ACUTE NERVOUS EXHAUSTION

All Treatments Proved Useless Until He Tried "FRUIT-A-TIVES".

MR. JAS. S. DELGATY.

R.R. No. 4. Gilbert Plains, Man.

"In the year 1910, I had *Nervous Prostration* in its worst form; was reduced in weight from 170 pounds to 115 pounds.

The doctors had no hope of my recovery, and every medicine I tried proved useless until *a friend induced me to take "Fruit-a-tives"*.

I began to mend almost at once; and after using this fruit medicine for 3 or 4 months, I was back to my normal state of health.

I never had such good health for twenty years as I have enjoyed the past six years. We are never without a box of 'Fruit-a-tives' in the house".

JAS. S. DELGATY.

50c. a box, 6 for $2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. B. O. Davidson.
1st Vice President—Mrs. G. W. Miller
2nd Vice President—Mrs. McKenna
Recording Sec'y—Mrs. Ernest Redden
Cor. Secretary—Mrs. W. O. Taylor
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Parlor Meetings—Mrs. Young
Labrador Work—Mrs. Fielding.
Red Cross and Lumbermen—Mrs. J. W. Vaughn.
Press and Willard Hall—Mrs. M. P. Freeman.
White Ribbon Bulletin—Mrs. Hutchinson.
Temperance in Sabbath-scohols—Mr. C. A. Patriquin.

Official Opinion on Prohibition.

Sir Robert Borden, Dominion Prime Minister, has stated that, 'After hearing all that had been presented to him against Prohibition, the Government could not see any reason for modifying in any way the policy.' The Hon. N. W. Rowell, President of the Privy Council of Canada, states:—'There is practical unanimity in all the Provinces on the liquor question Personally I believe that the practical benefits of Prohibition will be found by the people to be so great that they will continue the legislation.' T. H. Johnson, Attorney-General for Manatoba, states:—'There has been a remarkable reduction of crime, not only in the rural towns, but in Winnipeg itself so that many of the jails in the Province have been tenantless for months, due to the Temperance Act.' Chief Justice Mathers, at the 1918 Spring Assizes, commented on the reduction of crime from 50 cases to 20 and that while previously fully 50 per cent. of the cases alcohol had some connection with the crime now in only one case before the Court had alcohol the remotest connection with the crime.' J. W. McLean, Administrator of the Manitoba Temperance Act, states: 'Drunkenness has been reduced by 90 per cent. during the past year The only place the police are able to take a drunken man into custody is in Winnipeg.' A. B. Hudson, K. C., formerly Attorney-General, states:—'The Temperance Act has done more good than any other legislation passed by the Province.' Similiar testimony is given by officials in each of the other provinces.

The Wisconsin Liquor Dealers, at their Convention, held in June, 1918, after protesting against the adoption of Prohibition, declared:—'We are willing and anxious to bear an additional tax upon our business.' Anything rather than Prohibition. Yet the Liquor Press tell us that more liquor is sold under Prohibition than under license.

A great procession of Women in favor of War-time Prohibition was held in London on July 20th, 1918. Thousands of women marched from the Thames Embankment to Hyde Park with Bands and Banners, demanding that the Liquor Traffic should be suppressed in the interest of life, food and money.

Famous French houses are favoring neutral colors in woollens since the new blue and black dyes are so undependable, but the darker shades in satin have almost reached perfection.

Cause of Early Old Age

The celebrated Dr. Michenhoff, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound, to

Plants That Poison Stock

It is impossible to say with exactitude how much damage results from cattle and live stock generally, eating poisonous plants. It is, however, certain that the waste thus caused amounts to serious proportions annually. Cattle, sheep and swine are taken ill, and frequently die from trouble attributable to the consumption of poisonous plants when other things are supposed to have been the cause. If it were the custom in all cases of this kind to call in a veterinary surgeon to investigate it would be discovered in many instances that the consumption of poisonous plants was at the foundation. Some of these plants are common to every province in the Dominion, others are only to be found in sections of the country. The Agricultural Gazette of Canada in the September and October numbers deals with this matter in a very lucid way and supplies accounts of the most troublesome of these weeds in seven out of the nine provinces.

