### The origin of nince meat

We do not know who made 'the first batch of Mince Meat, but it is safe to say that he or she had little idea of the great popularity which the Mince Pie was destined to achieve in the years to come.

Of course, the method of making Mince Meat was crude then. Now, it is an exact science; the selection of materials, the blending of the ingredients, the skill in cooking and the machinery used are the result of years of experimenting and concentrated effort. There is no nore wholesome or nourishing food than a high-grade Mince Meat, such as

# Bowes

## CASTORIA A large and attractive display of

Combination Dresses

POLITICAL BIRTHDAY.

The great barrier, which has so long existed between the two sexes will at last be broken down next Monday. In Ontario for the first time in history, men and women will go to the polls together and vote on an equal basis—next Monday. Many women will for the first time put their mark on an official ballot—next Monday. Many households will poll a divided vote for the first time—next Monday. Many an old-time politician, sure of his election in years gone by, will nervously await the outcome—in the face of the new and uncertain voting body—next Monday. But most important of all, the men and women of the province will be brought face to face with the problem of silencing for ever the liquor traffic, suspended during the war—next Monday.

Next Monday will be the birthday Justrite Ladies' Wear



# Your Nicest In Five Minutes

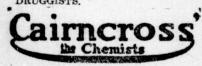
THERE are occasions when you want to look especially nice—and sometimes they come so unexpectedly you have little time to "fix up". You need never worry if you have a jar of CREME ELCAYA handy. Try this simple formula-

"A little CREMB ELCAYA subbed gently into the sking then if you need color, a very little Eleayarouge spread care-fully over the checks before the cream is quite dry; and after that the film of face powder over all."

# CRÊME

is a delightful, non-greasy, disappearing toilet cream that makes the skin like velvet.

Your dealer has ELCAYA and has sold it for years. Ask him. In Jars, at 35c and 75c. James C. Crane, Sole Agens MacLean, Benn & Nelson, Ltd. MONTREAL
Distributors for Canada



# PAGE OF INTEREST

SAFEGUARDING GIRLS WILL HAVE PROMINENT PLACE ON PROGRAM OF AMERICAN EPISCOPAL CHURCH

General Secretary of New York Church Mission of Help To Bring Mutter Before Ge neral Convention Now Meeting in Detroit.

Women At Home and Abroad

SHERLOCK HOLMESING

Discussed.

A big convention of the Women's In-

stitutes of Western Ontario will be held

in the Y. M. C. A. Auditorium on Wed-

Detroit, Oct. 14.—A movement to safeguard girls, based on scientific methods, and backed by the social program of the church, will be presented to the general convention of the Episcopal Church at a special mass meeting to be held here Friday of this week. Mrs. L. Frederic Pease, acting general secretary of the New York Church Mission of Help, will represent the national organization.

"The single standard for men and women must have the backing of the church. Our attitude towards life has changed to meet new social demands. The world needs better mothers—but just as surely does it need better fathers." Mrs. Prederic Pease made this statement last week on her arrival in Detroit to attend the convention.

Mrs. Pease represents the most recent movement in the Episcopal Church for helping girls. "Two thousand five hundred wayward girls have been assisted by the society in eastern dloceses since 1919," Mrs. Pease said. "We claim five great reasons for the downfall of girls:

Peasons for Downfall.

on her own wild way, and you will have your hands on the solution of the vork have your hands on the solution of the work have your hands on the solution of the work have your hands on the solution of the program to the church at the special meeting which will be called on Friday evening. During the past summer the Church Mission of Help was nationalized and plans will be outlined for the extension of the work to every part of the country. Extension will be carried of two representatives from each diocese and a general secretary. A central bureau will be maintained for statistics and the accumulation of information concerning wayward girls. Workers trained in social work, supplemented by volunteer service, will be used all over the country.

