

**D. A. R. Timetable**

The Train Service as it Affects Wolfville.

- No. 96 From Annapolis, arrives 8.01 a.m.
- No. 95 From Halifax, arrives 9.50 a.m.
- No. 98 From Yarmouth, arrives 3.52 p.m.
- No. 97 From Halifax, arrives 6.27 p.m.
- No. 99 From Halifax (Mon., Wed., Sat.) arrives 12.18 a.m.
- No. 100 From Yarmouth (Tues., Thurs., Sun.), arrives 4.43 a.m.

**HOUSEHOLD BUYING**

If the family income assumed the form of a single gold coin, from which bits were chipped away as expenditures were made, we should be more careful to see that each bit brought a full return than we are when we spend our soiled paper and battered metal bits of money. The housekeeper values the money entrusted to her to spend because it represents the earnings of loved ones, but she doesn't always realize its whole value as a medium of exchange. A calm survey of the family's needs or the markets accessible to her and of the amount she can spend will do much to bring her to this realization. Thinking and planning before spending will enable her to visualize her weekly or monthly income as a single coin which she must permit herself to reduce in size only in the proportion that she thereby increases the family supply of necessities and comforts.

An occasional round of the shops without spending anything at all will aid her in choosing the dealers who give good values and in saving much time and energy on actual shopping trips. Stores from time to time change their policies and only an occasional survey of one's shopping field will keep one acquainted with its full possibilities.

**THE MILKING OF COWS**

Shall cows be milked twice or three times a day? To the average reader this may seem of small concern. To the farmer and dairyman it is a question of considerable interest. Tests have recently been made in Nova Scotia, Quebec, and Ontario. Professor Barton of Macdonald College says that it was found from the standpoint of economy and safety that a cow giving 60 lb. of milk a day should be milked three times. Both Professor Trueman of the Nova Scotia Agricultural College and Professor Barton are agreed, however, that unless the udder is over distended there is little or no advantage to be gained by milking three times a day. These authorities are quoted in the September number of the Agricultural Gazette of Canada. Professor Wade Toole also contributed to a solution of the same problem by giving results of tests made at the Ontario Agricultural College. The tests are to be continued and Professor Toole hopes to be able to give a more definite opinion another year than he does at present. In the meantime, he shows that three high-class pure-bred cows gave more by three than by twice milking a day. His present conclusions however are the same as those of Professors Barton and Trueman.

Two by-elections for the Federal parliament took place on Monday. Both were stiffly contested and were viewed with much interest by all parties. In Yale, Carleton, B. C., the government candidate was elected with a substantial majority, while in East Egin the farmer candidate succeeded in defeating the government standard-bearer in a three-cornered fight, the Liberal nominee being far in the rear. The constituency is largely rural and good ground for the farmers to show their strength.

**HIGH COST OF PUBLISHING**

The Montreal Star says:—The official figures of newspaper deaths give upwards of 3,000 suspensions in 1918; more than 3,200 for 1919, while 1920 seems to have been even more fatal.

The enormous mortality amongst newspapers and periodicals in all the countries of the world (Canada and the United States included), is due principally to the high cost of production.

Taking the Montreal Star as an illustration, the facts will be impressive. It is true that the Star's total cost exceeds that of any other paper in Canada, but what is true of the Star in this regard is true of smaller papers, although to a less extent. The Star's expense is now pitched at a rate of \$1,500,000 over that of pre-war times.

**SIMPLE REMEDY FOR A COLD**

With the sudden and cold winds of winter nearly everyone develops a cold of some kind. A simple and sure remedy for a cold in the head or hoarseness, is to inhale steam from a sponge dipped in boiling water.

Wrap a towel about the sponge so you can hold the ends instead of the scalding sponge. Bury the nose and mouth in the covered sponge and breathe through the nose and mouth. When the sponge loses heat remove the towel and pour on some more boiling water.

Keep the bowels well open and the body well nourished and the cold will soon disappear. Keep away from people with colds as much as possible and especially avoid people who have suffered with attacks of grippe or pneumonia.

**DOES ADVERTISING PAY**

A. & F. Pears, the English soap makers, were spending about a quarter of a million dollars annually some fifteen years ago, and they were selling each year a good many million dollars' worth of soap. Everyone knew about Pears' soap—the name was familiar in the farthest corner of the globe, but the board of directors decided that they would get along without advertising because they were selling all that their factories could produce. They did no advertising during the following six months, and in that six months lost 35 per cent. of their total business. It cost them six and a half million dollars in additional publicity to get back where they had left off. This shows how quickly the public forgets when advertising is withdrawn. It illustrates the need for constantly repeated advertising.—Insurance Monitor.

