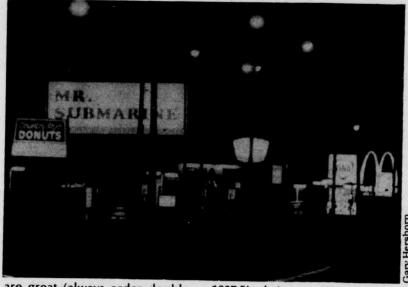
# Downsview cuisinenot so haute

James A. Carlisle

Where do you go out to eat when the cafeteria food starts tasting like fried styrofoam? There is a strip of fast food outlets along Keele Street where you can get 'Big Macs' or submarines, but they're just bland. If you want food that tastes as if it has been cooked rather than processed and extruded, there are few places near York. I would, however, like to tell you about some of the restaurants which I have found. My current favorite is Rosa's Place at 4724 Jane Street near Shoreham. Go to Rosa's for pasta or veal. The spaghetti, canelloni and gnocchi are excellent. Dinner for two with a carafe of house wine will cost about 15 to 20 dollars.

For the best bread in Downsview go to Nino D'Aversa Bakery, 1 Toro Road (1 block south of Finch at Keele) and stay for Capuccino and a hot sandwich for under 3 dollars. Nino's is a family place, a part of the Italian community. You can almost forget that you are in the wilds of Downsview. The best Pizza isn't found in an Italian restaurant at all. My vote goes to Pietro's Pizza and Spaghetti Parlour, 3725 Keele, owned by the people who bring us Campbell's soup. Pietro's pizzas



are great (always order double cheese) but I can't recommend the other entrees. The Spaghetti is cheap, especially when they have weekly specials, but it tastes like it just came out of a can.

For a break from Italian culture I go to Charlie C's at 1111 Finch West between Keele and Dufferin. Charlie's specialties are Smoked meat sandwiches and Cabbage Rolls. He also boasts a seven-foot TV screen usually tuned to whatever sports are current, but there is also a quieter dining room.

The best pastries are found at La Sem Patisserie and Pizzeria, 1237 Finch Avenue West, but the most spectacular desserts are the ice cream sundaes at Howard Iohnson's, 3757 Keele south of

Most of the restaurants near the campus are depressing places catering to the after-work crowd from the local factories. They concentrate on supplying beer and 'exotic dancers' rather than food, but there are a few good restaurants that still fit a student budget and more are opening up all the time. If you find somewhere special let me know through Excaliber and I'll pass the word along.

# Help!

Excalibur, you may illogically deduce, is once again off and running, ready to expose administrative faux-pas, unearth steamy scandals and, in general titillate our readers with the goings on up here at York.

We need help. Anyone who likes to write, draw, photograph, or do layout is invited to drop in and join the staff. It's interesting, educational, and you can bask in the smiles of thousands on Thursday mornings.

There is a staff meeting today at 1:00.



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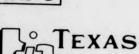
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