ROYAL NAVAL CLUB.

To the Zam Buk Co.

Dear Sirs. —I have found Zam-Buk most reliable for healing cuts and abrasions; while for the relief of skin irritation it is invaluable.

(Signed) RODNEY M. LLOYD,

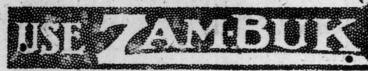
Admiral.

Zam-Buk Cures Bad Burns.

Storer Kingsnorth, of H.M.S. "Cochrane," says:—"I slipped and fell with my arm on an exhaust sterm pipe, which fairly frizzled the skin. At once the ship's surgeon dressed my arm, but the burns took the wrong way, owing to a lot of dirt from the pipe setting up blood-poison. A large scab appeared, and from underneath the festering flesh, matter cozed out. I was in fearful

pain and didn't knew how to get ease.

"For weeks I remained under treatment, but the ordinary o'ntments proved no good. Indeed, I got worse. I therefore obtained a supply of Zam-Buk and almost as soon as this was applied I got ease. From the very first application, healing commenced; and a few boxes of Zam-Buk healed my



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ather?"

THE BELLE

CHAPTER 1.

times I think they can; houses and carts and churches, and that sort, especially when they're old-they look so knowing. And so the Holme's let!'

"Ave, house and 'and -long lease too, and good rent. So we'll have a neighbor, lass, at last."

"Let us hope a pleasant one." "Amen!" responded Farmer Holt.

"And who has taken it, father?" "A man by the name of Leigh."

"Young or old?" "Young." said the farmer: "least ways I reckon him such. He comes

from the north. His father and moth er a fust died there. "Poor man!" said Muriel softly, her

"Aye, died and left him not o'er rich, they say, and his taking the Holme proves it."

"To make a living there one need to work hard, father, you say?"

"Ave. morn, noon, and night, lass replied the farmer, standing up with his back to the fire, and turning ove the leaves of the Agricultural Almanac. "Morn, noon, and night, It's

HOW GIRLS MAY AVOID PERIODIC PAINS

The Experience of Two Girls Here Related For The Benefit of Others.

Rechester, N. Y .- "I have a daugh. very healthy until recently when she complained of dizziness and cramps every at the cottage attached to the town ith, so bad that I would have to keep farm, as that portion of the Holt esher home from school and put her to bed

"After giving her only two bottles of village was called, professedly to Lydia E. Pinkham's Vegetable Compaint studies from life for the London nd she is now enjoying the best of pound she is now eujoying health. I cannot praise your Compound mother too highly. I want every good mother to read what your medicine has done for my child."—Mrs. RICHARD N. DUNHAM,

Stoutsville, Ohio.—"I suffered from headaches, backache and was very irreg-



I cannot express my thanks for what Lydia E. Pinkham's Vegetable Compound has done for me. I had taken other medicines but did not had taken other medicines but did not ind relief."—Miss Cora B. Fosnaugh, toutsville, Ohio, R.F.D., No. 1.
Hundreds of such letters from mothers expressing their gratitude for what sydia E. Pinkham's Vegetable Combund has accomplished for their daughers have been received by the Lydia E. inkham Medicine Company, Lynn. Mass.

into that pudding? Hem! I see. How poor place, and nobody ever prosper ed there. Old Scroggins starved the

nouths are cut on the square; we

eave that to your kind, lass. Besides,

"Nothing, indeed, father," laughed

duriel, "only that as I shall see him

o doubt, every time I put my head

ut of door or window, I'd rather he

vere well-favored. Another cup of

offee? No? Then I'll ring for Jane.

You'd like a strawberry rolly-poly

And with a sharp nod of his head,

ut strode Farmer Holt to count off

Muriel tripped off to the kitchen.

olled up the sleeves of her dainty

norning dress to the elbows of her

great earnestness into the composition

Presently there came a tap at the

kitchen door, followed by an uplift-

ing of the latch, and finally the and

pearance of a good but rather lazy-

ooking face in the opening between

'May I come in?" asked the visitor

'Oh, yes," said Muriel, "if you are

And the owner of the head conveyed

t and his bony, velvet-clad body in

Mr. Vandike, as Mr. Holt described

him, was an artist. He was staying

tablishment which was situated in the

paint studies from life for the London

girls, and make artistic love to beau

"I'm not afraid of flour, Miss Holt,"

he said, leaning against a projection

near the window and making himsel

and, mind, that's saying more than

appears on the surface. I know, some

swells who had rather face gunpowd-

er than a flour dredger, especially

of the dough, and looked over her

"Swells! What are they? What

queer words you use. Mr. Vandike!

don, one for the morning and another

shoulder at him with a laugh.

tiful Muriel Holt.

ot afraid of flour, Mr. Vandike."

by means of a pair of long legs.

of the strawberry rolly-poly.

he door and lintel.

wenty sheep for next day's market.

