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RICE BREAD.—One cup of rice boiled till tender, but not to a mush, a handful of meal, two eggs, one-quarter pint of cream, a little salt. Grease the mould thoroughly, or it will not turn out well.

PLAIN CORN BREAD.—To one pint of corn meal, add a saltspoon of salt, a teaspoonful of lard. Pour boiling water over it, mix thoroughly into a soft dough. Let it stand covered for an hour. Make into shapes and cook in a very hot stove for twenty minutes.

RICE WAFFLES.—Boil one teacupful of rice, beat three eggs separately; when the rice is cool, beat the yolks in it. Then add one pint of sour cream, with one half teacupful of soda. If you have no cream, use milk, and put a desert spoonful of butter into the rice while it is hot. Add one pint of flour, and a little salt. Beat the whites very stiff, and add them just before baking.

CORN BATTER BREAD.—One tablespoonful of grits, well boiled, two eggs, one pint of milk, one teaspoonful of baking powder and one tablespoonful of butter. Mash the grits well, mix with it the eggs well beaten separately, the milk, and meal enough to make a very thin batter. Last, pour in the butter, melted; put in a baking dish, and bake in a quick oven. Help with a spoon.

DELICIOUS MUSH CAKES.—Beat the yolks of three eggs very light, add one-half pint of milk, one pint of stiff mush also cold, one-half pint of flour, one-half teaspoonful of salt, one-half large tablespoonful of melted butter or lard. Just before trying, whip the whites of the eggs to a stiff froth, and stir lightly into the batter. In frying all kinds of batter cakes, use no more lard than is absolutely necessary to keep them from sticking.

BRAT BISCUIT.—Three pints of flour, one teacup of sweet milk, one pint of cold water, one heaping teaspoonful of salt and one-quarter teaspoonful of soda; then rub the lard into the flour, next add the milk and water, and knead well. When well kneaded begin to beat, sifting gradually over the dough, as you beat it, another pint of flour. Beat from half an hour to an hour, according to the patience of the cook. Bake in a quick oven.

BUNS.—Boll one quart of milk, add a piece of butter the size of an egg. After it has cooled and become milk-warm, add two eggs, one cup of white sugar, one cup of yeast, and enough flour to make a stiff batter. Leave the spoon in it. When it rises, stir it down. When it rises the second time, add flour enough to make a soft dough. Shape the buns, and let them rise one hour, having wiped them over, when first made out with a cloth dipped in melted lard. After they have been baking five minutes, glaze them with the beaten white of egg to keep the crust soft.

SALLY LUNN.—One teacupful of yeast, one pint of sweet milk, one-third teacup of white sugar, two eggs, heaping teaspoonful of butter, flour enough to make a stiff batter, salt to taste. Let the milk come to a boil and drop the butter into it while the milk is cooling; beat the yellow of the egg with the sugar, put in the yeast and the milk, after stirring well; add the beaten whites of the eggs; stir in flour enough to make a stiff batter, and set to rise. When well risen, pour into well-greased pans, and allow to rise again, then bake.

SALLY LUNN.—One pint of flour, two eggs, a large spoonful of yeast, one cup, two-thirds milk, one-third water. Sift the flour into a bowl; make a hole in the middle, put in one-half teaspoonful of salt, one teaspoonful of sugar, the yeast, eggs whipped separately, a large spoonful of butter, and the milk and water. Beat well; the batter should be of the stiffness of pound cake. If too stiff, add more milk and water. Next morning beat well again, and pour into cups or mould, a little over half full, and set it to rise. When risen to the top of the mould, bake in a moderate oven. The mould must be greased.

WARNING.—If troubled with constipated bowels, never neglect it, of the system becomes clogged, the secretions dried up and the system poisoned with foul gases. Burdock Blood Bitters cure constipation by unlocking the secretions and regulating the glandular system.

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Ladies' Journal Competition.

NO. 4.

DIFFICULT BIBLE PROBLEMS TO BE SOLVED, FOR WHICH ONE HUNDRED AND THIRTY-ONE COSTLY PRIZES ARE TO BE GIVEN TO THE FIRST ONE HUNDRED AND THIRTY-ONE PERSONS SENDING CORRECT ANSWERS.

The publisher of the Ladies' Journal, of Toronto, Canada, announces another Bible competition, which he says may be the last unless more interest is taken in the plan.

HERE ARE THE QUESTIONS:

- 1st.—What city named in the Bible is the oldest now existing in the world?
- 2nd.—Name the first sale of land recorded in the Bible.
- 3rd.—Who is the first recorded in the Bible as being buried in a coffin?

These questions are propounded by the Rev. Prof. Welden, of Toronto Baptist College, and Rev. E. B. Harper, Barrie, Ont., a leading Methodist minister of Canada.

The publisher of the Ladies' Journal is reliable, and these rewards will certainly be distributed without favour or partiality to the FIRST ONE HUNDRED AND THIRTY-ONE PERSONS, in order received, sending correct answers to the foregoing Bible problems. The questions have been made so difficult, we have no doubt that it may not be necessary to give all the prizes. If, however, one hundred and thirty-one persons should send correct answers to all the questions, we will stake our reputation that all the prizes will be promptly and cheerfully handed over to the successful ones. Please mention that you saw this notice in THE PRESBYTERIAN.

Be in mind that everyone competing must send FIFTY CENTS by post-office order, scrip, or small coin (no stamps), with their answer, for which they may have the Ladies' Journal sent to any desired address for one year. Aside from the beautiful prizes offered, the Journal is the best half-dollar's worth published. It consists of twenty pages of choice entertaining reading matter, two full pages of new music, household hints, a short story, full page illustrations of latest American and English fashions, with complete letter press descriptions. In short, just the paper to suit ladies particularly, and interest anyone.

The Ladies' Journal is issued monthly, single copies 5 cents, annual subscription fifty cents. The proper address is Editor Ladies' Journal, Toronto, Canada, if any of our readers wish to compete. The competition remains open till 20th April only.

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