

PATIENTS' DIET LIST.

HOUSE DIET.

BREAKFAST	DINNER	TEA
Tea or Coffee, with Milk and Sugar Bread and Butter Porridge $\frac{1}{2}$ Pint Milk	Soup Bread Potatoes AND IN ADDITION :	Tea with Milk and Sugar Bread or Toast with Butter Stewed fresh Fruit in season, or dried Fruit

MONDAY—Mutton or Beef Stew with Vegetables, Bread Pudding
 TUESDAY—Roast Beef, extra Vegetable, Tapioca Pudding
 WEDNESDAY—Roast Mutton, extra Vegetable, Boiled Rice and Apple Sauce
 THURSDAY—Roast Beef, extra Vegetable, Fig Pudding
 FRIDAY—Fresh Fish, Bread Pudding
 SATURDAY—Mutton Stew with Vegetables, Sago Pudding
 SUNDAY—Roast Beef, extra Vegetable, Custard

RESTRICTED DIET.

BREAKFAST	DINNER	TEA
Same as House Diet	Soup Bread $\frac{1}{2}$ Pint Milk Pudding	Tea with Sugar and Milk Bread and Butter Stewed Fruit $\frac{1}{2}$ Pint Milk

MILK DIET.

3 Pints daily. Extra as ordered.

CHILDREN'S HOUSE DIET.

BREAKFAST	DINNER	TEA
Porridge, $\frac{1}{2}$ Pint Milk Bread and Butter Eggs, lightly cooked, or Fresh Fish, or Minced Beef or Mutton	Soup Bread Meat Pudding Vegetables in season	Bread and Butter $\frac{1}{2}$ Pint Milk or Cocoa Stewed Fruit

EXTRAS.

Cocoa
 Milk
 Chicken Broth
 Mutton "
 Beef Tea
 Boiled Chicken

Roast Chicken
 Mutton Chop
 Lamb
 Steak
 Eggs,
 Oysters

Arrowroot
 Jelly
 Custard
 Soda Biscuits
 Corn Starch
 Fresh Fruit