

A GIRL AT COLLEGE ENTERS A NEW WORLD

Human Nature in the Class Room and the Dormitory.

September is the month when hundreds of girls leave the home nest for the first time in their lives to become citizens of that great, vague, wonderful world called college. All summer long the embryo college girl has been thinking about it, and wondering and hoping and half dreading; yet it is not without a sharp pang at the last that, her new wardrobe in her new trunk, together with her favorite bracelet and her old books, she waves a tearful good-bye to her father and mother standing on the station platform, and is whisked away into her college days.

The girl who goes to college enters a little world complete, independent of and detached from the world that surrounds it. Yet human nature is the same there as outside. In it she will meet old acquaintances—joy and sorrow, wealth and dumb poverty, refinement and the lack of it. She will have to live the common life with all sorts and conditions of girls. The rules are few—the reins of self-government are given over into her own hands, and she finds herself, often for the first time in her life, her own mistress.

The newcomer, upon her arrival in the college town, is apt to gravitate to a small, undesirable room, the better rooms being generally pre-engaged by the older students. If she is to live in one of the college dormitory buildings, she will find herself with a roommate in a room where two beds, two chairs, two tables and a washstand are ranged in sharp and unsympathetic style against the walls. But it is not long before she leaves her lonely room and her unpacked traps to venture out upon the new field.

She is struck with the many sides of the life that she is entering upon, the many opportunities and possibilities opened to her. She wanders around the campus and through some of the buildings. Here is the college library, with its rows and rows of books on every subject, and its studious hush. In this she sees the student's opportunity. Will she ever excel as a student? Is she clever with her pen? Well, she isn't exactly sure, but she wrote the prize essay in her preparatory school. The volume of the college magazine on a shelf near her suggests literary reputation, and she already hears her name among the contributors, as she lets her eye run over its contents. Then there is the gymnasium, with its great floor and sunless apparatus. The basket on the wall suggests to her wild dreams, and in her enthusiasm she finds the moment the popular athletic girl, perhaps the captain of her team, for she has played basketball at school, and to this, at least, she is not new.

At chapel she finds there are musical opportunities, and she may hear that there are musical clubs if she follows this suggestion further. The newcomer often feels a little lost at these first pilgrimages to chapel, where there she feels herself to be such a minority. She is almost glad when the seniors begin to file out and leave the hall.

SOCIAL LIFE.
"Oh, won't you let me take you to the dance this evening?" is an invitation the newcomer is likely to hear soon after her arrival. This is pretty certain to come from a junior, whom the newcomer soon finds out to be her friend.

That evening she goes to the dance. She, of course, hardly expects any men to be present, and yet somehow she misses them. There are girls in every sort of costume, some in short duck skirts and shirt waists, some in costly evening gowns, suggesting money and New York dressmakers, others in dark skirts and waists. So it goes—gowns of all colors and fits. Everywhere she finds outstretched hands, invitations to "Come and see me please." "May I come and see you?" "Where do you live? Oh! I live right across the hall from you. I am awfully glad." Or, "You're a freshman, too, aren't you?" It is, however, just after such a remark as the last that the seeds of class enthusiasm take root. It is a peculiar sort of comfort that freshmen take together—a comfort hard to describe, but keenly experienced. The social side of college life is in many ways important, for it is

through the social affairs largely that one finds and chooses her friends. The choice of friends is not as easy as one might at first hand suppose. Girls for whom she does not care or does not want as friends seem constantly thrown in the newcomer's way, while those she does care for and wants to know better exist seemingly separated from her. Yet, if the newcomer takes her time, remembering discretion to be the better part of valor, she will surmount the difficulties of her situation, and will find friends at hand—real friends that last not only through her college life, but through her whole lifetime.

Life at an American girls' college is cosmopolitan. It presents many sides. It is all broadening and expanding. The newcomer must meet it alone—alone she must adjust herself to her new and strange surroundings. She must think for herself, work out her own problems. That they are the same kind of problems that exist in the world outside college bounds, the same kind that she will be meeting all the rest of her life, hardly make them easier to solve at the time.—New York Tribune.



THE PLUCKED SULTAN.

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STORY OF A NIGHT; A FORTUNE FOUND

The Trials of an Impecunious Man—A Startling Incident.

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CHANGED FROM SNAKE TO BIRD

Old-Time Reptiles Gradually Assumed Feathers.

Whales, Seals and Walrusess Once Were Land Animals—Changes Going On.

At first sight birds and lizards seem to be about as far apart as any two races of living creatures could be. Yet the bird family has developed directly from reptiles, and the differences between them are far less than those between any other two of the great families.