According to a statement made by Mrs. Pease the Church Mission of Help was nationalized and plans will be outlined for the extension of the work to every part of the country. Extension will be carried of two representatives from each diocese and a general secretary. A central bureau w

Mrs. Pe

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MINCE MEAT

"Lead of poper sex education." Lead of poper sex education. "Lead of the first problems studied by the father or mother are gone. "We might as well face the squarely—In the past the church Mission of Help was that of the unmarried mother, her claims of constructive was done to upset their disamining fusition for the church Mission of Help was that of the unmarried mother, her claims constructive was done to upset their disamining fusition for the church Mission of Help was that of the unmarried mother, her claims constructive was done to upset their disamining fusition for the church Mission of Help was that of the unmarried mother, her claims constructive was done to upset their disamining fusition for the church Mission of Help was that of the unmarried mother, her claims and responsibilities. Effort is directed to father and care for her disamining fusition for the unmarried mother, on the string of the unmarried mother, on the string constructive was done to upset their disamining fusition for the unmarried mother, her claims and responsibilities. Effort is directed to father and care for her disamining fusition for the unmarried mother, her claims and responsibilities. Effort is directed to father and r

ONTARIO WOMEN'S POLITICAL BIRTHDAY.

ELABORATE HEADDRESS AGAIN IN VOGUE.

There is a tendency towards elaborate head-dressing in the costumes of today, but the inspiration of the newest designs in head ornaments does not come from any particular time or nation. The flowers and combs of the Spanish maiden are alike acceptible

Advertiser Patterns



This illustration call for TWO separate patterns, which will be mailed to any address on receipt of 10 cents FOR EACH pattern in silver or 1-cent and 2-cent stamps.

with the plain golden filet bandeau of the Greek, the ornate feathers of the French woman, or the beads, ivory and silk tassels of the women of China and Japan. The head-dress of today may be whatever the wearer choses, so long as it accentuates her charm.

Caution: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need only mark 28, 34, or whatever it may be. When in waist measure, 22 24, 25 or whatever it may be. If a skirt, give whist, and length measure. When misses or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than tendays from the date of application. SHERLOCK HOLMESING
LATEST WOMAN'S JOB.
The very latest thing in women's jobs is Sheriock Holmesing. Indeed, a deputation of women in the United States has already waited upon Col. Gray, deputy commissioner of police, to urge the need of the appointment of such, in large towns to deal with moral delinquents. The deputation consisted of representatives from the Women's Reform Club, National Service Fund, Mothers' Union, Girl Guides, Girls' Diocesan Society, Children's Aid Society, National Council of Women, Wesleyan Deaconess Society and the mayoress of Johannesburg.

minion president, and the address of welcome will be delivered by Lady Hearst. The speakers on this occasion will be Mrs. W. E. Sandford of Hamilton, president of the National Council of Women; G. A. Putnam of Toronto, superintendent institutes branch of the Ontario department of agriculture; Dr. Margaret Patterson of Toronto, convener of public health and child welfare, Toronto; Miss Anita E. Hill, convener home economics; Mrs. Jean Robson, Ottawa, convener on immigration: son, Ottawa, convener on immigration; Mrs. Ralph Smith, M. L. A., Vancouver, convener on legislation; Judge Emily F. Murphy of Edmonton, and Mrs. Alfred Watt, M.A., M. B. E., representing the Women's Institutes of Great Britain.

## SOCIAL AND **PERSONAL**

Rev. Canon C. R. Gunne has re-

turned from Galt. Miss Minhinnick and Miss Flora Min-

Mr. and Mrs. Verne Rowell of Ottawa are in the city for a short time. Miss C. Willits, of this city, spent the holiday with relatives at Clifford, Ont.

Mr. A. Simons and daughter Queenie Mr. and Mrs. R. H. Dowler and Master Sandford Dowler are in St.

Misses Edith and Ethel Lloyd are guests of Mr. and Mrs. J. Gudgeon, Maitland street, London.

Miss Mary Mason of Toronto, accom panied by Miss Amy Hancock, is visit-ing Mr. and Mrs. Mason, Hyatt avenue.

KINGSMILL—NIXON.

