

THE FORE AND AFT METHOD.

This plan of carrying is useful when space does not permit of a hand seat.

2. Make holes in the bottom corners of one or two sacks and pass stout poles through them.



FIG. 79.

3. Spread out a large piece of carpet, sacking, tarpaulin, or a strong blanket, and roll two stout poles up in the sides. Two bearers stand on each side and grasp the middle of the pole with one hand and near the end with the other. They walk sideways.

4. A hurdle, broad piece of wood or shutter may be used as a stretcher; some straw, hay or clothing should be placed on it, and covered with a piece of stout cloth or sacking; the latter is useful in taking the patient off the stretcher.

Always test an improvised stretcher before use.

Stretchers must be carried, and the patient placed on them, as laid down in the "Stretcher Exercises."