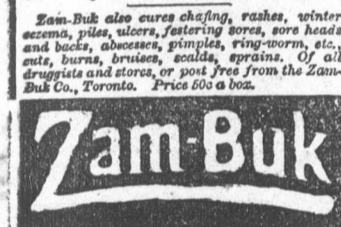


Chapped Hands AND Cold-Sores

Are your hands chapped, cracked or sore? Have you "cold cracks" which open and bleed when the skin is drawn tight? Have you a cold sore, frost bite, chilblains, or a "raw" place, which at times makes it agony for you to go about your household duties? If so, Zam-Buk will give you relief, and will heal the frost-damaged skin. Anoint the sore places at night. Zam-Buk's rich healing essences will sink into the wounds, end the smarting, and will heal quickly.

Mrs. Yellon, of Portland, says: "My hands were so sore and cracked that it was agony to put them near water. When I did so they would smart and burn as if I had scalded them. I seemed quite unable to get relief from anything I put on them until I tried Zam-Buk, and it succeeded when all else had failed. It closed the big cracks, gave me ease, soothed the inflammation, and in a very short time healed my hands."

Zam-Buk also cures chafing, rashes, winter eczema, piles, ulcers, festering sores, sore heads and backs, abscesses, pimples, ringworms, etc., cuts, burns, bruises, scalds, sprains. Of all druggists and stores, or post free from the Zam-Buk Co., Toronto. Price 60¢ a box.



Farmers Attention

WE HANDLE
COCKSHUTT IMPLEMENTS
MELOTTE CREAM SEPARATORS
KEMP MANURE SPREADERS
TORONTO WINDMILLS
BUGGIES, WAGONS
GASOLINE ENGINES
LIGHTNING RODS
—AND—
EVERYTHING NEEDED ON THE FARM

Call and let us talk matters over.
CAMERON & GRAHAM
OPPOSITE HOWDENS' GROCERY.
127-11

Of the half million woman workers employed in London over 45,000 are out of work, while some 200,000 are on half time.

Mrs. Harriet Fisher, of Trenton, N.J., is the only woman iron manufacturer in America of international fame.

The Duchess of Sutherland, who is acting as a Red Cross nurse, was under fire during the bombardment of Namur by the Germans.

At the present time schools and colleges in the United States employ more than 400,000 trained woman teachers.

Government experts, after tests, have decided that jupiter wood is the most available substitute for the rapidly disappearing red cedar for led pencils.

Efforts are being made to increase the tobacco industry in Ireland, the soil of which is said to be suitable for almost all varieties of leaf.

Porous lead, filled with microscopic cavities, has been invented by a Danish scientist to diminish the weight and increase the surface of storage batteries.

Without an arched support or center pier, a single-span concrete bridge, 64 feet long, strong enough for the heaviest vehicle traffic, has been built in Illinois.

Our Word is Good So Is Our Wood

WE mean our Lumber—for that is our business. That and building materials of all kinds. And we want to give you a good word—a word in confidence. We can help you in a very DEFINITE and MATERIAL way. We have been in the lumber business for a long period, and we have the largest equipment, the largest stock and the largest lumber business about here. We can therefore supply your wants promptly and satisfactorily and we can give you the best materials on the best terms. ISN'T THAT WORTH LOOKING INTO? Try us. This is the yard for good values. Mail or phone in a list of your requirements—your orders will receive our prompt and careful attention. Let us hear from you.

ESTABLISHED 1870. **GEORGE CHAMBERS**

FOR YOUNG FOLKS

Many Things Instructive as Well as Interesting.

A SMALL SPRIG OF SOCIETY.

Chicago Boy Scouts of America Enact an Old Indian Legend, the Story of Chief Owasitpee—Origin of the Name Cowboy.

At Narragansett Pier, R. I., the little children of the rich find much to amuse and interest them. During the summer season their time is mostly occupied in swimming, sailing and other water sports, though they are kept under close supervision by their



© by American Press Association.
MISS KATHARINE CHASE, 13

parents and attendants. Many of the little ones are smart swimmers and in the quiet waters of Narragansett bay find a safe place to show their skill. A particularly fearless little lady in the water is Miss Katharine Chase, daughter of Mr. and Mrs. Henry S. Chase of New York. The camera man induced her to pose for her picture, and she very obligingly consented. The photograph here reproduced shows her to be a very sweet and winsome little girl.

Boy Scouts Act a Legend.

Chicago boy scouts, who are camping at Crystal lake, near Muskegon, Mich., recently provided a novel diversion for themselves and for other vacationists who make visits to the camp from nearby resorts. The boys re-enacted one of the old Indian scenes, which, according to the legends of the locality, occurred at the site of the camp during the early days of western invasion by the white race.

