CHATS WITH YOUNG MEN

THE MAN WITH THE SMILE It isn't the fellow who has a smile Because of the smile of others, But the fellow who counts is the fel-

low who smiles
In spite of his scowling brothers. whether they smile

they don't, If he's true to his own soul's light, He will keep on smiling through thick and thin;

He will smile for the sake of right. The old song says if you smile for

them,
They will have a smile for you; man, who smiles, if they smile or not.

man who will put things through-

The man who smiles because it's his heart That brings to his face the glow

Of the peace and the power of doing his part

In the great world's daily show To do things just to gain in return Some gift or some grace of life. Is only a half way style to win In the toil and struggle and strife.

In doing and serving along With a smile that is sweet as the

smile of a boy, Till your smile makes labor a song. REGULAR READING

By systematic reading, a little at a time, but done regularly, a library can be easily gone through. special study can be followed. The best books of history, biography, Church History, philosophy, travels, science or poetry, can be made a per-

manent possession.
One of the busiest men that we know of is one of the mellowest and the best read. When we asked him how he found the time to read so much, he said:

I really don't read much. In fact I have little time for it, and I am, too, a slow reader. But I suppose I remember what I read. If I read more I might not remember so much. I've noticed that great readers sometimes have poor mamories: their minds are like sieves."

But there are certain authors, Newman, Brownson and Trollops, for instance," I said, "that you seem to other, know inside out."

Oh, yes. It I like an author I'm certain to get well acquainted with him. I enjoy following the processes of his mind. I feel toward him as do toward a friend."

We next inquired what method he followed in his reading.

'I can't say that I have any regu lar method of reading except this : I have certain subjects that I like and read on them only the best books. Life's too short for trash. Then I always read an hour or so before going to bed."

Now we felt we were getting at his secret, and inquired how he happened

to form the habit. Oh, I began when I was young; just getting into business. I saw that work was going to absorb most of my time and that intellectually and imaginatively I might run dry if I stayed in my rut. So, I resolved to do a little reading before I went to bed: the only time I could be sure of. Now I look forward to that in terval of quiet after the fever of the No matter how irritating or perplexing a day may have been, there is always an easis ahead. It's a funny thing, by the way, what that hour can do for me. Often when I'm tangled up with problems and cares, so soon as I sit down for my reading, I find myself feeling better even tional Host on this day; which is before I begin. It's as if I went into another world where the conditions were serene and the air was clear I long for that time of reading. It is amazing, too, the extent of the in formation and edification that can be gained by an hour's reading every

We pass on this plan to our readers hoping it may profit them as it has our dear old friend .- Catholic Col

NEATNESS AND CLEANLINESS AS A MARK OF REFINEMENT "Costly thy habit as thy purse can

But not express'd in fancy; not gaudy;

For the apparel oft proclaims the -SHAKESPEARE

There are men who speak and act as though clothes were of no value or consequence. They pride themselves in declaring that clothes don't difference how a man is dressed, as long as the man himself is "all

Now since clothes are merely accidental, and not absolutely essential, there is nothing dogmatic about the subject, and therefore a difference of opinion is quite pardonable.

There is as much difference ha tween a "dude" or a society "fop" and a well dressed man, as there is lighted. between a slovenly beggar and a

There is a certain feeling of satisfaction and pleasure in being well dressed. Far from being akin to pride and vanity, this feeling may be the effect of something essentially noble. Spiritually, we consider our-

Costly clothing may therefore be the exterior expression of this dignity, and at the same time call our attention to the fact that our "pedinter of the church by a deacon or acolyte. The words "Lumen Christi" are chanted three times. The paschal candle is blessed, and five grains of incense are placed

men may be a source of edification to themselves as well as to others.

Furthermore, the distinctive mark of which He was anointed in the a superbly dressed superior man, is

Extravagance, pomp, and extremes of fashion, never appeal to real men. A king in civil, is simplicity personi-fied as far as clothes are concerned; and while there may be a distinction in costliness of material, there should never be a distinction in neatness, tness, or cleanliness.

