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**SIR H. W. TUCKETT'S SLIPPERS.**

Women's Felt Kosy Slippers,  
Blue, Gray, Claret.

Women's Felt Julettes,  
Gray and Black.

**MEN'S SLIPPERS.**  
Wool, Felt and Kid.

**PARKER & MONROE, Ltd.**  
The Shoe Men.

## On Length of Days.

By RUTH CAMERON.



He is not a man who has accomplished anything in the world; he is distinctly narrow and unintelligent and of a very crabbed disposition. The years have neither mellowed him nor given him wisdom. He is a stupid pupil in the school of life. "Well bierched and none the wiser?" Moreover he is very sickly and only prolongs his existence by the exercise of fall kinds of precautions. And yet he thinks his ninety years something to be tremendously proud of!

What queer folks we mortals are! What strange things we select to be proud of! Why, I know a young woman of twenty-five who is actually proud of the fact that she is incapable of doing the simplest household task. I know another girl who takes infinite pride in the fact that she can't bear to eat ice cream with a spoon but must have a fork. And then there's a man who plumes himself on the fact that he can find evil in anyone, and, but there, if I keep this up I shan't have any space left for my original subject.

To return to the main road: Length of life is a blessing, the Bible says so. But how can anyone in his sen-

ses think it is to be compared with depth of life?

There is a woman between seventy and eighty in our neighborhood who has prolonged a life of nervous invalidism for the last forty years by concentrating on the task of keeping alive and by sipping the very life blood of the rest of the family. Surely this woman would have had a better score to present to the Almighty Scorekeeper if she had really lived, even if by so doing she has shortened her years by half. Surely her length of life is not to be compared with the few packed years of a young man who recently died at the age of thirty after having educated his two sisters, placed his father and mother in a position of financial comfort for the rest of their lives, enjoyed several deep friendships, seen considerable of the world and influenced many lives for the better.

If he had not lived so deeply he might have lived longer. Yes, and perhaps Beethoven or Shakespeare might have lived to be old men if they had husbanded their vitality and not poured it out into their work.

But surely no one wishes they had done that.

Whether a man's life is long or short is a matter of comparatively small importance. A hundred years or thirty are mighty near the same in pastry. Prepare its filling as

But whether a man's life is deep and wide and vital does count.

"Tis not the passing of the days Nor yet the hours we're told, But what we're DONE of good or ill That makes us young or old.

*Ruth Cameron*

## Why Women Are Not RICH.

Man is a millionaire many times over in the possession of blood cells. Woman is not quite so rich, for scientists have proven that the normal man has five million—the woman only four and a half million to a cubic millimetre of blood.

A decrease in number of red blood corpuscles and a person "looks pale"—in fact, is anemic, the blood does not get the right food and probably the stomach is disordered.

Dr. R. V. Pierce found years ago that a glyceric extract of golden seal and Oregon grape roots, queen's root and bloodroot with black cherrybark, would help the assimilation of the food in the stomach, correct liver ills and in Nature's own way increase the red blood corpuscles. This medicine he called Dr. Pierce's Golden Medical Discovery. By assimilating the food eaten the system is nourished and the blood takes on a rich red color. Nervousness is only "the cry of the starved nerves for food," and when the nerves are fed on rich red blood the person loses those irritable feelings, sleeps well at night and is refreshed in the morning.

"I was attacked with a severe nervous disease, which was caused by a disordered stomach and liver," writes Mr. JAS. D. LAYVELL, of Washburn, Tenn., Route 2, Box 38. "All my friends thought I would die and the best physicians gave me up. I was advised to try Dr. Pierce's Golden Medical Discovery, and derived much benefit from same. My case had run so long that I became so chronic that nothing would effect a permanent cure, but Dr. Pierce's medicine has done much for me and I highly recommend it. I heartily advise its use as a spring tonic, and further advise all people to take Dr. Pierce's medicines before their diseases have run so long that there is no chance to be cured."



J. D. LAYVELL, Esq.

Dr. Pierce's Medical Adviser, 50 stamps, to pay for wrapping and mailing only.

## Household Notes.

Squash custards are delicious for people who like the squash, but object to it in pastry. Prepare the filling as for pies and bake in custard cups.

In slicing bacon, place the rind side down on the table; cut only to the rind and when enough strips have been cut, slip the knife under them.

Peach stains can be removed by first wetting, then spreading cream of tartar on them and laying them in the sun before washing in the ordinary way.

A folding nursery gate is a great convenience for the busy mother when baby has to play alone. Also a little clothes horse is a handy thing for his clothes.

To make temporary napkin rings for visitors wind half-inch ribbon around brass curtain rings and tie the ends in small bows.

When a saucepan cover has lost its little knob or handle, push a cork part way through the opening and secure it by drawing a nail crosswise through the cork beneath.

A very good and nutritious soup for a family in which there are growing children is made with a beef or mutton stock foundation, thickened with barley and dried lima beans.

An easy way to boil macaroni is to put it into a wire flour sifter with a tin handle, and immerse this in a kettle of boiling water. When done, the macaroni is easily lifted from the water.

Mark the middle of your hat by a cross-stitch of colored thread inside the band, where it will not be opened. Or a bit of ribbon may be sewed to the under edge of the crown.

A serving table is a great help to the

housewife who has no maid. It should run easily on rollers. When a meal is to be served, move it close up to the range, place on it the food to be served and wheel it into the dining room.

