



**CASTORIA**  
For Infants and Children.

**Mothers Know That Genuine Castoria Always Bears the Signature of**

*Dr. J. C. Hutchins*

**In Use For Over Thirty Years**

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Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

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**GLEN MORRIS**

The people of this neighborhood were deeply grieved to hear of the death of the late Pte Delos Spence, while serving his king and country in a foreign land. His parents, sister and brother have the most sincere sympathy of all in their sad loss; yet mingled with their grief is a feeling of pride that he, whom we knew and loved, has made the great sacrifice nobly and freely, as he was one of the first to go at his country's call and trusting that such a brave and gallant boy will rest as peacefully under foreign skies as here in Canada, his native land.

Miss Catherine Heffernan is visiting friends in Brockville.

Corporal A. W. Thornhill, Barriefield, was home for the week-end.

Baby Dorothy Morris has been very ill but is gaining nicely.

Pte. James Hawkins visited his parents here on Sunday.

Mr. and Mrs. Norman Kelsey, Manhatta, were recent guests of Mr. R. Covey.

Miss Ruby Morris has gone to take charge of a school near Belleville.

**CANADIAN PACIFIC RY.**

**OTTAWA EXHIBITION**  
FROM BROCKVILLE

Going all trains Sept. 13 and a.m. trains Sept. 14. Return limit Friday, Sept. 15. **\$1.80**

Going Sept. 8 to 15, Return limit 5 days from date of sale **\$2.25**

Homeseekers' Excursions to Canadian West every Tuesday.

Steamship Tickets by All Lines

Brockville City Ticket and Telegraph Office, 52 King street.

**GEO. E. MCGLADE,**  
City Pass. Agent

**STENOGRAPHERS & BOOK-KEEPERS**

100 Wanted, — Immediately we could place one hundred young people in positions. Never in 15 years have so many calls come to us. Our weekly bulletins appearing in the Brockville papers show that we are unceasingly endeavoring to get every student a good-salaried situation. Fall Term opens Sept. 5. Send for 1916 "Fire Supplement" Catalogue.

**BROCKVILLE BUSINESS COLLEGE**  
W. T. Rogers, Prin.  
Temporary Office, Victoria Hall.

**A Reliable Agent Wanted**

In every good town and district in Ontario, where we are not represented.

Territory reserved for the right man. Highest commissions paid. Attractive advertising matter.

**Splendid List of New Specialties for Season 1916-1917**

Including the **NEW EVERBEARING RASPBERRY—ST. REGIS.**

**STONE & WELLINGTON**  
The Fonthill Nurseries  
(Established 1887)  
Toronto, Ontario

We are doing a big business. The public seem to appreciate the fact that this store carries a city stock of

**Women's and Misses' Suits**

No matter what you are looking for (if new) you will find it among the assortment—we show OVER ONE HUNDRED SUITS, and scarcely two alike. Another large shipment just came to hand, including all the new style features.

**Suits from \$15 to \$40**

and no matter what price you want to pay, you will find you can save from two to three dollars on every model. Every suit of pure wool material strictly man-tailored and fully guaranteed. Come, choose your Fall Suit at once while the assortment is large. We carry every size, also between sizes. A large shipment of the season's new neckwear just came to hand.

**C. H. POST**  
BROCKVILLE.  
The Exclusive Women's Wear Shop.

**YOU CAN HAVE YOUR Fall Suit or Overcoat**

made expressly for you, cut to your measure and tailored in any style that you may choose.

You will be better satisfied with the result; you will be getting much more value in looks and wear than the average tailor could give you, and you will save a third of his cost if you

**Let Us Make It For You**

Priced from \$20 upwards.

**THE ROBERT CRAIG CO. LIMITED**  
Brockville, Ont.

**LEEDS**

Sept. 1st

Mr. W. Wills and family went Saturday to Elmda to attend the ten days camp-meeting.

Mrs. Will Lloyd and family returned home Friday after spending the week at her home, Berryton.