The privilege of dressing well is common to all, whether rich or poor. well-dressed poor man displays by far more dignity, common sense, and refinement, than an extravagantly "overdressed" millionaire. The decling aroused at the sight of an overdressed fop" is very much the same as that which caused at the sight of a "dirty sloven" aversion

The man who pays more than he can afford for his clothes isn't worth the clothes he wears; that is plain enough. The man who dresses mere-"show" is, to say the least, s

A slovenly individual is contemptible for more reasons than one; he displays a decided lack of respect for himself and displays even less regard For the best old grace is the grace of for others.

The neatly done patch on the self respect, dignity, and refinement may be excused on the plea of

There are exceptions to every rule of course, but generally speaking, the well dressed man is taken for what he represents-a little more than

par value."
It is a well-known fact that the heads of great business houses are always on the lockout for wellgroomed, clean cut men. The reasons for this are self evident .- Lord-

OUR BOYS AND GIRLS

BROTHER MAN

Brother Man, sold to thy heart thy brother

Where pity dwells, the peace of God | well again."

Each smile a hymn, each kindly deed a prayer.

he whom Jesus loved has truly spoken— The holier worship which he deigns to bless

Restores the lost, and binds the spirit And feeds the widow and the father-

Follow with reverent steps the great example Of Him whose holy work was "doing

good;" shall the wide earth seem our Father's temple, Each loving life a psalm of gratitude.

HOLY THURSDAY Only one Mass may be said in the same church on Holy Thursday. The priest wears white vestments, be cause on this day is joyfully commemorated the institution of the Holy Eucharist ; but the Church also presents certain signs of mourning, as the time is almost at hand when our Blessed Lord suffered and died

Instead of bells, wooden clappers are used at the Mass.

placed in a chalice and borne in procession, often led by the children strewing flowers. Many early writers say that the procession on Holy Thursday commemorates our Lord's journey to the Mount of Olives after the Last Supper.

All the altars-except the Altar of Repose (Repository) which is decked with flowers and candles—are stripped bare. This is to remind the faithful of the way in which our Lord was stripped of His garments. Another custom which has come down to us from Jesus, and is observed by the Holy Father and many priests, is the washing of the feet of twelve men. (See Saint John

The holy oils used for Baptism and Extreme Unction are blessed by the Bishop on this day, and also the holy

GOOD FRIDAY

This is the most sad and solemn of all the days of Holy Week, for make a man, and that it makes no today the Church commemorates the death of Jesus. It is the only day in all the year when Mass is not celebrated, but the ceremonies usually observed are called the Mass of the Presanctified. The priests, clothed in black vestments, approach the altar and prostrate themselves on the steps. The altar, which has remained stripped, is covered with a white cloth, but ro candles are

The principle ceremonies for Good Friday are the Mass of the Presanctified and the adoration of the cross by both clergy and people.

HOLY SATURDAY

The ceremonies on Holy Saturday begin with the blessing of the new selves as something worthy of reverence, as something noble—we are men. According to David we are "ittle less than Angels."

begin with the blessing of the new somebody, and that we fire at the door of the church. This fire is struck from a fint, and from it a candle is lighted, which is carried up the aisle of the church by

gree" is from God. Well dressed in the candle in the form of a cross O'Malley.

tomb.

The Easter water is blessed or

Holy Saturday. THE CHILDREN'S EASTER GIFT Easter Sunday dawned at last. Such a bright, beautiful day that it seemed as if everybody must be glad just to be alive. But there were three little children whose hearts were more than glad, and this was the reason: Early in the fall Aunt Helen had planted three lily bulbs. one for Irene, another for Marion and the third for Donald, and very tenderly the little plants were nourished, and very eager eyes watched for the first showing of blossoms. And today the beauty and fragrance of the perfect flowers answered their dearest hopes. You see, the children were to give them as their Easter offering to make beautiful the church altar, and then Aunt Helen was to find homes for the lilies where they should tell the story of the day to those who could

not hear it from pulpit and choir.
Proudly the little procession moved to the church in the early morning, each with a cherished plant. And there was a song of praise in their hearts, as well as on their lips, when trousers of a poor man is just as all the Sunday school children sang much of an index to his sense of joyfully, "The Lord of Life is risen ect, dignity, and refinement today, Alleluia!" But the best of 'shabby" coat on the rich all the day was the twilight hour, man is a public confession of his when, gathered about Aunt Helen's "tightness"; of course, the latter chair they listened as she told them where the flowers had gone.

