

PEOPLE WONDER



How is it possible for ST LEON WATER to give such grand Relief. Because in defective digestion, so common, there is present in the stomach an unnatural ferment which produces a poisonous acid, enters the blood with the digested food, inflames the tender coatings, and poisons the system.

St. Leon Mineral Water Before and after meals. Ask for Tourist Season Ticket. Now is your time to rejuvenate at St. Leon.

THE ST. LEON MINERAL WATER CO. (LIMITED), HEAD OFFICE: 101 1/2 KING STREET WEST, TORONTO.

THE INTERNATIONAL BUSINESS COLLEGE, Corner College Street and Brunswick Avenue. J. N. MUNGROVE.

Parents, give your boys a chance. Don't send them out to fight the battle of life unprepared. It will be ten times easier for them to succeed in business if they first obtain a sound business education.

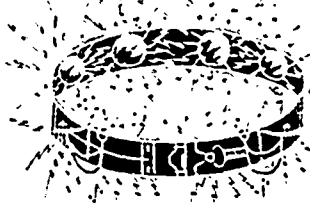


OF IMPORTANCE TO YOU.

We request all those seeking medical relief to write us tentatively and learn for themselves of what THE GREAT MODERN REMEDY can do for them. To heal the sick we must destroy the cause.

WM. RADAM MICROBE KILLER COMPANY, L'ed 100 KING ST. W., TORONTO, ONT.

SELF-APPLICATION OF ELECTRICITY FOR MEDICAL PURPOSES, BY THE DORENWEND ELECTRIC BELT AND ATTACHMENTS



The World's Best. All diseases curable by Electricity can be treated at home by the Dorenwend Appliances. The Dorenwend is the only legitimate Electric Belt made which fulfils the requirements of Electro-medical Science.

The Dorenwend Electric Belt and Attachment Co., C. H. DORENWEND, Electrician, 103 YONGE STREET, TORONTO, CANADA.

G. N. W. TEL. CO. Special Messages Department. MESSAGERS FURNISH INSTANTLY. Notes delivered on parcels carried to any part of the city. DAY OR NIGHT. Special rates quote for delivery of Circ. lers, Handbills, Invitations, etc. Rates etc., apply General Office, or 2 KING ST. EAST, TORONTO. TELEPHONE NO. 1144

YE DAINTYE LADYES PLEASE TAKE NOTICE.

HARRIET HUBBARD AYER'S

RECAMIER TOILET PREPARATIONS

THESE PREPARATIONS ARE FAMOUS

AS THE ONES ENDORSED AND USED

BY THE

MOST BEAUTIFUL WOMEN OF EVERY COUNTRY.

VOLUNTARY TESTIMONIALS

FROM MRS DAMPS

ADELINA PATTI NICOLINI, BERNHARDT, LANGTRY, POTTER, MODJESKA, CLARA LOUISA KELLOGG,

AND THOUSANDS OF OTHERS.



What the Recamier Preparations are, and why they are to be Used

RECAMIER CREAM which is the first of these world-famous preparations, is made from the recipe used by Julie Recamier. It is not a cosmetic, but an emollient to be applied at night just before retiring, and to be removed in the morning by bathing freely.

RECAMIER BALM is a beautifier pure and simple. It is not a whitewash, and unlike most liquids, Recamier Balm is exceedingly beneficial, and is absolutely imperceptible, except in the delicate freshness and youthfulness which it imparts to the skin.

RECAMIER LOTION will remove freckles and moth patches, is soothing and efficacious for any irritation of the cuticle, and is the most delightful of washes for removing the dust from the face after travelling, and is also invaluable to gentlemen to be used after shaving.

RECAMIER POWDER is in three shades—White, Flesh and Cream. It is the finest powder ever manufactured, and is delightful in the nursery, for gentlemen after shaving, and for the toilet generally.

RECAMIER SOAP is a perfectly pure article, guaranteed free from animal fat. This Soap contains many of the healing ingredients used in compounding Recamier Cream and Lotion.

Scented, 50c.; unscented, 25c.

Read the following quotation from a certificate signed by three of the most eminent chemists in America:—

"The constituents of the Recamier Cream are well-known remedial agents, and their properties are fully described and authorized in the American and French pharmacopias. They are combined in a way which, while novel, is chemically correct, the resulting preparation being perfectly safe and beneficial for the uses specified.

If your druggist does not keep the Recamier Preparations, refuse substitutes. Let him order for you, or order yourself from either of the Canadian offices of the Recamier Manufacturing Company, 374 and 376 St. Paul Street, Montreal, and 50 Wellington Street East, Toronto.

For sale in Canada at our regular New York prices: Recamier Cream, \$1.50; Recamier Balm, \$1.50; Recamier Moth and Freckle Lotion, \$1.50; Recamier Soap, scented, 50c.; unscented, 25c.; Recamier Powder, large boxes, \$1; small boxes, 50c.

A REVELATION AND A REVOLUTION

BY THAT EMINENT SCIENCE WRITER AND CHRISTIAN SCHOLAR,

A. WILFORD HALL, Ph. D., LL. D.

Health Without Medicine—Greatest Discovery of the Age!

WHAT DO YOU THINK OF IT?

FIRST STATEMENT.—Nothing like this was ever published before. It has therefore nothing to do with drugs, patent medicine, electricity, magnetism, dilettes, or with any other pathy whatever.