In the Maritime Provinces it is found that the plant known as Stinking Willie (Senecio Jocobaea), is the most dangerous and is known to have been the cause of the 'Pictou County Cattle Disease.' The injury resulting is not, however, from pasture but is caused from eating hay containing the plant There are many other plants known to be, or supposed to be, poisonous to live stock; among them is the Fly Toad Stool, (Amanita Muscaria) which is dangerous to pigs and cattle Nature has given live stock the instinct to leave alone the majority of these poisonous plants, and when they are consumed it is usually because of the scarcity of other foods and intense hunger of the animals. Consequently it is apparent that more often than not, when live stock are disastrously afflicted by consuming any of these plants, the poison has come to them through feed supplied.

In Quebec the commonest of this plants is Wild Barley (Hordeum jubatum), Common Horsetail (Equisetum arvense), Ragot (Claviceps purpurea), and the aforementioned Stinking Willie. In The Gazette a long list of the objectionable plants is given with particulars of the locality where reported and the kind of stock affected.

Rich, Red Blood Resists Influenza.

ITS VICTIMS ARE LARGELY AMONG WEAK, ANAEMIC PEOPLE

In the epidemic of la grippe, or influenza, that has swept over Canada in common with the rest of the world it has been noticeable that its earliest victims were the thin-blooded anaemic people whose power of resistance is greatly weakened because of the watery condition of their blood When a person is strong, hearty, able to enjoy a brisk cold day, chills and infections are set at defiance But when the system is run down, when the nerves are shaky and the blood watery, the germs of influenza are quick to seize their opportunity. It is therefore good policy to keep the blood always rich, red and strong and the nerves well nourished by the use of such a reliable tonic as Dr. Williams' Pink Pills. People who take these pills from time to time are usually able to resist colds, influenza and other ailments, and enjoy good health while many about them are weak, ailing and miserable.

To those who have been attacked by influenza, the after effects are more dangerous than the attack itself. They are left at the mercy of relapses and complications There is a persistent weakness of the limbs, shortness of breath at the least exertion, poor digestion and a tendency to take cold easily. This condition will grow worse unless the blood is built up and the shattered nerves strengthened. For this purpose there is no tonic can equal Dr. Williams' Pink Pills. From first to last dose these pills make new, rich, red blood, which reaches every organ and every nerve in the body. Thus the lingering germs are driven out, the appetite is improved, and weak, despondent victims of influenza are transformed into cheerful, healthy, happy men and women. If you have passed through an attack of influenza you will find Dr. Williams' Pink Pills the one thing needed to restore you to full health and strength. If the trouble has passed you, you can further strengthen yourself against its insidious advance by the use of this same tonic medicine.

Medicine dealers everywhere sell Dr. Williams' Pink Pills, or you can procure them by mail at 50 cents a box or six boxes for $2 50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

'There are 14,000 oysters of full size in a ton.'

'Then a boarding house stew must be one fourteen-thousandth part of a ton.'

He who betrays another's secret because he has quarrelled with him, was never worthy of the name of friend.

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears the Signature of Chas. H. Fletcher

This teacher was having some trouble with a certain pupil in grammar.

'Now, little girl, would it be proper to say, 'You can't learn me nothing?'

'Yes'm, it would,' replied the girl.

'Oh! Perhaps you'll tell me why!'

'Cause you can't!'

A JEWISH REPUBLIC.

One of the Possible Results of the War.

Assuming that there actually will be a Jewish state erected presently in Palestine, it is of interest to speculate on the possible form of government likely to be adopted for it. The state itself will be under some form of British or Allied protection, of course. Doubtless it will have some kind of an army, perhaps even a navy of a sort—police boats, perhaps.

That the Palestine state will have an army of its own is probable. There already exists a Jewish legion formed of Jewish draft ineligibles in Canada, Great Britain and the United States, and it is said 1,500 of these men have already joined on the Palestine front a Jewish regiment which was formed in London and which has taken part with the British in fighting Turks in the Holy Land. This legion carries the blue and white flag of Zion with a six-cornered star of David in the centre.

It is the general belief that when the Palestinian state is brought into full being it will be found to be a republic somewhat after the American model, probably with adaptations and amendments to suit conditions. Discussing operations and possibilities a writer has this to say:

"On the hills of Zion a Jewish civilization with something of its old moral and intellectual vigor may once more come into being.

"The Jews have seized their opportunity. Already an administrative commission of Hebrews is at work restoring the country for that race.

"This administrative commission has a program. Its aim is to bring back the life of the Jewish colonies in Palestine to their flourishing pre-war conditions. It intends to furnish the necessary educational, medical and economic aid to all Jews who go back to the Holy Land.

"One of its most important projects is the immediate founding of a Jewish university. Along the lines of diplomacy, the commission proposes to create harmonious relationships with the Arab and Armenian states, which are to be its neighbors."

