THE ATHENS REPORTER, SEPTEMBER 26, 1917



------THE MAKING OF TOMMY ATKINS

"We are trying to turn out men at

arms and-I think we are succeeding.

We are trying to turn out men at arms and—I think we are succeeding. That in a dozen words sums up the at-titude of the British army authorities, a enunciated by General Sir Archibald Hunter, G. C. B., a veteran whe spent is years of his life under the source of the source of the sum of the source of the source mudbagotien ones and a few-a very few white soldiers of the Network and finally to overthrow the Mathi's barbarian are first in "making riffemen from mud." as kipling has the londen, Eng., cor-respondent of the New York Times, and the defense, and asw ever since the opening of the great European war has been in command of the Alder-hot training centre. "Now a figure source the is a peace-tic figure on the great European war heat training centre is mare noughly speaking, some 25 miles of the defense, and asw ever since the opening of the great European war heat training centre. "Now are noughly speaking, some 25 miles of the didershot training centre is mare noughly speaking, some 25 miles the didershot inset is a peace-tif hady speaking, some 25 miles the didershot inset is a speace-tif had shady trees, a kind of Fort taken and shady trees, a kind of a brites be-the the asy thick as the stars in the disting ground of England's armies. New, how ver, Aldershot, busy place though if yeas and kiven England a breathing while the navy. "Britain's sure shield," has sond between this centry and the source and given England a breathing while the navy. "Britain's sure shield," has sond between this centry and the source and there the trench-hashon and weld and temper the trench-ant bake that will ultimately give the day out, week after week, month af-ter month, and new yead and trend out to the source and the the trended on the sourd. The heas the succed on the

This time he had better material to world. This time he had better material to start with than the Egyptian fellaheen, and he has succeeded in turning out the most superb infantry ever seen on a modern battlefield, those new armies whose boast it is, and it is ne mean one, that they have lived up to the imper-ishable traditions set by the "first seven divisions" of the original expeditionary force.

IMPORTANT OF BAYONET SPIRIT. Mith a skin browned by African sina and triple row of decorations on his tunic, the outward and visible sign of more than 40 years devated service, General Hunter looked himself 2 very perfect man at arms to-day, when he told a party of American newspaper men what he and his subordinates were do-ing.

a party of American newspaper men what he and his subordinates were do-ing. "We are trying," he said, "to make every man a master of his weapon. The artillery may pave the way, but for ultimate success we must still rely on the three Bs-the bayonet, the bomb and the bullet. We pay special attention to bayonet fighting here, not only for its own sake, but also because in inculates what may be called the bayonet spirit-the desire to get to close quarters and come to graps with the enemy at all costs. If a man goes into a fight with the belief that in a hand-to-hand fight the desire to get to close quarters, it is not al-wars between civilized peoples when tho mea set to close quarters, it is not al-sues, in fact it is comparatively sel-dom that they actually cross bayoners. It usually ends with one man putting up his hands. We are trying to en-sure that it won't be our men; that's all, we have established a moral super-tority over the ilun and we mean to keep it.

imaginable subject from gas deill, which itesches you the proper-and the guick-est-way to put on your gas mean, the same being often a matter of life and death, a death that is a slow tor-ment; to bayonet drill, which teaches you the most effective way to perfor-ate the Hun. Here are a few, a very tew of them: "First aid, barbed wire entanglements, bombing, trench mertars, range find-ing, sniping, scouting, night patroling, mining, physical and bayonet training, in supplay, scouting, night patroling, mining, physical and bayonet training, the use of the sniperscope, an artful combination of rifle and periscope that vexes the heart of old Brer Boche; ma-chine gunning, including the use of vickers, Maxim, and Lewis guns; sig-against gas, and proficiency in a fascin-eting subject known as camouflage, in-vented, as the name shows, by the sprightly Galic mind, which concerns itself chiefly with paint and canvas to the end that that which is deadly may look incocent, and that the innocent may look deadly. The complete camoufleur's motto is: "Things are not what they seen," and he goes about making dum-my guns and circong points" looks on the famome the courses come they so and confounding of the Boche. "The famome the course to dead bayonet this Americanism is current now through the end that share by side day bayonet innocent as possible, to the better un-doing and confounding of the Boche. "The famome the course come those on gas, bombing, and physical played to-day for the banefit of the London corres-pondents of the various American papers. "The GAS COURSE."