HOME TESTIMONY:

TWO SAMPLE LETTERS MUST SUFFICE—MORE ANOTHER TIME.

THE REV. COVERDALE WATSON, for the last three years pastor of the Central Methodist Church, Bloor-street, Toronto, but now of Victoria, B.C., writes under date of Aug. 5th inst., as follows: "Dear MR. SIMPSON—Yours of the 20th July was duly received. I can only say with respect to DR. A. WILFORD HALL'S Hygienic treatment that I regard it as a wonderful discovery, and if perseveringly used it cannot fail to be of great service.

MR ROBERT LINN, Miller, with Messrs. McLaughlin & Moore, Bay and Esplanade-streets, Toronto, writes August 13 as follows: "To J. J. WESLEY SIMPSON—Dear Sir,—A remarkable experience prompts me to write concerning DR. HALL'S 'Health Pamphlet' purchased of you some time ago. The treatment unfolded therein, is to my mind, the greatest health discovery of the present century. It certainly has proved a great boon to me in a recent and severe attack of inflammation and hemorrhage of the kidneys, accompanied with piles of a painful character.

THE MICROCOSMIC ECHO, containing Portrait of Dr. Hall, history of his most remarkable discovery, with scores of letters from Ministers, Doctors, Editors, and others attesting the marvels of this wonderful Revolution will be sent FREE to any address by THE SIMPSON PUBLISHING CO., 60 ADELAIDE STREET EAST TORONTO, CANADA.

MAGIC LANTERNS AND STEREOPTICONS. Offered the best and cheapest means of object teaching for Colleges, Schools and Sunday Schools. Our assortment of Views, illustrating art, science, history, religion and travel, is immense. For Home Amusement and Parlor Entertainment, etc., nothing can be found so instructive or cheaper, while Church Entertainments, Public Exhibitions and Popular Lectures are greatly enhanced by their use. An instrument with a choice selection of Views makes a splendid Holiday present. We are the largest manufacturers and dealers, and ship to all parts of the world. If you wish to know how to order, how to conduct Parlor Entertainments for pleasure, or Public Exhibitions, etc., for MAKING MONEY, send us your name and address on a postal card (enclosing this paper), and we will mail you our 200 PAGE BOOK FREE. McALLISTER, Manufact'g Optician, 49 Nassau St., New York City.

HEALTH HINTS.

ECONOMY.—Many people would be economical if they knew how. It is an art to practice economy. To do it well one must know the art. All can have it if they will. It is an arithmetical art. It is a conclusion of numbers. All must live, and ought to live well, but how to live best at the least expense is the work of figures to tell. We must count the cost of ways and means and compare them. Many people use expensive articles of food and dress when cheaper ones would be in every way better and more serviceable.

CUCUMBERS NOT NOXIOUS.—Many people are under the impression that cucumber is very indigestible, and when they eat it they do so under protest, and with apprehension of dire consequences. How this delusion can have arisen it is difficult to say, unless it be that cucumber is often eaten with salmon and other indigestible table friends. It is not the cucumber, however, but the salmon that sits so heavily upon our stomach's throne. Cucumber, in fact, is very digestible when eaten properly. It cannot, indeed, be otherwise when it is remembered that it consists mainly of water, and that those parts which are not water are almost exclusively cells of a very rapid growth. In eating cucumber it is well to cut it into slices, and to masticate them thoroughly. Even the vinegar and the pepper that are so often added to it are of service to the digestion if not taken in excess.

A DAY IN BED.—A writer in a medical journal remarks: "The surest, quickest and most sensible way to cure a cold is to go to bed, and stay there." But, he adds, "not one American in fifty will apply the remedy. We are too busy. We would rather risk losing our life than lose a single day. Therein we are fools." For other things than colds a day in bed is a most excellent specific. For certain forms of nervous impairment nothing will more readily restore the balance than the forced rest and quiet of a few hours in a recumbent position. The exigencies of life often necessitate overwork. The father of a family may be engaged in a business which, at certain seasons of the year, is very taxing. The mother has to meet extra burdens of sickness or company. The children are pressed with school work, and show by their irritability that the nervous force is being overdrawn. Better even than a holiday, as a restorative in such cases, would be the prescription herein recommended. Nature is elastic, and can stand a great many shocks, if only the nervous system is given time to recover between them.

TERRA ALBA, white earth; alum, a mineral; and ammonia, a drug, the use of which in food is condemned by physicians, are used by unscrupulous manufacturers of baking powder, to cheapen the cost, and so impose upon the housewife and undermine the health of the family. The public has but one remedy. That is, to buy only such baking powder as she knows to be pure and wholesome, and all the ingredients of which are published on the label.

AN IMPORTANT SUBJECT. The subject of health. Good health depends upon good food. It is not what we eat that nourishes the body, but what we digest. To study what we eat and why we eat is important. It was by eating the wrong food that the curse came upon mankind at first. Thousands are miserable with indigestion and dyspepsia from eating the wrong kind of food now. Some eat the same kind of food in a hot weather that they do in cold weather, and consequently they suffer and are cast out of the paradise of health. It is always safe to eat Desiccated Wheat, but be sure you get the proper article with the name and trade mark of the Ireland National Food Co. (Ltd.) on the package.