



This Is For Men

It is for men who open their eyes in the morning upon a world that looks blue and discouraging; for men who feel tired, despondent and out of luck; who have lost the fighting spirit—those fellows who have almost concluded that nothing is worth fighting for—who have pains in the back and who don't get rest from their sleep, and who wish that they were as strong as they used to be. It is all a matter of nervous energy—that is what ambition comes from—and that is what you can get from Dr. McLaughlin's Electric Belt. It is an invigorator of men.

It will make you strong. It will send the life blood dancing through your veins, you will feel the exhilarating spark warm your frame, the bright flash will come to your eye and a firm grip to your hand, and you will be able to meet your fellow man and feel what others are capable of doing is not impossible for you. This grand appliance has brought strength, ambition and happiness to thousands in the past year.

What would you not sacrifice to feel as you did a few years ago; to have the same snap and energy, the same gladness, joyous, light-hearted spirit and the physical strength you used to have? You know you are not the same man and you know you would like to be. You can be.

Dr. McLaughlin's Electric Belt makes you noble; it causes the nerves to tingle with the joyous exhilaration of youth, it fills the heart with a feeling of gladness, makes everything look right, and makes the nerves like bars of steel. It has cured Nervous Debility, Weakness of every kind, whether in Nerves, Stomach, Heart, Liver or Kidneys, Rheumatism, Pains in Back and Shoulders, Sciatica, Lumbago, Indigestion, Neuralgia, Constipation, Dyspepsia, and all troubles where new life can restore health. It does all this while you sleep by pouring electricity, which is Nature's energy, into your nerves and blood. Electricity is life to the vital parts; when they are weak it will make them strong.

Cured Permanently Four Years Ago.

Listowel, Ont.

Dr. McLaughlin:

Dear Sir, — I purchased a Belt from you in October, 1901, and I have found it has done wonders for me, as I have never lost an hour's work since I got it. If this is any use to you, you can use my name. It has been a blessing to me.

I remain, yours truly,

GEO. J. JOHNSTON.

If you are sceptical, all I ask is reasonable security for the price of the Belt, and

WHEN YOU ARE CURED PAY ME.

FREE BOOK

If you cannot call, then fill out this coupon, mail it to me, and I will mail you free, sealed and in plain envelope, my Book, which contains many things you should know, besides describing and giving the price of the appliance and numerous testimonials. Business transacted by mail or at office only. No agents.

Now if you suffer, do not lay this aside and say you will try it later. Act to-day—NOW.

Lame Back and Kidney Trouble.

Washago, Ont.

Dr. McLaughlin:

Dear Sir, — You will think I am slow in giving you a statement of the benefit received from your Belt. I purchased it a year ago for the use of a lame back and kidney trouble, and after using it for two months I have not felt the pain since, and I can recommend it highly to any one.

Yours sincerely,

ALBERT COX.

Put your name on this coupon and send it in.

D. M. S. McLaughlin, 112 York St., Toronto, Canada.

Dear Sir,—Please forward me one of your books as advertised.

NAME

ADDRESS

Office Hours—9 a.m. to 6 p.m.; Wednesday and Saturday until 9 p.m.

Queenston Heights Shorthorns

Two high-class Cruickshank herd bulls. Show animals in bull and heifer calves. Straight Scotch. Canadian and American registration. Easy prices.

HUDSON USHER, Queenston, Ontario.

Wm. Grainger & Son

Hawthorn herd of deep-milking SHORTHORNS.

Aberdeen Hero (imp.) at head of herd. Two young bulls, also ten heifers; some of them bred to Aberdeen Hero.

Londesboro Station and P. O.

ATHELSTANE SHORTHORNS

Pure Scotch Rosewood, Rosalind and Countess strains. Ten one and two year old heifers of the above strains, the get of the Village-bred son of Imp. Knuckle Duster, Vicar 3355, and the Bruce-Mayflower bull, Star Prince; also young bulls from 6 to 12 months old. Prices reasonable.

WM. WALDIE, Box 324, Stratford, Ont.

SHORTHORN FEMALES.

I have sold all my young bulls advertised in Advocate, but have some good females, representing the families of Village Maids, Claret, Cruickshank Village Blossoms and Ramsdens.

HUGH THOMSON, St. Mary's, Ont.

Scotch Shorthorns

A grand pair of yearling bulls, also a few heifers, bred from Imp sire and dams. Pure Scotch and fashionably pedigreed. Will be sold right. C. RANKIN & SONS, Wyebridge P. O., Wyevale Station.

Grove Hill Holstein Herd

Offers high-class stock at reasonable prices. Only a few youngsters left. Pairs not akin F. R. MALLORY, Frankfort, Ontario. G. T. R. and C. O. Railway connections.

HILTON STOCK FARM—Holsteins, Cotswolds and Tamworths—Pros-

ent offering: Some young cows; a nice lot of young pigs; few boars six months old, and sows in pig. R. O. MORROW & SON, Hilton P. O. Brighton Tel. and Stn.

Glenwood Stock Farm—Holsteins and Yorkshires.

Holsteins all sold out. Have a few young York shire sows, about 2 months old, for sale cheap. True to type and first-class. Bred from imported stock. THOS. B. CARLAW & SON, Warkworth P. O. Campbellford Stn.

