

TRUE EASTER.

THE world for the dead Christ weepeth,
And holdeth her Lenten fast;
Does she think that Christ still sleepeth
And night is not overpast?
Nay, but the word is spoken,
Nay, but the tomb is broken,
And "Christ is risen! Yea, Christ is risen
indeed!"

Long past is the Lenten morning,
Long past is the bitter night,
Long past is the Easter dawning,
Now it is noonday light.
Set every song to gladness;
Why should the Bride have sadness?
Her "Lord is risen! Her Lord is risen in-
deed!"

He suffered once and forever
The cross, the smiting, and pain,
Once did the sepulchre sever,
But never, never again.
Earth nor hell can bereave us,
Jesus never will leave us,
For "He hath risen! Yea, He hath risen
indeed!"

Always so ready to ease us,
Always so willing to stay.
Pray, pray that the living Jesus
May walk with us day by day.
Always the Easter glory,
Always the same glad story,
"The Christ is risen! The Christ is risen
indeed!"

—Lillie E. Barr.

THE DRUNKARD'S FLUSHED FACE.

EVERY one is familiar with the flushed face of the drunkard. It is a fixed characteristic. Even the moderate drinker has it more or less, though it may seem to himself, and to many others, a look of health. So, too, the face may be flushed for a time by a single glass of wine. Now, every internal surface of the body is, without exception, equally flushed. Science at length explains this. It is due to the paralyzing effect of the alcohol on the nerves that regulate the contraction of the arteries—for the arteries are not mere tubes, but contract and dilate, like the heart, and this dilation and contraction depend on the nerves that accompany the arteries in all, even their minutest, ramifications. When thus dilated unduly, the capillaries become engorged, and the heart beats with increased rapidity, because of the lessened resistance of the arteries. In the case of the habitual drinker, this engorgement becomes permanent. Let it now be remembered that it is not confined to the surface of the body, but extends to every organ and every tissue.

Hence, we have in the habitual drinker, even though he may never be drunk, a congested stomach, giving rise to the worst forms of confirmed indigestion; a congested liver, causing it first to distend and thicken, and then to harden, thereby obstructing the flow of the blood through it and resulting in fatal dropsy; congested lungs, with pleurisy, and the most intractable form of consumption complaints, including even Bright's disease; congested brain and nervous centres, causing various neuralgias, insomnia, loss of memory, madness and delirium tremens. The drunkard is diseased through and through—whatever look of health he may have. Any superadded ailment is likely to prove fatal, for it nowhere finds vital resistance, and medicine is largely powerless to arouse the eliminating organs to expel its poison from the system. A slight cold may thus end in death, and a drunkard is particularly exposed to taking cold. For, in the first place, alcohol always

lowers the temperature to a dangerous point, so that one may be chilled without any special exposure; and, in the second place, a man who drinks to intoxication is apt to be specially exposed. The friends of a drunkard should remember that it is of prime importance to get him as soon as possible into a decidedly warm room, both to save him from a dangerous chill and to facilitate the elimination of the poison. —*Youth's Companion.*

A DYING BOY'S GIFT.

WE have just received a contribution toward the fund for the payment of the *Glad Tidings*, Mr. Crosby's boat, which bears with it a story of peculiar interest. It was the savings of a little boy, Tommy Lear, who died in Toronto a short time ago, and who, shortly before he passed away, asked his father to give his money (75 cents) to the Missionary Society for the boat. He had always, since Mr. Crosby was here a few years ago, been very much interested in the boat, and when he died bequeathed this amount, saved out of the pocket money given him from time to time, to the fund. In handing it to the Secretary his father kindly doubled it in memory of his little son.—*Outlook*

NO CHANCE TO RECTIFY MISTAKES.

WHEN I was a young man there lived in our neighbourhood a farmer who was usually reported to be a very liberal man and uncommonly upright in his dealings. When he had any of the produce of his farm to dispose of, he made it an invariable rule to give good measure—rather more than would be required of him. One of his friends, observing him frequently doing so, questioned him as to why he did it. He told him he gave too much, and said it was to his disadvantage. Now mark the answer of this excellent man: "God has permitted me but one journey through the world, and when I am gone I cannot return to rectify mistakes." The old farmer's mistakes were of the sort he did not want to rectify.—*Ex-Governor Seymour.*

LESSON NOTES.

A.D. 60] LESSON II. [April 12.

PAUL'S SHIPWRECK.

Acts 27. 27-44. Commit to memory vs. 33-36.

GOLDEN TEXT.