You remember Davie, the little newsboy, who was run over a month

ago ?' Yes, indeed," the children cried; did he have our lily ?"

Yes, darlings; I carried Donald's plant with the two lovely blossoms to a very poor little home, where there are no pictures on the walls, no carpets on the floor and nothing attractive or beautiful for the poor sick boy to look at all day when his mother has to leave him alone for her work. If you could have seen his eyes shine when he said 'All this for my very own, Miss Helen?' you could guess just how precious was your loving thought of the faithful little newsboy who must lie on his bed for so many weeks before he is

Aunt Heler," said Donald, " don't you suppose David would like some of my picture books, and would he like me to see him when he is

better ?" Surely," replied Aunt Helen, "you may go with me on Wednesday if you will, and we will make him glad again. Marion's lily went to dear old lady Hathaway. who loves the church service so much but who is too old and feeble for the journey from her home. She smiled in such a happy fashion as she stroked the blossoms, saying, 'It's a bonnie flower the Lord has made, and a happy tale it tells today.

And where did Irene's lily go, with its crown of blossoms?"
Aunt Helen paused a moment, and

the children cried: "I know, I know, to our dear old ladies at the Home." "Guess again," said Aunt Helen.
"Perhaps, to Dascon Snow's in-

valid daughter." No : guess again.' Was it for Flora Temple at the hospital?'

No; all these friends were remembered with flowers and plants but Irene's lily went to our city

Oh, auntie!" and then the children stopped, for the tears stood in Aunt Helen's eyes.

children," said she. "Listen, " When Jesus rose from the dead He gave the promise of life to every soul, and all who try to be like Him find that His gift is theirs for every day on the earth, as well as forever by and by. But, there are some who do not follow Him, and their lives are poor and mean; and there are some who go away from what is right and good, and when prison walls are about them they feel as if Jesus had forgotten them, as well as the people

who are free.' But, auntie," said Donald, "they

don't love flowers.
"I'm not so sure of that. If you could have been with me today when the keeper of the prison said to the men. 'Boys, here's a beautiful Easter lily from a dear little girl who wants you to have a bit of the Easter day with its message of love and life, you would have cried, as I did. The faces softened as they looked at the flower, and there was no need of words to prove that their hearts responded as best they might to the pure, white lily as emblem of the better and truer life yet possible to

"I am glad my lily went to them," whispered Irene, "And, oh! Aunt Helen, if it will only help some of them to be good again !"

"I am, sure it will, dear, and I was sure you would think that I did right to remember those who are so often forgotten in our ministries of And now a story, auntie, dear,"

said Marion. 'Ab, but it is almost bedtime, and eyes are sleepy, too; but I know three little hearts that ought to be very happy, because they have given the state of the house or the farm. Kitchen tools, becs, chairs, lovingly that others might think of spinning wheels, shoes, carts and Every day we may do something for tiful designs and carvings of the somebody, and that will help us to most fantastic kind. The young grow like Him who speat so much of His life doing good to those about such taste some of them obtained by

The full moon on a still night is God's most ancient figure of the elevation of the Host. - Austin

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READING AS A LENTEN PENANCE

"Verily when the Day of Judgment comes," observes Thomas a Kempis, discoursing with his wonted unction " On the Doctrine of Truth, we shall not be asked what read, but what we not how learnedly have spoken, but how holily we have lived." It was the men of his time who seemed to be imperiling their soul's salvation through an over weening love for empty learning but who had "little concern for the service of God" that the great ascetic had in mind. Were he writing today, however, and knew what a quantity of worthless, and worse than worthless, stuff many Catholics read, perhaps à Kempis would have additional counsel to give regarding the nature of the examination at the Last Judgment. For it is safe to aver that most Catholics could make a highly profitable Lenten meditation on the contents of their "handy bookshelt" and on the periodicals that cover the sittingroom table.

