

JUST ONE CURE FOR ANAEMIA

It is Through the Rich, Red Blood
Dr. Williams' Pink Pills
Actually Make

There is just one cure for anaemia—more rich, red blood. Anaemia is simply a bloodless, run down condition. Then the body becomes weak from overwork, worry or illness, an examination of the blood will show it to be weak and watery. The common symptoms are paleness of lips, gums and cheeks, shortness of breath and palpitation of the heart after the slightest exertion, dull eyes and a loss of appetite. Anaemia itself is a dangerous trouble and may pass into consumption. It can only be cured by making the blood rich and red, thereby enabling it to carry the necessary nourishment to every part of the body.

It is a proved fact that Dr. Williams' Pink Pills have cured thousands and thousands of cases of anaemia. They are really intended to make new, rich blood, and are compounded in the most scientific manner with the finest ingredients for the blood known to medical science. These Pills are not a cure-all. They are intended to cure only those diseases that have their origin in poor, watery blood, and starved, weakened nerves, and the record of their success in doing this is their constantly increasing popularity in every part of the world.

Mrs. R. Colton, Golden, B. C., says: "As a matter of duty I wish to say a word in praise of Dr. Williams' Pink Pills for what they have done for my daughters, one 16 and the other 18 years of age. Both were pale and bloodless and suffered from many of the symptoms of anaemia. They would tire easily, suffered from frequent headaches, were easily discouraged, and often fretful. I saw in our home paper the story of a young girl who had similarly suffered and was cured through the use of Dr. Williams' Pink Pills. I bought three boxes of the Pills and my daughters started to take them. Before they were done they began to feel better and look better, and I got a half dozen more boxes, and by the time these were used, they were enjoying the best of health, with rosy cheeks and not like the same girls at all. I also gave the Pills to my little boy who had rheumatism, and they completely cured him."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

SIX MONTHS TO COOL.

The largest steam hammer in the world has been made at Pittsburgh, Pennsylvania. It is used for forging steel plates of enormous thickness and size, is ten feet square and strikes a blow of 20 tons. The anvil block upon which its fearful impact descends is a solid cube of twelve feet, and weighs 180 tons. It was cast upon the foundation it now rests on, and it took the molten contents of six cupolas to make the block. When it was cast the Pittsburgh fire department sent six fire-engines to the scene, and kept them there for a week, or until all danger that the fearful mass of molten iron might burst its bonds, or by its exploding gases fire the neighborhood, had ended. It took nearly six months for the anvil to cool, so that the sand mould might be dug away, and even then workmen could not touch it with their hands.

AN INVALUABLE MEDICINE

Mrs. W. Arnold, Edmonton, Alta., writes: "Kindly send me a box of Baby's Own Tablets. They have been invaluable to me and I really do not know how I ever would have got along without them. Baby was poorly; his digestion was bad and he was constipated. I gave him the Tablets and they made a fine healthy boy of him. Now, whenever he is cross or troubled with constipation, I always give him the Tablets and they relieve him right away. I tried a lot of other medicine, but nothing seemed to agree with him till I got the Tablets. I would not be without them." The testimony of Mrs. Arnold is that of thousands of other mothers. Everyone who ever uses Baby's Own Tablets has words of praise for them. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

THE OLDEST MAP.

After some controversy about the age of various maps that have come down to us from ancient times it has been finally determined by savants that the oldest is in the form of a mosaic in a Byzantine church at Malaba, in Palestine. It is about 1,700 years old and purports to be a map of a part of the Holy Land.

AN UNEXPECTED ELEPHANT.

A Hunter's Experience in an Indian Jungle.

While looking for bison, it was the luck of Mr. E. P. Stebbing, author of "Jungle Byways in India," to confront an elephant, which had approached within a hundred yards of the sportsman before he was seen.

As he still continued to approach and gave no sign of having winded us, we got off the path and stood behind four small, stunted sal-trees, which happened to grow close to it. Luckily, we were heavily armed; but the regulations laid down on the shooting permit against shooting elephants were strict and plain.

On came the huge animal. I doubt if I shall ever see a finer pair of tusks. So great was their length that it almost looked as if it was necessary for the animal to keep its head up to prevent their catching the ground and tripping him. Truly, he was a lordly beast as he advanced, and I found myself almost praying that a shot might be necessary.

That elephant came on absolutely unconsciously, until we computed that six strides would bring him into the middle of us.

He then came to a sudden halt. Forward came the ears in a great flop and up went the trunk, and he stood the very embodiment of vigilance, and, so it appeared to me, of acute strung senses, of mischief as well. We all stood for what seemed to me an interminable space of time. Probably it was at most half a minute.