Ridgedale Farm Holsteins—1 yearling bull,

6 bull calves, from one to four mos., by Prince Pauline De Kol 6th, and from rich, heavy-milking dams. Come and see them or write: R. W. WALKER, Utica P. O., Ont. Port Perry, G. T. R., or Myrtle, C. P. R., Ontario Co.

For Sale—COUNT ECHO DEKOL,

one of the greatest Holstein stock bulls ever imported into Canada. A sire of A. R. O. daughters of extra quality. J. A. CASKEY, MADOC, ONTARIO.

Holsteins and Yorkshires

R. HONEY, Brickley, Ont., offers a very choice lot of young bulls, also boars and sows fit to mate.

Imperial Holsteins

Bull calves for sale.

W. H. SIMMONS, New Durham P. O., Ont.

When Writing Please Mention this Paper

Fairview Herd Holsteins

Home of Pontiac Rag Apple, the cow that sold a few days ago for \$8,000. Highest price ever paid for an A. R. O. cow. I have her sire, Pontiac Korndyke, the greatest living sire of the breed, and also over 40 of his daughters, sisters to the one that brought the top price, and they are all good ones. Also bull calves by the best sires in the States. Write me, or come and look the herd over. Only seven miles from Prescott, Ont. E. H. DOLLAR, Heuvelton, St. Lawrence County, N. Y.

RECORD OF MERIT HOLSTEINS

Herd 110 strong. Over 40 head now in the Record of Merit. Two of the richest-bred bulls in Canada at head of the herd. For sale: 18 bulls, from 2 months to 1 year of age, all out of Record of Merit cows and sired by the stock bulls.

P. D. EDE, Oxford Centre P. O. Woodstock Station.

Maple Hill Holstein-Friesians

Bull calves from No. 1 dams, sired by bulls with great official backing. Write for prices.

G. W. Clemons, St. George, Ont.

Greenwood Holsteins and Yorkshires

For sale: A few richly-bred bulls from one to eighteen months old. Also a few choice females of all ages. Yorkshires of either sex.

D. Jones, Jr., Caledonia P. O. and Sta.

"GLENARCHY" HOLSTEINS!

43 head of big, deep-flanked, heavy-producing Holsteins, many of them milking from 50 to 60 lbs. a day on grass. Have only bull calves for sale now. A straight, smooth lot.

G. MACINTYRE, Renfrew P. O. and Stn.

A Scotch View of British Agriculture.

According to Prof. Robert Wallace, who holds the chair of agriculture in the University of Edinburgh, the United Kingdom is paying fully as great attention to agricultural affairs as is the United States.

"Within the past quarter century," he said to an American newspaper man, who interviewed him at the semi-centennial celebration of the Michigan agricultural college, "we have built up 24 local agricultural schools with experiment stations. And there are seven universities giving degrees for agricultural studies, three in Scotland, Edinburgh, Glasgow and Aberdeen, and four in England, the University of London, Cambridge, Leeds and Durham College of Newcastle."

INTENSIVE AGRICULTURE.

"In England every acre of agricultural land is under forced cultivation. Every acre is manured to intensify the crop. Here in the States you do not need to force your land, for you get all you need and more for export by present methods. But with us, there is little enough at the best, and the only limit to the intensifying of agriculture is the price paid for the products. In times of high values for grain and other rural-land products, the intensifying is pushed as high as the price to be had allows, still leaving room for a profit.

"Farms, with us, are mainly 'home farms.' Of course, there are some farmers who own and work their own land, but they are few. The greater part is owned by proprietors who place salaried bailiffs or agents on their land to work the fields for them. Then, too, we have a great number of hereditary estates. There are also many wealthy proprietors who have turned over their lands for stock farms, and spend their money liberally on the raising of fine stock. This, in a large measure, accounts for the splendid stock to be found all through the kingdom."

THE PROBLEM OF CITY MILK SUPPLY.

"There is a constant decrease in agricultural products. We have an enormous increase in agricultural imports: butter, cheese, grains, vegetables, in everything of the sort.

"Why, we even have to import milk from the continent, though up to the present time this has not been done on a very large scale. The future is dark on this score. The cattle of the United Kingdom supplying the cities with milk are becoming extinct."

It was suggested to Prof. Wallace that recent experiments in Paris showed that American milk shipped in cold storage can be delivered in the French capital in a better condition than the milk brought into Paris from outlying Parisian dairies. And this question was asked the Scotch professor:

"Is there a likelihood that the United Kingdom will be importing fresh milk and cream from the United States and Canada for her morning-table supply for oatmeal and coffee?"

"It is altogether possible, and the only thing against it is the bulkiness of the milk.

"Our town supply is bad. The milch cows are kept under unnatural conditions, which are fast causing the extermination of British cows.

"After the last calf, the cow is taken into the city and forced by her feeding to an unnaturally large milk supply. This is continued for a maximum of nine months, when the cow is sent to the butcher. There is truly a crisis in the milk problem of England and Scotland, and the worst of it is that the system of forcing the cow prevents her further use for breeding. The Government ought to interfere, ought to send cows out of the unnatural conditions of the city and ought to secure their continued use in breeding. But we cannot look for this. Parliament is too badly overcrowded with a mass of bills of world-wide scope to take time to work out a bill for the salvation of our milk supply."

One beauty of the Christian life is that we can begin it anew each day. One day's mistakes need not spoil a whole life. The high-caste Brahmin if he breaks but one foolish law of his order, is an outcast from it.—Standard.