

When millions of experienced housekeepers have been using

Sunlight Soap

for years, for their every requirement, why should not you use it? Try it next wash day, and if you do not find it better than any other soap you have ever used, your grocer will refund your money. Sunlight Soap washes equally well with hard or soft water.

No scrubbing, no boiling.

Lever Brothers Limited
Toronto



MOHAMEDAN REVIVAL

Germany, France and Moroccan Problem

RELIGIOUS ORDERS OF ISLAM

Sidelights on the Kaiser's Visit to Tangier.

Paris, April 11.—There are a few sidelights to be thrown on what the cable has made known of the German Kaiser's visit to Tangier, and then sailing away again. Throughout Morocco, and by the time this reaches you, throughout darkest Africa, it is hailed as good tidings that Islam—not an alien, but a native religion, and a great multitude of souls seeking with the gospel of Mahomet—is not to be civilized by a united Christendom; the German Emperor looks the way. It was written on his skull, Moors and Arabs, Berbers, Kabyles, and Soudanese cry together, praised be Allah!

England, holding Egypt and India, claims to be the greatest Mohammedan power existing; but France, from her conquest of Algeria, has made it her own task to train the followers of Mahomet to live in settled law and order with the Christians who are called Christians. Mussulman law is studied in Paris that colonial judges may help the natives to practice it.

It has been a difficult task. If France could only make sure of Morocco, open to railways and European commerce, half her troubles in her colonies would be over. Her moving frontier runs around Morocco for a thousand miles, the civil authority of the Sultan, scarcely reaches the Atlantic, and, for indeed, he has little enough anywhere, and at the extremities of what are his dominions on German maps even his tax collectors are unknown. But he is the son of the Prophet, and with all the driving of automobiles and toying with Christian playthings, he embodies a faith, a sentimentality, a religious expression, which is not the deliberate work of a man or men, but the spontaneous outgrowth of a race which breathes in every mountain fastness and amid the most lawless and lawless tribes of inland valleys, independent of whatever Sultan, making the Sultan what he is other than a mere chieftain of unstable warring tribes, and by a necessity of holding the souls it animates aloft from Christian civilization.

ISLAMISM.
English and Americans have little idea of the religious life of this throughout Africa during these latter years. To them religion is a matter of Sundays, respectfully and comfortably laid aside for the rest of the week. But the God of Mahomet must be served with the whole soul, and there is no serving him piecemeal. The command of tribes, taxes and usury, justice and trade, and agriculture, are all as one, mere arrangements, the faithful to live together, but the true life, that which envelops all the rest, from gross pleasures to the martyr's ecstasy of contemplation, that which alone makes each of the faithful sure that he has his predestination to Paradise with his hands written on his skull, as certainly as the New England Calvinist knew he was numbered among the elect, that is religion. Koran, and by recent evolution, membership of some one of those mysterious religious orders into which African Islam has swept all its children.

SHORT TALKS TO WOMEN NO. IV.

A Mother's Warning to Stupid Girls

I have received hundreds of letters from lady teachers and other professional women in each of which it was stated that her suffering and ill-health dated from the time she overworked herself preparing for some examination or mastering some difficult mental task. Many of these ladies had suffered for ten years or longer before writing me, and though their habits had been altered, and their employment all that time they had not yet overcome the effects of the early strain. Stupid girls usually take little vigorous exercise, and the circulation becomes impaired, particularly the circulation in the complex and delicately formed womanly organs. The blood is slow, and parts become clogged more or less with the waste matter which a vigorous circulation would carry off. Many of these girls oppress the nerves, causing headaches and other suffering, mental and physical. In such cases, the circulation is slow, the use of Orange Lily is an infallible blessing. In it is supplied with the tissue where the circulation is clogged, and is absorbed into the affected blood vessels. The clogged elements are once on the waste matter, and it is rapidly expelled. A grateful feeling of relief is experienced, normal circulation is restored, and the nerves are toned and strengthened. In such cases, the cure usually completes the cure and saves a promising maiden from years of suffering. I will send a trial box of Orange Lily, sufficient for ten days' treatment, absolutely free, to any suffering girl or woman who will write for it. This trial box will convince the sufferer of its merits. Address, with stamp, Mrs. Frances O. Carruth, Windsor, Ont.

