

PROPERLY PREPARED FOOD,

Is Essential to Health and the general Comfort of the Household.

BY THE AID OF



BAKING POWDER,

Light, Easily Digested, and Wholesome Bolls, Gems, Tea Cakes, Griddle Cakes, Pancakes, &c., &c. can be

EXPEDITIOUSLY PREPARED.

The **COOK'S FRIEND** is also useful in Pie Crust, Boiled Puddings, etc., **SAVING** a large proportion of the usual **MORTEN-ING**, and producing more **HEALTHY FOOD**.

It Contains no Injurious Ingredients,

Such as are to be found in many of the Baking Powders that are being forced on public attention, its principal constituent being the **PUREST Grape Cream Tartar** that money can buy.

DYSPEPTICS may **USE** with **ADVANTAGE** food prepared by its aid.

The **Cook's Friend** has had **First Prizes** awarded wherever exhibited, and has also been awarded **SIX Medals**, Three of Silver and Three of Bronze for **EXCELLENCE** of **QUALITY**.

Purchasers should make sure they are served with the genuine **Cook's Friend**. No variation from, or addition to, the name is genuine.

Retailed by all respectable Storekeepers in the Dominion.