At War.

There may be room for argument on the enjoyableness of war, but there isn't any doubt in the mind of Pte. Xyz. He approved of this one, and of France as a place to have it. We'll let him tell you why: "We trained at ——, otherwise known as Sahara. There were a million soda fountains in town but not a drop to drink. If you started to call on a girl with a box of candy under your arm an M.P. or a policeman overhauled you and make you open the package to prove that you weren't concealing a bottle of beer. You could walk around that town for a week and if your tongue hung out it just hung out, that's all. Well, we came to France and the first day here I got in front of a moving truck and, it put me to sleep. I didn't know anything for quite awhile and then I got to dreaming. I dreamed that someone was pouring wine between my lips and I woke up. I woke up to find it was true. She, the person with the wine, was as pretty a little French Red Cross nurse as I ever want to see. They had taken me to a French hospital when I went out and that was where I woke up. They tried to tell me that I had been muttering, 'water, water' when that nurse gave me the wine. But I know I never said that."

Tin Plate In Rolls.

Tin plate in the shape of continuous rolls, like tar paper, instead of in the shape of flat sheets as at present, is now possible. A power-driven soldering press has recently been designed for joining and soldering the sheets into a continuous strip for roofing purposes. One man can operate the machine, hooking the sections of tin plate together and operating the solder and flux on the seam. The capacity is four seams a minute or twenty boxes of tin plate a day. It is claimed that by use of this machine a better and more durable seam can be made than by hand, and one that will be solid and uniform on both sides, the solder penetrating and welding all parts of the seam. The economy and convenience to the roofer from the tin plate roll thus produced need not be pointed out. The process of roofing with it becomes identical with that of roofing with tar paper rolls.

An Airman Never a Sailor.

A physician who makes a close study of flying men says that a pilot who has become inured to flying at high altitudes may be capable of holding his breath for fifty or sixty seconds. Another developed sense is that of being able to see considerable distances at night. Of course, only men with perfect vision are suitable for night flying, but even they could not at first see nearly so far in the pale moonlight as they can now. It is definitely accepted by American, as well as British doctors who have had charge of flying men, that the better a man becomes as an air pilot the worse he becomes as a sailor! He cannot stand the roll of the sea.

She Benefitted.

"Did your husband leave you anything?" asked the white woman of the colored lady in mourning, who had consented to do her washing.

"No'm," answered the bereaved. "Ah suppo'ted him all the time we been married. Even paid his lodge dues. But the lodge done well by me. They give him a gran' funeral an' pays me fo'ty dollars a month alimony."

What He Wanted.

The C. O.—Come back here Get back in this trench and stay here till you're ordered out!

Pte. Jackson—'Scuse me, boss, but Ah jes' gotta go! Ah done promised mah wife to git her one o' dem spiked lids an' Ah gotta go git it. Ah don' dare go home wifout it. No, sah!

Children Cry
FOR FLETCHER'S
CASTORIA

The Crown Prince says he has felt more interest in the eastern sector since the Allies man ged to Bagdad!

'Do you believe in socialism?'

'Yes.'

'What do you understand by the term?'

'I merely believe there is such a word. I don't pretend to understand it.'

President Woodrow Wilson has a very quick wit. A man in the course of an animated conversation, noticing that Mr. Wilson's eyeglasses were perched perilously near the tip of his nose, remarked:

'Your glasses are almost in your mouth.'

'That's all right,' was the quick response. 'I want to see what I'm talking about.'

Ask for Minard's and take no other.

THE GREATEST ROBBER KING.

Frederick the Great, Founder of "Prussianism."

They have taken down the statue of Frederick the Great in Washington. Let us ask ourselves why he was called great. He tried to do many things, and from the position he occupied he was able to essay them under the most favorable auspices. In which of them, then, did he excel to such degree as to earn the title by which he is known?

He tried to write poetry, but even Voltaire's hired praise (which he reversed as soon as his pay was stopped) has not convinced the world that he was great in that department. He tried the flute and the fiddle, but we should inquire in vain for any evidence that he ravished any ear on those instruments. He tried to be a lawgiver, but outside of kicking the shins of his judges when they objected to his interference he acquired no greatness in that attempt. In what, then, was Frederick great? The answer is too plain that he was great only in those qualities of perfidy, cunning, faithlessness, cruelty and rapacity that made him the greatest robber king who ever sat upon a throne. In that greatness he has had few emulators, and in our times, at least, they have been confined to his own family.

