SACRAMENTAL BELLS.

The sacramental bells ring warning

To say the Living Bread
Is near, and that the faithful bend
the knes
And bow the reverent head.

To waiting souls, the Elevation

bells,

Jesu, proclaim 'tis Thee—
And, hearing them, Thy priest's
young bosom swells
In grateful ecstasy......

bell brings
To his pure heart of fire?
In his anointed hands he holds the
King of kings,
His God—his sole Desire!

Yet other kind of joy-note in the

peal
Sounds, when—in bridal dress—
At Nuptial Mass, two Christian
lovers kneel.
Praying Thee, Lord, to bless.

Bringing our dead relief.

Ah! but— of all these bells— the sweetest far

Is one as yet unrung;
On dying ears, it tinkleth from alar,
With Miserere sung.

I dream I hear it-thro' a thick'ning

Nearing my chamber door; Bear swifter, priest, the Precious Lu

Sweet little bell, beside my death-

bed rung.
This last bell is the best......
The Host is placed upon my parch-

ed tongue—
Ring for my Marriage-Feast!
—M. M. de J.

DON'T BE UNEASY .- Many boys

DON'T BE UNEASY.—Many boys, without being conscious of it, are constantly wriggling. They fidget when standing, and do not know what to do with their hands. When sitting, the trouble is with their feet, and with these keep up a tapping or other motion, thus causing an unnecessary and unpleasant noise especially in the presence of strangers. Let each boy who reads this train himself like the soldier, "to stand at ease," and to sit at ease, and he'll show that manners count more than giddiness or care-lessness.

ple of Robert Bruce and the spider is a mood one on this point. You may not be blessed with a gifted memory, a bright intellect and a quick apprehension to grasp things, but pitch in with a determined will and keep at it, and success will crown your efforts. "Perseverance overcomes all-obstacles," should be your motto.

WISE MAXIMS.—1. A thought at the start sayes a groan at the end.
2. Don't strive after too many things at once.
2. Duty well done brings a peace-

charist, And cross the threshold o'er!

or ran through the per fell. At that morement of her chamfus was on her for the martyred rength to tread thosen. It was a work that his proughly determined his proughly was an anore Loftus found upplusess.—Magdalen.



Play of Wash Day PRISE

p which has res easy and quick wash-Breally makes Child's SOAP MPG. CO.

and Liquidator. LES STREET,

ntreal. experience in connec-quidation of Private Estates. Auditing-ring Annual Reports-and public corpora-

ed on Real Estate. of Real Estate, such action of Rents, and and Life Insurance, of Real Estate. Per-given to all mat-

THOLIC

N sess a copy of tudent's Manual and Prayers."

2. Duty well done brings a peaceful rest.
4. Lock the door against Applause
unless you have Humility for the
porter.
5. A river is longer than a spring;
so should your thinking be longer
than your reading.
6. Don't be enticed into wrongdoing by evil associates. ar. Compiled by a under the immediate of Rev. H. Rouxel, rofessor of Moral Grand Seminary, Canada.

GOOD ADVICE TO BOYS. —You are learning a trade. That is a good thin to have. It is better than gold. Brings always a premium. But to bring a premium a trade must be perfect—no silver-plated affair. When you go to learn a trade do so with a determination to win. Make up your mind what you will be, and be it. Determine in your own mind to be a good workman.

Have pluck and patience. Look out for the interest of your employer—thus you will learn to look out for your own. Do not wait to be told everything. Remember and act as though you wish to learn. If you have an errand to do start off like a boy with some life. Look about you see how the best workman in the shop does and copy after him. Learn to do things well. Whatever is worth

tience. They work at a trade until they see about one-half of its mystories, and then strike for higher wages. Act as if your own interest and the interest of your employer were the same Good mechanics are the props of society. They are those who stick to their trades until they learn them. People always speak well of a boy who minds his own business, who is willing to work and seems disposed to be somebody in time. Learn the whole of your trade.

