

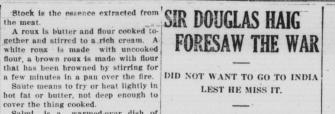
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This makes quite a large souffle, in another vessel. When the water clent for six persons. It should be comes to a hard boil pour it upon the A Great Maze of Corridors and

parsley stalks, and serve the cutlets with or without a centre of peas or

Some Cooking Terms.

Some Cooking Terms. An Appetizing Hash. First of all, fry an onion, finely chor-ped, in one ounce of margarine or drip-ping, till it is a golden brown, then add one ounce of flour, and after stir-ring well together for five minutes add half a pint of stock, well flavored with regetables, two or three cloves, salt if necessary, and four tablespoonfuls of ketchup. Stir for a few minutes over the fire, then flavor further with a teaspoonful



cover the thing cooked. Salmi is a warmed-over dish of game, slightly seasoned. Any left-over Cool, Steady, Tenacious, Religious and Scotch Is the Commanderpiece of game treated in this manner is dignified by this name. in-Chief. Rissoles are meat cakes made into

rolls, covered with pastry and fried. Lord Esher, a peer who has a wide Rice is also used to cover them. Useful Hints.

Always look clean and loveable. Do everything on the right day when mander-in-chief: niddle of the oor only.

keep everything in its proper place.

little leaves of chervil placed on the and fresh cold water should be bolled AN UNDERGROUND REFUGE.

took a week and when he had com-pleted his plan an old Frenchman said to him, "Have you heard about the



teep everything in its proper place. To purify cistern water put charcoal n a bag and hang it in the water. If the handles of table knives are not be a bag and hang it in the water. If the handles of table knives are

Chicken Dinners. Sugreme of Chicken.—Take the two portions of chicken, place in a well-small shallow stewpan and put it on salt. Cover and cook in the oven uniti done. Dish on a bed of mashed potatose. soda. See that plates and dishes are wiped underneath before being placed on the table. See that plates and dishes are wiped to the year 1905 the British army pos-sessed no general staff. Up cises, that Sir Douglas Haig stands almost alone among contemporary soldiers. He has studied his profes-committee recommended its formation sion deeply. He has put aside all the percentile of General Haig, then competing interests. He has resist-

and an accomplished soldier. He has attained to both of them. His Military Record.



he NOTES OF INTEREST FROM HER themselves, some of them radiant BANKS AND BRAES.

## What Is Going On in the Highlands and Lowlands of Auld Scotia.



Soldiers Sprint on Two False Legs-Use Learned in Very

Short Time.

The medical correspondent of the ondon Daily Mail writes: The cheeriest place in England is the Queen Mary Convalescent Hos-pital at Roehampton, where limbless soldiers and sailors are being fitted with artificial arms and legs, hands and feet. I expected to find there a depressing spectacle of helpless men, dejected and despondent. To my sur-prise I was met with a bright and busy scene, everyone active, happy, hopeful; and happiest and most hope-ful of all were the limbless heroes with delight at being able to get about

"Look at that man," said my guide, ointing to a soldier who was briskly walking to a soliter who was briskly walking to a soliter who was briskly walking to a soliter who was briskly do you think he has been on artificial legs?" "A month," I hazarded. "Five minutes," said the hospital official.

administration of Tay and the Tunmmer Owing to the Tay and the Tunmmer being so high, in the Perth district, alarming flooding has taken place. Glencarse Station was converted into a great advance on the old iron hook an island, while at Burnside, Scone, with which soldiers in former wars

had to be satisfied. The chief point is that the arm can be bent at the elbow by the action of the shoulder muscles, and it can be locked at any desired angle by ingenious mechanism, so that a worker may use it for hours without suffering fatigue of the shoulder muscles. A gloved hand is screwed into the lower end, and as the hand is jointed it can be bent so as to pick up objects and hold them. Thus a man may carry a stick or an umbrella, or hold a

ook, etc. The mended soldiers and sailors do not remain here longer than is n to become usefully expert in th

driving rain.



beds carved out from the walls. The passages extended so far that he was afraid to explore them, fear-ing that he should lose his way. "It was all very fine and romantic," said the sapper, "but it was a tremendous job to make a plan of it It was real-ly the work of a mining engineer." Dominion of Canada However, his captain was pleased with the result. There was room to house the whole population of the town very comfortably in these almost forgotten excavations.

ten excavations. The underground refuge was very ancient, made—the story fan—during one of the mediaeval wars between the English and the French It was curious that it should have cor use when Englishmed ne into use when Englishmen and Frenchmen were fighting side by side.

How Many Can Answer This? "I say exactly what I think," exed the vociferous man. "How interesting !" exclaimed Miss Cayenne. "Do you think of what you say before you say it or do you ad-mire the way it sounds and then think

Envy and jealousy make people so lot of foolish things.

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use of their limbs. The average stay is about three or four weeks Owing to their short stay the solliers do not reach that stage when they can ride bicycles, run and jump. But that they may one day be equal to these feats was shown by "demonstrators" at the hospital workshops, men who had lost limbs themselves and are wearing artificial ones.

BRITISH SHELLS BEST.

"Prematures" and "Blinds" Are Now a Negligible Quantity.

Mr. Lloyd George told the British House of Commons recently that at the battle of Loos, owing to the large number of "premature" shells the firing with high explosives had to be given up. Since then there had been an encommus improvement. enormous improvement.

given up. Since the interview of the second shields.

When you see a girl sit down to dinner and tackle a juicy steak smothered in onions it's a good sign that she isn't greatly worried over love affairs.

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