The Church of the Emphany, Toronto, was the scene of a quiet wedding on Saturday afternoon, October 11, when Netta M, daughter of Mr. and Mrs. H. R. Nixon of St. George, was united in marriage to George Frederick Kingsmill, son of Mr. and Mrs. T. F. Kingsmill, of this city. The ceremony was conducted by Rev. S. I. Stiles, and Mr. R. E. W. Lawrason, St. George, played the wedding music. The groom's sister, Miss Ruth Kingsmill, sang during the signing of the register. Upon returning from Ottawa Mr. and Mrs. Kingsmill will reside in London.

### Cynthia Grey's Mail-Box

Two Recipes. Cucumber Mustard Pickles .- Two quarts onions, two ripe cucumbers, peel quarts onions, two ripe cucumbers, peel and take out seeds, one large cabbage, six green peppers, two large heads of celery, put through chopper; soak overnight in salt water, drain and scald in equal parts of vinegar and water, then drain and make paste as follows: Six cups granulated sugar, 1½ cups flour, half cup mustard, one ounce turmeric, mix all together cook until creamy. Pepper Hash.—Six peppers, sweet, red and green, six onlons, one head of cabbage; cut all fine, put handful salt on them over-night and drain; then put three cups granulated sugar, one on them over-night and drain; then on them over-night and drain; then put three cups granulated sugar, one ounce celery seed, one ounce mustard seed and vinegar to cover.

MOLLY MAGUIRE.

Not So Peppery. Dear Miss Grey,-Here is a dandy Pepper Relish recipe: One dozen red

Pepper Relish recipe: One dozen red beppers, nine onions, put through the grinder; one and one-half cups vine-gar, one pound brown sugar, one-half teaspoon cinnamon, one-half table-spoon salt; mix together and boil for twenty minutes; seal in small jars—jelly glasses would be all right.

May I have the stocking foot pattern? Oh, thank you.

MISS PEPPERY.

Ans.—Somehow, folks, I don't believe Miss Peppery is so "hot" as she would like us to think. That polite "thank you" would seem to prove otherwise, and so a foot pattern is sent with great pleasure.

A Would-Be Actor. Dear Madam,—I would like to enter the moving picture business (as actor). Please give me all particulars concerning it. Thanking you in advance, I

Ans.-I've never been a movie a Ans.—I've never been a movie actor (or actress, if you prefer) myself P. A., so am scarcely acquainted with "all the particulars," but why not interview the manager of one of the local theatres as to the best way to begin? I fancy there are training schools for theatrical folks in the United States, and possibly you might get a start by attending one of these.

Dear Miss Grey,—I think a recent correspondent is right when she says Dalmatian powder is the best remedy for "a few stray ones." It will happen sometimes, especially, when one moves into another house, that the pesky things are encountered, and then it is well to have a remedy. With some remedies suggested the cure is about remedies suggested the cure is about as bad as the disease—too much

trouble.
But I think the insect powder sold in ville, London. Credential committee—
Mrs. D. M. Sutherland, Toronto; Mrs. J.
Patterson, Gadshill; Mrs. J. G. Dawes,
Thedford, and Dr. A. Backus, Aylmer.
Resolutions committee—Mrs. W. T.
Mead, Blenheim; Mrs. J. Patterson,
Gadshill; Mrs. J. G. Dawes, Thedford,
and Dr. A. Backus, Aylmer.
Dominion Federation of Women's
Institutes will meet in Toronto on Tuesday, November 11. At this convention
the chair will be occupied by Judge
Emily F. Murphy of Edmonton, the Dominion president, and the address of a mill-yun times, Molly? But, anyhow,
it's more recipes and indeed. If one application don't exterminate them, keep at it, and victory is yours. There used to be a saying, "Patience and the need to remember it still. I am inclosing a couple of seasonable recipes, which are very good. Yours sincerely, MOLLY MAGUIRE.
P.S.—Best wishes to all the Circleites and here's hoping the temperance cause may be triumphant.
Ans.—Those old friends "Pat" and "Per" remind me of copy-book days.
Did you ever have to write the sentence and your sincerely.

"Per" remind me of copy-book days.
Did you ever have to write the sentence and the need to remember it still. I am inclosing a couple of seasonable recipes, which are very good.

Yours sincerely. drug stores is very good indeed. If one application don't exterminate them, keep at it, and victory is yours. There used to be a saying, "Patience and

mill-yun times, Molly? But, anyhow it's most sound advice in regard to other things besides "stray ones." other things besides "stray Thank you for the nice recipes.