The pathetic story of Chief Owasitpee of the Ottawa Indians of Oceana county, who refused to leave the shores of the White river when his people were forced north by the white invasion, because he hoped that his two sons who mysteriously disappeared while lads some day might return to him, was the subject. It was written in play form by the Chicago boy scouts and was produced amid the original sylvan scenes at the camp.

The story of the old chief recently, was recalled by the finding of two skeletons and the remains of a canoe in the shifting river bed. It is believed in the locality that the skeletons are those of the missing sons. The camp of the scouts has been named

"Camp Owasitpee" in honor of the dead chieftain.

Origin of the Cowboy.

A cowboy, to our modern minds, means a man who herds cattle. Yet the original "cowboys" instead of herding cattle stole them, says the American Boy. The name seems first to have been applied to a band of horse-men, part soldiers and part bandits, who fought on the British side during the Revolution. Westchester county, N. Y., was the scene of their operations, and the most of them were Tories. Because they drove away many cattle on their raids they were called cowboys. Opposed to the cowboys in their raids through the section of New York which lay between the British and American lines were the Skinners, a somewhat similar band of marauders, who espoused the Continental cause.

Boy Scout His Own Surgeon.

But for the fact that he was a boy scout himself and was accompanied by other members of that organization George Cowan, fourteen years old, of Sharon Hill, Pa., might have bled to death recently when he cut one of his great toes nearly off while chopping down a tree with a scout ax.

The blade of the ax rebounded and cut him through the shoe. Calling one of his companions, Cowan directed him how to stop the flow of blood, after which he was carried to the hospital.

Little Tommy Tittlemouse.
Little Tommy Tittlemouse
Lives in a funny house;
He has a round hole for a door
In the corner of the floor.

MILITARY LOOKING WRAP.

This cape is of blue broadcloth plaited into a yoke on which is an applique pattern of black velvet and stitched



BROADCLOTH CAPE.

white cloth. The design is repeated at the hem. The frock is of black nocturne satin. The hat is of white huckle plumage. Buttoned dancing boots with tops of cloth are worn.

FOR SUN PARLORS.

The Chaise Lounge Convenient For an Afternoon Nap.

For the sun parlor there is no more appropriate and comfortable piece of furniture than a chaise lounge, where the afternoon nap can be taken in peace.

Chaises can be had at many prices. Sometimes their wide arms are supplied with rings just big enough to hold a glass of lemonade or iced tea. Sometimes they are in the form of baskets for magazines and books.

Sometimes they are wide to support your arms and hands. They are always comfortable. One of very good workmanship and material costs about \$28.50, stained and fitted with cretonne cushions. This chair is made of willow.

A much cheaper chair is one of bamboo poles, bound with varnished split willow. This sort of chair costs only about \$10 and is by no means so durable as the other. But it is comfortable and attractive.

IN MANY STYLES.

Attractive New Bags For Special Occasions.
Tan or bronze green crocheted silk square bags for opera or calling are

drawn with silk cord and have thin bow silk long tassels at either side. They are lined with a soft satin to blend with the tassels.

White velvet bags hand painted with flowers in pastel colorings and with the background shaded to blend are new and are for opera or work bag use. They are drawn with gold cords for the former use and with ribbons to match the flowers for the latter purpose.

A Genius For Friendship.

In the Woman's Home Companion a writer presents as a character in her story a botanist who gives the following advice to a young woman who is an amateur painter of ordinary ability:

"There are thousands of young women who can paint as well or better, but you are the one out of a thousand who has the gift of inspiring other people. You lift work from drudgery and vivify with your enthusiasm. The gift belongs only to a nature that is genuine, unspoiled and altogether unselfish. Stay yourself, child. Make the life work of many gladder and saner and truer because of their contact with you. You have a genius for friendship. Trust me, it is rarer than a genius for literature or art."

Odors in the Icebox.

The question of odors is a difficult one to deal with. So many housekeepers complain that, no matter how careful they may be, there is always a little odor in the refrigerator. Be careful of the food you put in. For instance, cucumbers have a very decided and penetrating odor, and there is nothing worse than a cantaloupe to "smell up" an icebox. If there is no cool closet or window box available, put the odorous foods into cracked ice for a short time before serving and they may be made deliciously cold.

Glass Covered Dollies.

Very attractive are the stands made of two thin rounds of glass with a lace dolly between and bound together with gold galleon. They are designed to put under the flower vase, so if it sweats it will not damage the polished table beneath. They are dainty in appearance and may be had in two sizes.

BALSAM OF PERU.

It Comes From a Tree That Will Grow Only in Salvador.

Naturally, one would expect balsam of Peru to come from Peru, but it does not.