Our Boys and Girls.

chimes
Bring not an equal joy;
And yet—to each and all — they
give, at times,
A bliss without alloy. NEVER — Never is a small word, but it has a very significant meaning. A stirring story is told of an attempt made a few years ago to rob a station agent on the New York, New Haven and Hartford Railway. Four masked men, finding him alone in the station house, presented a revolver, and commanded him to open the safe. "Never!" exclaimed the heroic agent, and cried for help. Before his wife and daughter could come to his aid, followed by the aeighbors, the agent was brutally beaten, though the rufflans did not dare to shoot him. It seems to be taken for granted, in too many accounts of similar attempts, that a pistol at the head is sufficient reason for the abandonment of trusts. Not so thought this particular agent. He was of the stuff of which heroes are made. And, indeed, any man who is worthy to hold any position of confidence, rather than abandon that trust will also be prompt to cry "Never!"—though it be at the cost of his life,—to all threats of evil, and all temptations to wrong-doing. They sound like fairy bells from a world apart,
At twelve years old, and less,
When—for the first time — in our simple heart
We feel a God's caress. At a First Mass, the Consecration Who shall reveal what such a joyto wrong-doing.

When, through the black-drap'd church tolls mournful knell, Nought can assuage our grief Save the blest chiming of the altar EVERYTHING IN ITS PLACE. -John Albion Andrew, the great war governor of Massachusetts, had the good fortune to spend his boyhood on a farm in Maine. His father and mother, though of genial humor, were rigid disciplinarians, and he had occasion in after life to these these casion in after life to thank them for training him to orderly habits

every-day matters.

One of his sisters related not long every-day matters.

One of his sisters related not long before her death, which occurred in 1897, that Albion was summoned home from school one day by his mother, who merely pointed to the boy's cap, which he had carelessly left on the floor. The hint was enough. Without a word he picked up the cap, hung it on the proper peg, and promptly went back to school.

The father also strictly enforced the rule, "A place for everything and everything in its place." A pitchfork, in common use for foddering the cattle, was always to be kept standing in a certain corner of the barn, where he could lay his hand on it in the night, without a lantern. On one occasion he felt for it in vain and called the boys to account. With a mixture of chagrin and amusement, they reported that "Father was mighty particular for the fork wasn't more'n two inches out of place."

An IDLE LIFE NOT HAPPY.—
Many people think that an idle life
must be a pleasant one, but there
are none who enjoy so little, and are
such burdens to themselves, as those,
who have nothing to do. Those who
are obliged to work hard all day enjoy that short periods of rest and who have nothing to do. Those who are obliged to work hard all day enjoy their short periods of rest and recreation so much that they are apt to think if their whole lives were spent in leisure it would be the most pleasant of all. But this is a sad mistake, as they would soon find out if they made a trial of the life they think so agreeable. One who is never busy can never enjoy rest, for it implies a relief from labor. And if our whole lives were spent in amusing ourselves, we should find it more wearisome than the hardest day's work. Recreation is only valuable as it unbends us; the idle can know nothing of it. Many people leave off business and settle down to enjoyment; but they generally find that they are not nearly so happy as they were before, and they are often glad to return to their old occupation to escape the miseries of indolence. DON'T BE DISCOURAGED.— One little word to our young scholars. You have started at school again. Everything in the beginning seems easy and pleasant and you enter into your work with zeal. According as the days pass on the work gets more difficult, and the bright clouds change and are overshadowed with dark and threatening ones. Don't therefore be discouraged. Remember that the careful, steady plodder has accomplished far more than the "meteoric flash" scholar. The example of Robert Bruce and the spider is

A TRUE ACCOUNT OF A DOG.

A TRUE ACCOUNT OF A DOG.—
Whack is a dear old setter dog who
lives in Harford County. A few years
ago he spent the winter in New
York at the house of Mrs. Spencer,
who is the sister of his master. Mrs.
Spencer has two little boys, Ambrose and Herman; and Whack was
their devoted friend and accompanied
them in their daily walks.