Orange Lily is recommended and sold in London by C. McCallum & Co., Druggists.

one slammed the door as they passed, and thus caught the Major in the dining-room.

"Friends hurried him out of sight, and when Carroll discovered what had been done he swore he would kill the Major on sight. He was pretty drunk then, but filled up worse and went riding up and down the streets hunting for the Major.

"By this time Mr. Clarke could see that Carroll had no intention of calling at the bank that day to settle the note. He was also very well satisfied that it would not be an act of prudence to bail him and remind him of it. As the day wore on another problem worried him—he ought to protect the note if not paid that day, but feared that if he did Carroll would be hunting him up as well as the Major next day. However, at 4 p. m. he let the note go to protest.

"The next morning Carroll came in with an apology for neglecting to pay the day before. Clarke saw there was no danger and told him there were protest fees. 'Well, what the devil,' asked Carroll, 'I'll pay it,' which he did.

"Soon after Carroll sold a bunch of cattle to an English merchant, and presented New York drafts in payment. Carroll refused to take the drafts, and the two went to the bank to get money. Clarke, who was waiting for the exchange, The Eastern man said Carroll would stand for it. Carroll for answer, however, and coolly remarked: 'No, you pay it all,' which the Easterner proceeded to do with marked promptness.—Kansas City (Miss.) Journal.

TO LOOSEN YOUR COLD

To relieve tightness across the chest and clear your throat of soreness and phlegm, nothing is so prompt as Polson's Nervine. It is like a household liniment best of all. Children's colds and inflammatory pains are quickly cured. For coughs, colds, sore throats, Nervine surpasses anything I ever used. If you haven't tried Nervine, there's a pleasant surprise in store for you, because it's just a little different and a little better than the ordinary remedy. Nearly fifty years in use.

Rotary Vertigo and Seasickness.

J. Leonard Corning, M. D., says he has studied the subject for some time, and now comes forward with a treatment which in his own case has proved eminently satisfactory. In the course of a series of experiments, he noted that certain remedies counteracted the vertigo produced mechanically by being seated in a revolving chair. He sought to test their efficacy in the treatment of seasickness. For this purpose he took passage on an ocean steamer, and, accompanied unexpectantly to the malady. He describes the treatment, in the New York Medical Journal, and Philadelphia Medical Journal, as follows:

"Only a sickly home made me fumble among the panacea, whence came presently tangles of hyaline hydrousness, and, gr. 1-150; opium, gr. 1/2. These I swallowed at a single dose, adding, some further severity of testing, some nitroglycerine, gr. 1-200. From now on improvement was rapid. In ten minutes nausea had left me, and in twenty vertigo, too, had disappeared. A sense of warmth replaced the chilliness; a moderate drowsiness, the giddiness. "With this relief came a renewal of scientific zeal. I was seized with a desire for further proof. Could I, by some further severity of testing, succeed, despite precautions, in bringing on the symptoms? I went forward to where the separator was, and, with the bow a-dancing up and down, leaning over the rail, regarding alternately the reefing mast and the heaving waters, I sought to coax back some resemblance of the former sickness, but to no purpose. Torpid as I was at both the stomach and the head, neither the lurchings of the ship nor the nauseous warts from the gully could prevail against me. For the first time in my life I felt all the confidence of a hardened rover of the sea. And with this exultation of immunity armed and desired to make others sharers in the necromancy.

"Of those treated, nine were completely cured; two were benefited, and one—an anaemic, hysterical woman—was apparently unaffected.

"For the rest, the plan of treatment adopted was that employed in my own case, save that instead of opium I gave morphine with atropine, adding a little cocaine to supplement the local action of the atropine. With respect to the hyoscyne, it may readily be understood that the dose varied somewhat, according to individual susceptibility—from gr. 1-200 to gr. 1-80, in fact. This rendered centrally torpid, as well as at the periphery, the subject usually remained proof against both giddiness and nausea for from three to four hours, when the anti-nausea effect of a tablet, consisting of morphine, gr. 1-6; extract of cannabis indica, gr. 1/4; nitroglycerine, gr. 1-200; strychnine sulphate, gr. 1-60; resorcin, with cocaine hydrochloride, gr. 1-6, was sufficient to purchase like immunity.—International Therapeutics.