Frederick, to do him justice, pretended to be nothing but what he was. When he started out to rob a neighbor he did not go forth canting about his mission. He called things by their right names. When he started out to rob Maria Theresa of Silesia some flatterer about the court inscribed a banner to be borne by the army with the words, "For God and Our Country." Frederick regarded it with disdain. "Strike out 'For God'," he said, "we are going to get a province, not to defend religion." He was under solemn treaty pledge to respect the Queen of Hungary's title to that province and cynically admitted it. But his ambition and his interest, he said, demanded a war of conquest, to which reasons he added one of personal vanity. He wanted, he said, to make people talk about him.

Frederick entered on this war with something of the impishness with which he was accustomed to throw oil on the new velvet suit of a courtier who was taking too much pride in his looks. Thus we have him writing home in a vein of questionable pleasantry. "I have the honor to inform your humanity that we are Christianly preparing to bombard Neisse; and that, if the place will not surrender of goodwill, needs must that it be beaten to powder." It is easy to imagine the present wielder of Frederick's sword rubbing his hands in the same way before Louvain and Rheims. It was to the same correspondent that Frederick wrote in his daredevil and cynical humor, "My dear Monsieur Jordan, my sweet Monsieur Jordan, my quiet Monsieur Jordan, my good, my benign, my pacific, my most humane Monsieur Jordan — I announce to your serenity the conquest of Silesia." It was in such humor that he pursued his greatness.

If treachery to an ally is a title to greatness Frederick was great in that, too. He made an alliance with France and then came to secret terms with Austria by which he was still to pretend to make war against her, but to allow her to withdraw her army from in front of him to surprise his ally in another quarter. The record of his treachery was made in Frederick's own hand. "In exchange (for Silesia) we will go no farther. We will besiege Neisse for form. The commandant shall surrender and depart. We will quietly go into winter quarters; and they (the Austrians) can take their army where they will. Let all be finished in twelve days."

This is the Frederick who was called great. He was the founder of Prussianism, the full fruits of which the world now sees.

The Kaiser's Change.

"The Kaiser's whining speech on the fourth anniversary of the war," said a leading public man, "declares that Germany's sole aim is to live at peace with peaceful neighbors. The Kaised started the world war in a different spirit. Four years ago the Kaiser thought himself a very bold, bad man—a world destroyer. Yes, the Kaiser thought he was a second Redface Leary. A preacher interrupted an altercation that Redface was conducting one afternoon in front of the Tin Can saloon. 'My dear Redface,' said the preacher, 'don't you know that you should love your enemies?' Redface, twirling his six-shooter round his thumb carelessly, replied: 'That's a thing I can't do, parson.' 'Why not, my dear Redface; why not?' said the parson, warmly. 'I ain't got no enemies to love,' said Redface. 'I shot the last one before dinner.'"

Smoke In War.

Smoke is a valuable weapon in this war; it is extensively used on both sides to mask military and naval movements, and elaborate means have been devised to throw up clouds of smoke. A very interesting use of smoke is described in the Scientific American: "During a poisonous gas attack smoke is employed to ward off the fumes. Being considerably heavier than the poisonous gases generally employed, a barrage of smoke causes the dangerous fumes to pass over trench and dugouts and to dissipate themselves in higher regions."

Her Correction.

It is a fine story that comes from Blighty, of a Tommy who was having tea in a garden with some kind old ladies whom he was entertaining with accounts of his experiences in Flanders. Every time he said "Wiper" one of the ladies murmured "Eeprrr." Later, Tommy, when asked by his mates what sort of a time he had, said: "Oh, fair enough, only one of the old ladies had the hiccups bad. I kind o' hated to go on with my story and not 'elp 'er!"

Magic Duster—A big piece of cheese cloth wrung out in turpentine and dried is almost a magic duster. It accumulates all dust; does not scatter, and at the same time brightens every it touches.

'I'm quite a near neighbor of yours now,' said Mr. Bore. 'I'm living just across the river.'

'Indeed,' replied Miss Smart, 'I hope you'll drop in some day.'

Children Cry
FOR FLETCHER'S
CASTORIA

Canada's proposed new one-cent coin will be slightly larger and slightly thicker than a ten-cent piece so as to be readily distinguishable to the touch. Its design is under consideration.

Give your boy a magazine for Christmas. How about the Canadian Boy? $1 50 a year.—H. P. DAVIDSON, The Magazine Man.