for the benefit of the London corres-pondents of the various American papers. THE GAS COURSES. The gas course is naturally divided into two parts, (a), how to gas your enemy, which is the special function of the engineer, and (b) how to protect yourself from being gassed, which is one matter that vitally conserve every one, not only in the line, but may every one, not only in the line, but gas at-tacks can be delivered for only with the gas cloud explicit from the gas at-tacks can be delivered for only with the with gas shells at a lachrynatory shells at any hour of the twenty-four. A gas attack by a could is a com-rictently ticklish one to try anybody's front line of trenches a supply of gas cy-linders, which weigh about 120 pounds and take two men to carry them, or even if the mud is bad. Then these even in the oscies deliver the suf-finders, may be disposed ready for ac-tion at the body of the twenty-four. For defense against gas, the British sedier is better equipped than any other combatast in Europe. He carries (1) that is knewn as the box respirator, a clover arrangement of goggies, mask tubes end y a hostife shell, would in-stance before T. Atkins breathes it in, precisely as the air is purified before it is deter any as the box respirator, a clover arrangement of goggies, mask tubes and valves, whereby the air is purified by passing through certain sub-stances before T. Atkins breathes it in, precisely as the air is purified before it is demard fit for the august lungs of the instance distrem, of the Spanish instates of a familiar of, the Spanish indiction, a content of the spanish indiction of a familiar of, the Spanish indiction and (3) for protection satists indiction of a familiar of, the Spanish indiction of a familiar of the Spanish indiction of a familiar of the spanish indiction of a familiar of the Spanish indiction of a fa

CURING SKIN TROUBLES

So many people, both men and wo-men, suifer from skin troubles, such as eczema, blotches, pimples and irrita-tion that a word of advice is neces-It is a great mistake for such sufferers and those with bad complea-ions to smear themselves with greasy claiments. Often they could not do anything worse, for the grease clogs the pores of the troubled skin and condition actually becomes their Worse

When there are pimples or eruptions, or an irritating or itching rash, a soothing boracic solution may help a social poracic solution may help to allay the irritation, but of course that does not cure the trouble. Skin complaints come from an impure condition of the blood and will persist until the blood is thoroughly purified. It is well known that Dr. Williams' Pink. Pills have effected the best re-sults in many forme of skin disaction. sults in many forms of skin disorders and blemishes. This is due to the fact that these pills make new rich blood. and that this new blood attacks the impurities that give rise to skin trou-Williams' Pink Pills cure skin disor-ders from within the system—the only sure way. It should be added that Dr. Williams'

Pink Pills have a beneficial effect upon the general health. They increase the appetitie and energy and cure diseases that arise from impure blood. You can get these pills through any

medicine dealer or by mail at 50 cents box, or six boxes fo



Sealed Packets Only - Never in Bulk

BLACK, MIXED or NATURAL GREEN

HOW JAPS COOK RICE.

The quantity of water varies according to the qualities of rice, but five parts of water to four of rice, or six

parts to five, by volume, will be comnon proportion. Simply boil the water and then pour

the rice, previously washed, into this boiling water, at the same time in-creasing the flame. The pan cover must fit the pan edge as tightly as possible and also must be a heavy one, enough to withstand the high sieam pressure in the pan, and if it one, enough to withstand the is not heavy enough, put some weights on it. Keep the fire strong. In three or four minutes the steam pushes out of the pan; but let the fire be strong for three or four minutes more, and then, as quickly as possible, withdraw the blasting firs (in case of wood fuel) or make the firs very mild (in case of gas) and let the pan stand on litthe under firs or very mild flame for 20 or 30 minutes. Then remove the pan from the furnace and let it stand fourteen minutes more. This is all the

Rice thus cooked is very delicious to taste and may be eaten by itself without any milk or sugar.

Minard's Linimont Cures Garget In Cows.

GREAT LAKES LEGEND.

Stories of Niagara Falls and o Leelinau, the Fairy Girl.

In eld, old times, on the highest peak of a great mountain, there dwelt a hun ter and his five sparkling daughters Their lodge was of bright betula bark

Their lodge was of bright betula bark, and on clear days they could see the dis-tant occan flashing like a silver band. "Come out! Come out!" cried the younger daughter, the little Er. "Come Sur Come Hu! Come Mil! Come Cla! (The names stand in order for Erle, Superier, Haren, Michigan and St. Clair). Let us away to the sea, where the foaming breakers roar!" So they left their lodge, and leaped and samg with happy hearts. Their robes were of blue and chryselite green, and floated en the breeze. Their moccasins were of painted wind. And they seampered and romped across the plain or floated be-neath the sky, or rushed past valley and bill and field, singing and shouting with gles.

guests went to search for her. They wandered through the grove, and they sought up and down the shore, but in yain! Leelinau was gone, and had left forever the upper world. And no one had seen her go, except one poor fisher lad who was padding his cance near the land. He had watch-ed her wander through the grove, and dancing with a bright Farry Chief whose green plumes noded high above his head. And then together they had van-ished from his sight. And Leelinau the shore of Lake Superlor.-New York "Ey-ening Fost".