The boys had also, among other
pets, two little white rabbits, of
which they were very fond. The rabbits were kept in a large room in
the ton floor of Mrs. Spencer's house,
and every day Ambrose, Herman and
Whack paid them a long visit.

When the winter was over Whack's
master took him back to Harford
County, and a few weeks later, Ambrose and Herman also went to the
country with their mother to visit
the dog's master.

The day thoy arrived Whack's yoy
was intense; he barked and jumped
about the children, licking under
hands and faces, and trying in every
way to show his pleasure. But suddenly he became quiet and began to
look for something, and then ran
away and disappeared in the woods.
Ambrose and Herman called and
whistled for him, but all in vain;
the whole day passed, but he did not
return

At last, when evening came, Whack

he managed to capture them and bring both home, no one could im-agine, but he really did.

This is not a story, but a true ac-count of a dog whom I am proud to know and who is living now.

R. J. LOUIS CUDDINY

Household Notes.

TO WASH SILK. — A great many people undertake to wash silk without using the slightest judgment, and here we would like to give a few pointers on how this dainty fabric can be successfully cleansed. If washed carefully silk stockings, handkerchiefs, and any of the wash-silk dress fabrics which are so extensively used this season for waists, children's dresses, and other purposes will retain their dainty color and freshness. It is better to mend the stockings before putting them in the water, as a very small hole assumes alarming proportions during the cleaning process. They should be washed alone and never boiled, nor should soap ever be rubbed directly upon them.

Prepare a suds of warm (not hot) rain water, and dissolve a little borax in it. Borax will not injure the color or fabric, and should always be added to the water for it is the

ran water, and dissolve a little borrax in it. Borax will not injure the color or fabric, and should always be added to the water, for it is the safest and best cleansing agent known. Put the silk in the water, and gently rub and squeeze it until it is clean. If one water is not enough to accomplish this, use two. Rinse well, using two clear waters of the same temperature as the suds, putting a little bluing in the second. When ready to wring, first fold smoothly, then wrap in a clean towel, and pass through the wringer. Dissolve a little gum arabic in water, and dip the silk in it after rinsing if a little stiffness is thought necessary.

necessary.

When taken from the last water, When taken from the last water, hang as carefully as possible, smoothing it to avoid wrinkles, which are hard to iron out. When nearly dry, press each piece carefully with a thin piece of muslin or calico spread over it. Air the garments after they are ironed until they are thoroughly dry before mutling them away. dry before putting them away.

ON DISAPPOINTMENTS.—Let neither permit ourselves to settle in-to gloomy belief that a fate is work-ing against us, nor pass even seem ingly trivial disappointments by as things to be pushed aside and forgot-ten, says a well known contributor on domestic affairs. Let us take them up as they come with cheerful seri-ousness, and see what they may mean to us. Were we too confident in ourselves, too eager for wealth, too self-absorbed, too unconscious of

of others? What was there in this might have been?

And as for failure, 'let it not so much as be named among us.' That man only is a failure who makes himself one! In one sense, and that not a narrow one, let us say of what has disappointed us, 'let the dead past bury its dead.' Not by fickle change of purpose, nor by forgetfulness of life's first hopes and loves, much less by putting out of remembrance our mistakes and 'errors, but by summoning these all together as our trensure-house of exrors, but by summoning these all together as our treasure-house of experience, through which we shall learn new secrets of success. Even if we should, by what happily is a rare occurrence, fail of all material victories despite undaunted courage and perseverance, we shall yet be beyond all peril of failure if we have walked, as men should walk, upright before mankind, and with our faces turned towards heaven.

Our generation seems largely separated into two great divisions, the recklessity confident and the sad uatures who shut out the sun and see no brightness or progress in the world's advance. Were we able to shape our destines without trial of disappointment, the best things in

shape our destines without trial of disappointment, the best things in human character would be lost, and unlimited success, surfeit of accomplished desire, would destroy every element of noble endeavor.

