

tell it to you. her the heroine -no. 1 won't .all

her the heroine, the subject-of the tale, Griselda, because, by rights, that ought to be her name.

Griselda has an utterly worthless husband. She also has three small children. The two usually go together. as you may have noticed.

I will relate to you a few of the things which Griselda's husband has done to carn his title

In the first place he has a trade at which he can get plenty of work and can carn four dollars a day, but he hasn't worked more than three or four months any year of their marriage.

They had not been married a month before he got hold of Griselda's savings and spent them. The bank de-scribed these savings as \$200. A more accurate description would have been -so many thousand hours spent over an ironing machine, so many thousan shirtwaists and shirts, so many ten o thousands of collars and cuffs ironedfor Griselda was a hardworking laundry girl before he persuaded her to the presiding genius of his home.

When this money was gone, orgtending to be about to go into business and settle down, he borrowed four hundred dollars of Griselda's sister and mother. That has never been naid back.

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oom day ven y's.

Twice he has left Griselda for sevcooked eral months at a time. On one of these occasions, he was absent when her first baby was born. Several findes he has beaten Gauselwhen he was drunk. I have seen her arms black and blue. Once he threw a plate at his little bey and cut his cheek so that several

stitches had to be taken. . Through all this, Griselda has been absolutely faithful, devoted and for- is finished.

There is **HEALTH** and **STRENGTH** in every cup of Children thrive on "EPPS'S." ages, Rich in cocoa butter, GRATEFUL AND COMFORTINC.

When so is the stand of the stand

soft linen cloth and gently rubbing which, freed from the drain of his presence, Griselda had successfully over the surface of mahogany furni-I'm going to call ture, the dust and white color caused supported the children and was on by dampness will be removed. er feet again, he re-appeared. Carpets should be beaten on the One of the charity workers who

wrong side first, and then, more gently had helped her from time to time, on the right. Never put a carpet tried to persuade her not to take the down on a damp floor, for this often an back. But Griselda was obdurresults in the carnet becoming mildawite. He is back again. The home is

To prepare caramel sweet potatoes

boil and slice the potatoes and dip

them first in melted butter and then

ven until a coating of brown cara-

el is formed.

he clothing.

he catsup.

n granulated sugar. Put into a Lot

Never neglect to moisten linen that

to be drawn, using a damp rag or

mail sponge. The threads will pull

fore easily if the line to be drawn is

ubbed with soap after being moisten-

Lavender should be gathered before

ost touches it, dried in the house;

ten cut into small pieces, stalks as

elf as flowers, and packed tightly in-

small bags, to be put away among

A bottle that has contained catsup

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again a home of disorder and turmoil -no home at all. The children again reep around in fear. Her earnings re again spent in drink while she

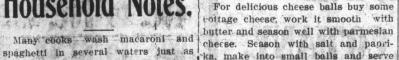
nd the children are half fed. And this is what the commentate aid when he heard that Griselda had aken her husband back. "What a beautiful and wonderful

hing is woman's love." Do you call the feeling that made riselda sacrifice four lives to one. onderfok and beautiful? I don't - I call it ugly and disgrace

ul-a menia and an obession rather han an affection. Is it because I'm hard and unfeeling that I can't understand?

That's what I'm wondering about. That's my food for thought.





ka, make into small balls and serve they do rice. They claim that there. with salad course. is no danger of its being "pasty" when If buttermilk is used in place of A cloth moistened with kerosene is

preferred by some laundresses to all the pastry will be delicious. Butterusing them and so keeping them in buttermilk for cakes. the best condition. To iron embroidery the iron should

To prevent embroidery or sheer naterial from puckering, baste tissue paper under the part to be embroidered. t will easily pull away when the work and looks its very best.

giving. Once only did she falter and Lemon peel may be used to make Orange or Grape-Fruit salad is that was when he threw the plate at an excellent flavoring. Fill a bottle

thick and cut into squares. Lay the best means of sweeping boards of pieces on lettuce and pour rich French linoleum. When slightly dampened it dressing over them. Wiping over the top of a loaf of The best way to clean white furs is bread with a little butter before it is to rub them well with a mixture of baked, and again as soon as it comes ecual parts of flour and salt that has erust and at the same time keep the erust from hardening. When giving castor oil take a small two, and then shake it out.

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is difficult to clean. If cold water is Flynn, P. Murphy, N. Coady, M. R. Col poured into it and allowed to stand bert, W. Oakley, P. Joy, A. Wadden T. Walsh, G. Flynn, Miss O'Deady he work will be greatly simplified. lot water has a tendency to harden Master G. Bartlett, Mrs. Fennessey, Mrs. Flynn, P. Murphy, T. Holden, J. Farrell, M. O'Reilly, W. O'Brien, T. Bambrick, E. O'Neil, R. O'Neil, A Friend, L. O'Keeffe, J. Moore, Mrs. Brownrigg, J. Ryan, A. Friend, Mrs. Sinnott, Master H. Sinnott, J. Bart-lett, Mr. Vavassour, E. McDonald, Master R. Leary, Master R. Davis, M.

sweet or sour milk in making biscuit tumbler and squeeze into it a table the pastry will be delicious. Butter-' spoonful of orange juice; next pour in the oil and add more juice. The juice regs are needed in a batter made with will inclose the oil, and it can be swallowed without tasting.

