

**Dual declaration  
with footnote of  
nutrients added  
by combination  
of foods.**

# Nutrition Facts

Serving Size X cup (XXX g)  
Servings Per Container X

Amount Per Serving	Soup w/ 1/2 cup	
	Soup	Skim Milk
<b>Calories</b>	XXX	XXX
Calories from Fat	XXX	XXX

% Daily Value*		
<b>Total Fat</b> Xg	XX%	XX%
Saturated Fat Xg	XX%	XX%
<b>Cholesterol</b> XXXmg	XX%	XX%
<b>Sodium</b> XXXmg	XX%	XX%
<b>Total Carbohydrate</b> XXg	X%	XX%
Dietary Fiber Xg	XX%	XX%
Sugars Xg		

## Protein XXg

Vitamin A	XX%	XX%
Vitamin C	X%	XX%
Calcium	X%	XX%
Iron	XX%	XX%

\* Amount in soup mix. One half cup sim milk contributes an additional XX calories, XX mg sodium, Xg total cabohydrate (Xg sugars), and Xg protein.

\*\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	XXg	XXg
Sat Fat	Less than	XXg	XXg
Cholesterol	Less than	XXXmg	XXXmg
Sodium	Less than	XXXmg	XXXmg
Total Carbohydrate		XXXg	XXXg
Dietary Fiber		XXg	XXg

Calories per gram:  
Fat X • Carbohydrate X • Protein X

(Consult FDA regulation for specific requirements on type size, spacing and other graphic elements.)