Let us take humble ground of self-appreciation. We are amazingly fallible, we are grievously short-sighted; let us be quick to look into our spoiled plans and vanished expectations for our own mistakes, and see if we have not found in disappointment a true indication of our fault. [1914] 10 Juijoid 320000 A2800 901 197 through unfulfilled hope we have left. through unfulfilled hope we have left to us the power to succeed in showing the very noblest traits which characterize the truly great.

GRANDMA'S PRAYERS. — Once, during a European war, the inhabitants of a solitary house were in great alarm. As night came on, the enemy was approaching the place. The dusky sky was lighted up, here and there, with the blood-red glare of fires. The guns were heard roar-

Losing Flesh

indicates insufficient nourishment. It leads to nervousness, sleeplessness, general debility, and predisposes to Con-sumption and other prevailing diseases. To guard against these take

Scotts Emulsion the Standard remedy for all wasting diseases in young or old. It improves diges-tion, gives flesh, strength, vigor and resistive power.

good and Sires, all drugglets,

the wind as high as a wall, so that it was impossible for any one to

come through it.

They all thanked and praised God.
"See, now," said the grandmother. "See, now," said the grandmother,
"God has actually built a wall to
keep off the enemy from our dwelling! He is gracious and merciful,
and infinitely rich in the means
wherewith to deliver us."

FRUIT AT BREAKFAST - The business of breakfast is a most important one, for it stores the human battery with power for the day's work. A good breakfast gives a man staying qualities and equips him for almost any emergency likely to oc-

almost any emergency likely to occur.

"What are the essentials of a proper breakfast? The first, the most important, item is a preliminary meal of fruit, oranges, grapes, apples, cantaloupe, berries, seasonable fruit in which juice predominates over fiber. Fruit juices, taken early on an empty stomach, are converted into alkalis, keep the blood normally alkaline, preventing saturation of the system with uric acid and warding off the storms of suffering which such a condition provokes.

Fruit juices act as correctives to the digestive organs, whetting the digestive organs of this paper the secretion of the sufference and mail between that town and Liverpool, a distance of some thirty miles. Mr. Johnson was in Bridge-water recently, on which occasion he

Too much emphasis cannot be laid upon this matter of a preliminary fruit breakfast. If accustomed to eating a small breakfast, you should lighten the noon lunch and 6 o'clock dinner. You will sleep better and rise with appetite. If the fruit does not appear to agree with you at the papear to be shattered. At this innerture he decided to rise with appetite. If the fruit does not appear to agree with you at first, try a small beginning. Take only an orange, drink the juicé and only reject the fiber. Persist, and the stomach will adapt itself. Gradually add a bunch of grapes and an apple. You will be surprised at the farreaching benefit derived from so simple a practice. simple a practice.

After the fruit, the usual break-

As if by magic, after a few applica-tions, every gray hair iny head was changed to its natural color by using LUBY'S Parisian Hair Re newer. I now use it when I require to oil my hair. Try

LABOR IN PITTSBURG.

It is not often that we read of laborers who enjoy large salaries, but there are some such in the world. We are greatly interested in and amused with the account given by 'Tit Bits' of the amounts earned in certain industries. It might interest our readers, so we give the text:—

"In days when thousands of English working men, capable, able-bodied, and willing, cannot find the meanest employment, stories of ironworkers who earn the incomes of high-plated Government officials and drive to their work in well-appointed broughtins read like pages from a fairy-tale. And yet this workman's Elysium exists, and is so far from being overcrowded that its gates are open to hundreds more who wish to share its delights.

"It is true that Pittsburg, the centre of this Paradise of labor, is one of the last places in the world to suggest an Elysium. Its thousands of mills crowd and jostle each other, and it is enveloped day and night in 'pillars of fire and smoke." But in this American inferno, in which Mr. Andrew Carnegie made his millions, money is to be made as probably nowhere else in the world of industry.

"The homes of its workers are far away from the smoke of Pittsburg, and in them the puddlers, beaters, and rollers lead lives which would be the envy of many of our prosperous professional men in England.