Our good luck was with us, however, for after standing like a statue for the half-minute, the great beast swung round like a totem and went crashing off through the grass and up an opposite hillside before one had realized that he was not going to charge.

I must say that we all heaved great sighs of relief when the tension was over.

There is little doubt that we should not have made the mistake of letting him get so close. Had he charged from where he was, the odds are that he must have got one of us.

NON COMMITTAL.

"Oh, Jack," said the blushing girl, "have you seen father?"

"Yes, I have come straight here from his office," replied the young man.

"And did he give his consent?"

"I couldn't quite make that out. He seemed disinclined to commit himself definitely."

"Why, what did he say?"

"He didn't say anything at all."

"Did you ask him?"

"I said: 'Sir, I wish to marry your daughter. Have I your consent?'"

"He turned and looked at me a minute. Then he began to grow red in the face, and then he grabbed me and threw me over the banisters, and before I could ask him again he had slammed his door and locked it—but he didn't say anything either way."

A Ready Weapon Against Pain.—There is nothing equal to Dr. Thomas' Electric Oil when well rubbed in. It penetrates the tissues and pain disappears before it.

There is no known preparation that will reach the spot quicker than this magic Oil. In consequence it ranks first among liniments now offered to the public and is accorded first place among all its competitors.

EARLY TO BED RULE A MYTH.

London Specialist Says Brain Workers May Retire Any Time.

The old proverb, "Early to bed and early to rise," was very popular with our grandfathers, but, according to a leading London physician, a specialist in mental diseases, there is little truth in the statement that such action will make you either "healthy, wealthy or wise."

"Go to bed as late as two in the morning if you like and if you can get eight hours' sleep it will make no difference in your health," he says. "Some people who lead lives of mental activity make the mistake of hurrying to bed at 10 or 11 o'clock because they are obsessed with the idea that one hour's sleep before midnight is worth two sleep afterwards. They go to bed, switch off the lights and flatter themselves that they are doing the right thing, but it often happens that they begin to worry and fidget simply because they have gone to bed too soon."

"It's all right for the working-man to get well to bed before midnight—his fatigue is purely physical; but with the mental worker there is little physical tiredness. If he comes home at half past 11 from a theatre or a long day's work he should take at least an hour to go to bed. He should read something light which will not disturb him mentally, then go quietly to rest."

When an otherwise sane man spends the day fishing he thinks that he's a sport.

FARMER'S WIFE TELLS HER STORY

FOUND A CURE FOR ALL HER ILLS IN DODD'S KIDNEY PILLS.

She was tired, worn-out and nervous, and suffered from Rheumatism, but two boxes of Dodd's Kidney Pills cured her.

Hawthorne, Ont., May 22 (Special).—Mrs. T. G. Alexander, wife of a well-known farmer living near here, adds her testimony to that of the thousands who have learned from their own experience that Dodd's Kidney Pills cure Kidney Disease.

"I suffered for twelve years," Mrs. Alexander says. "My back ached, my sleep was broken and unrefreshing. I was nervous and tired and I was troubled with heart flutterings. Rheumatism developed and added to my suffering."

"I was in a very run-down, worn-out condition when I started to use Dodd's Kidney Pills, but I am thankful to say they gave me relief almost from the first. Two boxes cured me completely."

Dodd's Kidney Pills cure the Kidneys. Cured Kidneys mean that all impurities are strained out of the blood. That means pure blood all over the body and the banishment of that tired, heavy feeling and those pains and aches that impure blood brings.

NO NEED TO ASK.

"Does your wife ask you for things she knows you can't afford?"

"She hasn't asked me for a thing since we were married."

"Great! How do you manage it?"

"When she wants a thing she does not ask me; she tells me."

"I see the villain in your face, sir!" cried the insulting counsel.

"What a curious reflection!" mused the imperturbable witness softly.

We have no hesitation in saying that Dr. J. D. Kellogg's Dysentery Cordial is without doubt the best medicine ever introduced for dysentery, diarrhoea, cholera and all summer complaints, sea sickness, etc.

It promptly gives relief and never fails to effect a positive cure. Mothers should never be without a bottle when their children are teething.

It is difficult to convince the head of the house that two heads are better than one.

Minard's Liniment used by Physicians.

EXCELLENT REASON.

Pottle—"Why did you break off your engagement with that school teacher?"

Poof—"If I failed to show up at her house every evening, she expected me to bring a written excuse signed by my mother."

