

she prayed much and studied her Bible carefully, and her addresses melted alike crowned heads and criminals in chains.

The attractive woman is one whose personality charms in a saving way, and a girl's personality will fascinate if it is charged with that love that comes by association with the Higher Power.

Elizabeth Fry could win hearts almost at the first glance—the sound of her voice touched the depths of hungry hearts and filled them with a great desire. At the age of forty her work in prison reform was known around the world. The authorities of Russia wrote her for suggestions, letters came to her from Denmark, Paris, and elsewhere, asking for counsel, till it required the time of two of her daughters to answer her correspondence on prison reform. Alexander of Russia called her "one of the wonders of the age."

Once when she travelled on a ship where women prisoners were being transported, the captain said of her: "Who could resist this beautiful, persuasive, and heavenly-minded woman? To see her was to love her; to hear her was to feel as if a guardian angel had bid you follow that teaching which alone could subdue the temptations and evils of life."

Naturally timid, always in frail health, sometimes misunderstood, even in the highest motives, she lived a heroic life, and initiated a great prison reform in Europe.

When she was at the height of popularity and newspapers spoke of her in highest praise, she wrote this in her journal: "I am ready to say, in the fullness of my heart, surely it is the Lord's doing; so many providential openings of various kinds. Oh! if good should result, may the praise and glory of the whole be entirely given where it is due by us and by all, in deep humiliation."

The needs of humanity are as great as ever, waiting for the ministrations of such noble women as Elizabeth Fry, and they who are familiar with the lives of great women recognize the fact that their lives were directed by Divine leadership. The first need in a girl's life is recognition of the right guide. Living near the Great Personality.

The second need—gratitude for opportunity. We do not half appreciate the value of the opportunity to work. This calls for expression of the very best in us. To every one comes opportunity but often we are too blind with the vision of our wants to recognize opportunity.

Many young women belittle their employment by going to it in the spirit of martyrs who pity themselves, or by bringing to it merely the mercenary motive. Self pity is the badge of weakness, and work done for money alone, is never noble work. This spirit more than anything else prevents a girl from seeing her opportunity, for often the opportunity presents itself at the recognition of faithfulness and diligence.

Gratitude is everyday grace we say to God.

Did you ever see a grateful girl who was not cheerful?

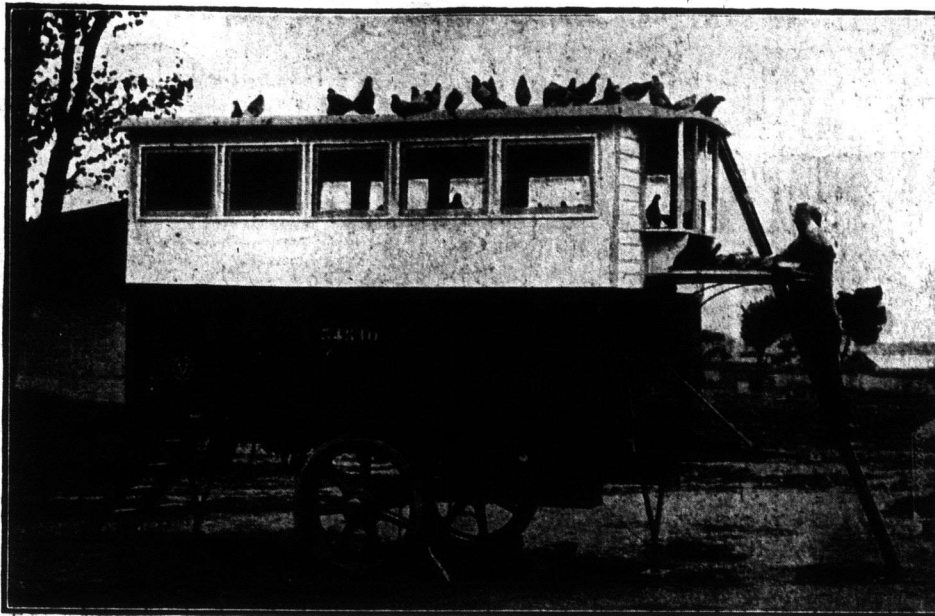
No matter how monotonous your work is be glad.

"Thank God for the one who is cheerful
In spite of life's troubles, I say;
Who sings of a brighter to-morrow
Because of the clouds of to-day.
Her life is a beautiful sermon,
And this is the lesson to me:
Meet trials with smiles and they vanish,
Face cares with a song and they flee."