"The worst-paid labor in these 8,000 mills makes an income which many a claver city clerk may never hope to enjoy. His eight hours of work daily bring him 18s., or the confortable wages of £5 8s. a week. If he cares to add to his carnings by working on Sunday he has an income will over 1200 a year.

"A 'beater' can always rely on minimum wages of 28s. to 30s. a day, a daily income which would satisfy most British working men for a week work. The average 'beater' thus makes a yearly income of over

ing fearfully. Moreover it was winter, and the weather was very coldard stormy. The good people were in dread of being plundered, and, still more, of being driven out of house and home, during the roughest season of the year.

The pious old grandmother alone took courage and heart from her confidence in God. She read to her children and grandchildren a prayer out of her old prayer-book, in which cecurred the world "May God build a strong wall, and ward off the enemy from this dwelling!"

One of the grandchildren, who had listened devoutly, thought it was too much to ask of God to build a wall, and said they ought not to pray for such impossible things.

But the grandmother said: "These words are not to be taken so literally, they merely mean: 'May God defend us as securely from the enemy, as if our houses were surrounded by a wall!" And yet if God chose really to build a wall for our house, do you think it would be impossible to Him?"

Meanwhile the night passed away without a single soldier of the enemy approaching the house. Every one in the house was surprised. But when they ventured to the door in the morning, behold! on the very side on which the enemy were posted, the snow had been drifted up by the wind as high as a wall, so that it was impossible for any one to come through it.

Not Only in Canada, But in Every Civ-ilized Country Throughout the World-Merit Alone Has Given This Medicine Its Great Prominence Over Competitors Everywhere.

The reputation achieved by Dr. The reputation achieved by Dr. Williams' Pink Pills not only in Canada, but throughout the world, rests upon a very solid basis, which may be summed up in two words—sterling merit. The "Enterprise" has had occasion to investigate a number of cures effected by this medicine, and knows that in some instances at least these cures were wrought. knows that in some instances at least these cures were wrought after other medicines had failed even to give relief. Recently another cure came under our notice that cannot fail to increase the popularity of Dr. Williams' Pink Pills in the locality in which it occurred, and as we can youch for the facts, it may well bring hope to sufferers elsewhere.

Mr. Walter H. Johnson is one of the best known residents of the

Fruit juices act as correctives to the digestive organs, whetting the appetite, increasing the secretion of the gastric juice and stimulating peristalsis. Where fruit is eaten every morning, digestion is satisfactory, the bowels are natural and regular, the head is clear and an agreeable feeling of general well being is experiment. Too much emphasis cannot be laid be able to return to his former work. tion generally appeared to be shat-tered. At this juncture he decided to try Dr. Williams' Pink Pills and got a half dozen boxes. In the course of a couple of weeks he noticed an im-provement in his condition, and he continued the use of the pills until he had taken some ten or twelve boxes when he not only felt that his boxes, when he not only felt that his boxes, when he not only felt that his cure was complete, but also felt that in all respects his health was better than it had been for years. Since that time he has been continually driving his coach between Caledonia and Liverpool, and has not had the slightest return of the trouble, no slightest return of the trouble, not withstanding that he has to face a times very inclement weather, tha might well bring on a return of th trouble had not his system been sistrongly fortified against it through the use of Dr. Williams' Pink Pills.

If the blood is pure and wholesom disease cannot exist. The reason why disease cannot exist. The reason why Dr. Williams' Pink Pills cure so many forms of disease is that they act directly upon the blood and nerves,
thus reaching the root of the trouble. Other medicines act only upon
the symptoms of the trouble, and
that is the reason the trouble always returns when you cease these
medicines. Dr. Williams' Pink Pills
make permanent cures in kidney
troubles, rheumatism, erysipelas,
anaemia and kindred diseases. But
be sure you get the genuine which
bear the full name Dr. Williams' Pink
Pills for Pale People on the wrapper around every box.

BUSINESS MEN.

