Another Royal Suggestion

COOKIES and SMALL CAKES

From the NEW ROYAL COOK BOOK

WHEN the children in hungry as young bears, here are some wholesome, economical de lights that will not only be received with glee, but will satisfy the most ravenous appetite in a most wholesome manner.

cup shortening oups sugar sup milk

2 eggs
4 teaspoon grated nutmeg
1 feaspoon vanilla extract or
grated riud of 1 lemon
4 cups flour
2 teaspoons Royal Baking

Cream shortening and sugar together; add milk to beaten eggs and beat again; add slowly to creatised shortening, and sugar; add avoring; and flavoring; add 2 cupa flour sisted with baking powder; add enough more flour to make, still dough. Roll out very thin on floured board; cut with coakie cutter, sprinkle with sugar, or put a raisin or a piece of English walnut in the center of each Bake about 12 minutes in hot oven,

Cacoa Drop Cakes

tableapoons shortening

tablespoons abortening cup sugar egg cup milk cups flour teaspoons Royal Baking Powder

MADE IN CANADA smooth, add vanilla. Fut one tablespoon of batter into each greased mustin tin and bake in moderate oven about 20 minutes. Cover with boiled

orange Cakes
tablespoons shortening
cup sugar
cup milk egg milk egg oups floar teaspoons Royal Baking Powder

Steampoons Royal Baking
Powder

I teampoon saint
I teampoon saint
I teampoon orange extract
graced find of 1 orange
Cream's hortening; and sugar
slowly, beating well; add milk
a little at a time; then add
well-beaten egg; sait flour,
baking powder and sait together and add to mixture;
add flavoring and grated
orange rind; mix well. Bake
in greased shallow tim, or individual cake tims, in hotoven 13 to 20 minutes. When
cool cover with orange icing.

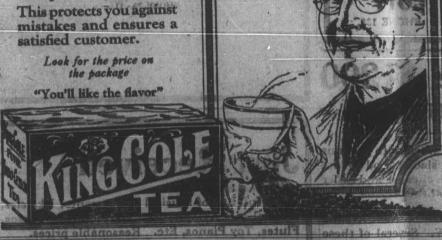
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SHOULD BE YOUR CUSTOMERS. ARE THEY?

A Series of Talks on Music

By Prof. C. C. Laugher, Mus. Bac., Sar-

NO. II.-THE HARP

The name "Harp" is attached to so many of its kind and all the instruments are plucked strings that it is advisable to mention some. The Irish harp is an instrument of the lyre family but having more strings and is only used to play more strings and is only used to play simple melodies and to accompany an-other instrument. The harp-lute was an instrument of the guitar kind and an im-provement was made by Edward Light, who produced this instrument with 12 gut strings, the finger-board having frets on it and a thumb key was fitted to each string, this key when depressed was to adjust the pitch similar to the modern harp and its pedals.

Veterinary Surgeon WEBSTER ST. KENTVILLS.

The harp is one of the most ancient and universal of stringed instruments, and possessed a larger number of strings than the lyre. The strings were plucked with the lingers. The triangular form of the present harp is very similar to that of the Egyprian and Assyrian harps depicted on the ancient monuments. The tape gives to us the idea of it being derived from the bow of an archer, for we find the farther back we go that these instruments are bow-like in shape.

We read that the paintings dated from We read that the paintings dated from the thirteenth century, B. C., have been

discovered at the entrance of the tomb at Thebes, which depicts two priests one at each side of the portal, playing upon harps, these instruments are taller than the players.

We now come to the more modern times and find the harp now tuned in semitones and has a double row of strings.

Receivers and Sellers of all kinds

The Welsh harp has three rows of strings and is sometimes called the triple harp, the gut strings numbering 98. The outer rows produced the natural tones and the centre low gave the sharps and

flats.

The real modern harp has a double Despatches from Ottawa state that the copt of living has taken a turn downward Statistics are produced to prove the case There are three grades of lies, said some body, lies, d lies and statistics.

A merchant can obtain an imitation of MINARD'S LINIMENT from a Toronto house at a very low price, and have it labeled his own product.

This greasy imitation is the poorest one we have yet seen of the many that every low, Dick and Harry has tried to introduce.

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It has been proposed that the name of the Presbyterian synod of the maritime provinces be changed to a more comprehensive title in view of the fact that the bounds of the synod include Newfound and Trinsided. Two names have been proposed, the "Atlantic Synod" and the "Maritime Synod" The question goes to a vote-of the presbyteries to raport before next as semi-circle, the compass of this instrument possessing a triangular outline. It has a straight slender provinces be changed to a more comprehensive title in view of the fact that the bounds of the synod include Newfound and Trinsided. Two names have been proposed, the "Atlantic Synod" and the "Maritime limit to the technique on this instrument as the scales or passages of a chromatic order are almost impossible and even when practicable is ineffective. Simple chords and arpeggios are the most telling on this instrument. With but few exceptions, what music is suitable for the

piano is suitable for the harp. In the modern double action harp by means of the pedal the strings may be raised two semitones, affording great facility for modulations. The strings are arranged in diatonic scale and tuned in flats, the normal scale being E flat. Each lever or pedal controls two sets of disc from each disc project two pins, the strings pass between the pins, but in pressing the pedal half way down, presses the pin against the string, thereby shortening it or making it one semitone higher, by pressing the pedal entirely down presses. the second pin against the string short ening it get another semitone. The sever pedals effect the strings but the eighth governs the damper. The voice of the harp possesses great sweetness, as the strings are not plucked sharply, but gives a sweeping motion, producing a stately effect.

THE NOVA SCOTIA SANATORIUM CHRISTMAS TREAT

The management of the Nova Scotia ium again sends out its reminder to the good friends of this institution, everywhere, that Christmas is approaching. Now, before the rush of our personal celebration of the Season of Goodwill, do not fail to think of the brightness you can add to our institutional Christmas. which, with your help, we always make as home-like and happy as it can be made. as nome-ince and nappy as to can be made.
Contributions of me sey or gifts may be
sent to the Medical Superintendent, Nova
Scotia Sanatorium, Kentville, and all will
be duly and gratefully acknowledged. Those who prefer to send parcels to in-dividual patients may procure the names

We specially ask that you send general We specially ask that you send general gifts for the Christmas Tree in time for us to receive them not later than December 15th, if possible, so that we may know what we have to buy, before the last-moment rush, when shops are "sold

Flowering Plants for the Greenhous We are glad to be able to tell our friends that we now have a Greenhouse, partly stocked, and that gifts of flowering plants to fill it up will be most acceptable.

Minard's Liniment for Disten

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