

Templarism, and the untiring zeal and indefatigable efforts of its members.

The Templars have diffused new life and vigor into the Temperance Army, and notwithstanding the croakings of the few enemies of the Order, it has leavened the entire British American Provinces with true temperance principles. All that is now required in order to win a lasting and glorious victory is unity of action; Temperance associations should work together in harmony, each striving to vie with the other in their efforts to reclaim the drunkard, and spread the principles of Temperance. Then—

Onward! onward! Templars, onward!

Till you've gained the victory!

Onward, till 'neath England's Standard

Every drunkard shall be free.

—*Monitor, St. John, N. D.*

PRINCE EDWARD ISLAND.

SONS OF TEMPERANCE PIC-NIC.

To the Editor of *Ross's Weekly*.

DEAR SIR,—Knowing you are a warm supporter of the cause "the cause of mankind," I take the liberty of sending for publication, a brief notice of a Temperance Pic-nic, held by the members of the "Flower of the Forest" Division, and their friends. According to appointment quite a number of the members of the said Division, with their friends, met at the Temperance Hall, on Monday, the 25th Sept., and after some little time spent in preparation, proceeded on their way down to Mr. Jenkin's farm at Bay Fortune, where they had previously agreed to spend the day.—The morning was dull, the clouds threatening, the road was somewhat muddy, but nothing daunted, the cold water band drove on towards the place of entertainment, cringing by the ringing laugh, and merry joke, that a few clouds and a little mud were not going to upset or even mar their enjoyment. About 11 a. m. the party arrived safely at their destination. After driving down to the beach, and taking a short survey of the beautiful scenery of that truly beautiful settlement; the rain beginning to fall it was concluded to seek shelter. Driving up to the yard the party was cordially met by Mr. Jenkins, who generously invited all to use his very commodious dwelling house for the occasion, which offer was gratefully accepted.—Scarcely were all sheltered ere the rain descended copiously, but all appeared to be only the signal for an outburst of merriment within. Joke after joke

was freely passed around, in which our good Bro. W. H. Hunt, Bible Christian Minister, joined, plainly showing that he did not consider that any time for a long face or sombre aspect. Dinner was served up by fair Lady Visitors of the F. of F. in their usual happy style. The inner man being thus replenished the evening was enlivened by the social chat, and the cherry song, the general burden of the latter seeming to be that "It would never do to give it up so" from which we may safely infer that, this is only the beginning of good things here in the shape of Pic-nics and that fresh, and more violent attacks are still to be made on the strongholds of King Alcohol in this part of Kings County. The commissariat department having been well attended to by those having charge of the same, at half-past four all sat down to an excellent tea, after which the rain having ceased, preparations were made for a return, and the cry soon passed round "homeward bound." I am happy to state that all did arrive safely at their respective homes, well pleased with the day's entertainment, and satisfied that the S. of T. have a way of being merry without any danger of "Bloody noses or cracked crowns." Dundas, Sept. 26, 1865.

EFFECTS OF TOTAL ABSTINENCE.

BY EDWARD DAINES, ESQ., M. P., ENGLAND.

"Wine is a mocker, strong drink is raging, and whosoever is deceived thereby is not wise."—Prov. xx. 1.

ONE distinct personal testimony to a matter of fact and experience often produces a stronger impression than many arguments. It cannot be wrong for an individual to publish his personal experience, if he believes that in so doing he might influence others to adopt a course favourable to their health, virtue, usefulness, and happiness. In this hope I feel it my duty, having abstained from intoxicating liquors for fifteen years, to state, that during that whole time I have enjoyed good and vigorous health, with scarcely a day's interruption; that I have never for an hour felt any need of such liquors; and that I believe I have done more work, have had better spirits, have eaten my food with greater relish, and have slept more tranquilly, than I should have done if I had habitually taken wine or beer.

To boast of health would be impious, and to presume on its continuance would be irrational. What God has graciously bestowed, He may at any moment take away. I only speak of

the past and present, which I do with humble thankfulness; and my reason for speaking at all is a conviction, that an incalculable amount of evil, as offensive in the sight of God as ruinous to man, would be prevented by the general discontinuance of the use of intoxicating drinks, but that men decline to abstain from them, under the notion that they are necessary to health, or at all events not injurious, while they believe them to be conducive to personal enjoyment. Convinced that these notions, the latter as well as the former, are erroneous, I offer my own experience to show that they are so; and with the same view I add a few particulars.

I did not adopt total abstinence owing to any illness or tendency to disease, nor because liquor was any considerable temptation to me. I had always used it moderately. My sole object was a desire to induce some whom I knew, by example, to abandon an indulgence which was leading them to ruin. And it seemed to me, that if I could do without strong drink, other persons in ordinary health might do the same: because my constitution is not robust; on the contrary, I have from childhood been rather pale and thin. Therefore the experiment of total abstinence seemed in me a very fair one. I was an average subject; many of my friends even thought that I needed a little wine; dissuaded me from giving it up, and mourned over my unwise persistence: I myself had the prejudice that it helped digestion. Well, I tried the experiment—first for a month, then for another month, till at length I learned to laugh at the prejudices of myself and my friends, and in the consciousness of firm health and good spirits, I have continued the practice to the present day.

Within fifteen years of life one passes through various circumstances, which would be likely to try the merits of any regimen. But I have never felt as strong drink would help me in any of these circumstances;—certainly not in the protracted study; as certainly not in the prolonged and exciting public meeting; not in active business, however pressing; not in travelling, by night or by day; not in pedestrian rambles on the mountains of Cumberland or Wales; not in the cold of winter; not in the heat of summer, not in the raw damp of intermediate season; not in the morning, not at noon, nor yet at night; not in anxiety and trouble; not in joy and social intercourse. I need it in none of these circumstances; it would do me mischief in many. It might cloud my intellect, or excite my brain,