The first books, no doubt, that would have to go are certain unsavory novels that "everyboly is reading." Why should ladies and gentlemen welcoms to their firesides, as fictitious characters in the best-sellers, wantons and libertines whom in real life they would care fully exclude from their homes? And how will parents, who leave about for the perusal of their girls and boys the cheap and noisome periodicals of the day, avoid responsibility for the harm that is thereby done? After the home has been well rid of books and periodicals that are worthless and harmful, let good and attractive substitutes for them be provided. Perhaps members of the family who have seldom opened a spiritual book would now make it a daily practice to read thoughtfully a few chapters from the New Testa ment or the "Following of Christ or some pages from a standard ascetical writer. Or parhaps a course in Shakespeare, Newman, English Catholic literature, Scripture, commentary, Church history or Catholic biography could be begun now frankly as a Lenten penanc but if faithfully pursued for a fixed time every day, no doubt Easter would find the steadlast experimenters actually enjoying their newly discovered books and slowly rising to pleasant intellectual com-panionship with authors whom they had always considered dull and abstruce or too far above them to

be interesting. For in this country, the generality Catholics, it must be owned, are not much given to serious reading Public library records show that few of the books that should be of special interest to Catholics are taken out by them. We seem quite as much addicted, as are our non-Catholic neighbors, to devouring the best-selling novel and the frothy magazine. The proportion even of our college graduates who bear from their alma mater to their work in the world a disconcerning love for books and a real enthusiasm for the things of the mind is not at all as large es it should be. But our Catholic youths and maidens, if they mean to play a fitting part in furthering the progress of the Church in country and in safeguarding all that is best in our institutions, must be well-read, keen-minded and thoroughly familiar with the consistent Catholic's position regarding important economic, social or adurational questions that come up for solution. But as the intellectual depth and the general culture that Catholics should now be acquiring is not to be gained merely by persuing light novels and secular periodicals, per-haps undertaking a course of solid reading would be the most salutary Lenten practice many of us could adopt.-America.

THE LAND OF CROSSES

Lithuania, the independent Republic on the Baltic shores, has many interesting features for the artist. There, art is not practised by only a few gifted individuals. Every Lithuanian man or woman is risen Saviour on Easter Day. carriages are ornomented with beau most fantastic kind. The young travelers, were exhibited in the Paris Salons. Lithusnian pottery is celebrated for its beautiful form and fine coloring all over Europe.

But what attracts the attention of

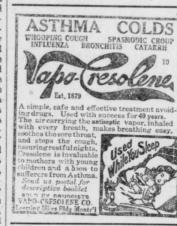
the traveler are the crosses on the high roads of Lithuania. Mostly in

carved wood, they are of gigantic dimensions. From a distance they look like masts of big ships. In some provinces, life in Suwalki, there is a cross for every mile of high road, in addition to a number of crosses on the fields or in the corners of strests within the villages. In every cross is a deep niche containing one or more statues and perpetually burning oil lamps, the flame of which is kept alive through a vow taken by some family from

The crosses are of every conceivable form. Some of them have the cross piece very high and others very low, while in some, hewn out of a single block, the cross piece is at an oblique angle. They are frequently painted in vivid colors or As the roads are not lighted, gilded. the lights on the crosses serve the same purpose to the winter traveler, when the roads are buried in the snow, as does the lighthouse to the sailing vessels.

Prof. J. Basanaicies has just completed an archeological study of the Lithunian crosses in which he shows that they contain the complete history of Lithuania from the early part of the fourteenth century, when they accepted Christian - Sentinel of the Blessed Sacrament.

Women have all the necessary qualities to make good men, but they must give their time and attention to it when the men are boys.



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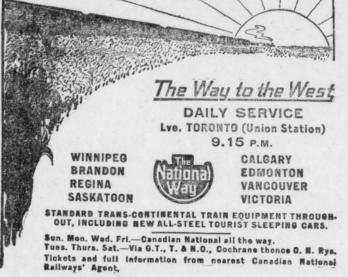
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