For dusting the kitchen range nothing is better than a whisk broom covered with a piece of old black stocking. Dip the whisk in kerosene and let oil evaporate before using. Treated in this way, the brush will absorb the dust, not scatter it.

To clean the lace yoke of a gown without ripping it out, hold it over several thicknesses of Turkish towel, and scrub the lace with soft, clean toothbrush dipped in soapy water. The towel will absorb much of the dirt. Dry the waist on a coat-hanger.

To clean a fine upholstered chair have the chair well beaten in the open air to remove all dust. Have a quart of warm, dry bran and cover the chair thickly. Then rub the bran all over the brocade with a piece of dry white flannel, constantly replacing the used bran with clean. Brush well.

If the walls of a room are unavoidably damp and there is fear of spoiling the pictures upon them, cut several rounds one-eighth inch thick from an ordinary small cork. Then fix a round of this to each picture to be hung, using a tiny tack for the purpose. Then hang the pictures in the ordinary way.

Clothes closets should always be kept tidy, each dress, suit or coat on its own hanger. The ideal thing would be to have every garment well aired, pressed and brushed before putting it there. The brushing, especially, is important, as dust becomes ingrained in the garment if allowed to stay too long.

An excellent way to clean a carpet is put into a pail a small quantity of soft soap and two or three teaspoonfuls of ammonia. Pour in enough hot water to make a good lather, stirring with a stick. When the soap has dissolved, fill up with more hot water. Dip a scrubbing brush in the solution and brush lightly over the carpet, afterward rubbing with a dry cloth.

This rule holds good in most instances. In looking for trouble first find an affinity.

When a man says his baby waked the household but once during the night he is boastful or apologetic? There is a time in everyone's life when he becomes the publicity agent of union underwear.

# 1913

We wish each and all a pleasant and everyone a prosperous New Year.

SOPER & MOORE

## Couldn't Hit Himself.

The Rt. Hon. John Burns recently paid a visit to the political cockshy at Earl's Court, London. This side-show is simply "Aunt Sally" brought up to date, for the figures with clay pipes in their mouths are named after certain political personages. Seven shots are given for sixpence; and of course, the usual prize of a packet of cigarettes or something similar is awarded for every broken pipe. Mr. Burns was entitled to throw at Lloyd-George, Mrs. Pankhurst, Keir Hardie, Will Thorne, or even mother-in-law, but he chose the effigy that was supposed to represent himself. Twenty-eight times he fired at his own image, and did not break a solitary pipe. Such marksmanship is simply disgraceful, and Mr. Burns will be well advised to indulge in a little practice in Battersea Park before he puts any more money down. He is still proud of his prowess as a cricketer, but if this is a sample of his "throwing in" then he must be numbered amongst the "rabbits."

However, the stall gained two shillings, and hopes to make more out of the incident, for the young lady in charge recognized the individual who was firing off the "boss" shots, and now there is a large placard: "Patronized by the Right Hon. John Burns, M.P."

## LABOR DISSENTS FROM REIGN OF VIOLENCE.

Indianapolis, Dec. 23.—"Organized labor never did and never will approve of such a nation-wide reign of violence and terrorism as has been charged here," asserted Clifford S. Langsdale in arguing to the jury at the dynamite conspiracy trial to-day.

Mr. Langsdale spoke particularly in behalf of W. Boert Brown and William J. McCain of Kansas City, Mo., both of whom were charged with having guilty knowledge of an explosion on a bridge in construction across the Missouri River. Orlie E. McManigal said he blew up the work in August, 1910, after James B. McNamara had visited Kansas City.

## Austrian Emperor's Working Day.

"The Emperor Francis Joseph, who, although he has been working unusually hard during the present crisis, enjoys the best of health, has just made an alteration in his working hours, which throws an interesting light upon his habits of life," says Dr. E. J. Dillon, in the Daily Telegraph. "During the past forty years the Emperor has been accustomed to rise punctually every morning at four o'clock, and having devoted one hour to the requirements of the toilet, to sit down at his writing table and begin work. From his custom the Emperor never deviated, whether he resided at Vienna or elsewhere.

"Recently, however, the Monarch has added half an hour daily to his working time. He now rises at half-past three every morning, commences work at half-past four, and retires to rest as before at eight o'clock sharp. When I was in Buda-Pesth his Majesty had already been some time carrying out the new programme, and received officials and dignitaries at a very early hour. In Schonbrunn Castle the windows of the apartments occupied by the Emperor and his suite are wrapped in utter darkness at eight o'clock every night, but now the lights begin to appear in certain rooms at three and half an hour later than whole palace wing is brilliantly illuminated."

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"STEPHANO,"

Sinclair's Spare Ribs.

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Bologna Sausages.

Cabbage, Split Peas.

Red Apples, Dates—loose.

Dates—1-lb. pkgs.

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BEDROOMS, with Hot & Cold Shower Bath, per night, 20c  
MEALS in RESTAURANT at very moderate list prices.  
SWIMMING POOL—

Single admission with shower, and use of towel and soap . . . . . 15c.  
Yearly admission with shower (towel and soap 2c. extra) . . . . . \$5.00  
Yearly admission and private Locker . . . . . \$10.00  
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BILLIARDS AND BOWLING ALLEY.

WALTER H. JONES, Superintendent of Institute.

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1912.  
Welcome,  
1913.

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