"Ave. lass, anything."

good-looking or ill-favored?"

absurd, of course-spread it on like that, and then roll it round. Of course. I sha'n' be so ready to laugh land, the timber which the Dexters next time I hear the anecdote about won't cut down cumbers the ground King George wondering how the apand the sheds ain't fit for a jackal ple got into the dupling. I say, I am leave alone a kindly heifer." sorry that, Mr. Holt is savage about "Poor young man!" said Muriel gain. "And when is he coming

"What pig?" inquired Muriel spreading out the pudding cloth. "I don't know; young Heatherbridge

"Oh. don't you know? A wretched met him in the market yesterday, and pig-one of those black little devhe mentioned accidentally that he'd mean fellows that squeak about the the Home and meant to be a straw vard. He got out somehow or other, and finished up a pot of paint "Is he good-looking?" asked Muriel I'd put outside the cottage to air. It "I didn't ask Heatherbridge," said disagreed with him, it seems, Very he farmer dryly. "We don't ask the rum, that, though, isn't it? I thought color of other men's eyes, or if their

Holt," replied the artist, lifting his

think you are always laughing at me say, what a delicious picture yo

"Thank you. That's above my ar

hition. Father will be better pleased

"Such lights, with that flour abo

you, such a delicious shadow! Really

"Oh, I see," said Muriel, "It's

compliment you are meaning. Thank you, Mr. Vandike." And with a rog

nish smile she dropped him a courtesy.

"Perhaps you will sketch me on your

thumb nail, or on the shutter yonder

here's a piece of whitening. Oh. Mr

Vandike, how many times you have

said that same thing! You must really

20 up to London and buy another com-

pliment for me. This poor piece of

flattery is quite threadbare; you have

Mr. Vandike sighed and laughed.

"Well, really, Miss Holt, it's the

ruth, and you, don't know how hard

t is to refrain from sketching you.

But there, you have forbidden me

haven't you? and I cannot but obey,

By the way, how do you get the jam

worn it quite out."

Miss Holt, you can't imagine what

if I make a delicious pudding."

delightful model you make.'

mournful as well as the

a pig could eat anything." "Save the stuff you compose your pictures of, Mr. Vandike," said Muriel, vhat does it matter to ye if he be

> "Ah, you're quizzing me again, I really believe," muttered the artist. Parmer Holt-thinks it hard for his im filled with despair at the loss of and Mr. Vandike, as he stretched him and this is how many miles from Lon- tion, said:

"What sienna is I don't know. What do you use it for-trees?"

"Trees? No; cows and that sort o

"Oh, come, said Muriel consolingly 'there are different sorts of cows, you thow. You must paint them all red white, shapely arms, and plunged with and black and white, till some more sienna comes down. I thought sienna was a sort of medicine."

Mr. Vandike groaned. What a pity t was that this beautiful Phyllis was not more artistic.

"And now you're done?" he said, as she tied the pudding up.

"Now I'm going to boil it." said Muriel, "and then it will be done, too." "And then Farmer Holt will eat and it wil be done for," said the Lon-

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slightly laxative, which helps end a cough.
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say that they have two parks in Lon-



The JOHNSON-RICHARDSON CO., Limite Montreal, Canada.

"No," she said, "not four, but ate "Oh. come, he retorted, "you've bea me at puns: I'm afraid of you. Wil you come into the garden-the larks are up and soaring? Do come for one

"No," she said, shaking her head "I'm too husy-besides." glancing through the window, "here's Mr Heatherbridge coming up the path, he will keep you company. Good-by." And with a merry laugh she ran from the kitchen, and so gave both her lovers the slin.

CHAPTER II.

Mr. Alfred Heatherbridge was mas nine hundred acres, some of them running parallel with Farmer Holt's.

Nine hundred acres represented olerable capital; therefore Mr. Alfred might be considered a wealthy man as men went in that agricultural district, and in every way an eligible suitor for Miss Muriel's hand.

Generally the match was considered as good as made, but as yet, though Farmer Holt could have no objection to the arrangement, Mr. Heather bridge had not asked Miss Muriel fo her opinion, and the young lady wa so discreet and uncommunicative that it was impossible to guess what opin ion she held.

Between Mr. Vandike and the youn andowner of course there was n love lost. The artist called the youn farmer a man without ideas, and the young farmer called the painter loafing manufacturer of daubs.

This morning they nodded and smil ed, as men do who dislike each othe olg to die, and says to me-to me, who and are yet compelled to be polite ny only pot of sienna, my only pot. self and prepared to vacate his posi

> "Fine morning. Farmer Holt' out-

"I want to see Miss Holt," said roung Heatherbridge, thinking Mi Vandike might have kept the infoumation till he was asked for it.

"And she's very busy," said the artist. "Just run away upstairs. Hope you may get her. Good-morning, I'm going to make a study of these old eeches. Glorious lights across the tops. Oh, I forgot, though; you don't go in for that sort of thing." And, with a cool nod, but an aggravating one, the London dandy strolled away. Mr. Heatherbridge, very red in the

"Confound that jackanapes' insolence! 'Study of the beeches!' His impudence is study enough for other folk." Then he turned to Jane, the nousemaid, and asked: "Is Miss

Muriel here?" (To be continued.)



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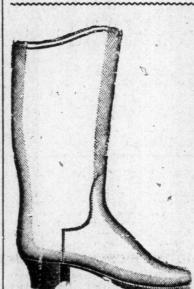
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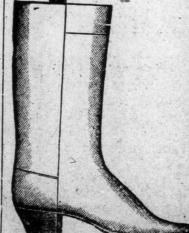


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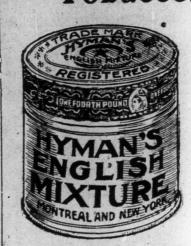
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