sights have made the business of snip-ing an exact science. They magnify the object aimed at many diameters, and if it remains in view long enough to permit the pulling of a trigger, the chances of a hit are almost one hun-

II. "THE BUTT-NOTCHER"

Snipers have a roving commission. They mave from one part of the line

CHAPTER VIII. Under Cover I. UNSEEN FORCES "We come acrost the Channel For to wallop Germany; But they 'ave n't got no soldiers. Not that any one can see. They plug us with their rifles An' they let their shrapnel fly, But they never takes a pot at us Exceptin' on the sly.

Me that any one can be a conAn' (buy the thrie Paragon (F),
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was "Hans the Greenadier," owing to his fondness for nightly bombing parties. Softetimes he was "Minies before the parties of the pa

From Industrial Agent to Flight Commander

Interesting despatches of incidents in the lives of flying men in England all kinds of fancy performances—loop are given in letters to friends written by Acting Flight Commander Graham Waters Curtis, formerly Industrial Agent of the Canadian Pacific Railway in Montreal, who is now a flying instructor in England. The school in air" made by a preceding navigator, which he teaches is a vast expanse of country close to a beautiful seaside country close to a decided and the country close to a decided and the country close to a beautiful seaside country close to a decided and country close to a decide



1 scant cupful lemon juice, pinch salt. Mix the ingredients to a paste and make into balls. Serve four to each per-son on a nest of lettuce leaves with a mayonnaise dressing to which an equal quantity of whipped cream has

Date Cookies .- 2 cupfuls flour, 2 cupfuls oatmeal, 1 cupful brown su-gar, 1 cupful shortening, ½ cupful milk 2 teaspoonfuls baking powder. Mix as oatmeal cookies, spread half of the sheet with date paste, fold other half over, press edges together and cut into squares or circles. Bake in a quick oven.

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The Walker House The House of Plenty TORONTO, ONT. If dates are hard when purchased,

ing boiling water over them. They should always be carefully washed before using.

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range juice. Add sugar, rice, van lle. Add dissolved gelatine. Fold n whipped cream. Pour into cold wet mold. Set in cold place to harden. Date Cheese Salad.—6 dates, 3 figs. laying capacity is during her second A healthy hen will lay from 300 to difficulty in obtaining moderately-500 eggs during lifetime. Her best the trouble to order supplies from



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dock, herring, skate, hake, pollock and other moderately-priced fish and to insist upon the merchants order-ing supplies. With the co-operation of the public and the trade, he said, the per capita consumption of fish in Canada would easily be doubled thus increasing considerably the supply of Canadian meat available for shipment to the soldiers. The very great difficulties in the way of compulsory rationing in Canada puts an additional responsibility for voluntary food service upon every Canadian, no matter what his rank or circumstances may be. With a tremendous stretch of country sparsely settled, except in a compara-tively few districts, the enforcement of compulsory food economy on any general scale presents serious obsta-cles. It is hoped that the Greater Production campaign, which is now being started, will make unnecessary

any resort to compulsory rationing in this country. At the same time our people must realize that efforts must not be relaxed to conserve food, for the need is very great.

The following figures indicate how great is the demand from overseas

o meet their shortage: In addition to Canada's total exportable surplus and the 75,000,000 more bushels which is absolutely the minimum that the Allies must have from the United States, 15,000,000 bushels must be found for Belgian re-lief and 10,000,000 bushels for Cuba and other neutrals upon whom the Allies are dependent for other foods

Food Control Corner

licensed wholesale dealers.

Mr. Thomson advises consumers to lemand from their dealers cod, had-

ports of beef averaged 1,000,000 pounds a month; for the next three months British ships are being sent to American and Canadian ports for over 70,000,000 pounds a month. In pork products, the Allies took 50,000,-000 a month before the war. They now ask for 150,000,000 pounds. The sharp reduction of rations among every one of the Allies—for Great Britain has had to cut down her com pulsory ration already from against the voluntary ration which Sir Arthur

Yapp proposed as late as November last—is proof of the need. The responsibility for saving food, so that the national total of eating so that the national total of eating shall be less, lies largely with the housewife. In fact, the immediate work of helping the Allies by food service falls to her. The growing of a larger supply for the Allies next year is more especially the Canadian man's work and preparations for it should not be delayed until Spring. should not be delayed until Spring. Sheer hard work in the home, and then in the field, is the only solution of the difficulties of those who are fighting uncomplainingly for us. "Food will win the war," Mr. Hoover has said. Whose food shall win-German or Canadian? has said.

WAR DEVELOPS ODD FREAKS.

Many "False Prophets" Have Risen

Fortune tellers, crystal gazers, othsavers and many others who lay claim to the power to look into the fu-ture are making large sums in Eng-land despite the vigilance of the police. Persons with relatives at the front are the principal victims. "Prophets" have risen all over the British Isles who foretell everything from the date of the ending of the war to the small-est details of the reconstruction per-iod, both in Great Britain and one the Continent. Some dire predictions attracted the attention of the secret service and it was found that German

gold had been prompting the sayings.
Old Moore, who can point to a long
list of "predictions that came true," says in his Almanac of 1918 that the peace treaty will be signed in Berlin this year and adds: "As regards the future of Germany, I anticipate a revolution, an entire break up of the empire, the end of the Hohenzollern dynasty and the ignominious flight of the kaiser to find death in obscurity."

Never, if you can help it, hang pictures so that the wires will show, and do let the pictures hang against the wall as if they were really and truly

Date Marmalade.—Remove stones Date Marmalade.—Remove stones from dates, steam over hot water un-til tender and then press through a colander. This is a good spread on bread or makes a delicious filling for andwiches.

Date Salad.—Wash dates thorough-

ly, then with a sharp knife make an incision and remove the stone; put in its place a bit of cream cheese and close the opening. Dispose three or four dates on lettuce leaves. Garnish with a slice of seer green pepper. Pass a dish of mayonnaise dressing with the salad.