FUNERAL OF GENERAL LIPSETT

Canadian Official Photo (Copyright)

Funeral of General Lipsett near the lines. Taking the coffin from the gun carriage. H.R.H. the Prince of Wales following the coffin.

Canadian Official Photo (Copyright)

"Got Mit Uns": This German hall mark chalked by one of the Cambrai vandals on the bedstead of a pillaged room is a good example of German humor.

Fighting German Fires

Canadian Official Photo (Copyright)

Fighting the fires started by the Germans.

Canadian Official Photo (Copyright)

Funeral of General Lipsett near the line. The cortege passing between men of a battalion which the general brought to France. H.R.H. the Prince of Wales followed the coffin.

Cotton Seed and Linseed Feeds;

Numerous inquiries are being received by the Dept. of Agriculture from dealers and farmers as to the possibility of cotton seed meal coming to Nova Scotia. The Washington Administration up to date has permitted only a few hundred tons to be exported to Canada, all of which went to the mills of Upper Canada to be compounded with other materials in making up the proprietary feeds, with which farmers are now becoming familiar. A communication received by the secretary for Agriculture from Ottawa this week expresses the hope that export licenses for small quantities may be obtained, but this is not yet certain.

In the meantime those who have used cotton seed are using linseed meal of which 100 cars have been sold in the province since midsummer. Foreseeing the difficulty of obtaining cotton seed, the Dept. of Agriculture, with characteristic decision, secured export license for this substitute. Farmers, Co operative Associations and the trade generally have purchased some 1500 tons of this excellent feed and the Department is ready to secure further quantities if necessary. Linseed meal is particularly valued in Great Britain, Holland and Denmark, and the armistice has already resulted in substantial purchases by these countries. Consequently this feed has increased in price to Canadian buyers through the cessation of hostilities.

DR. A. W. CHASE'S CATARRH POWDER 25c a box

is post direct to the diseased parts by the improved Blower. Heals the ulcers, clears the air passages, stops drops, stops in the throat and permanently cures Catarrh and Hay Fever. 25c. a box; blower free. Accepted Medicine. All dealers or Edmanson, Bates & Co., Limited, Toronto.

The Royal families of Europe have not generally a surname, because mostly (unlike the English houses of Stuart and Tudor, which were the respective surnames of the first King of each house before he ascended the throne) they are descended in the male line from some territorial counts existing long previous to the period in which the somewhat modern custom of surnames prevailed. King George V derives in the male line from the ancient Counts of Wettin, flourishing in the tenth century.) afterwards, electors of Saxony, Dukes of Saxe-Coburg-Gotha, etc. His ancestors in the male line were of the House of Este, one of whom, Azo of Este, married early in the tenth century the daughter and heiress of Guelph, Duke of Bavaria, from which match sprang in the male line the Dukes of Brunswick-Luxenburg, afterwards electors of Hanover, and Kings of Great Britain. The members of the Royal family are described by their princely titles in proceedings in the House of Lords, and no allusion is made to any surname—for instance, they sign the Test Roll merely by their personal or Christain name, and we know of nothing of any surname which appertained by right or by usage to his late Majesty King Edward or to his Majesty King George V. The House to which King George belongs is the House of Windsor, the name having been adopted and approved of by parliament since the outbreak of the present war.

Children Cry
FOR FLETCHER'S
CASTORIA

Use more soup

Put in plenty of vegetables and rice or barley. Even with poor stock delicious soups can be made by adding a dash of

BOVRIL

23

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COAL! COAL! COAL!
Carefully Screened and Promptly Delivered.
Springhill, Albion Nut and Old Sydney.
GIVE US A TRIAL
Burgess & Co.

Even If War Is On You Must Have Clothes
And we are well prepared to serve you in this line.
Our work in
MEN'S CLOTHING OF ALL KINDS
Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.
We guarantee every garment and shall be pleased to show goods and quote prices.
A. E. Regan, Wolfville

COAL!
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NOW IS THE TIME!
To Get Your Furniture Upholstered.
Carpenter work is slack at present, and I am prepared to do Upholstery of all kinds of Furniture also Carriage and Sleigh Seats, will also repair Furniture of all kinds.
I have had a large experience in this work and can guarantee satisfacion.
J. C. Bishop, - Wolfville

E. B. SHAW
Repairing of Boots and Shoes of all Kinds
Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed

Everybody's Magazine advances in price Dec. 15th. Subscribe now at $2 00. Two years at $3 50.—H. P. DAVIDSON, The Magazine Man.