SIGN OF THE DOLEFUL FRONT.

What is the meaning of shrugs and groans? What do the words of the grumbler mean? Look at the courage he has who hears Hope's clear call, and whose heart is clean.

What is the meaning of sighs? And what in truth means the cynic's leer? Lack of the wit that achieves success, Lack of the strength to be useful here.

Hutch, a Body Builder.

When one eats food the nutritive power goes to make up the different tissues of the body. If there is any flaw in the process it will result in disease of some one of the organs of the body. The digestion in this way plays a most important part in one's health. Hutch is a splendid digestion and stomach treatment. It is composed of ingredients which are chemically combined to keep the digestion in good working order. Hutch will not allow any clogging or derangement. Hutch is a doctor for ten cents.

News from the Fleets.

Singapore, April 16.—(By trolley car.)—A seagull just arrived is believed to have sighted the Russian fleet yesterday. It is said the ships were in the line abreast and were steaming north-west at eight knots, south-south-east of the island.

Saigon, April 16.—(By overland submarine cable.)—Three dozen champagne bottles (empty) have been washed ashore near this place. The Russian fleet is believed to have slipped past in the dark.

"Coming into the dining-room and seeing Carroll and his friends at the table in their shirtsleeves he at once ordered them out, saying they should put on their coats and return.

"Instantly six big revolvers were leveled at him, one in each hand of all three men. This circumstance would have disconcerted most men, but not the Major, who said: 'Here, here, I don't want any blood-spill on this new floor to stain it up. Let's go outside and have this shooting game.'

"To this Carroll consented and all started for the door. As they went out, Carroll and his friends ahead, some

THE MER-MAN AND THE MARINER.

I never seen a reel mer-queen, and lucky that I haven't. For a reel mer-queen, I mean a mer-queen being played. I ain't no fish, and I'm that cut and dressed a spister lady in a sentimental vein.

But that there day beside the bay, as I wuz exorcising, A-dropping bones and colored stones into a cracker box, I must confess I rather guess I seen a reel mer-queen.

A reel mer-queen, a-setting on the neck! He stroked his beard as him I neared, and wiped his gold-rimmed glasses. Then like a child he sweetly smiled and pressed me horny hand.

"O Mister Man," I then began, "why do ye take such today?" His voice wuz that kind, seemed to blot discordant like a goat. "A little slip, a little nip don't never harm nobody."

And sand in moderation is jest splendid for the throat. "Me ocean caves is full of waves which gives me rheumatism and aches. And off I gets sich sneezing fits I quite disturb my wife, and she says she loves me, but she gives away for organs."

And then he wuz in flames and feeds me catnip tea. "Pull eighty years I've passed right here a-waving of me flippers. And ever since my rheumatism comes me check with horror pangs. For what's the use of getting shoes and socks and bed-room and bath and when you ain't got no toes for hose and both yer feet are tails?"

"The thing I dread is hens," he said, "I don't take much to dole to a timid man like me. And can't, for quite pierce me through with chills of apprehension. I'm mighty glad to hear there ain't no canals in the sea."

"Me heart's so light the slightest rind will send me into spasms. I almost swoond at every sound and keep and hold me breath. Then with a leap he dropped a tear into the salty channel, and said: "His nose he blew and bellowed "Boo!" and scared himself to death.

I never seen a reel mer-queen in all her fond perfection. I've looked in vain, fer I'm quite plain, and girls is hard to find. But not for me to search the sea for family connections. If that there mer-man what I seen is a sample of their kind, —Wallace Irwin, in New York Globe.

MAY MAKE DIAMONDS.

