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The Guide-Advocate

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C. W. SAWERS, M.D., Phone 13, Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

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G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

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FARMERS' MUTUAL FIRE
INSURANCE COMPANY
(Established in 1875)

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NURSE THINKS
NOTHING BETTER

Lydia E. Pinkham's Vegetable Compound Advised for all Women in Poor Health

Toronto, Ontario.—"I took Lydia E. Pinkham's Vegetable Compound for years and it is the only patent medicine I ever recommend. I am a nurse and if I find a woman is in poor health I always tell her to take it. Although you know that doctors and nurses do not use patent medicines I must say that I think there is nothing better than your Vegetable Compound. When I first took it many years ago, I was so tired when I got up in the morning that I could not eat, and when I went to bed I was too tired to sleep. My mother-in-law told me that Lydia E. Pinkham's Vegetable Compound was just what I wanted so I tried it and only took two bottles when I felt better. Since then I have found that there is nothing that makes me feel so well, for it seems to build my system right up. I don't know any other medicine that has done so much for women."—Mrs. W. H. PARKER, 19 Wellesley Ave., Toronto, Ontario.

Women testify again and again that they have been helped by Lydia E. Pinkham's Vegetable Compound "after other medicines have failed." It has been tried for nearly fifty years and not found wanting.

If you are suffering from any of the various ailments which accompany female weakness try Lydia E. Pinkham's Vegetable Compound.

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GOOD WORK
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ESTIMATES FURNISHED
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RESIDENCE—ST. CLAIR ST.

GOING EAST

SHARPTON CATTLE

LINCOLN SHEEP

SILVER GRAY DORKINGS

BLACK LEGHORNS

Sheep trade looks better. Inquiries starting for fall trade already. Some nice calves coming on, and eggs for sale at a price you can afford to pay.

CHANTRY FARM

ED. DE GEX

Kerwood, Ontario

GOING WEST

Accommodation, 111.....8.42 a.m.

Chicago Express, 17.....12.40 p.m.

Detroit Express, 83.....6.51 p.m.

(a) Chicago Express.....9.11 p.m.

GOING EAST

Ontario Limited, 80.....7.48 a.m.

Chicago Express, 6.....11.22 a.m.

Express.....2.28 p.m.

Accommodation, 112.....5.38 p.m.

(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.

C. W. VAIL, Agent, Watford.

remember

WHEN WE advertise that we are baking first-class bread and cakes we back that up with our goods.

That also applies to our Confectionery, Chocolates and Etc. Just try us and see for yourself.

Lovell's

Wedding Cakes a Specialty

Muscular Rheumatism Subdued.
When one is a sufferer from muscular rheumatism he cannot do better than to have the region rubbed with Dr. Thomas' Electric Oil. Let the rubbing be brisk and continue until ease is secured. There is more virtue in a bottle of it than can be fully estimated.

INTERESTING NEWS
FROM FAR AND NEAR

A Canadian hen which will lay 365 eggs per year is the aim which Dr. J. H. Crisdale, deputy minister of agriculture, placed before a largely attended poultrymen's meeting. Already Canada has produced hens which could lay 325 eggs in the 12 months' period, he pointed out.

Canada, which has produced better macaroni than Italy, may soon make better Dutch cheese than Holland, in the opinion of the Dominion Dairy Commissioner, who has returned from Holland with ideas and specifications for a new cheese which he believes Canadian dairies can produce with profit.

Senator A. B. McCoig of Chatham, considers that he is "some" farmer. At the conclusion of the wheat-threshing on one of his farms yesterday there were thirteen hundred bushels in the granary of thirty-two acres, or a little over forty bushels to the acre, which Mr. McCoig believes is a record hard to beat for this district.

This summer has been a remarkably prolific one for small fruit. It is many years since there has been such quantities of strawberries, raspberries, cherries and currants as have adorned the windows of the stores during the past few weeks, and the promise of larger fruits is just as good. There should be no shortage of preserves and jam next winter if housekeepers have done their duty, as the price of sugar has been within bounds.

Riding on their father's horse to the pasture field to bring in the cows Thursday morning, the two little daughters of Eli St. Jean, a farmer of Tilbury East Township, were thrown on the ground when the horse became frightened. Both girls were badly injured, the elder being unconscious for some time. Dr. Rutherford was hurriedly summoned and found the elder girl suffering from an injury to her head. The other girl suffered from shock and several bad cuts.

A despatch from Salmon Creek, Wash., says: "Walter, bring me half a gooseberry." This phrase in all probability will be as common as orders for grapefruit or cantalope if local fruit wizards keep up their present pace. Louis Best exhibited three gooseberries which together weigh four ounces. The mammoth of the collection measures three inches long by two and one-half thick. The other two berries are but little smaller. These, as well as many bushels of smaller ones are the product of three-year-old bushes, all propagated by Best on his fruit ranch.

Bootlegging in cigarettes is the latest industry to spring up in Chatham. Since the recent excise duties were placed upon tobacco by the Dominion Government, cigarette makers have gone up in price in this country. Some of the smokers are feeling the pinch and some enterprising individuals have conceived the idea of bringing over cigarettes from the States and selling them at reduced prices and still making a profit, there being no excise duties on the smokers in the States. The customs authorities, however, are keeping a close watch on the smugglers, and when a man pulls out a package of American cigarettes these days he is very apt to be called upon to give an account of where he procured it.

Attorney-General Raney jumps hard on the High Constable of York county for instructing his constables to prohibit all games of chance and lotteries. All games of chance and lotteries are not prohibited, the Attorney-General explains, pointing out as exceptions: "Raffles for prizes of small value at any bazaar held for any charitable or religious object, if permission to hold the same has been obtained from the city or other municipal council, or from mayor, reeve, or other chief officer of the city, town or other municipality, wherein such bazaar is held, and the articles raffled for therat have first been offered for sale and none of them are of a value exceeding \$50.00."