Instead of washing window blinds be applied to the wrong side and a place them on a table and give them thick ironing blanket should be used, a rubbing with a clean duster and In this way the embroidery will stand very fine bath-brick. This will gencut well instead of being flattened, erally clean blinds quite as well as washing, and is far less laborious.

sense of utter nerve fatigue blots A square of house flannel of the out interest in everything. "Asaquickly made, and will help out many stoutest and coarsest description made YA-NEURALL " is invaluable at a hurry-up meal. Petl the fruit, slice into a bag and put over a broom is the such times.... It feeds the nerves, induces sleep, quickens the appetite, aids digestion, and soon buoyancy of spirits and the sense of ner-

from the oven, will help to brown the been heated for a while, but not long

Please send the above-mentione song, 5.30 p.m. (Fridays 7.30, with attern as per directions given below.

No.....

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Nervous Exhaustion

tle. Obtain from the local agent.

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the month at 3.30 p.m. St. MICHAEL'S MISSION CHURCH, CASEY STREET. -Holy Communion at 8 and 12 on the 3rd Sunday of the month, and at 8 on other Sundays. Other Services, 11 a.m. and 6.30 p.m. Catechizing.-Second Sunday of the month, 3.30 p.m. Cathedral S. S.—At 2.45 p.m.

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Sunday in each month at noon ; every other Sunday at 8 a.m. Morning Prayer at 11 a.m. Evening services at 3.45 and 6.30 p.m. Daily—Morning Prayer at 8 a.m.; every Friday evening at 7.30, prayer and sermon. Holy Baptism every N.B.-Be sure to cut out the illustration and send with the coupon. carefully filled out. The pattern can-Sunday at 3.45 p.m. Public catechising third Sunday in each month at 3.45 p.m. Bible Classes for women every Sunday at not reach you in less than 15 days. or stamps. Address; Telegram Pat-8 p.m., and every Tuesday at 8 p.m. for

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uire, T. Cuddihy, J. Cuddihy, M. Sennedy, E. M. White, D. Hogan, Mrs. O'Reilly, F. Power, A. Friend, Mrs. J. Lewis, G. Doyle, W. Ennis, C. Dris-oll, G. Whitty, J. Murphy, P. Murpay, other Sunday in each month at 7 p.m. Every other Sunday at 3.30 p.m. School, Chappel, Virginia.—Evening Prayer, every Sunday at 3.30 p.m. Pub lic Catechising third Sunday in each

S. Jackman, P. Walsh, Chr. Gerrin, Mrs. Dalton, J. Bennett, Mrs. Pitz-gibbon, Mr. Skinner, E. Mucpuy, Mrs. D. Murphy, M. Holden, J. Delacer, S. D. Murphy, M. Holden, J. Delacer, S. month: SUNDAY SCHOOLS-At Parish Church at 2.45 p.m.; at Christ Church, Quidi Vidi at 2.45 p.m.; at Virginia School Chapel, Rodgers, D. Murphy, J. Bambrick, J. Savage, J. Kelly, Master J. Jackman, 2.30 p.m., Gower Street. 11 a.m., Rev. Dr. Cartis; 6.30 p.m., Rev. Dr. Cowperth-

Waite. GEORGE STREET.-11 a.m., Rev. F. C. Martin; 6.30 p.m., Rev. J. W. Bartlett, COCHRANE STREET.-11 a.m., Rev. J. W. Bartlett; 6.30 p.m., Rev. M. Fen-THE NEW REMEDY FOR

WESLEY CHURCH.-11 a.m., Rev. J. V. WESLEY CHURCH.--11 a.m., Rev. J. V. Westlake; 6.30 p.m., Rev. Dr. Curtis. Sr. ANDREW'S PRESENTERIAN.--11 a. m. and 6.30 p.m., Rev. J. S. Sutherland M.A. CONGREGATIONAL.--11 a. m. and 6.30 p.m., Rev. J. Thackerav. P. S. A.-For men, every Sunday aff-ernioon, from 3 to 4 o'clock, Congrega-tional Church. Speaker to-morrow, Mr. H. Y. Molt. The depression experienced by womenduring convalescence from childbirth is never forgotten. The

tional Church. Speaker to-morrow, Mr. H. Y. Molt. OppretLows HALL, 2.45 p.m., Evan-gelistic Service. SALVATION ARMY. S. A. Citadel, New fower St., 7 atm., 11 a.m., 3 p.m., and 7 p. m. S. A. Hall, Livingstone St., 7 a.m., 11 a.m., 3 p.m., and 7 p.m., S. A. Hall, George St., 7 a.m., 11 a.m., 3 p.m., and 7 p. m.

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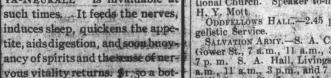


A new ladies' tailoring store has just been opened on Adelaide Street by Mr. S. Zavilof, who was formerly foreman with Mr. Burnstein and with Mr. Edwards. He has much experience, and his artistic work is well known to the ladies of the city. The place is neatly fitted up and contains fitting room and showroom on the first floor, and a workroom upstairs. The rooms have an air of neatness and cleanliness, and we have no doubt that with the up to date outfit Mr. Zavilof will do good business. Miss Doyle, who also has long experience. is in charge of the downstairs rooms.

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and 7 p.m.