RESPECT PROMISES.

Therefore Do Not Make Any Unless You Can Keep Them.

Keep your promises, so don't make ny you cannot fill.

Don't make any in conflict with ments.

agreements. Neglecting the exact terms of a definite promise is after a very serious thing. The keeping of promises in business transactions is the "sheet anchor" in the establishing of credit among one's business associates.

The world of business places great

Not only in all business places great Not only in all business transactions but in everyday life, the keeping of promises should be looked after with

Whatever you do, keep your word, for the man whe breaks his premises even in little things is sure to break them in the more important on

It is a good plan when making a promise as to appeintments to jot down in a memorandum book the nan's mame, so that no mistakes can

It is a question of obligation that is not cancelled until it is paid.

not cancelled until it is paid. The man whose premise or word can be relied upon is the one whose influ-ence is far-reaching in any community or in any business. Keep your promises, so don't make

any you can't fill.-New York Mail.

Chatham, Ont.

Treated which and they exampled and they becomplete and the sky, or ushed past valley between the sky of the

PAPER YOUR FLOOR.

Walls No Longer Enjoy a Mono poly of the Papering Idea.

Three sheets of strong, brown paper, pasted together, with a top covering of ordinary wallpaper, make an excel-lent, inexpensive, sanitary substitute

After cleaning the floor, a sheet of good, strong brown paper is pasted down and allowed to dry. Then a second sheet is laid and allowed to dry thoroughly before laying a third

sheet. If a pattern floor covering is do If a pattern floor covering is de-sired, ordinary wallpaper serves the purpose admirably. It is pasted to the top sheets of brown paper already laid. The whole, being thoroughly dry, a coat of sizing is applied and left to set, after which a coat of good varnish completes the process. This floor covering has all the advantages of real inclum and may be was' od of real linoleum and may be washed

and polished in the usual way.



College Lecturer Says Short Ones Cause Big Food Bills.

Philadelphia, Pa., Feb. 15.—"Short skirts and silk stockings make a sirl sat so much that she becomes bad

"An inch from the skirt equals a pound of beensteak inside." "Thigh heeled choes make a girl's

"Two-thirds of the girls don't know how to dress for the street." "Highly colored dresses are very

dangereus and make a girl irritable." "A callco dress is better than imi-tation silk."

Woman's first duty is to make her

"Woman's first duty is to make her-soff as beautiful as she can." These are a few gems from the law of eletines laid down by Miss Jace Nweemb, a state college ex-tension lecturer, in a talk to a group of women at the Friends' Central schest.

Mins Newcomb gave first the warnmans Newcomb gave first the warn-ing flagt the less a girl wears the more she must eat in order to Reep warm. In the day of short skirts and high Ning costs Miss Newcomb has brought her research work into the "Nelly of facilons" to the conclusion that to Husthen the shirt is to that to lengthen the skirt is to shor

"The girl with money can get en-ough food to keep her warm when she undreases for the street," Miss New-emails went en, "but the working girl whe apende all she earns on clothes to indicate the heirers has so little left for feed that the heirers has so little to indicate the heirers has left for food that she become oned and an easy victim for tuber-

Minard's Liniment Cures Diphtheria. PRESTER JOHN.

Monarch of Fabulous Wealth and Power Remains a Myth.

The general opinion about Prester The general opinion about Prester John cannot perhaps, be better sum-med up then in the cataloguing phrase "a fabuleus medieval Christian mon-arch of Acia." There can be little ques-tion to-day as to his fabulous character; but the persistence of the legis exceeded in remarkableness only by the astonishing num ber of its variants. It is hard to be lieve that the detailed history of Prester John, who occupied such a prom for nearly three centuries, ruling over those vast tracts of country now once again in dispute, has not some founda-tion in fact. When is come how the tion in fact. When it comes, however, to trying to determine just what the facts were, the task is found to be one

ISSUE NO. 39, 1917

HELP WANTED.

WANTED - PROBATIONERS TO train for nurses. Apply, Wellandra Hospital, St. Catharines, Ont.

WANTED MEN FOR GENERAL MILL work; previous experience not es-sential. :000d openings and advance-ment to steady men. For full particu-lars apply "Silingsby Mfg. Co., Ltd., Brantford, Ont."

MONEY ORDERS.

WHEN ORDERING GOODS BY MAIL, send a Dominion Express Money Order.

SALESMEN WANTED.

