

## To Women Seeking Health and Strength

For those ill peculiar to women Dr. Pierce recommends his "Favorite Prescription" as

### "THE ONE REMEDY"

A medicine prepared by regular graduated physician of unusual experience in treating women's diseases—carefully adapted to work in harmony with the most delicate feminine constitution.

All medicine dealers have sold it with satisfaction to customers for the past 40 years. It is now obtainable in liquid or sugar-coated tablet form at the drug store—or send 50-one-cent stamps for a trial box, to Buffalo.

Every woman may write fully and confidentially to Dr. Pierce, Invalids' Hotel and Surgical Institute, Buffalo, N. Y., and may be sure that her case will receive careful, conscientious, confidential consideration, and that experienced medical advice will be given to her absolutely free.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar coated, tiny granules easy to take as candy.

## Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat

FIVE ROSE do do do

ROYAL HOUSEHOLD do do do

HORTON do do do

HARVEST QUEEN, 2nd Pat. from Man. wheat

GOLD DUST do do do

RED ROSE, High Grade Blended Flour

NEW ERA, Special Pastry Flour

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.

MILLERS AND FEED MERCHANTS

## TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells,

Flaked Wheat and Barley, All Kinds of

Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

## COAL AND LUMBER

We were never better prepared and equipped to meet the wants of our customers than at the present time. We have one of the most complete stocks of

LUMBER, SHINGLES, BUILDERS' SUPPLIES, ETC.,

to be found in the West.

All Sizes of Reliable Coal at Lowest Prices

Planing Mill and Factory in Connection

PRICES REASONABLE AND EVERYTHING UP-TO-DATE

Your patronage appreciated and solicited.

Electric Light. Chopping Mill.

Established 1870 GEO CHAMBERS.

A NICE DISPLAY OF

Coal and Wood Heaters

RANGING IN PRICES FROM

THE CHEAP BEDROOM

STOVE TO AN ELEGANT

PARLOR COOK.

SPECIAL PRICE ON HEAT-

ER LIKE CUT, 14 IN.

FIRE POT

.. \$28.00 ..

T. DODDS & SON



## Farm and Garden

### WATCH THE FENCES.

A good fence is insurance against the depredations of browsing animals. All repairs should be made promptly. Diversified farming requires small fields and considerable fencing material, but it pays. Do not be afraid of spending a few dollars for fences if they are needed. Cut up the farm into small fields so crops can be grazed.—Iowa Homestead.

### TO KEEP UP SOIL WEALTH.

Growing a Legume Crop is Necessary Every Four Years.

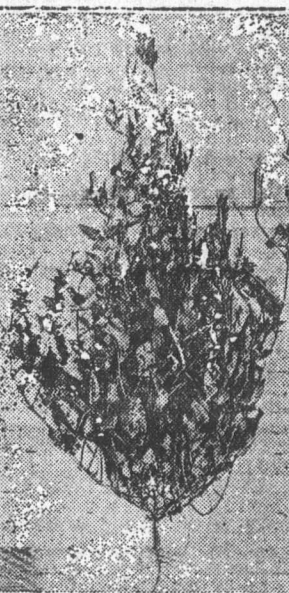
Clover or some other legume crop once every four years is absolutely necessary in order to maintain the nitrogen of the soil for corn, wheat, oats, timothy and like crops.

Where it is difficult to secure clover the trouble is either a sour soil needing limestone or a soil low in phosphate.

To help out the stand, says Farm Magazine, it is often advisable to sow part in alsike clover. Alsike clover will often produce a good stand where red clover fails.

Where clover has failed and a crop like clover is needed soy beans and cowpeas are proving a very profitable substitute in the corn belt.

Soy beans make a valuable hay, yielding from one and a half to three tons



Photograph by Tuskegee agricultural experiment station, Alabama.

### WELL-GROWN COWPEA VINE.

per acre. The seed when left to ripen make a very valuable concentrate, being as rich in protein as oilmeal. They will yield from ten to fifty bushels per acre, and the seed often sells for \$2 or more per bushel.

A crop rotation should be practiced which includes the growing of clover or some other legume crop at least as often as once every four years. If the clover should fall some other legume, as soy beans or cowpeas, should be substituted.