The teacher had offered a prize for the best essay, the subject to be "The Reward of Laziness." When the compositions were handed in it was found that one boy had submitted a sheet of blank paper. He won the prize.

Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Exterminator to drive out the parasites.

Your wife, as well as your sins, will find you out.

Minard's Liniment Lumberman's Friend.

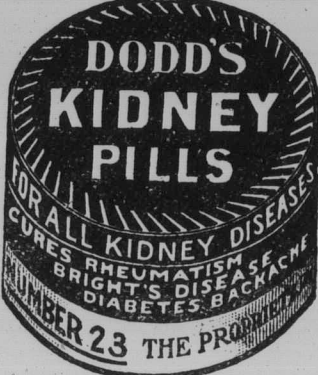
"Ah, Mr. Smith, I hear you have got into your new house. Are you all settled yet?" "All except the rent."

Hard and soft corns both yield to Holloway's Corn Cure, which is entirely safe to use, and certain and satisfactory in its action.

SAD OUTLOOK.

Mistress—"I'm sorry you are going to leave, Marie. Are you going to better yourself?"

Marie—"No, ma'am. I'm going to get married."



ISSUE NO. 22-11.

ENGLAND IS BETTING MAD.

Great Increase in Gambling Is Reported.

Gambling is on the increase in England. According to reports from the British Anti-Gambling League, organized gambling is making gigantic strides, and this despite the fact that the police have made it very difficult for one to place bets in London and the other big cities of the kingdom.

It is stated that whereas a century ago there were only twenty bookmakers in Great Britain and Ireland there are now some 30,000 men getting their living wholly or partly in this way.

The turnover is estimated at about \$400,000,000 on horse racing and \$150,000,000 on football and other sports.

The gambling evil, too, is spreading alarmingly among women and children and is restricted to no particular class of society. There have been forty-six cases of women bookmakers before the courts in the last year.

The league has protested to the government against the receipt of foreign lottery circulars and called the attention of the police to the existence of many girls' betting clubs.

To show how deeply the gambling passion has taken hold, the directors of the league declare there are many bookmakers who stoop so low as to take bets for sixpence or a shilling from girls or boys.

HAVE YOU A BAD SORE?

If so, remember these facts—Zam-Buk is by far the most widely used balm in Canada! Why has it become so popular? Because it heals sores, cures skin diseases, and does what is claimed for it.

Remember that Zam-Buk is at the same time healing, soothing, and antiseptic. Kills poison instantly, and all harmful germs. It is suitable alike for recent injuries and diseases, and for chronic sores, ulcers, etc. Test how different and superior Zam-Buk really is. All druggists and stores at 50c. box. Use also Zam-Buk Soap. Relieves sunburn and prevents freckles. Best for baby's bath. 25c. tablet.

Wife—"I want to talk with you about some things we need for the home." Husband—"What are they?" Wife—"Well, to begin with dear, don't you think we need a new hat?"

Even at that your neighbors know a lot about you that they never tell.

And lots of people who think they have nothing but trouble, don't know what trouble really is.

Keep Minard's Liniment in the house.

THE WAY HE'D RUN IT.

A bright little lad heard his parents talking about the salaries of teachers. "I don't see why they should pay the teachers," he said, very seriously, "when we children do all the work."

TRY MURINE EYE REMEDY. For Red, Weak, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, \$1.00. Murine Eye Salve in Aseptic Tubes, 25c, \$1.00. Eye Books and Eye Advice Free by Mail. Murine Eye Remedy Co., Chicago.

"Are you a married man?" asked the absent-minded lawyer who was putting a witness through a searching cross-examination. "No, sir," replied the witness; "I am a bachelor." "Very well, sir," continued the lawyer. "Now tell me how long you have been a bachelor, and what the circumstances were that induced you to become one."

A Pill for All Seasons.—Winter and summer, in any latitude, whether in torrid zone or Arctic temperature, Parmelee's Vegetable Pills can be depended upon to do their work. The dyspeptic will find them a friend always and should carry them with him everywhere. They are made to withstand any climate and are warranted to keep their freshness and strength. They do not grow stale, a quality not possessed in many pills now on the market.

"Most of our ills are purely imaginary." "Yes," replied the materialist. "But when you eat mushrooms and develop toadstool symptoms there is usually something more than imagination to be reckoned with."