There's nothing like experience to prove the correctness of things. We commonly make up our mind from a narrow viewpoint and often forgetful that there are usually two sides, at least to every proposition. Running a newspaper is one line that many folk think is a "dead cinch" but a little testing out may prove that it may be a "deader" all right as far as writing success over the venture. It is said on good authority, that the Presbyterian Witness, published in Toronto, has gone behind \$37,000 in past two years. Of course they were close going years, but with a constituency such as they had, much smaller loss might have been expected.

ed, even if receipts are seldom adequate to balance expenditure in a religious journal. A good way to help finance a newspaper is prompt pay.

Figures submitted at the Masonic Grand Lodge at Port Arthur last week show a membership this year of 94,500 compared with 88,000 last year, an increase of 6,500. The number of lodges is 525. Some orphans of Canadian Masons are being cared for in the established homes of the Oddfellows and Foresters, some in County Houses of Refuge, and at least two in Roman Catholic institutions, declared Lieut.-Col. W. N. Ponton, Grand Master of the Masonic Grand Lodge, in the course of his address, in which he urged immediate measures for the purchase of a large central site or estate, and the erection thereof of a Masonic home, hospital and school, for the orphan children and widow dependents of deceased Masons and for infirm and aged Masons without means.

YOUR STARVED NERVES

The Cause of Neuralgia—Must be Treated Through the Blood.

Neuralgia is the cry of the nerves for more and better blood. It means that the nerves are being starved. Like every other part of the body the nerves receive their nourishment through the blood. There is therefore no doubt that Dr. Williams' Pink Pills will prove beneficial even in extreme cases of neuralgia. These pills increase and enrich the blood supply, carrying to the nerves the elements they need, thus driving away the sharp, torturing pains which nearly drive the sufferer wild. The benefit given by Dr. Williams' Pink Pills in cases of this kind is shown by the case of Miss Carrie V. Fletcher, Ravencliff, Ont., who says:—"As the result of a severe wetting I got while out in rain storm, I was attacked with neuralgia, from which I suffered greatly, and which kept me awake night after night. Although the pain diminished somewhat, I began to suffer in other ways. My appetite was poor; I got thin and had no energy. Indeed, I was becoming a wreck of my former self. I was advised to try Dr. Williams' Pink Pills, and I am more than glad that I followed the advice, for they have restored me to my old time strength. I cannot recommend the pills too highly and hope other persons in poor health will give them a fair trial."

You can get these pills through any dealer in medicine or by mail post-paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A MAN'S MOTHER

Your mother's life has not been easy. Your father was a poor man, and from the day she married him she stood by his side, fighting as a woman must fight. She worked, not the eight or ten hour day of the union, but the twenty-four day of the poor wife and mother. She cooked and cleaned and scrubbed and patched and nursed from dawn until bed time, and in the night was up and down getting drinks for thirsty lips, covering restless little sleepers, listening for croupy coughs. She had time to listen to your stories of boyish fun and frolic and triumph. She had time to say the things that spurred your ambition on. She never forgot to cook the little dishes you liked. She did without the dress she needed that you might not be ashamed of your clothes before your fellows. Remember this now while there is time, while she is yet living to pay back to her in love and tenderness some of the debt you owe her. You can never pay it all.

CATARRH

Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the system, HALL'S CATARRH MEDICINE restores normal condition and allows Nature to do its work. All Druggists. Circulars free.

F. J. Cheney & Co., Toledo, Ohio.

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Best of all Fly Killers 10c per Packet at all Druggists, Grocers and General Stores

SO EASY TO BE
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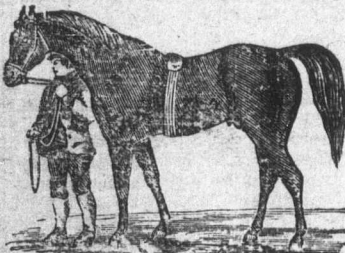
Take "Fruit-a-lives" The Wonderful Fruit Medicine

805 CARTIER ST., MONTREAL
"I suffered terribly from Constipation and Dyspepsia for many years. I felt pains after eating and had gas, constant headaches and was unable to sleep at night. I was getting so thin that I was frightened."

At last, a friend advised me to take "Fruit-a-lives" and in a short time the Constipation was banished, I felt no more pain, headaches or dyspepsia, and now I am vigorous, strong and well."

MADAM ARTHUR BEAUCHER.
50c a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

The Highly Bred Stallion



PETER V. DILLON

(63080-1895)
Enrolment No. 4324, Form II.
Inspected on the 23rd day of October, 1920, and passed.
Dated at Toronto, April 7th, 1922.
2 year old record 2:28 1/4, 3 year old trial 2:15. Foaled in 1912. Bred by Vimont Brothers, Millersburg, Ky. Sired by Peter the Great, by Pilot Medium, Dam, Little Wonder, by Baron Dillon.
Peter V. Dillon will make the season of 1922 at the Race Track, Watford, with the exception of Tuesday night when he will stand at Chas. Anderson's stable, Forest.

For particulars address George Kilmer, Forest, or James O. Brush, Watford.

ARE YOUR
EYES GETTING
BETTER?

Your eyes are either getting better or they are getting worse. If your eyes need correction, any delay in getting glasses is slowly but surely damaging them.

Do not hesitate to wear glasses if you need them. You can select a style which is becoming, and the comfort to your eyes will be well worth while.

Have your eyes examined lately?

"Take care of your eyes!"

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Quality and Prices Right.
ARKONA SPECIAL, Pure Western.
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