Then they cry unto the Lord in their trouble, and he bringeth them out of their distresses. *Psa. 107. 28.*

OUTLINE.

- 1 The Night of Danger, v. 27-32.
- 2 The Needed Meal, v. 33-38.
- 3 The Narrow Escape, v. 39-44.

TIME.—November, A.D. 60.
PLACE.—The island of Melita, now Malta, south of Sicily.

EXPLANATIONS.—*Fourteenth night*—After departing from Fair Havens, ver. 8. *Country*—Land. *Twenty fathoms*—One hundred and twenty feet. "We are enabled by recent investigations to identify the locality of a shipwreck which occurred eighteen centuries ago."—*Smith.* *Shipmen*—Sailors who had formed a plot to leave the ship. *Nothing*—No regular meal. *Knew not the land*—Even a native Maltese would probably not have recognized the spot. *Rudder-bands*—The ancient rudders were paddles, one on each

side of the stern, bound when the ship drifted, and loosed now they were needed to steer with. *Two seas met*—Laterally, a *treascead* place. The promontory probably jutted out under the surface of the water, and the ship stranded on this some distance from the land.

TEACHINGS OF THE LESSON.

Where in this lesson are we taught—
1. The need of coolness in danger?
2. The duty of thanksgiving for present blessings?
3. Safety in relying upon God's promises?

THE LESSON CATECHISM.

1. What did the shipmen try to do? Escape in a boat. 2. What did Paul ask the men to do? "To take some meat." 3. What did Paul do when he had taken the bread? He gave thanks to God. 4. What was finally done to escape death? "They ran the ship aground." 5. What was the result? "They escaped all safe to land."
DOCTRINAL SUGGESTION.—The providence of God.

CATECHISM QUESTIONS.

2. What does this new commandment mean? That we should show special love to all the disciples of Christ, by whatever name they are called.
Ro. ii. 13; 1 John iv. 11; 1 John iii. 16. [Ro. iii. 10; Gal. vi. 10; Heb. xiii. 1; 2 Peter i. 7.]

A.D. 60, 61.] LESSON III. [April 13.

PAUL GOING TO ROME.

Acts 28. 1-15. Commit to memory vs. 5-6.

GOLDEN TEXT.

He thanked God and took courage. *Acts 28. 15.*

OUTLINE.

1. At Melita, v. 1-10.
2. Toward Rome, v. 11-15.

TIME.—The winter of A.D. 60 and spring of A.D. 61.

PLACES.—1. Melita, now Malta, an island south of Sicily. 2. Syracuse, a city in Sicily. 3. Rhegium, in Italy, opposite to Sicily. 4. Puteoli, a seaport of Rome, on the Bay of Naples. 5. C. Appia Forum, "The market of Appian," and the Three Taverns, two small villages on the road to Rome. 7. Rome, the capital of the Roman Empire.

EXPLANATIONS.—*Barbarous*—From a Roman point of view, because they were neither Greeks nor Romans, but of Punic origin. *A viper*—Revived by the heat, it came out of the brushwood and fastened on Paul's hand. *Beast hang*—Fastened with its mouth in the wound. *Sign*—Figurehead of the ship, sometimes carved, sometimes painted. *Cistor and Pollux*—The deified twin brothers of Helen who caused the fall of Troy. *A compass*—A curve in the ship's course. *Seven days*—Permission to tarry at Puteoli testifies how much Paul enjoyed the love and confidence of the centurion.

TEACHINGS OF THE LESSON.

Where in this lesson are we taught—
1. The folly of superstitious fear?
2. The folly of superstitious reverence?
3. The duty of hospitality?

THE LESSON CATECHISM.

1. What was the island to which Paul and his companions escaped? Melita, now called Malta. 2. How did the people receive them? Kindly. 3. What happened to Paul when putting sticks on the fire? A viper fastened on his hand. 4. What did Paul do to the sick people on the island? He healed them. 5. What happened to Paul and his companions when nearing Rome? The brethren came to meet them.
DOCTRINAL SUGGESTION.—The power of prayer.

CATECHISM QUESTIONS.

3. What more has our Lord taught us concerning the moral law? In the Sermon on the Mount, He plainly declares that it must be observed to the end of time.
Matt. v. 17, 18. [Rom. viii. 4, xiii. 10, Gal. v. 14.]

PAPA. "Yes Harry, it is supposed the moon is inhabited, and is largely populated." Harry: "Mustn't the people be dreadfully crowded, specially when it's new moon?"

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