All crop residues, as well as manure, whether stalks, straw or chaff, should be left on the farm, being hauled if necessary and plowed under, either directly or in the form of manure, in order to supply organic matter and nitrogen.

### Make Swine Pay Two Ways.

An important consideration that is too often overlooked is the economical utilization of manure produced by swine. Dry lot feeding in summer is often associated with a heavy waste of manure on account of the large part of the manure that is leached or blown away when deposited in bare lots. Feeding on pastures or in cultivated fields will do much to obviate this loss, since a large proportion of the droppings and urine will then be deposited in the field where the fertilizing constituents may be utilized.—Iowa Homestead.

### LITTLE BITS OF FARM LORE.

The heating and burning of alfalfa hay in the stack may be avoided by proper curing.

We believe it is not safe, as a rule, to pasture cows on alfalfa alone, says Hoard's Dairyman.

Most of the diseases to which the potato is subject may be avoided by intelligent handling of the seed before planting.

In choosing tomato plants to grow-

ing prize tomatoes do not select tree tomatoes, as they are not prolific, but pick out some good, smooth, meaty variety.

The use of machines for transplanting vegetables is on the increase. Every grower should know that machine set plants thrive just as well as those which are planted by hand, provided the work is done with care.

There are two mistakes usually made in putting rye into the field. Most people let it stand too long before cutting and then do not pack it down hard. For silage rye should be cut before it comes into bloom and while the plants are soft and tender.

### Feed Will Be High

(Weekly Sun.)

The American Agriculturist places the world's wheat crop for this year at 3,860,000,000 bushels, or 100,000,000 bushels in excess of that of last year.

But wheat is the only grain in which an increase is shown.

This year's world's corn crop is 3,551,000,000 bushels, or 794,000,000 short of that of last year.

The oat crop is 4,152,000,000 bushels, a decrease of 433,000,000 bushels.

The world's barley crop is 1,425,000,000 bushels, a decrease of 33,000,000.

The rye crop of the world is 1,774,000,000 bushels, a decrease of 127,000,000 bushels.

The combined world's crop in all five grains is 14,762,000,000 bushels, a shortage of 1,287,000,000 bushels.

Commenting on this showing the Agriculturist says:

"Unless Russia and Argentina conclude the year with much larger yields than now seems possible, the world's production of the five leading grain staples for 1913 will be 1287 millions of bushels less than last year, or an aggregate decrease of nearly 10%. This deficiency is not made up by potatoes, the world's supply of which is only about the same as last year. In a word, the world's production during 1913 of wheat, corn, oats, barley and rye may be hardly equal to the normal crops of 1910. Therefore, it is only necessary to distribute and market the supply gradually and evenly throughout the coming six to ten months, so as to supply the demand without artificially reducing prices. In view of the increased population and the general resumption of industrial prosperity throughout the world, the demand for these crops should be even better in the coming months than it was for the crops of 1910."

These figures, coupled with the keen demand for meats of all kinds, fully justify what The Sun has said on several occasions as to the prospects of high prices for feeding stuffs during the coming winter. Even wheat prices may rule fairly high, as a good deal of the wheat produced is likely to take the place of feeding grains.

### Pot Roast Beet

If you ask for a pot roast a butcher will often give you a piece of the round, but that is too dry for a nice roast. Get a chuck or piece of neck. It is cheaper, and if cooked right is really a delicious roast. Ask the butcher for a small piece of suet with the meat. Put the suet in a kettle on the stove and when it is frying out and hot put in the roast. Wipe the roast with a damp cloth instead of washing. Turn often and let it fry on all sides, being very careful it does not burn. After 10 or 15 minutes pour into the kettle about two cups of hot water and cover closely. Do not let it boil furiously, but a slow, steady boil, and keep in enough water so that it will not burn. When about half done, season with pepper and salt. An hour before serving let the water cook away and brown the roast, turning often in the fat in the kettle. Remove the roast on to a hot platter, pour off some of the fat and make gravy, seasoning well.

Some people seem to reckon their rate of progress by the noise they make and the dust they raise.

Wickedness may prosper for a while, but at the long run he that sets all knives at work will pay them.

All the noteworthy achievements in commerce and in art were soundly conceived and accomplished through hard work and honorable effort.