Mr. and Mrs. M. B. Holmes, Athens, called on Leeds relatives, after attending the Bee Keepers basket picnic at J. Coon's, Morton, on August 25th.

A number from this vicinity motored to Ganouque Thursday evening and took in the moonlight excursion to Alexandria Bay.

David Gamble has greatly improved his brick residence by adding two verandahs at the front.

Mr. T. Samuel, Westport, and Mr. J. Lloyd, Elgin, spent Sunday at W. Lloyd.

Miss Mina Iathwell, Lyndhurst, spent a few days with Daisy Somerville.

Morton Social was well represented by Leeds people.

Recent visitors at Albert Brown's include Mr. and Mrs. J. C. Hardy and son, Syracuse, N. Y., Miss Margaret McCurdy, Sydney, N. S. and Mrs. M. Rappell and Miss Grace, Athens.

Mr. and Mrs. John Chapman and children have gone to Hamilton for a week's visit.

**MADAM LAVAL'S Cotton Root Compound Tablets**

**A RELIABLE REGULATOR**

These Pills are compounded with the greatest care from the most reliable remedies known to science; such as are being used with much success by the most celebrated physicians known.

They are a specific for the distressing disorders to which the female constitution is liable.

Price \$2 a box. No. 2 (much stronger), \$3 a box. Sold at all drug stores, or by mail from The Laval Drug Co., St. Catharines, Ont.



**Service—**

**New Fall Samples Are Here**

**We practise it more than we preach it.**

Make your selection now while range is complete.

Garments can be delivered later if you wish.

**ART CLOTHES**  
COOK BROS. & ALLEN LIMITED

**C. F. YATES, ATHENS**

**FRANKVILLE**

Sept 5th

Mr. Wm. H. Holmes, Toronto, spent the week-end here and at Elmda with friends.

Pte. Lloyd Davidson, Barriefield, spent last week at his home here.

Mr. and Mrs. A. R. Hanton and Mr. and Mrs. R. P. Richards motored to Brockville on Sunday to see Mr. Joseph Hanton who is in the hospital for treatment.

Miss Helen Gilroy, Smith's Falls, has been visiting her aunt, Mrs. Mort Davis.

Mr. and Mrs. Fred Pattenore, of Glen View, Smith Falls, spent Sunday at M. Holmes, Lehigh's corner.

Stanley Livingstone of the Dominion Express Co. Smith Falls, spent the week-end at his father's, W. D. Livingstone.

Mr. D. L. Johnston, Athens, was here on Monday visiting friends.

Mr. John Soper, Brockville, spent Sunday at his brother's, Mr. Enos Soper.

Mr. and Mrs. Wm. McCoy leave this week for Port Arthur to live with his daughter.

**EVERY MONTH MANY WOMEN**

Take ZUTOO Tablets and are free of the Gripping Pain and Sick Headaches.

Read what Mrs. Wright says: "I received your sample of Zutoo Tablets, and took them for severe pain (monthly) and headache. At the end of 30 minutes, I was entirely free of pain and experienced no more throughout the period. I suffer a great deal at these times and feel grateful that I have a remedy which affords quick relief. Every woman in the land should know about Zutoo Tablets and what they will do."

Mrs. ALLEN WRIGHT, Fulford, Que.

**TAKE ZUTOO**

**Bread Making Contests At Rural School Fairs**

**PRIZES—Free Courses at Macdonald Institute, Guelph**  
Free Poultry Raising Courses at Ontario Agricultural College  
Free Cook Books and Magazines

Over 1,500 prizes in all will be offered in bread-making contests which will be held this fall at over 250 rural school fairs taking place in Ontario. It will be a great event at the fairs and will stimulate interest in bread-making among young girls between the ages of 12 and 17 years.

