

THURSDAY TO THURSDAY

Sponsored by the **M.K. O'BRIEN DRUG MART**
at **6199 Coburg Road** (just opposite Howe Hall)
"Serving Dalhousie students for 14 years"

Friday, January 30

Professor Yuri Y. Glasov of the Dalhousie Russian Dept. will address the St. Andrew's Missionary Society on Friday, 30th January, 1981, at 7 p.m. in the Senior Common Room, Cochran Bay, King's College. His topic: "John the Baptist"; all are welcome to attend and enjoy what promises to be a lively and interesting evening.

"The Things I Cannot Change". A look at the troubled life of a family on welfare seen from the inside.

"Our Health Is Not For Sale". Tough strikes in the 1970s around health hazards and dangers on the job.

"Steel Blues". The struggle of a Chilean immigrant, cut off from family, country and profession, to adjust to a new world in a Montreal steel plant in a language he does not speak and a job he does not know.

Where: North End Library, Cottingen Street.

Voluntary contribution of \$2.00 towards the financial campaign of the M.L.O.C. in struggle!

What do we want out of life and how do we get where we want to be? A weekend workshop with Marten and Laara Gabriel of Vancouver to find **new creative ways to deal with stress**. Starts Jan. 30, 6:30 p.m. For information call 422-3810.

The **proud parents** of Group 4, Sociology 220 wish to announce the **mock wedding** of their daughter Kim Elizabeth Crowell to Anthony Ryan, son of Group 8 Sociology 220.

Kim and Anthony are both students of the Sociology class 220 The Family. The wedding is to take place in Room 4258 in the Life Science Building on January 30, 1981, at 9 a.m. Reception is to follow.

The Faculty of Arts and Science presents a public lecture, "**Teaching Yale Students to Write Well**," by Professor Jonathan Aaron of the Department of English, Yale University, at 12:30 p.m. in the MacAloney Room (406) of the Dalhousie Arts Center. All are welcome.

Monday, February 2

8:00 p.m. Dharmadhatu, a Buddhist meditation and study centre under the guidance of the Venerable Chogyam Trungpa, Rinpoche, presents an Open House Talk, entitled "Letting Go of Pain." The talk will be presented by meditation instruction. There is no charge for the talk or for meditation instruction. Dharmadhatu is at 1649 Barrington Street. For more information call 429-2916.

Tuesday, February 3

The topic of the open lecture series **The History of Ethnic Groups and Minorities in Nova Scotia** to be held at the Halifax City Regional Library, 5381 Spring Garden Road, at 12 noon to 1:00 p.m. will be **Towards a Black Identity in 20th Century Nova Scotia**. This will also be the topic of discussion on Wednesday, February 4 at 12 noon. All welcome.

Tuesday, February 3

Alternatives to packaged vacations south will be discussed at the Dartmouth Regional Library Coffee-PotLuck program, at 10:30 a.m. in the Woodlawn Mall branch.

The Halifax-Dartmouth Chapter of the Canadian Association of Young Political Leaders will hold its annual general meeting to elect officers and make plans for the coming year at 7:30 in Room 114 of the Weldon Law Building.

The Association, which has chapters across Canada, aims to promote an understanding of international affairs among young people actively interested in politics. It regularly hosts discussions and seminars with experts on a wide range of topics of international concern.

All members of political parties and non-partisan persons interested in international affairs are invited to attend the meeting and to join CAPYL.

Thursday, February 5

An organizational meeting for a women's study group at Dalhousie will be held at 7 p.m. in Room 410 of the SUB. All interested students and faculty are encouraged to attend. For further information please contact Elaine Hanrahan at 424-9579.

Beginning Thursday, February 12th at 7:30 p.m. **A Woman's Place**, Forrest House, 1225 Barrington Street, will offer a five week **Lecture Series on Health for Women** entitled "**Help Yourself to Health**" for five consecutive Thursdays.

Admission is free for this programme and all women are welcome to attend. For further information phone 429-4063.

At the invitation of the History Department of Dalhousie University, **Professor Peter Hoffmann** will deliver a public lecture on the subject of "**The Stauffenberg Brothers and the Conspiracy against Hitler**" on Tuesday, February 10, at 8 p.m. in the MacMechan Room of the Killam Library.

Prof. Hoffmann is the author of several books and numerous articles on the subject of the anti-Nazi resistance movement in Germany before and during World War Two.

For further information contact Prof. L.D. Stokes, Department of History, Dalhousie University.

"Laughter is the Best Medicine" a star studded variety show from the faculty of medicine to raise money for The Dalhousie Medical Research Foundation will run for two nights this year, Feb. 18 and 19 at Dalhousie Arts Centre. Curtain time 8 p.m.