The shrewd merchant knows where to place his advertisements. Why not try our columns. Our rates are reasonable. Our paper reaches near and far in every parish in the City and Province in Canada.

Give our columns a trial. Send for rates to our office, "True Witness 1." & P. Co.'y" Limited, 2 Busby street, Montreal.

After a thorough analysis, and proof of its purity, the leading Physicians of Canada are recommending

COWAN'S Hygienic Cocoa

to their patients. It builds up and strengthens the system. It is a pertea food as well as drink.

A Blessing to the Fair Sex



PERFECT BUSTS by th
use of
ORIENTAL Powder,
the only Powder that assures perfect development
of the bast within three
months, and curse Dyspensis and Liver Complaint. No. 8, Place d'Armes Hill.

Business Cards.

THE STANDARD ROOFING CO.

Gravel and Cement Roof Cellar Work a Specialty, Concrete and Asphalt

OFFICE: 189 McCord Street

M. SHARKEY.

Real Estate and Fire Insurance Agent, Valuations made of Real Estate. Personal supervision given to all business. 1340 and 1723 Notre Dame street. Telsphone Main 771.

LAWRENCE RILEY. PLASTERER.

Successor to John Riley. Established 1860. Plain and Ornamental Plastering. Repairs of all kinds promptly attended to. Estimates fur-nished. Postal orders attended to. 15 Paris Street, Point St., Charles.

TEL. MAIN 3090. T. F. TRIHEY.

REAL ESTATE. Money to Lend on City Property and Improved

Room 33, Imperial Building. 107 ST. JAMES STREET.

Office, 143 St. James. Tel. Main 644. Residence, Telephone East 445.

JOHN P. O'LEARY,

[Late Building Inspector C.P.Ry]
Contractor and Builder, RESIDENCE: 3 Prince Arthur St.,
MONTREAL.
Estimates given and Valuations Made

J. P. CONROY

(Latewith Paddon & Nicholson 228 Centre Street, Practical Plumber, Gas and Steam Fitter. ELECTRIC and MECHANICAL BELLS Rts.

ESTABLISHED 1864. C. O'BRIEN House, Sign and Decorative Painter. PLAIN AND DECORATIVE PAPER HANGER Whitewashing and Tinting. Orders promptly tended to. Terms moderate.

Residence 645, Office 647, Dorchester street, east of Bleury street. Montreal. CARROLL BROS., Registered Practical Sanitarians. PLUMBERS, STEAM FITTERS, METAL

AND SLATE ROOFERS 795 CRAIG STREET, : near St. Antoine Drainageand Ventilation a specialty Chargesmoderate. Telephone 1834

TELEPHONE. 8898.

THOMAS O'CONNELL

Dealer in General Household Hardware, Paints and Oils.

137 McCORD STREET, Cor Ottawa PRACTICAL PLUMBER, GAS, STEAM and HOT WATER FITTER. RUTLAND LINING, FITS ANY STOVE, Orders promptly attended to. :-: Moderate charges. .-: A trial solicited.

DANIEL FURLONG. CHOICE REEF, VEAL, MUTTON, POPI 54 Prince Arthur Street.

Special Rates for Charitable Institutions Telephone, East 47

Roofing and Asphalting, Tiling and Cement Work, Roofing, Materials, Building Papers, Stove Linings.

Asphalt Cement, for repairs, in GEO. W. REED & CO..

783 and 785 Craig Street.

Professional Caras.

JUDGE M. DOHERTY CONSULTING COUNSEL,

No S Savings Bank Chambers 180 T. JAMES STREET.

J. A. KARCH, Architect. MEMBER P.Q.A.A

FRANK J. CURRAN, B. A., B.C.L.

ADVOCATE, SAVINGS BANK CHARL 180 St. James Street

ns Liturgical Prayers, es, Devotions and ercises for every ocid for all seasons of iastical Year.

les, 4 full page illustrible cloth, round cice 75 cents.

DLIER & CO., ne Street, Montreal