

When the inflammation is confined to the large nerves of the hip it is called Sciatica. Sometimes the attacks are periodical, or occur at intervals.

Cause.—Cold, unequal or obstructed circulation, etc.

Cure.—Rub upon the painful parts the following liniment :—Chloroform, strong tincture of Peppermint, tincture Capsicum, and extract of Hamamelis—equal parts, and take inwardly a powder of 5 grains Quinine, 5 grains Carbonate of Iron, and $\frac{1}{2}$ grain of Morphine, every four or five hours until relieved ; or, if preferred, use Hagyard's Pain Remedy or Yellow Oil, and regulate the bowels with Burdock Pills, and tone the system with Burdock Blood Bitters. Hot fomentations of hops and smartweed, or a ginger or mustard poultice may be all sufficient to relieve.

Nervous and General Debility.

Physical exhaustion, depending upon nervous weakness, is the great and growing malady of the times, owing to the fast age in which we live, and the various indiscretions and lack of observance of physical laws.

Symptoms.—The more common manifestations of Nervous Debility are mental depression, love of solitude, defective memory, confused ideas, restlessness, sleeplessness, often dimness of vision, hurried and difficult breathing, emaciation, a general loss of vitality of body and brain. Any imprudence against the laws of our being, or any weakening drain upon the system, may cause this difficulty, with its long train of distressing symptoms. The cure must be accomplished by moral, mental and general hygienic means. Strive to cultivate the virtues, and guard well the general health. Sleeplessness is often caused by an undue pressure of blood upon the brain. This form may be best relieved by keeping the head cool, equalizing the circulation and keeping the bowels free. Opiates and narcotics do more harm than good. Always sleep with the head towards the north if possible ; this is no whim, but a scientific electrical principle. Bathing and those two great essential elements, iron and phosphorus, are the tonics indicated. Victoria Compound Syrup of Hypophosphites supply these elements, and form the grand natural specific for all cases of Nervous Debility and other exhausting forms of disease.

Night Sweats

Are the result of debility, and are of a very exhausting nature. A strong infusion of Sage drank cold, and 8 drops of Muriate Tincture of Iron, morning and night, may be taken in a tablespoonful of water. Victoria Compound Syrup of Hypophosphites will be found a valuable medicine for night sweats.

Palsy.

Symptoms.—It is a disease of the nervous system, having its origin chiefly in the brain. It is a loss of motion or sensation in any part, sometimes accompanied by a numbness or a prickling sensation ; sometimes a shaking or trembling of the limbs is a form. Severe mental exertion, intemperance, or the rupture of a blood-vessel of the brain are among the causes.

Cure.—Restore the circulation by electricity, friction, bathing with Yellow Oil or Hagyard's Pain Remedy, and take Burdock Blood Bitters to restore the equilibrium of the system and stimulate the secretory functions. In any case your family physician should be early consulted.

Piles.

Symptoms.—Painful tumors situated in the rectum or lower bowel—they may be protruding or external, or else high up in the rectum, or they may be of the bleeding form.

Cure.—Regulate the bowels with Burdock Blood Bitters, and use Burdock Healing Ointment applied to the tumors. The extract of Hamamelis or Witch Hazel is excellent for all forms of Pile tumors, applied as a lotion. Also cold applications such as snow, ice, water, etc., often relieve.