An advance sale of tickets for all university faculty, staff and students will be held on Feb. 4, from 9 a.m. to 5 p.m. in the ground floor lobby of Sir Charles Tupper Medical Building. Tickets for the general public will be on sale at the Rebecca Cohn box office from Feb. 6. Prices are \$4.50 and \$6.50, senior citizens, cast member and students \$3 and \$5.

Public Service Announcements

Sunday Evening Mass

Time: 7:00 p.m.

Place: Rm. 314, SUB

Weekday Masses—Monday to Friday

Time: 12:35 p.m.

Place: Rm. 318, SUB

Inquiry Class—Wednesdays

Time: 7:30 p.m.

Place: Rm. 218, SUB

A programme to teach participants how to **relax and think more clearly during tests and exams** will be conducted at the Counselling Centre. This free, five-session programme will include physical relaxation, cognitive coping and exam writing techniques. To register, phone 424-2081, or come in person to the Centre on the fourth floor of the S.U.B.

Shyness can take many forms. However, all shy people experience feelings of uneasiness and lack of confidence in social situations. This means they get less out of university and life in general than they otherwise could. Fortunately, shyness is not a life sentence, if you do something about it. A shyness programme to teach participants skills of anxiety management, self-confidence and assertiveness will be conducted at the Counselling Centre. To register, phone 424-2081, or come in person to the Centre on the fourth floor of the S.U.B.

Students having completed at least two years of undergraduate study and who have attended "a certain level in basic Chinese," may wish to **study for a year in China**. Information is available in the Office of the Assistant Dean, Faculty of Arts & Science.

You could make the difference in somebody's life. Other volunteers in mental health could use your help in meeting the challenges of bettering the care and treatment of the mentally and post-mentally ill. Don't let your skills and experiences be lost in the shuffle: help us to help them! For more information, contact Edith Anderson, director of Volunteer Activities, Abbie J. Lane Memorial Hospital, 425-5800, extension 117.

Volunteers are needed to work one-to-one with mentally retarded people who are isolated and need personal support. Orientation and ongoing assistance are provided to the volunteer. Contact the Citizen Advocacy Office—422-7583.

The Children's Aid Society of Halifax is looking for volunteers to tutor children in various areas. **Immediately** needed is a volunteer to tutor an eleventh grade student who is having difficulties in Math.

Please call Krista Martin, Community Affairs Secretary, at 424-3527.

ABORTION INFORMATION

Given freely and sympathetically by legal, confidential service. Monday, Tuesday and Thursday, 5 to 7 p.m., 429-9270.

If you would like challenging and rewarding volunteer work, **Outreach Tutoring** is in need of tutors for young persons (grades 4-9) having difficulties with their school work.

Please phone the coordinator, **Outreach Tutoring**, 453-4320.

The Dalhousie Students Association of **Health, Physical Education and Recreation** will be hosting the 2nd Annual S.A.H.P.E.R. Conference on January 30, 31, 1981. The theme for the weekend is Innovation In Action and the keynote address will be delivered by the Honorable Gerald Regan at a luncheon on Friday, January 30 in the Faculty Club. All students are encouraged to register for the Conference.

VOLUNTEERS are **ALWAYS** needed in the areas of health, mental health, recreation and education.

If you're interested, like people, and have some extra time, you might like to volunteer. Such positions provide excellent practical experience for the student and an attempt is always made to place students in areas relative to their studies, or of special interest to them. In many cases, the volunteer work can be used as job experience and references may be given on request.

For more information please call Krista Martin, Community Affairs Secretary, 424-3527.

After a rather successful 'first-try' last year, the **Dalhousie Arts Society** will be again sponsoring a number of 'art-related' contests (short story, poetry, painting, drawing, photography) with over \$800 in prizes. Over 60 students submitted works to the various contests last year, and it is hoped that that number can be doubled for this year. The Society also plans to expand the contests into a larger concept, including musical performances, drama productions, poetry readings and hopefully a talent contest, which all together will be called "Arts Week". Even though most of the details have yet to be worked out, Arts Week will be held sometime in February. Keep your eyes open for further details.

A programme to teach you **skills in decision-making, self-assessment, occupational information-gathering, and goal-setting**. Appropriate for first year students wanting to choose a major, as well as for upper-class students making plans for after graduation. Small groups will meet once a week (1½ hours) for six weeks, beginning early in January. For more information and registration, contact Counselling Services, 4th Floor, SUB, 424-2081.

Any non-profit organization with upcoming events or programs which might be of interest to students may have them announced on this page. Submissions should be typed and as brief as possible. They should be submitted to the **Gazette** office by noon on Monday before the paper is published.