Peruvian balsam comes from Salvador, and the little Central American republic has something of a corner on the market, for it seems to be the only country able to produce this valuable pharmaceutical resin in commercial quantities.

The balsam tree flourishes only along the western Pacific slope of Salvador, between the ports of Acapulca and La Libertad, a distance of not over forty miles, and covering an area of not more than 750 square miles. It is one of the most beautiful trees of the tropical forest and grows rather isolated from its kind. At full development it measures about forty inches in diameter and reaches a height of 80 to 115 feet.

The balsam or sap is gathered during the dry season and in the following manner: A hole is made in the outer bark either by pounding the surface with a blunt instrument or stone, thus separating the outer from the inner layers, or is cut with a sharp knife to form an opening six or seven inches long. From this portion of the tree then exudes, after a period of from five to eight days, the mature sap, which is collected by means of tying pieces of absolutely clean cloth over the wound, which absorb the liquid. When the flow ceases it is again stimulated by heating the tree by means of burning torches.

The cloths in which the sap has been collected are subsequently boiled, and this sap expressed mechanically forms the crude balsam. This is again boiled, foreign substances removed and the liquid poured into rectangular tins containing about fifty-five pounds each, and thus shipped to its final destination. A good balsam tree will yield from four to five pounds of sap a year, and if properly cared for will live to be a hundred years old.

A Mild Accusation.

Uncle Henry Barnes was one of the mildest of men. No one had ever seen him angry or impatient, but when his old time neighbor and supposed friend, John Ragland, deliberately cheated him out of \$900 even his kindly, patient spirit was ruffled. "Some time," he remarked to his wife, "I'm going to tell that man what I think of him."

One day he came home highly dissatisfied with himself. "I saw John Ragland to-day, and I told him straight out what I thought of him," he said.

"What did you say?" asked his wife. "I told him I thought he was a very unreasonable man."

Regularity

of the bowels is an absolute necessity for good health. Unless the waste matter from the bowels, which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion and sick headaches. Salts and other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively without weakening, sickening or griping.

Dr. Morse's Indian Root Pills

Rubber and Gasoline

Modern warfare imperatively demands the use of countless auto trucks, which in turn require supplies of gasoline and rubber, neither of which can be found in Germany. Of these, gasoline is the most important. There are some oil wells in Galicia, but they are in that part of Russia which is occupied by the Russians. Scandinavia has no petroleum fields, nor has Denmark or Holland. Unless they can import in some clandestine way, Germany and Austria have to fight entirely on the supply which they at present possess. It would be surprising if they had enough of this commodity laid by to supply their huge war requirements for a whole year. Should it give out, the collapse of their field transport would be ruinous. Their armies invading France and Poland would have to be called home to shorten the distance between them and their base of supplies. Rubber seems like a minor commodity until its uses are considered in detail. For the wheels of automobiles and motor trucks, it has no effective substitute. Without it these vehicles would wear themselves out in very short order. It is also essential to the construction of balloons and Zeppelins for observation. Again it is essential for rubber sheets to protect the soldiers when sleeping. There is quite a number of minor commodities which appear of small moment, but the exhaustion of any of which would cause the breakdown of the army.

Children Cry FOR FLETCHER'S CASTORIA

Fifteen-year-old Gladys Pond, of Battle Creek, Mich., holds the proud record for never being absent from school for a single day for the last ten years.

Of English invention is a magnifying glass that may be attached to a pencil or engraving tool to aid a draftsman or engraver.

A New York inventor has patented an attachment for talking machines that repeats a record as long as the mechanism is running.

A small electric flashlight, mounted on field glasses, is used in the German army for distant night signalling.

There are more than 85,000,000 sheep in Australia and nearly 25,000,000 in New Zealand, or more than eighteen for each resident.

A wire lemon-juice extractor has been invented that resembles the familiar glass one with the advantage of being unbreakable.

The germ theory of the transmission of contagious diseases was entertained back as far as 1657, when the plague ravaged Rome.

OUR CLUBBING LIST

THE GUIDE-ADVOCATE AND

Family Herald and Weekly Star	\$1 85
Weekly Mail and Empire	1 85
Weekly Farmers Sun	1 85
Weekly London Free Press	1 85
Weekly London Advertiser	1 65
Saturday Globe	2 00
Northern Messenger	1 40
Weekly Montreal Witness	1 85
Hamilton Spectator	1 85
Weekly Farmer's Advocate	2 35
Daily News	3 00
Daily Star	3 00
Daily World	4 00
Daily Globe	4 00
Scientific American	4 00
Mail and Empire	4 00
Morning London Free Press	4 00
Evening London Free Press	3 00
Morning London Advertiser	4 00
Evening London Advertiser	3 00

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—Most important for a young
—Prepared for a young
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