

*Send my friends of  
they want to help  
me, to send some  
Zam-Buk.*

This part of a letter received from Pte. J. R. Smith of the "Princess Patricia's" in Ottawa, illustrates the soldier's need of Zam-Buk at the front. To them it is a necessity. Large quantities of Zam-Buk are bought for the army and the Canadian Y.M.C.A. keep their canteens in France supplied, but to make sure your soldier friend is not having to go without, send him a few boxes of Zam-Buk in your next parcel.

Zam-Buk is just what he needs for cuts, barbed wire scratches, burns, blisters, sore feet and gas sores. All dealers or Zam-Buk Co., Toronto, 50c box, 3 for \$1.25.

## Zam-Buk

### Britain's Four Years of War Effort.

#### THE MANNING OF THE WAR MACHINE.

(By Harold Begbie in the London Chronicle.)

Great Britain had to contribute, and has contributed, to the world's struggle with Central Europe a force of nearly 10,000,000 men, between 18 and 43. This is to say that we have made a contribution to the service of the Alliance, in men alone, which represents nearly a quarter of our total population.

This figure, of which the nation has reason to be proud, represents our entire capital in man power. It means that we have given all we had to give. It stands as a record of a free nation's complete and exhaustive sacrifice in a struggle not of its seeking and for the attainment of ends in which it has not one single selfish interest. But even this proud figure does not by any means represent the entire effort of Great Britain. It does not include the vast battalions of women in trades and occupations absolutely essential to its success who are serving the common cause, or the considerable body of old and unfit men who, in divers ways, are maintaining the reputation of this country as a land of unpaid volunteers; or the men, women and children engaged in numerous trades and occupations which, if not actually essential to victory, nevertheless contribute to the welfare not only of our own military forces but also of the military forces of our many Allies.

This proud figure of nearly ten million men stands solely for the masculine war legions of England, Scotland and Wales. It is the male force which British democracy has mobilized for the manning of its War Machine on its civil and military sides.

**The War Wastage.**

From all causes, both civil and military, and from first to last, we have suffered a wastage in this total capital of man power which stands at over two millions. This does not mean that our enemies have inflicted upon us two millions of casualties. It means that from all causes whatsoever—death, accident, sickness, etc.—we have lost out of our available ten millions of men during the four years of the struggle a total of over two millions. Of the remainder, the Ministry of National Service can give a precise account, with the exception of one per cent, this one per cent represents drafts at sea, men changing over, and men for the moment lost sight of; it does not mean that one per cent of our man power is standing idle.

The present strength of our fighting forces is well over four million men, and these forces are not merely being maintained, they are constantly being increased. In the last six months many hundreds of thousands of fit men, mostly of Grade 1, have been called to the colors. Not only have we expanded our Navy and created a great Air Force, but the Army sacrifice is of a Continental size, and we have now to keep it at that mark by annual reinforcements of young men. Outside this immense Army, which is fighting seven campaigns, all the rest of our capital in men is engaged in essential war work; and almost the whole of this body, something like four million men, are either of a low physical grade or too old for the fighting forces.

We have a million men building and repairing ships, with an additional host of men making the tools necessary for this work. We have a million men making munitions of war for ourselves and our Allies. We have nearly half a million men in the Royal Navy, guarding the ocean for ourselves and our Allies. And we have over 120,000 men at sea in the mercantile marine, serving the common cause of ourselves and our Allies.

Here, then, with over four million men in the fighting forces, we get a total strength of eight million men. And if we were to make enquiries in those trades which are rendering great service to our Allies, as well as to ourselves, such as timbering and boot-making, we should find many thousands of men who figure among the two million civilian and military casualties which the Ministry of National Service describes as wastage from our original force of ten million men.

A single figure gives a useful example of the extreme thoroughness with which the nation has mobilized its man-power. A force equivalent to nearly six divisions in the field has been taken from the Civil Service alone.

**A Great Achievement.**

So perfect and ingenious is the organization of the Ministry of National Service, which was reconstructed only a year ago, that it is now possible for the Government to put its hand at a moment's notice on the medical history of every man in the country who is or may be made available for military service. This achievement is something much more than a feather in the cap of the Minister; it is a feather in the cap of the whole nation. For it means that a people long free, and by nature as well as tradition stubbornly independent, has submitted of its own will to the uttermost violence of State control. Not only does the State

vitality and constantly interfere between employer and workman; and not only have ninety trade unions accepted with the finest patriotism an overruling authority, which must continually set at naught their hard-won privileges, but the individual Briton has submitted his personal, his most intimate, liberty to the control of the State, and counts himself a soldier in the common army of the Alliance.

This submission of the British people to a paramount control by the State represents one of their greatest victories—the victory over themselves. It should hearten our Allies, who have made enormous sacrifices in this long and bitter contest with the Powers of Darkness, to know that the nation which has preserved for them the freedom of the seas, has also made, not a partial or a half-hearted sacrifice of its man power, but a sacrifice which is unequivocal and absolute.

