certainly enjoys a very much larger circulation among the business community of the vast region lying between Lake Superior and the Pacific Coast, than any other paper in Canada, daily or weekly. The Commercial also reaches the leading wholesale, commission, manufacturing and financial houses of Eastern Canada.

WINNIPEG, JULY 30, 1906.

OUR ILLUSTRATIONS.

Winnipeg is sometimes spoken of as a city of champions. Winnipeg has certainly won many championships in the athletic field, both in amateur and professional contests, at home and abroad, but particularly in amateur sports. This is a good record for the city. A healthy physical development is an excellent thing for men in every walk of life. Business and professional men who have this development, have the necessary physical force to enable them to succeed in business. It takes force, endurance and energy to succeed, and the strong, healthy man, other things being equal, has a distinct advantage, as a business man, over those of weak constitution. The encouragement of athletic sports is therefore particularly desirable among young men who are training for a business or professional life.

Among the institutions of Winnipeg the rowing club, perhaps, takes the lead in the influence which it exerts in encouraging healthy outdoor exercise. It is true that since the bicycle became so popular, rowing has lost considerably as a recreation. The Winnipeg rowing club, however, still retains its popularity. The club has won many a hardly contested race, in national and international events, including a championship at Saratoga two years ago. Last year the

club sent a crew to the great Henley contest in England. We give two views this week of Winnipeg Rowing club scenes; from vivo camera amateur photos by Geo. S. Dagle.

THE FRUIT TRADE.

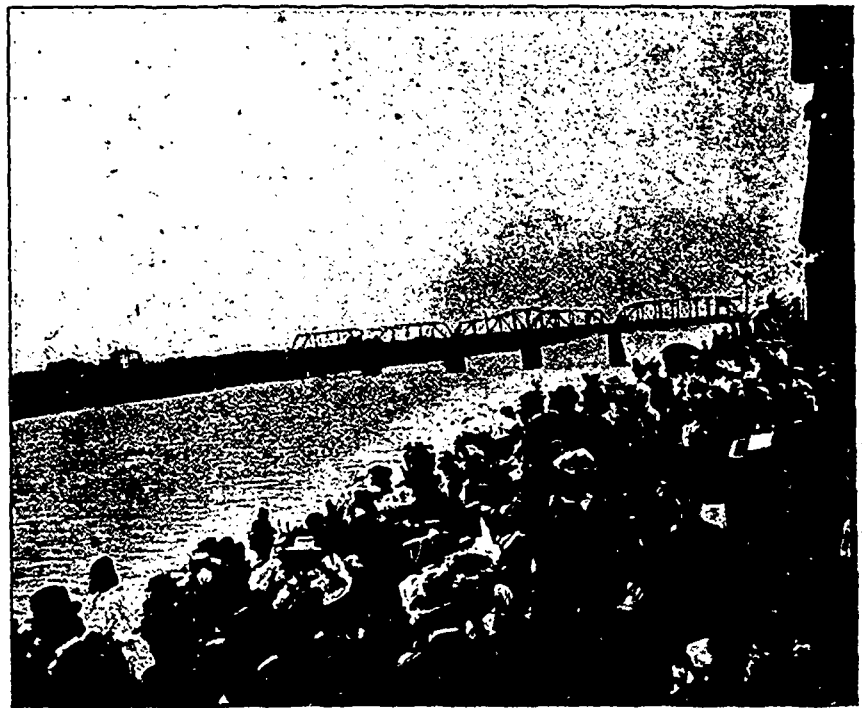
The Toronto Mail hopes that the Ontario fruit growers will be able to supply the needs of the western trade this year. The Commercial comment upon this is, that the Ontario shippers of fruit will have to improve their methods vastly if they hope to be able to do anything in this market. Ontario shippers have never yet been able to lay down soft fruits in Winnipeg fit for consumption. Ontario apples are all right, and in the fall of the year we also receive large quantities of Ontario

while in the other case there is lack of knowledge and carelessness. This accounts for the difference, and is no doubt the reason why Manitoba gets her fruit supply from California.

British Columbia growers have made a few shipments to the Winnipeg market, with a result not unlike that of Ontario shipments. This year we learn that British Columbia growers are endeavoring to learn and practice California methods in handling fruit, and if they follow up this policy, they will no doubt in time learn the secrets of shipping fruit to distant markets in a condition fit for consumption.

Manitoba Flour.

Adulteration of foodstuffs is one of the frequent dangers of the day. Few people would suppose that such a com-



Scene at Recent Regatta of the Winnipeg Rowing Club, showing Norwood Bridge.

grapes, but most other varieties of Ontario fruits invariably arrive here in a condition unfit for consumption. This is no doubt mainly due to the careless and slovenly way in which Ontario shippers handle the fruit. The fruit is evidently often too ripe when packed, and there appears to be an utter absence of care in handling. No attempt appears to be made to properly assort and pack the fruit. Peaches, plums, etc., are dumped promiscuously into baskets, and they arrive here in a mushy condition, with the juices streaming from the baskets. The distance from the point of production is not the trouble, as California fruits are arriving here constantly in car lots in perfectly sound condition. Skill and care in handling is applied to the California fruit,

mon article as wheat flour would be adulterated, but it is nevertheless. A circular has recently be mailed to Canadian millers offering them a substance for adulterating flour, the commodity being nothing else than ground soapstone. The circular advises millers to use this to the extent of 12 to 15 per cent. It is also recommended to be used in ground feed to the extent of 20 per cent. With adulteration so freely practiced, care is needed to select pure foods. In this connection it is pleasing to note the praise bestowed upon Manitoba's staple product by such an authority as the American Journal of Health, of New York. This journal, in a recent article, pays a high compliment to Ogilvie's flour, which, of course, is made from Manitoba wheat. The article is not simply a newspaper puff, as Mr. Thompson, manager of the Ogilvie company here, informs us that the article was unsolicited and was published without their knowledge. Following is the ar-