Finding that there was a plentiful supply of food in the air in the shape of flying insects certain of the smaller reptiles of the earth's early ages gradually developed wings in order to feed on it. There was thus evolved a flying lizard, the remains of which are often found fossilized, and which we call the pterodactyl. Its wings were batlike, and its powers of flight not so great as those of a bird. The creatures' scales gradually turned into feathers, and the bird of the present age was the result.



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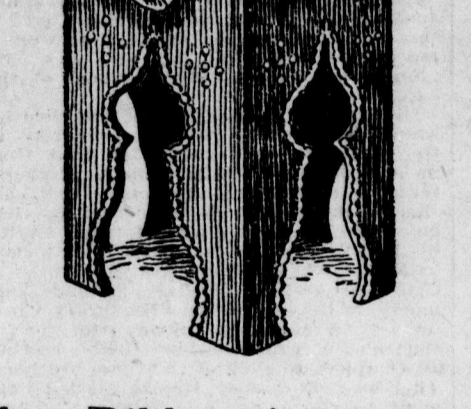
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**"Hail to the Chief who in triumph advances!
Honored and blessed be the evergreen Pine!
Long may the tree in his banner that glances,
Flourish, the shelter and grace of our line."**

The courage, strength and endurance of the Highland Clansmen have never been questioned, though their methods of annexing cattle might be. The quality of courage and strength depends on the food you eat, and they were porridge-fed men. The life that the sun gives to the grain, the grain gives to man.

The most nourishing and appetizing porridge is made with Tillson's Pan-dried Oats. It has a delicious flavor and is rich in the vital elements of a perfect food. It's a food, not a fad. You may have tried rolled oats before, but if you haven't tried Tillson's pan-dried Oats you have yet to taste the best.

Tillson's Pan-dried Oats

STILL SLOWLY CHANGING.

The same may be said of all the seal and walrus family, though these, as they still spend a portion of their life on land, have not become so entirely fishlike in form as the whales. The latter have a large, rounded head, a small eye, a large ear, which the former have not, and the flippers of our native seals, though they are fishlike in shape, are not so large as those of the whale. Animals and birds may be actually watched in process of changing their form. The Australian rabbit, though it is a land animal, is developing, and in some parts of the island continent, where grass is scarce, the Australian rabbit is becoming a tree-climber. It is often seen at some height from the ground grazing on leaves.

The owl peep of New Zealand is another creature which has completely changed its habits within a few generations. From being an insect eater it has, since the introduction of sheep into New Zealand, turned into a carnivorous bird.

The descendants of domestic cats, abandoned on an island off the coast of South America, were found a few years later to have entirely changed their habits. They had not only reverted to the shape and color of their wild ancestors of centuries back, but had learned to take the water taken to a little over 1,000 and 500, respectively.—London Chronicle.

Cost of English Elections.

A general election, such as seems inevitable within a very short period, is a costly business, but not nearly so expensive since the introduction of the corrupt practices act. In 1890 Mr. Gladstone's majority of 211 in Midlothian was obtained with an outlay of £2,800. In 1895 an average of £1 15s 10d was every vote, while the Earl of Dufferin, who opposed him, incurred an expenditure of £4,000, or £2 15s 5d a vote. In the same year the Duke of Devonshire paid £1,617 for his seat. Lord George Hamilton and Mr. Octavius Cooke between them in Middlesex ran up a bill of £11,500, and Mr. Herbert Gladstone, who was rejected by the same constituency, spent £5,371—a tidy sum to pay for defeat. In an English county seat, cost, approximately £2,000, and a borough about £300; now the average outlay has been raised to a little over £1,000 and £500, respectively.—London Chronicle.

THE HARDER YOU COUGH THE WORSE THE COUGH GETS.

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COWAN'S PERFECTION COCOA (MAPLE LEAF LABEL.)

For purity, fine flavor and healthfulness it is unequalled.

THE COWAN CO., Limited, TORONTO.

Concentrated Energy

As every one knows, energy is derived from the food consumed, digested and absorbed into the system.

It does not follow, however, that the amount of energy generated is in proportion to the amount of food consumed, but it certainly does depend on the amount of suitable food properly digested and actually absorbed.

If the food is concentrated and easily assimilated the amount of energy produced will be proportionately large. It is just because Ferrol is a highly concentrated food almost ready for instant absorption that such marvellous results in the way of increase of weight and renewed energy have followed its use.

Ferrol is pleasant to take, easy to digest, and contains more real nourishment in a dessertspoonful than is usually derived from an ordinary meal.

At all Druggists. Ferrol sample form. THE FERROL CO., Limited, Toronto.