We have given our all.

### What Has Britain Done?

(By Rev. Frederick B. Hodgins, B.A. in the New York Herald, Aug. 24.)

What has Britain done? Kept the faith and fought the fight for the everlasting right. Chivalrously couched her lance in defence of Belgium, France. This has Britain done!

What has Britain done? Given every "gentle" son Met the challenge of the Hun; Placed her men on every field; Proud to die, too proud to yield. This has Britain done!

What has Britain done? Answers every far-flung breeze Blown across the Seven Seas: "Watch and ward secure she keeps Vigilance that never sleeps." This has Britain done!

What has Britain done? On every front, her flag unfurled, Fought a world-war round the world; Then, when all is said and done, Ask her allies, ask the Hun, "What has Britain done?"

What has Britain done? For her slain Britannia weeps— She might boast who silence keeps; Call the roll and count her dead, And know what she has done.

### A Serious Matter

There is a delicacy about mentioning piles. And yet so many suffer needlessly who could be readily relieved and cured if they only knew about Dr. Chase's Ointment.

Men tell one another about this remarkably successful treatment. But many women pine away their health and vitality, dreading a surgical operation and not knowing how easily they can be cured at home by Dr. Chase's Ointment.

### The Day of the Older Man.

London Daily Chronicle: This is day of the older men. Mr. Balfour celebrated his 70th birthday recently by an important speech on Serbia, while at the same hour, Lord Morley, who is on the threshold of 80, was making a speech on India. Like the Rev. Frederick Hastings, who preached his 80th birthday sermon on Sunday, Mr. Balfour defied all the doleful medical prophecies of his youth. One recalls, too, how, when 80 years ago he took up the Irish Secretaryship, his friends bluntly declared that the work would be fatal.

**MISS FLORA PIKE will resume lessons in Pianoforte and Harmony on Monday, September 16th. Music Studio: Le-Marchant Road.—sep14,31**

### U-boat on End.

Details are at hand of the remarkable escape and rescue of some of the crew of a damaged U-boat. Cruising submerged, she struck a German mine laid to trap one of our submarines. The engine-room quickly filled, and with this weight of water the stern sank and the bow protruded vertically out of the water.

There was only one way of escape by the bow torpedo tube. A torpedo had first to be removed from the tube. Then some of the crew, standing on each other's shoulders up the height of the tube, formed a human ladder, and thus some escaped.

Rockets were passed up and fired as distress signals. They were answered by a British patrol boat which steamed alongside and picked up several men. Before the rest of the crew could be rescued the U-boat heeled over and sank in five seconds, the water rushing in by the tube.

A destroyer dropped four bombs on a submarine, and afterwards seven of her crew rose to the surface dead.—London Daily Mail.

Stafford's Drug Store, Theatre Hill, open every night 9.30.—sep7,17

### "Not In Uniform."

By An Unknown Author.

They wear no khaki nor battleship blue. They're kind of a nondescript sort of a crew. Hard-handed and hunky but not like you meet. On the holystone decks of the battleship fleet. Nope, these here is only the everyday guys Who handle the vessels that feed our Allies.

But—stop an' consider a bit what they mean— These lads of the merchant marine! They sail with a cargo of beef or of steel. Or T. N. T. maybe, or bacon or meal. An' so they go wallowin' loaded for fair.

To feed an' munition the folks "over there." An' if they get over they sigh with relief. An' come back to take on more biscuits 'n' beef. An' if they get sunk—well, it's plain to be seen That's rough on the merchant marine.

They don't get much glory for takin' a chance On their white steamlin' to England or France. For if they get rescued from drownin' on trip They just come up smilin' an' find a new ship.

An' if they go down in a watery grave There are no half-masted flags that'll wave. An' yet they're real men who're doin' in their bit. Not askin' no special approval for it. An' that's just the reason we otta be keen For the boys of the merchant marine.—The Lookout.

### No Sunday "Joy Riding."

(From the New York Times.)

Nothing could better illustrate the power of public sentiment when it closely approaches unanimity than did the almost complete absence on Sunday of automobiles from all the city streets and country roads in this vicinity. Presumably, it was the same throughout the country east of the Mississippi. And this truly remarkable abandonment of a well-established habit from which thousands and thousands of people have long derived one of their greatest pleasures was brought about not by an order, but by a mere request of the Government! To make the phenomenon the more impressive, the request was issued through a board the previous acts of which have been much and hotly and justly criticised by the same public that in this instance showed itself so docile.

The explanation, of course, is that the request was reasonable and the motive of it thoroughly understood and as thoroughly approved.

