

noticed when any extra muscular exertion is attempted. There is often a sense of chilliness during the forepart of the day, with a feeling of feverishness toward evening. The circumference of the chest slightly diminishes; its walls lose their elasticity. The collar bones become more prominent. Flesh is slowly but steadily lost. Digestion is less vigorous than formerly. Nausea is sometimes present. The appetite falls off. A very slight tickling cough exists on rising in the morning. The pulse becomes habitually more frequent. Bleeding from the lungs is common. In many cases, however, this never occurs from first to last. In women the first symptom that excites alarm is often the gradual cessation of the menses.

Consumptives usually date the beginning of their disease from the time a cold was caught; an opinion that is sometimes right but frequently wrong. An ordinary cold, however severe, never gives rise to tubercular consumption in a really healthy person. When a man whose breathing organs are quite sound, takes a cold that "settles on his lungs" he suffers more or less from such symptoms as lassitude, muscular pains, backache, headache with tightness across the forehead, sore throat, hoarseness, feverishness, thirst, loss of appetite, the water runs from his eyes and nose, he coughs hard and expectorates profusely. These all pass away in a few days usually with little or no treatment. If the cough is somewhat more obstinate it is readily cured by any cough mixture.

But the approach of the disease under consideration is most insidious; it is not heralded by any of the above well-marked symptoms. A consumptive cough, as before stated, begins as a slight dry hack on getting out of bed; or, perhaps, it is excited at first only by leaving a warm room and going out into the cold air. Afterwards a little watery or gluey matter is raised; this gradually becomes thick, heavy, yellow and copious.

If a young adult has a cough of this character, with wandering pains through the chest, and loses flesh even