"Please don't see me to the door," pleaded the departing visitor. "Really it's no bother at all," the hostess assured her. "It's a pleasure."

### Regularity

of the bowels is an absolute necessity for good health. Unless the waste matter from the food which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion and sick headaches. "Salts and other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively without weakening, sickening or griping. Use

Dr. Morse's

Indian Root Pills

CHANDRY FARM

Headquarters for Lincoln Sheep. Special attention paid to wool. Flock averaged 14 lbs. this year. Sheep to-day are the best money-makers on the market with the least trouble and expense. Remember that the ram is half the flock. Call early and secure your choice. Twenty-five extra good ram lambs besides a few shearlings. Also a few good ewes and ewe lambs. All correspondence promptly attended to.

ED. de GEX KERWOOD, ONT.

### From Old Subscribers.

Frank Crone, Richardson Sask; sends money to pay his subscription to May 1913, and says—"I hope Banquo's ghost will vanish. We are always glad to get the home paper. 'Have had a nice summer and fall until this (Oct. 10), but had two snowstorms this week.' I wish the Guide-Advocate every success."

Thanks, friend Crone. "All the West-erners enjoy reading the paper, but many are not as prompt as you are in getting paid ahead. But we are living in hopes that your good example will bear fruit."

### CHOP STUFF.

George Druett, passed away at his residence in Dawn on Sunday night after a short illness. He was stricken by paralysis on Monday and never regained consciousness.

Warts are disfigurements that disappear when treated with Holloway's Corn Cure.

Extensive improvements have been made to Ravenswood Presbyterian church. A new vestry and choir loft has been built, new front steps added, and the outside of the building painted.

Astronomers predict the disappearance of the "big dipper." There is still ample time to see the vanishing constellation which will be erased from the celestial dome 200,000 years hence.

At a recent special meeting of the Glenoe council it was resolved to purchase a piece of land five rods by eight rods from F. C. Rycraft, adjoining the municipality, to be used as a dumping ground for refuse.

Thousands of mothers can testify to the virtue of Mother Graves' Worm Exterminator, because they know from experience how useful it is.

A quiet wedding was solemnized at the home of Mr. and Mrs. Thomas Ramsay, Hyde Park, on Wednesday, Oct. 1, when their daughter, Miss Margaret Edna, became the wife of Joseph J. Pascoe, of the sixth line, Plympton.

Squire Patrick, of Hilderton, aged 80 years, has this year grown prize potatoes weighing a pound and a quarter and a pound and a half. A. J. Stone, 70 odd years of the same place, has also grown some tubers as large as muskmelons. A writer in a local paper adds that it Prof. Osler's theory had been put in practice, look what a lot of fine potatoes would have been lost to the world.

Mr. G. C. Bramhill, B. S. A., who succeeds Mr. W. H. Porter, as representative for Lambton County of the Ontario Department of Agriculture has arrived in town. He is a young man of prepossessing appearance and comes to Petrolia with good recommendations. Before coming here, Mr. Bramhill was engaged as a writer on the Weekly Sun. He is a native of Wellington County and a graduate of Guelph Agricultural College. —Petrolia Advertiser.

The indications of worms are restlessness, grinding of the teeth, picking of the nose, extreme peevishness, often convulsions. Under these conditions the best remedy that can be got is Miller's Worm Powders. They will attack the worms as soon as administered and will grind them to atoms that pass away in the evacuations. The little sufferer will be immediately eased and a return of the attack will not be likely.

A German scientist concludes that the body of a 500-pound man is worth \$7.81, and bases his calculation on its contents, such as phosphorus, magnesium, salts, iron, fat, and so on. The calculation is obviously inaccurate, however, as the scientist overlooked a couple of constituents nearly always present. He ought to allow something, for instance, for the nicotine, and there'd probably, at the very least, be half a dollar's worth of alcohol.

The men who do a town more harm than good may be classed as follows: First, those who oppose improvement. Second, those who run it down to strangers. Third, those who never advertise their business. Fourth, those who distrust public-spirited men. Fifth, those who show no hospitality to any one. Sixth, those who hate to see others make money. Seventh, those who oppose every movement that doesn't originate with themselves. Eighth, those who put on long faces when a stranger speaks of locating in their town. Ninth, those who oppose every public enterprise, which does not appear of personal benefit to themselves.