On the first Sunday when it was asked that motoring except for necessity and charity be stopped, the thoughtless and the vicious folk who have always formed a small but conspicuous and troublesome minority of the automobile part of the population acted after their familiar fashion and went out as usual. Their experiences on the road, however, were such as to convince even the dullest-witted and thickest-skinned that pleasure riding on a Sunday when intelligent and decent folk had united to save gasoline was about as unappealing as riding could be. Few of them were arrested—none for ignoring the Government's request—but they all found themselves subjected to such a pressure of contempt and scorn that hardly one of them ventured out when the second Sunday came around.

That there are only too many automobilists indifferent to the law, we all know, but when the penalty to be faced was of a kind which, unlike fine and imprisonment, could not possibly be escaped, even the worst of them submitted—whether with a good grace or not, nobody knows or cares. They submitted, and that is enough.

### An Old Law Discarded.

Country Gentleman: The old law of "every man for himself and the devil take the hindmost" seems to have been tumbled into the discard, and men work and die now, not for themselves but for democracy—the right of the other fellow to live his life. To this end the rich and the poor, the exalted and the humble labor together, performing all things needful. No longer is any necessary thing labelled "essential," and every man is, for the time at least, his brother's keeper. Who would have imagined a year ago that so much could have been so quietly accomplished in a single twelve months? So far we have gone along the highway of progress and toward a new world—so much for having been scared stiff and for once in our lives being brought face to face with fundamental realities.

### New General.

Capt. (temp. Lt.-Col.) J. Forbes Robertson, who, when he won the V. C. earlier in the year, had two horses shot under him and was thrown five times, is gazetted brigadier-general.—London Daily Mail, Aug. 12.

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### An Intimate Alliance.

Between Great Britain and the United States of America.

(By Charles W. Eliot, President Emeritus of Harvard University.)

The United States has entered into no alliance with any other power, and is fighting against Germany in hearty co-operation with the Entente Allies, and has ever present intention of persisting in that course; but under the formal obligation to do so. The United States is also co-operating effectively with Great Britain in respect to supplies of money or credit, food, raw materials, and shipping; but solely for the prosecution of the War, no agreement having been reached with respect to the continuance of this co-operation when peace comes. Again, the soldiers and sailors of the United States are enlisted only for the War, and the country is not committed in any way to the maintenance of a great navy after the declaration of peace.

The position of the United States in respect to its relations to Great Britain is a deplorably feeble one, especially because it has little effect on the German mind. To stop the War within any reasonable time Germany must be convinced first, that the United States is at war with Germany in complete harmony with the Entente Allies as regards the objects of the War, and quite as resolutely as they; and secondly, that the United States and Great Britain, with the other maritime powers now at war with Germany, propose henceforth to hold the seas and oceans free for all in times of peace but for the exclusive benefit of the democracies in time of war, and to continue their present co-operation in respect to money or credit, food, raw materials, and shipping, so long as the security of the democracies needs to be assured to convince Germany on these two points.

The only way to show the German rulers what the nature of the bid in which they have made for Germany during the last four years is to form a firm and lasting alliance, offensive and defensive, military, naval, financial, and commercial among the great powers now resisting German aggression and militarism, and to make known the terms of this alliance to all the world.—The Chronicle.

### Degeneration and Depravity of Hun Vandals

TO A DEGREE HITHERTO UNIMAGINABLE.

In their retreat the Germans are doing their best to live up to the reputation of modern Huns. In one house at Chateau Thierry, says Reuters' correspondent, there was a valuable library including hundreds of rare old books, a great number of wonderful bindings, illuminated missals, and ancient manuscripts. There was not a single volume or missal which was not mutilated. The exquisitely tooled covers were wrenched off, pages torn out, and some foul liquid poured over the illuminations which had defied the fading of time for centuries. It is possible to imagine the mood which might smash mirrors or smash at pictures, and even the vindictive barbarism which might break

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### Here and There.

When you want Steaks, Chops, Cutlets and Collops, try ELLIS.

OFFERED FOR SALE.—The Norwegian steamer Jacobson is now up for sale and will, we understand, be purchased locally for the seal fishery.

When you want Sausages, why—get ELLIS; they're the best.

NEW COMMAND.—Capt. Kearney of the Alcmab has been given command of Jobs' new tern schooner L. G. Joy.

When you want Roast Beef, Roast Veal, Roast Mutton, Roast Pork, try ELLIS.

DID WELL.—There was a splendid sign of codfish on the local ground yesterday afternoon, some of the crews loading their boats.

WANTED.—A Vest Maker apply to SPURRELL the Tailor, 365 Water Street.—sep10,14,17

EXCELLENT MUSIC.—The C. C. band concert in Victoria Park last night was largely attended. An excellent programme of music was rendered.

Stafford's Drug Store, Theatre Hill, will be open every night till 9.30.—sep7,17

LOST HIS EARNINGS.—One of the crew of the s.s. Gordon C. lost his cash and a valuable watch and other valuables which he had in his possession when the ship was destroyed.

Get the suit that is made to do what you want it to do. This is given satisfaction, \$16.50 to \$45.00, at W. H. GOOBIE'S, just opp. Post Office. aug19,17

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