The grateful girl is popular—she is not always fretting over her wants, and after all most of our gloomy moods are caused from wishing for wants instead of needs.

In the lives of girls who become famous women the principal lesson we learn from their girlhood is their desire for usefulness, and in working with this idea in mind they found the opportunity that made them famous.

Lucey Larocour was a factory girl. Her work was hard and monotonous, but she brought sunshine into the whole factory and has blessed thousands of lives by her songs of gratitude.



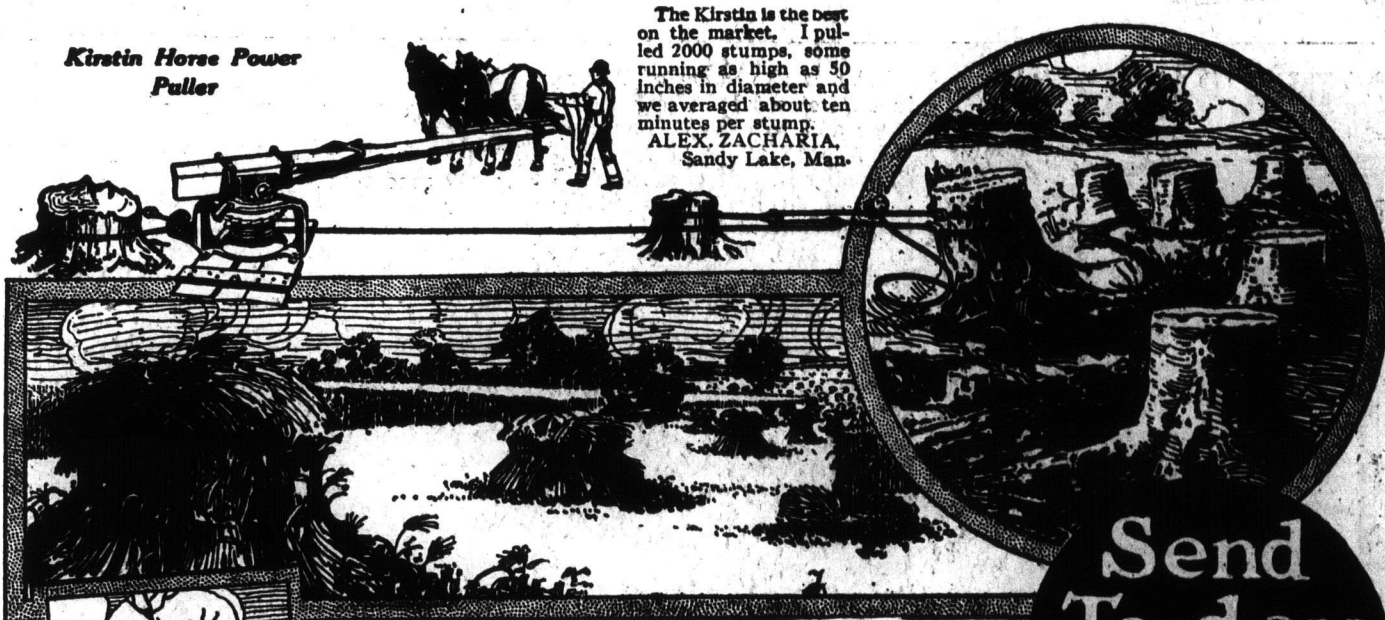
Although the trenches and different fighting lines are connected by telephone, telegraph and wireless, and other convenient methods employed in sending dispatches, the pioneer of the class is still at work. Pigeons are a necessary adjunct to an army. Photo shows a pigeon house on wheels in Northern Macedonia. Every one of the pigeons is a reliable messenger. Pigeons carried dispatches centuries before the telephone and telegraph were heard of or thought of, that alone is convincing enough to some minds of its reliability.

First she put little quotations near her in the factory and thought of them while she worked. Then they became a part of her and filled her mind with such beauty and strength that she became a poet herself and was known as the poetess of the factory. Every one of us has cause to be thankful

"For the little poem that points a way
To the joy we all may find;
For the soft refrain that has lulled the pain
Of a vexed and jaded mind;
For the distant glimpse of the sunlit hills
Through a dusky street of town;
For the hues that fly to the Western sky
When the sun is going down;
For the sweet surprise or the bit of cheer
That has flashed across my way—
Just the little things that a moment brings
I will give my thanks to-day."

Genius cannot develop in ease and prosperity.

Third—A girl needs thoughtful pre-



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Sandy Lake, Man.



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