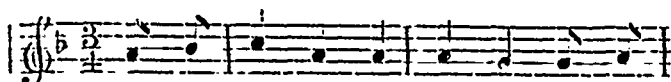


Beautiful twilight, at set of sun,  
Beautiful goal, with race well won,  
Beautiful rest with work well done.

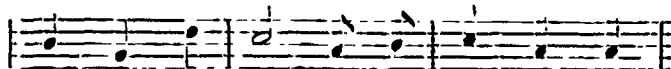
Beautiful graves where grasses creep,  
Where brown leaves fall, where drifts lie deep  
Over worn-out hands—oh, beautiful sleep!

## EXTENSION MOTIONS.

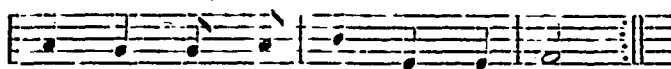
ARRANGED BY MISS BERTHA SIMS.



1. When we re play - ing to - ge - ther, we are



hap - py and glad, we don't care for the



wea - ther, and we ne - ver grow sad.

2. Now we're ready, all standing  
One by one in a row;  
Heads erect, in position  
Of attention, you know.—La! la! la! &c.

3. Then, our hands we bring forward  
With elbows unbent,  
And, throwing them outward,  
They backward are sent.—La! la! la! &c.

4. Like the sails of a wind-mill,  
When filled with the wind,  
Our arms we turn swiftly  
From front to behind.—La! la! la! &c.

5. When the trees of the forest  
Bend low 'neath the blast,  
'Mong the leaves and the branches  
The wind rustles fast.—La! la! la! &c.

The first, second, and third Extension Motions prescribed for the British Army are recognized in every country as among the best calisthenic exercises ever used. Either as parts or in their entirety they enter into every system of calisthenics, and should be practised in all schools. They may be performed in time with the singing of the second, third and fourth verses of the above piece. In each case the pupils get ready for the exercise while singing the words of the verse, and perform it while singing the chorus to the same tune. At the beginning of the fifth verse, the hands are raised to the full extent of the arms; the body is bent forward as far as possible while singing the second line, and raised while singing the third line, the arms being still held up. During the singing of the fourth line and the chorus, the fingers are moved as rapidly as possible, to represent the rustling of leaves in the wind. The effect of the latter exercise is very pretty, and the finger development is of great value to the children.

## Teachers' Associations.

The publishers of the JOURNAL will be obliged to Inspectors and Secretaries of Teachers' Associations if they will send for publication programmes of meetings to be held, and brief accounts of meetings held.

Toronto.—A special meeting of this body was convened in the Wellesley School on Saturday, 2nd ult. to consider and discuss the circular respecting the Superannuated Teachers' Fund, submitted by the Legislative Committee of the Ontario Teachers' Association. (This circular appeared in last month's issue of the CANADA SCHOOL JOURNAL.) The report of the

Library Committee was also to be considered. The president, Mr. J. Lauchlin Hughes, Inspector of City Schools, called the meeting to order at 9.30 a.m., and opened the proceedings in the usual manner. The attendance was very large, and a considerable amount of interest was evinced in the discussions. It was decided to take up the clauses in the circular *seriatim*, and some important changes were made, principally in clauses 3, 6, 9, and 11. In clause 3, Mr. Spence proposed, Mr. Powell seconded, and after a lively debate it was carried that, instead of "two per cent. of the salary," &c., the following be substituted: "That each teacher and inspector be required to pay a minimum of four dollars, and that it be optional with such teacher and inspector to pay in addition 4, 8, 12 or 16 dollars; the retiring allowance to be proportional to such payment as hereinafter provided." To meet this arrangement clause 6 was altered so that optional payers into the fund may, in addition to the compulsory payment, pay up compound interest on the difference, if he or she should become a contributor under the option aforesaid; and in clause 9 it was agreed that those who taught for thirty years, or reached the maximum ages for male and female teachers respectively, should receive a retiring allowance of not less than five-sixths of his or her contribution in respect of each year of teaching, and if the service had not been continuous, then in respect of the number of years of actual service and amount of contribution. In clause 11, "or disability" was inserted after "decease."