REST AND HEALTH TO MOTHER AND CHILD. Mrs. Winslow's SOOTHING SYRUP has been used for over SIXTY YEARS BY MILLIONS OF MOTHERS FOR THEIR CHILDREN WITH TREMENDING SUCCESS. IT SOOTHES THE CHILD, SOFTENS THE GUMS, ALLAYS ALL PAIN, CURES WIND COLIC, and is the best remedy for DIARRHOEA. It is absolutely harmless. Be sure and ask for "Mrs. Winslow's Soothing Syrup," and take no other kind. Twenty-five cents a bottle.

If you don't believe honesty is the best policy, try it.

Ask for Minard's and take no other.

School of Mining

A COLLEGE OF APPLIED SCIENCE. Affiliated to Queen's University. Kingston, Ont. For Catalogue of the School and further information, apply to the Secretary, School of Mining, Kingston, Ont.

A man may sidetrack a lot of temptation by getting himself locked up in jail.

"You think Jinks is a better conversationalist than Smith? Why, neither one of them ever says anything sensible." "I know, but it takes Smith longer to say it."

"Do you think you can help me, doctor?" "Well, I should think so, with the experience I have had. I have been attending a man with your complaint for the last twenty years."

CURED HIS RHEUMATISM.

Yarmouth, N.S., June 2, 1908.—"I have been bothered with Rheumatism for the past year and have taken a good many kinds of medicine and found no relief for it."

"One day a friend advised me to try Gin Pills, so I did, and after taking only one box of them, I felt like a new man. I thought I would write you a few lines to let you know how thankful I feel for the relief they gave me, and would advise all sufferers from Rheumatism to get Gin Pills."

WM. CONTY. Sample free if you write National Drug & Chemical Co. (Dept. W.L.), Toronto. All dealers have Gin Pills at 50c. a box—6 boxes for \$2.50.

A BAD ADVERTISEMENT.

Druggist (to his stout wife): "Don't come in just this minute. I am about to sell six bottles of my fat-reducing mixture."

CHILLSOME.

"I once proposed to a girl in a conservatory."

"With what result?"

"I lot of expensive plants were nipped by the frost."

Parent—"My wife and I were particularly gratified over a letter received from our boy the other day announcing that he leads his class." College Professor—"Ah, yes. The boys march into class in alphabetical order."

Rheumatism, Neuralgia and Sore Throat will not live under the same roof with Hamlin's Wizard Oil, the world's best liniment for the relief of all pain.

Unprepossessing Female (to photographer)—"How much would you take me for?" Photographer—"About sixteen, madam." She ordered five dozen cabinets of him at once.

Minard's Liniment Co., Limited.

Gents.—I have used your Minard's Liniment in my family and also in my stables for years and consider it the best medicine obtainable.

Yours truly,

ALFRED ROCHAV, Proprietor Roston Pond Hotel and Livery Stables.

"I should like," said a book-cannasser to a merchant whose sanctum he had invaded, "to call your attention to a little work which I have here." "And I will call your attention to a mighty mass of work which I have here!" replied the man at the desk.

They Soothe Excited Nerves.—Nervous affections are usually attributable to defective digestion, as the stomach dominates the nerve centres. A course of Parmelee's Vegetable Pills will still all disturbances of this character, and by restoring the stomach to normal action relieve the nerves from irritation. There is no sedative like them and in the correction of irregularities of the digestive processes, no preparation has done so effective work, as can be testified to by thousands.

IMMATERIAL.

A stout, gorgeously-arrayed woman sat talking to a friend. Her husband had just come into a considerable fortune, and, like many other persons who have been born in the country and lived their business life in the city, had begun farming in an amateur way. In their case, however, it mattered little whether crops were good or bad.

"Yes," the lady remarked, "since John's uncle died we have a nice country house, horses, cows, pigs, hens, and—"

"That must be charming," broke in the other. "You can have all the fresh eggs you want every day."

"Oh, well," hastily interrupted the first speaker, "of course the hens can lay if they like to, but in our position it isn't at all necessary."

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FRUIT FA

able, up to 20

S. BOOK

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WESTERN LANDS

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FARM SCALES, A

Scale Works.

1,000,000 SACKS

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will furnish at 10c

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NEW UPRIGHT PI

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Scale Works, Esplanade,

WOMEN WANTED to take orders

spare time, no experience nec

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mothers and girls. Apply Dept. A, Bri

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SPECIALISTS ADVISE FREE. Consult

us in regard to any disease. Lower

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frustrated by mail. Send measure

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stores to Dr. Bellman, Collingwood, Ont.

W E pay the express in Ontario. Forty

a weeks Yorkshire, registered, ten

dollars each. Write for what you want

Thos. N. Havens & Son, Aldboro P.O., Ont.

The Soul of a Piano is the

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Piano Action

CLEANING LADIES'

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