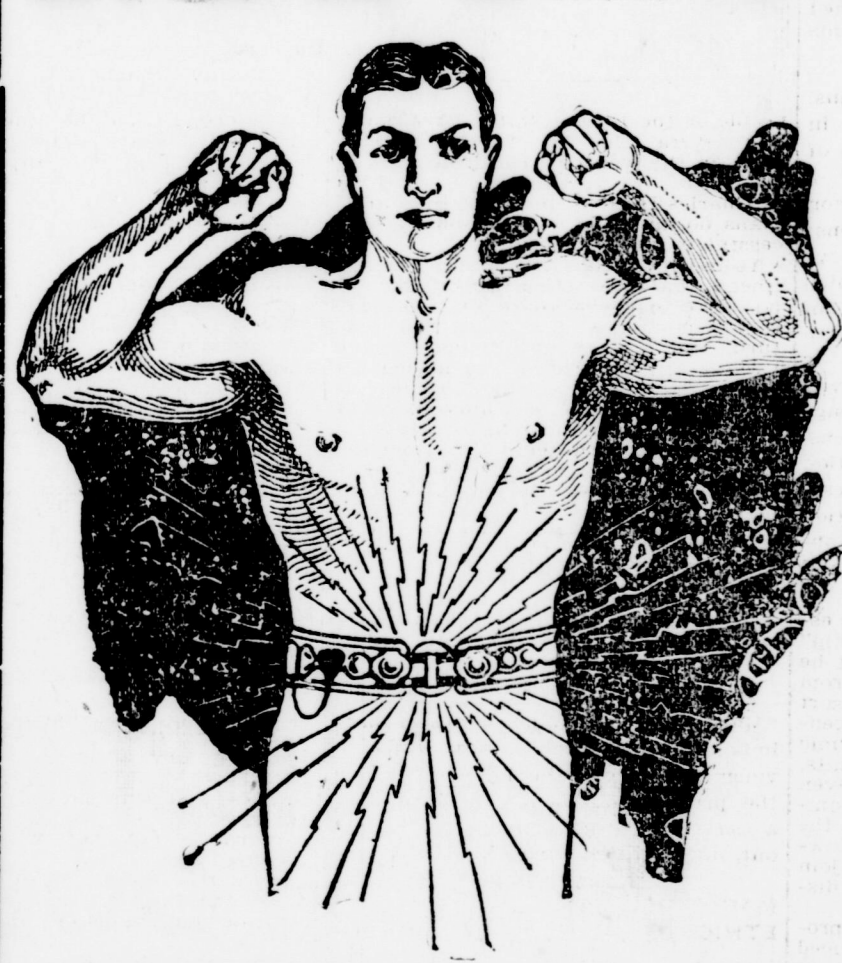
Inventors Hope to Eliminate Silicon From New Compound.

Utilization of waste products has taken a long step forward, according to the latest report of a new compound, as to the method of combination, the well-known silicon and carbon, which is a by-product, and until its identity with the commercial product was established, it was regarded as a waste. Since its value was indicated the waste has been subjected to all sorts of tests and in some instances has shown a slightly greater degree of purity.

Carbonium produced by means of the electric current applied at 1000° C. for a number of hours, which is slightly less than that of the diamond. This fact has started investigations which lead to the hope, based, it is said, on the fact that the silicon may be entirely eliminated from the product.

Carbonium is a pure carbon, chemically the equivalent of the diamond. It is asserted that with a proper selection of materials for combining the silicon and carbon, and by the use of the electric current, a diamond of present production has a high content of silicon, which is a waste. It is claimed to rest content with that if anything more valuable is in sight.

LOST STRENGTH



Varicose, Weakness and Loss of Vigor are quickly and forever cured by the Grand Product of Nature, Dr. McLaughlin's Electric Belt. Send for Free Book.

WEAK MEN, BRACE UP!

Stop the Drain Upon Your Vitality Before it has Destroyed all Your Happiness and Strength.

Don't allow this daily waste to take away all the pleasures of living; don't see yourself losing your nerve force, your manhood, when a cure is at hand. You know that you are growing older and weaker every day; and that unless you cure yourself now you will soon be a wreck. You have pains and aches, dizzy spells, despondency, confusion of ideas, weak back, stomach trouble, constipation, and are growing weaker in every way. Cure yourself now and enjoy happiness for the rest of your life.

