

18.

The poorer we are, the more confidence we should repose in Divine Providence to whom we should abandon ourselves entirely both in temporal and spiritual wants.

19.

The sinner that profoundly humbles himself becomes a just man. On the contrary a man of angelic innocence, and adorned with the rarest virtues to the most eminent degree, becomes like a reprobate if he has not humility, because all the virtues he possesses want their foundation, and cannot stand.

20.

There is nothing more useful or necessary than mental prayer: we should, therefore, be most careful to practice it well, and conceive a real affection for it.

21.

It is peculiar to the Spirit of God to act with meekness and love. The most certain method of succeeding in what we undertake is to take this Divine Spirit as our model.

22.

Neither philosophy, nor theology, nor all the reason in the world will have any effect on souls. It is necessary that Jesus Christ should act with us, and we with him. We must speak, as he spoke, and be in union with his spirit as he was united with God his Father. He preached only the doctrine which God his Father had taught him.

23.

There are no persons more firm and constant in any good work they have undertaken than those who are meek and placid. On the other hand those who are easily betrayed into anger are generally inconstant. They act through caprice and through natural motives.

24.

A superior should have recourse to God by prayer, not only when he is in

doubt and in embarrassing circumstances, but also to learn from God what he is to teach others. He should imitate Moses, who had taught the people only what he had heard from God.

25.

We understand much better what we are in sickness, than in health. We are happy if we can discover the treasure that is concealed in sickness.

26.

Mortification is necessary to acquire meekness, and to overcome the difficulties which we meet in the service of God.

27.

Prudence makes us act with attention and for the end that we should propose to ourselves. A prudent man performs his actions in the manner, at the time, and for the end that is suitable, but is, he performs them for God. Prudence guides him to the most proper means, and the surest way of attaining the end he has in view.

28.

In public discourses we should re-trench every thing that serves to make them more brilliant, and to attract greater applause. We should abstain from far-fetched thoughts and expressions. The heart in this makes a secret sacrifice that is most agreeable to Jesus Christ, who delights in true humility, and in simplicity of speech and action.

29.

God loves the poor, and consequently he loves those who have an affection for the poor. For, when we love any one very much we also love his friends and servants.

30.

The smallest feeling of envy for the good done by others is a sin directly opposed to pure and genuine zeal.