In the discussion, Messrs. Spence, Hendry, Powell, Clarke, Phillips, Doan, and McAllister took leading parts. The clauses were then passed in *globo*, and the amendments were handed over to a committee consisting of Messrs. Spence, McAllister and Doan to arrange in suitable form. On the motion of Mr. McAllister, seconded by Mr. Powell, it was decided that a copy of the revised clauses be sent to the representatives in Provincial Parliament and to the secretary of the Teachers' Legislative Committee. The report of the Library was then read by Mr. F. S. Spence as follows:

(1) That funds to the amount of forty dollars be appropriated to the professional literature for the Association library. (2) That the Association furnish its paid up members with the CANADA SCHOOL JOURNAL for 1881, for the sum of twenty-five cents, the Association paying the balance of the yearly subscription to that periodical; provided that, in case any such member so requests, the secretary shall—instead of furnishing him with the said journal—appropriate on his behalf a sum equal to the named balance as part subscription to any other educational periodical. (3) That the Association purchase a copy of some good educational work for each school, the same to become the property of such school; and that each member be requested to read the same before the next meeting of the Association." On clause 2 an animated debate was maintained, as many plans and projects were suggested; ultimately the report of the Committee was adopted in its entirety, and there being no further business the meeting adjourned.

It may here be mentioned that about 120 of the city teachers are now subscribing to the CANADA SCHOOL JOURNAL.

## TEACHERS' ASSOCIATIONS, 1881.

## SUMMARY.

COUNTY.	Place of Meeting.	DATE.
Lennox and Addington.....	Napanee	6th and 7th May.
City of Kingston.....	Kingston	6th and 7th May.
North Essex (Local).....	Maldstone Cross	2nd May
	Woodslee	1st June
	Stoney Point	16th May—French do.
East Victoria .....	Omeas	13th and 14th May.
Prince Edward .....	Pictou	13th and 14th May.
Renfrew .....	Arnprior	19th and 20th May.
District No. 2, Leeds.....	Farmersville	19th and 20th May.
Lincoln .....	St. Catharines	20th and 21st May.
Ontario.....	Cannington	27th and 28th May.
North Wellington .....	Drayton	19th and 20th May.
South Grey .....	Flesherton	19th and 20th May.
East Grey .....	Thorabury	26th and 27th May.
North Simcoe .....	Barrie	19th and 20th May.
City of London .....	London	27th and 28th May.
Elgin.....	St. Thomas	12th and 13th May.

PRINCE EDWARD.—Programme for Convention to be held in Council Room, Pictou, 13th and 14th May: Arithmetic—Discount, S. E. Martin; Superannuation of Teachers, Convention; Method of Teaching Writing, Messrs. Powers and Wilson; Arithmetic—Allegation, W. Benson; The Teacher's Influence, R. B. Martin; Mental Arithmetic to a Class, J. Kinney; Derivation, R. Dobson, B.A.; Constituents of Water with experiments, W. Briden, B.A.; English Grammar and Literature, J. M. Buchan, M.A., H.S. Inspector; Public Lecture on Friday Evening 13th, by Mr. Buchan. Every teacher is expected to attend punctually on both days. Questions for explanation are invited. Specimens of writing and drawing by pupils are also requested. Opening Session 9 a.m. Friday.

J. KINNEY, Secretary.  
Pictou, 20th April, 1881.

G. D. PLATT, President.

• KINGSTON.—Programme—Friday, May 6th, 9 a.m., President's Address; 10 a.m., Botany, Prof. Fowler; 11 a.m., English Literature, Mr. T. H. McGuire; 2 p.m., Pronunciation, Mr. W. G. Kidd, P.S.I.; 3 p.m., English Grammar, Mr. Wightman; 4 p.m., Question Drawer. Public Lecture at 7.30 p.m. by Col. Strange, R.A., on Physical and Intellectual Training in Schools. Saturday, 9 a.m., A Paper, Miss D. St. Remy; 10 a.m., Corporal Punishment in Schools; 2 p.m., Reading; 3 p.m., Religious Instruction in our Schools. Musical selections will be introduced between the different papers.

A. P. KNIGHT, President.

THOS. H. MCGUIRE, Sec.-Treas.