Dr. McLaughlin's Electric Belt

With Electric Suspensory for Weak Men, which carries the current direct to the weak parts and cures all weakness of men, varicose, etc. It develops and expands all weak muscles and stops physical decay. No case of Falling Vigor, Varicose or Debility can resist the powerful Electric Suspensory. It never fails to cure. With Belts for weak men, no charge.

I don't ask anyone to buy my Belt on speculation. I don't ask you to take any chances of a failure. I take all the chances of curing you. If you are suffering from Rheumatism, Lame Back, Lumbago, Sciatica, Varicose, Nervous Debility, Constipation, Lost Energy, resulting from exposure and excesses in young and middle-aged men, write to me. Offer me reasonable security and I will make a man of you, and

It Will Cost You Nothing Until Cured.

This drain upon your power causes Kidney Troubles, Rheumatism and Stomach ailments. You know it's a loss of vitality and affects every organ of the body. Most of the ailments from which men suffer can be traced to it.

I have cured thousands of men who have squandered the savings of years in useless doctoring.

My Belt is easy to use; put it on when you go to bed; you feel the glowing heat from it (no stings or burns, as in old style belts), and you feel the nerves tingle with the new life flowing into them. You get up in the morning feeling like a two-year-old.

Well and Strong for Three Years After.

Dr. McLaughlin: Dear Sir, I am well pleased still with the good your Belt did me. It strengthened my nerves and built me up, and I am well and strong now for the past three years since wearing your belt. I think there is nothing better. Yours very truly, J. G. Walker, Canby, Ont.

No man should be weak; no man should suffer the loss of that vital element which renders life worth living. No man should allow himself to become less a man than nature intended him; no man should suffer when there is at hand a certain cure for his weakness, a check to his waste of strength.

Most of the pains, most of the weakness of stomach, heart, brain and nerves from which men suffer are due to an early loss of nature's reserve power through mistakes of youth. You need not suffer for this. You can be restored. The very element which you have lost you can get back, and you may be as happy as any man that lives.

Every man who ever used it recommends it, because it is honest. It does great work, and those whom I have cured are the more grateful because the cure costs so little.

FREE BOOK.

If you want to feel as strong as you used to be, to feel that life is worth living, to get up in the morning refreshed and strengthened for your day's work, and to be certain that you are once more a Man among Men, don't delay writing or calling upon me. Investigate my method and I will prove to you why it will cure you. If you want this book I send it closely sealed. Call for free consultation.

DR. M. C. McLAUGHLIN, 139 Yonge Street, Toronto, Can.

Dear Sir: Please forward me one of your Books, as advertised.

Name.....
Address.....
Office hours—9 a.m. to 5.30 p.m. CUT OUT THIS COUPON.

An opportunity for a young man to start business for himself

There are hundreds of young men throughout the country, who have mastered the details of merchandising, and are now dreaming of the time when they can be proprietors—many of them with a few hundred dollars laid by for the purpose.

Nearly every prosperous well rated merchant of to-day, made a beginning in a modest way.

At the very outset such young men as we have in mind—such as are capable, thoroughly in earnest, reliable, and have saved a little money, say enough to fit up a store and pay for part of their stock, can make a connection with our house, and in short order, they can be at the head of an establishment where men can be outfitted with the best of clothing.

The clothing business is an attractive proposition. It is a live one—always something doing.

We shall be pleased to correspond with men who have decided to make a start for themselves in some live town or city, and who can show some tangible evidence of an earnest effort in that direction, with a view to extending the sale of our "Male Attire" brand of high class tailored clothing.

We propose as part of our scheme to give free advertising and promotion.

The Male Attire Co., Montreal

Please mention this paper

Write us anyway.

WINNERS OF 350 PRIZES J. W. Geddes and P. D. M. Watson, whose picture is here given, are among the foremost athletes in Canada. Mr. Geddes is famous as a mile runner and walking champion, and Mr. Watson for years held the hurdle championship of Ontario.

TRAINED ON

SHREDDED WHEAT BISCUIT

Mr. Geddes writes: "It is with much pleasure I recommend Shredded Wheat as a splendid food. Have used it for years and found it first-class white training food for the athlete. It is VERY NUTRITIOUS, EASILY DIGESTED, and is a fine bone and muscle maker. All my family use it daily."

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