Thanks Sympathetic Mother. Dear Miss Grey,—Received patterns sent by Sympathetic Mother. They are sent by Sympathetic Mother. They are "just pretty," and I appreciate her kindness in sending them to me. I am sure my bride friend will be delighted with them. Motherless girls always awaken a warm spot in my heart as my own mother left us when I was only a year old, so I think Sympathetic Mother entertains the same spirit.

Miss Grey was kind enough to offer thanks in my behalf. Best wishes, ROSE MARIE.

They'd Understand, Mary.

They'd Understand, Mary.

Dear Miss Grey,—If writing short stories for money, would the department you sent them to know if you wanted money for them if you did not tell them? If not, what would you write, and would you send story in same letter? How soon after you sent the story would you receive the money? Would this paper be all right for writing, or would you use thicker paper?

MARY EVELYN.

Ans.—Yes, I feel sure it would be taken for granted that you were not writing for love alone, but for financial gain. If your story was accepted you would be sent remuneration within one month or six weeks, depending upon the publication to which it was sent. If to a syndicate, possibly sooner. If to a syndicate, possibly sooner. Should advise larger sheets of paper, say eight by ten inches, and of heavier weight.

Tomato Canners, Please Help.
Dear Miss Grey,—Will some of the readers please give me a recipe for canned tomatoes. Mine was to boil 20 minutes with a tablespoon salt to a stew kettle of tomatoes, and they did not keep. Would also like a recipe for tomato marmalade. I will sign myself,

Ans Referred to successful cana

Ans.—Referred to successful canmers of tomatoes. I do not see why
your tomatoes should not have kept,
Nicky. Sure the jars were perfect, and
that they were put in boiling hot?

(2) A recipe for tomato marmalade is
this one supplied some time are but

Sole Agents for Printzess

# CHAPMAN'S

Given Our Prompt Attention.

# Printzess Week

# **National** Style Event

7EVER before have we had so attractive an assortment of Coats and Suits as these new Printzess creations now on display in our windows and garment section. You will be appreciative, too, of the expertness of tailoring and the careful attention to detail which characterize Printzess garments and which have made the Printzess label so definite an assurance of excellence to discriminating women everywhere.

We are enthusiastic over these beautiful garments, and we know that you, too, will at once perceive how truly distinctive they are.

Arrange your visit as soon as possible while stocks are quite complete.

## Model Corsets.

Ladies' Corsets for the New Gown or Suit C-C a la Grace Correct Model, in excellent quality coutil, low bust, long hip, four hose supports, elastic sections inserted in back. French graduated steels, reinforced front in all sizes. Special for Printzess Week .....

Special model for the stout lady, made from good heavy English coutil, double steels throughout, reducing straps with hose supports. Selling

Special model for slight figure low bust, long hip, nice flexible steel fillings in

pink and white. Selling \$2.50

### Ladies' Gloves

Special Winter Gloves, Dent's, in sable, the newest fall shade, one clasp sizes 61/2 to 8

Ladies' Combinations Ladies' Pure Wool Cashmere Combinations, with V neck, elbow sleeves, long sleeves and finished with neat cuffs and button trimmed, cial for Printzess Week 53.50 for at



heel and toe, in black white and navy, sizes 8½ to 10. Selling

Ladies' Dropstitch Silk Hose, the very latest style in Hosiery, high spliced heel and toe, four-inch hem, in black, navy, mole and taupe, sizes 81/2 to 10. Extra special value for Printzess Week

Ladies' All-Wool Cashmere Hose, high spliced heel and toe, four-inch hem, sizes 81/2 to 10 (Penman's make), in black, white and

brown. Selling at, per pair, **\$1, \$1.25, \$1.35** 

and 51.50

## Ladies' Georgette Waists

Ladies' Waist in beautiful quality georgette. This waist is pin-tucked, round or V neck, sleeveless, ankle length, nicely finished. Spe- in white, pink, navy or maize. Special for Printzess Week

## John H. Chapman & LONDON