WANTED SPECIALTY SALESMAN in every city and town, to sell 6 fast selling, 25 cent to \$3,00 articles; no competition in these articles. An at-tractive and big money maker for agents for whole or spare time. No selling ex-perience necessary. Write to-day for full information. The Britannia Spec-ialty Co., Box 102, Hamilton, Ont.

ried in front of him; whilst in his kingdom there was "no poor, so no thief or robber, no flatterer or miser, kingdom there was "no poor, so no thief or robber, no flatterer or miser, no dissensions, no lies, and no vices." Even when all this has been said, the half has not been told. For was he net waited on by seven kings at a time; sixty dukes, and 365 counts? Did not twelve archbishops sit at his right hand and twenty bishops at his left? And yet this so great a king remained only a prospyter. If it were asked why, it would be answered because of his humility, and also because there was no title left under heaven great en-ough to comprehend his greatness. So popular was this letter that many cop-ies were made, of which no fewer than forty-six are still extant. The legrend was so firmly establish-ed, and although nobody ever saw the great king, or really visited his king-dom, travellers were forever seeking te identify him with this or that one amongst the potentates whose shad-owy forms held sway over the great unknown wastness of the East. Thus, about the year 1221, when Jenghiz Khan began his march werst, and ru-more flew through every city of Eur-

about the year 1221, when Jenghiz Khan began his march west, and ru-mors flew through every city of Europe that some great potentate was at-tacking the dreaded Moslem powers in the rear, Jenghiz was identified with the rear, Jenghiz was identified with the son, or grandson of Prester John. Then them were the discoveries of Then there were the discoveries of Marco Pole, who identified him with Unc Khan, the Prince of Keralt, or Unc Khan, the Prince of Keralt, or again with the rulers over the Plain of Kuku-Khotan, some 300 miles west

of Pekin. By the clase of the fourteenth century, the legend, as far as Asia was concerned, had faded out; but it was a persistent legend, and when Asia had a persistent legend, and when Asia had obviously no further use for it, it re-appeared in Africa. And here the pro-babilities of a foundation in fact, namely, in the person of one of the kings of Abyssinia, are much more in evidence. Indeed, by the fitteenth century Prester John had quite de-finitely found his seat in Abyssinia, so that, when John II. of Portugal was presecuting inquiries as to access to presecuting inquiries as to access to India, one of his first cares was to seek to open communication with "Prester Jehn of the Indies," who was understood to be a Christian Monarch in Africa. It is curious, however, that right to the end, for shortly after John II.'s time the legend began to loss its hold en popular though, Pres-ter John remained a really mythical character .Everybody had heard about him: but nobedy had even soon him but nobedy had ever seen him. him; -Christian Monitor.

Minard's Liniment Cures Distemper.

Spanish Irishmen.

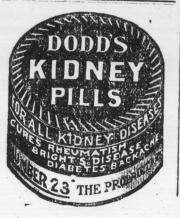
A recent writer draws attention to the connection which has long existed the connection which has long existed between Ireland and Spain. In the days of the "Wild Geese," when Irish-men were carving out futures for themselves as soldiers of fortune in many lands, they went in large num-bers to Spain. Then again large numbers of Irish men and women, many of them belonging to well-known families, emigranted to Spain in the early days of the nineteenth century. All these emigrants were adopted by the

I was cured of painful Goltre by MINARD'S LINIMENT. BAYARD MCMULIN. I was cured of Inflammation by

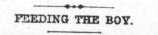
iorit, keep

all, we have extablished a moral super-iority over the Hun and we mean to keep it. "In carrying out training we find games of enermous use to us. Cricket-ers are our best bombers. Boxing gives the quickness of hand, brain and eye that is so essential in bayonet flight-ing, and sprinters and hurdlers are very useful people when it comes to a bay-onet charge and the attacking infantry has to get over or through barbed wire that has only been partially cut and must jump across into trenches, and i think, " concluded the general, "that just as the Canadians have done, your people will find baseball a great asset when it comes to learning bombing." Aldershot, as well as being a centre for training of iarge bodies of the specialized and intensive training of the so having gone through a focurse in this, that or the other sub-ject, then return to their units anywhere in bulk, is the other station for the specialized and in France dyring, that period misnamed "rest" where troops come from the trenches only to fall into fhe hands of the schoolinastre-is are mark of the schoolinastre-is are mark of the schoolinastre-is are mark of the schoolinastre-is are mark. There are courses in across to get the service who have the schoolinastre-is are mark. There are courses in every

Leave is hard to come by and courses re many. There are courses in every



Dr. Williams' Medicine Co., Brockville, Cnt.



