

Scientific and Useful.

A NICE WAY TO COOK EGGS. Butter a saucepan; break into it the eggs; do not crowd them; place in a slow oven until the whites set. Thus treated they are more delicate and much more wholesome than fried eggs.

CORN MEAL MUFFINS (raised).—Three quarts white Indian meal; three tablespoonfuls yeast; one cup flour; one quart scalding milk; three eggs, beaten to a froth, yolks and whites apart; one tablespoonful of white sugar; one tablespoonful of lard; one tablespoonful of butter; one teaspoonful of salt. Pour the milk boiling hot upon the meal; stir well and leave until nearly cold; then beat in gradually the yeast, sugar and flour, and set in a moderately warm place; it should be light enough in five or six hours; melt, without overheating, the butter and lard; stir into the batter, with the salt, lard and beaten eggs; beat all together three minutes; put in greased muffin rings; let them rise on the hearth for a quarter of an hour, with a cloth thrown lightly over them; bake about twenty minutes in a quick, steady oven, or until they are of a light golden brown. Send at once to table, and in eating them, break, not cut, open.

KEEPING MEAT IN HOT WEATHER.—Great is the convenience of a good refrigerator! But many of us who live in the country have to get along without such a convenience. Farmer's families who often depend upon the butcher's cart for supplies of fresh meat, are annoyed by the bother and waste that comes of getting more beef or mutton than they can conveniently use up before it becomes tainted. The most foolish waste is to eat more of it than you need with the idea of "saving it;" the doctor's bill that may result from overloading the digestive organs is not so good a show of economy as the fresh eggs you might coax from the hens by feeding them any excess of meat. The meat should first be wiped clean and dry. Some sprinkle it well in all its parts with salt. Others use black pepper plentifully (washing and wiping it well before using it, to remove the pepper and salt), and then hang it in the coolest place possible—some in a well, others in a cellar. Perhaps the best precaution is to wrap it in a dry cloth, and cover it with charcoal dust. Some say that wood ashes would answer about as well as charcoal; but I only know the virtue of charcoal by experience. I have found that charcoal will even remove a slight degree of taint. I am told that mutton is improved as well as preserved, for a short time, by wrapping it in a cloth wet with vinegar, and laying it on the bottom of a dry cellar. All kinds of meat, including fish and fowl, may be preserved in brine for a longer or shorter time.—*American Agriculturist.*

CHINESE DENTISTRY.—It is well known that the Chinese attribute toothache to the gnawing of worms, and that their dentists profess to take these worms from decayed teeth. But how they performed this trick, and so artfully concealed it in the hurry of daily business, was a secret only recently solved by a European inquirer. After some difficult and delicate negotiation, an intelligent-looking native practitioner was induced to hand over the implements of his trade, together with a number of the worms, and to give instructions in the method of procedure. When a patient with toothache applies for relief, if the tooth is solidly fixed in the socket, the gum is separated from it with sharp instruments and made to bleed. During this operation the cheek is held on one side by a bamboo spatula, both ends of which are alike, and on the end held in the hand some minute worms are concealed under the paper pasted to the spatula. When all is ready this is adroitly turned and inserted in the mouth, and the paper becoming moistened is very easily torn with the sharp instrument used for cutting the gums; the worms mix with the saliva, and the dentist of course picks them out with a pair of forceps. The patient having ocular demonstration that the cause of disease has been removed, has good reason to expect relief, which in many cases would naturally follow the bleeding of the gum. When the pain returns the same operation is performed over again, and a fresh supply of worms fully accounts for the recurring trouble. These worms are manufactured in quantities to suit the trade, and they are very cleverly done; still to carry on the delusion fully, the dentists are obliged to keep on hand a few live worms to show their patients, explaining that most of these worms taken from the tooth are killed either by a powder which is often applied, or by the process of removing them with the forceps. The practice just described, it may be added, is resorted to when the tooth is firmly set in the jaw.—*Chambers' Journal.*

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