Here is a wonderful opportunity for your daughter to win for herself a Free Course in Domestic Science at the famous Macdonald Institute, Guelph. All she has to do is to bake one double loaf of bread and enter it in the contest at the fair according to the conditions explained below and more fully told in the folder we will send you on request. The loaf must be baked with

**Cream of the West Flour**  
the hard wheat flour guaranteed for bread.

This is a splendid flour which makes the biggest, bulging loaves—whitest, lightest and most wholesome bread you ever baked. Is this not a splendid opportunity to interest your daughters in breadmaking?

**Here are the Splendid Prizes** offered for the best loaf of bread baked with Cream of the West Flour. The following are offered at each local fair:

1st Prize.—1 paid-up subscription to "My Magazine" for 1 year. This magazine is full from cover to cover every month with articles suitable for young people of all ages. It is published in England. Value \$2.50 per year.

2nd Prize.—6 months paid-up subscription to "My Magazine." Value \$1.25.

Extra Prizes.—When entries exceed ten a 3rd prize will be awarded of 6 mos. paid-up subscription to "My Magazine." When the number of entries exceeds twenty the judges at the fair will award 4th, 5th, and 6th prizes of one year's paid-up subscriptions to "The Little Paper." This is a wonderful little publication issued every month in England. Its eight pages are packed with highly engaging information and stories relating to history, nature-study, animals, bird-life, etc.

**Important**—The winners of 1st prizes at the fairs automatically become competitors for the Provincial Prizes. The second half of the double loaf is sent to Ontario Agricultural College, Guelph, by the district representative in special container provided. The judging is done by Miss M. A. Purdy of the Department of Breadmaking and Flour Testing at the College.

**Conditions of the Contest**

Every girl may compete at the rural school fair in her district, whether or not she attends school, providing that her 12th birthday occurs before November 1st, 1916, or her 17th birthday does not occur before Nov. 1, 1916. One loaf of bread must be submitted baked in pan about 7 x 5 inches and 3 inches deep, and divided into twin loaves so that they may be separated at the fair. The loaf must be baked with Cream of the West Flour. One half will be judged at the fair. The other half first-prize loaf will be sent to Ontario Agricultural College, Guelph, to compete in the Provincial Contest. The local contest at the fair will be conducted under the same rules as all the other regular contests at your fair.

The standard by which bread will be judged will be as follows:

1. Appearance of Loaf.....	15 marks
(a) Color.....	5 marks
(b) Texture.....	5 marks
(c) Shape of loaf.....	5 marks
2. Texture of Crumb.....	40 marks
(a) Evenness.....	5 marks
(b) Softness.....	20 marks
(c) Color.....	5 marks
3. Flavor of Bread.....	45 marks
(a) Taste.....	25 marks
(b) Odor.....	20 marks

Each loaf must be accompanied by the part of the flour bag containing the face of the Old Miller (important) and an entry form must be signed by the girl and parents or guardian stating date of birth, P.O. address, and giving name of dealer from whom Cream of the West Flour was purchased. The form will state

**Do Not Miss this Great Opportunity:** Every girl between 12 and 17 years should compete. What a splendid way to stir up interest in breadmaking! Get a supply of Cream of the West Flour at your dealers and practise using it as often as possible to increase the chances of winning. If your dealer cannot sell it to you, write to the Campbell Flour Mills Co., Ltd., Toronto, and they will promptly tell you the nearest place to get it.

**No Competitions in Counties Named Below:** The competition is open to all parts of the province where Rural School Fairs are held, except the districts of Rainy River, Kenora, Manitowish and Thunder Bay. These districts are the only parts of the province where school fairs are held by the Department of Agriculture in which this competition will not be a feature. There are no district-representatives of the Department of Agriculture in the Counties of Huron, Perth, Wellington, Haliburton, Prescott, Russell or Lincoln, and no rural school fairs are held in these Counties by the Department of Agriculture. We regret, therefore, that the competition cannot include these Counties.

Write for free folder giving full and complete information about every feature of this great contest.

**Address Campbell Flour Mills Co., Limited, (West) Toronto**

**Cream of the West Flour is sold by W. G. Parish, Athens: H. Brown & Sons, Brockville.**