Give Every Healthy Youngster Diet His System Craves.

growing boy-the active The healthy, normal boy-is a better judge of his diet than mother or father or doctor. He needs every kind of food, plenty of it, and his system will naturally crave for just those foods that best for him.

Such, in substance, is the theme of an article in the National Food Maga-zine by Dr. H. E. Barnard.

There are two kinds of food-proteins, with which the body is built up, and the growing boy needs as much of these as the full-grown man, often these as the full-grown man, often more; corbohydrates, which are the fats and sugars and starches that sup-

fats and sugars and starches that sup-ply heat and energy. The boy's protein food need not all be meat. Dr. Barnard says "it is bet-ter that no small part of this nitroge-nous food come from milk and eggs, cheese, beans and peas. If he has plenty of these rich and relatively cheap foods he will not crave meat so inordinately as some growing boys inordinately as some growing boys do," Dr. Barnard continues:

ab, Dr. Barnard concluses. "The boy needs a large quantity of carbohydrates. That is why his de-mand for bread and butter is limited mand for bread and butter is finited only by the supply at hand; and when he uses almost as much butter as bread, do not stint him. By the pound butter is expensive, but it is pure, wholesome food, and he can use it readily. It will not make him ill; readily the contrary. quite

"And do not be afraid of sugar and sweet foods. Sugar is a true concen-trated food. Give him candy for des-He craves it and his craving is sert. natural, not abnormal. "The boy's instincts will lead him to

choose the all around diet he needs."

Many a woman who is brave enough to face a burglar may be shy when it comes to facing the cook in her own kitchen.



facts were, the task is found to be one well-nigh impossible. Whoever he really was, however, his history partakes of the nature of a series of tableaux. With wonderful stage management, the great charac-ter does not appear at the beginning, on the stage. He is talked about in the streate of mediaval Rome: a putter

on the stage. He is talked about in the streets of mediaeval Rome; a myster-ious person, "John, the patriarch of the Indians," moves rapidly across the stage, as it were, in the early years of the twelfth century, and leaves all Rome agog with storics of the won-ders that had been performed at the shrine of St Thomas in India bers that had been performed at the shrine of St. Thomas in India. Then, after much further talk of the great Christian kingdom in the East, Pres-ter John makes his appearanct. He is "a king and a priest." He dwells in the "extreme Orient beyond Persia and Armenia, a Christian, albeit a Nestor-ian who had set out from his distorian, who had set out from his distant kingdom to fight for the church at Jerusalem, and was prevented from achieving his purpose only by lack of transport to carry his army across the Tigris."

Hardly had the excitement occasion ed by his story, which is related in de ed by his story, which is related in de-tail in the chronicle of Otto, bishop of Freisingen, subsided, when all of Christendom was thrilled with the news that the Emperor Manuel had news that the Emperor Manuel had received a long letter from the great monarch of the East. It was signed "Presbyter Joannes," and the writer who described himself as the greatest king under heaven, declared that sev-enty-two other kings, reigning over as many kingdoms, were his tributories. many kingdoms, were his tributaries, and that, within his vast dominions, were to be found all the wonders that men had ever dreamed of, all fabulous beasts and all the fabulous races which had ever been made the subject of story. In his kingdom were to be seen the ruins of the Tower of Babel, the Fountain of Youth, the Sea of Sand beasts and all the fabulous races which Fountain of Youth, the Sea of Sand and the Stream of Precious Stones. When the king went to war, thirteen great crosses of gold, were car-

country, and they adopted it whole-heartedly-so whole-heartedly, indeed, that as the writer already referred to pointed out, hardly any of their pres-ent representatives speak English at ent representatives speak English at any rate, as "a native tongue," and they have lost all touch with Irish life. They have retained their names, how-ever, unaltered, and in the Spanish army list are to be found many such names as O'Connor, O'Neil, Ø'Bonnell, Shaw, and so on.—Christian Science

Minard's Liniment Cures Colds, etc.

Father of the American Navy.

A native born Irishman that the members of his race are particularly proud of is Commodore John Barry the "Father of the American Navy. He was born in Wexford, Ireland, in 1745. His father put him on a merchant ship before he was twelve years old, and at fourteen he was employed on a ship sailing from Philadelphia. on a snip saining from rainageipna. He was a master of ships before he was twenty-one years old. When the Revolution began Barry was employ-ed by Congress to fit for sea the first fleet which sailed from Philadelphia. Barry commanded the Lexington, which captured the first British war vessel taken by a regular cruiser. Blockaded by a superior British fleet in the Delaware, he landed with his sailors and marines and joined Was ington's army.—Detroit Free Press. Wash-



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