A Boston physician predicts a marked increase of pneumonia among women this winter if they continue to wear extreme short skirts with silk stockings and low shoes during the cold weather. "Since the recent cold snap began," he says, "I have taken particular notice that nine out of ten women wearing heavy fur coats affect unusually short skirts. It would not be quite so bad if they would wear woolen or some other kind of heavy stockings, but as a rule they are thin silk. And then to make it still worse they wear low shoes."

As the automobile is about to be put in storage for the winter, the price of gasoline comes down a notch. Perhaps next summer, as The Boston Transcript suggests, after the furnace fire is out, there will be a shading of the price of anthracite.

Everyone is interested in an item of local news. If you know of some local happening that is not generally known, earn the gratitude of the editor by communicating the fact to him.

Don't jar at anybody's religious belief.

**ELECTRICITY FROM SUNLIGHT**

An interesting suggestion about the "power of to-morrow" is made by a writer in the British Nineteenth Century. He looks forward cheerfully to the day when all our electric power stations will be useless except for museum purposes. Admitting that there are difficulties in the way, he thinks that they may eventually be overcome, and that we shall derive our electricity direct from sunlight. When that takes place, industrial supremacy will be transferred to tropical countries. Meanwhile, Sir Charles Parsons, the famous turbine inventor, has renewed his suggestions of finding unlimited sources of power from the heat of the earth by digging a hole eighty odd miles deep. British scientific imagination is clearly in a very active condition.

**ILLEGIBLE SIGNATURES**

The editorial committee on Ottawa Government publications has issued an order that the writer of a letter must type his or her own name below the written signature. This is a regulation which might well be put into general practice. There are many people whose signature resembles a rail-fence more than anything else, and much time and annoyance could be saved by using the typewriter as a translator.

The army of the unemployed thru-out the United States is now estimated at over 3,000,000 men; and this will increase during the winter. Let anyone who now has a job stick to it faithfully lest he may lose it.

On the roads of Nova Scotia there have been spent this year some \$3,000,000 and more work will be done next year.

**Cause of Early Old Age**

The celebrated Dr. Michenerhoff, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound. 10

**GREAT Stock Reduction SALE**

10 Days Only Commencing Nov. 27th

Prices shattered to turn our immense stock into CASH.

Impossible to print special Price List, but come and see for yourself. We refund railroad fare to Truro to any purchaser of \$100 worth, as well as paying freight to your station.

**VERNON & CO.,**  
Furniture and Carpets.  
TRURO, N. S.

**WHERE ARE THE GERMAN LONG RANGE GUNS?**

A Berlin despatch says: Where are the long-range German guns which started the world one day in 1918 by dropping shells into Paris from a distance of 75 miles? This is a question which the Inter-allied Commissions for the disarmament of Germany would like to have answered. Not a trace of these long tubes or of the drawings for their construction is reported to have been found. The guns and everything connected with them have disappeared as mysteriously as they appeared. It is believed they were blown up, but the blue-prints and plans have been hidden where none will find them.

In writing for the press, use one side of the paper, and don't use that unless you are sure you have something worth while to say.

**For Pale Women**

If you are run down, feel worn out, no ambition, you lack the supply of blood that is necessary, you try Vital Tablets. Price 50c. per box or 6 for \$2.50. Sold at all drug stores. The Scobell Drug Company, Montreal, Que.

"Lighted" matches, carelessly thrown away, the Toronto Globe reminds us, "cause greater destruction on this continent every year than all the bombs of anarchists."

He that does good to another does good also to himself, not only in the consequence, but in the very act of doing it, for the consciousness of well-doing is an ample reward.



Always the same rich, full-flavored tea. Sold only in the sealed airtight Red Rose Carton.

Red Rose Coffee is always Fresh

**GIFTS THAT LAST**

**Start Right NOW to do Your XMAS SHOPPING**

There is no Gift more appreciated than a "Gift That Lasts." Dainty, durable and serviceable Gifts bought here will please any feminine or male heart.

If you are puzzled what to give, come in and let's talk it over. We can help solve your problems.

Do It Now.

**A Gift for HIM**

A new razor would appeal to him and would be a lasting gift.

EVER READY and stopping attachment \$3.00 complete. Durham-Duplex, \$2.00 to \$3.00. Old Reliables \$2.00 to \$3.00.

Cuff Links are always acceptable. All styles in Silver, Gold Filled and Solid Gold at 50c. to \$10.00.

Stick pins, fancy stone set and plain for engraving at \$1.00 to \$3.00.

Cigarette holders and cases at 35c. to \$3.50.

Pipes from 75c. to \$3.00.

Walking Canes and Ice Sticks from \$1.50 to \$3.50.

For a small deposit we will lay aside any article until wanted.

We do our own Engraving on Ebony, Ivory, Silver and Gold and are prepared to do it up to the last minute but would advise you to leave your order early.

Buy Now and Here and you will Buy Right

**WILLIAMS & CO.**

Jewelers - Opticians - Engravers

