

"Nerves in Bad State Could Not Sleep"

Mrs. H. N. Tardell, Harrowsmith, Ont., writes:

"My nerves were in a very bad state, and for nearly six months I did not know what it was to have a good night's rest. I could not eat, and never felt well. I heard about Dr. Chase's Nerve Food, and thought I would try it. After taking it for a few days I began to feel better, and soon was able to sleep well at night. My appetite also returned, and I felt stronger and better, and after taking three boxes of Dr. Chase's Nerve Food I was quite well. I have also given the Nerve Food to my little girl, with good results."



Dr. Chase's Nerve Food

60 cts. a box of 60 pills, Edmanston, Bates & Co., Ltd., Toronto

EMBLEMS FOR 1924

The New Brunswick Automobile Association emblems for 1923 are exactly like those in use in 1924 except that the date 1924 instead of 1923 is in white metal as on the old emblem is in white on a black background. The date is stamped on a piece of metal which has

been made to clamp over the date on the 1923 emblems.

MURINE
FOR YOUR EYES
Refreshes Tired Eyes
Write Murine Co., Chicago, for Eye Care Book

Special Menus For Children On Canadian National Dinners



A special menu for children will be introduced on dining cars of the Canadian National Railways this week.

The menu, the first of its kind ever used on a railway in Canada, was conceived by Mr. Walter Pratt, General Manager of the Sleeping, Dining Car and Hotel Department of the National System, and it is designed to add to the dining car service of the System that every juvenile passenger will be catered to in the most satisfying manner.

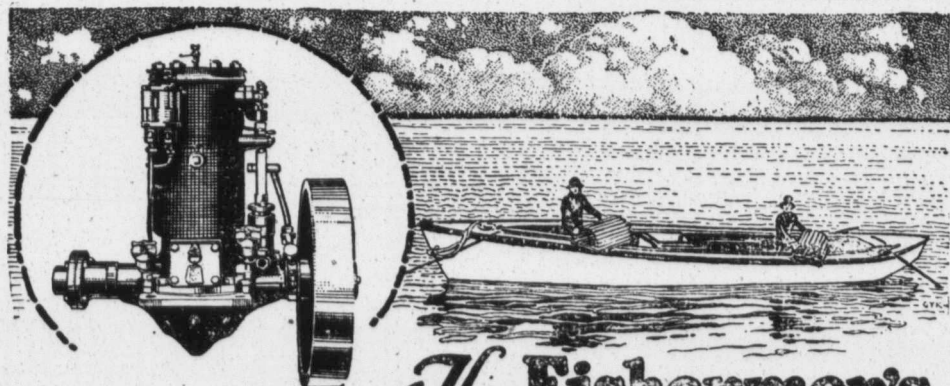
In the compilation of the menu, Mr. Pratt sought and obtained the collaboration of one of Canada's foremost dietitians specializing in selecting food for children. The result is a menu that will not only provide a correct guide to the proper food for children of all ages up to 10 years, but it is also so attractively decorated and written that it will be a source of entertainment to the children during the journey.

The children's menu has been developed as the result of close personal investigation by officers of the Dining Car Department of the Canadian National Railways into ways and means of further improving the service. It was found that many parents traveling on all railways were feeding their children food bought prior to the journey, rather than make use of the dining car service, there being a more or less general feeling that it was a difficult task to choose from the regular menu, proper food for the child. In

some cases there was also a feeling that prices charged in the dining car were disproportionate to the amount of food a child requires.

These objections are overcome by the children's menu. For each meal, breakfast, dinner and tea, there are four combinations of fare; breakfast ranging in price from 40 to 60 cents; dinner from 50 to 85 cents, and tea from 35 to 65 cents. As the dining car steward passes through the cars, announcing the calls for meals, he distributes a menu to each passenger travelling with a child so that the parent or companion has time to decide upon the choice of food and knows the sum it will cost before going into the dining car. It is felt that this menu will accordingly prove a real boon to passengers, accompanied by children.

The artistic features of the menu, which contains eight pages, are most attractive. In addition to the menu proper, there are pictures printed in blue and brown and verses that are certain to appeal to the childish fancy. The verses tell a story and the pictures illustrate it. The menu, itself, occupies the two centre pages, the reading matter being bordered by a series of children's blocks, each block bearing a letter which spell out, "Menu for little boys and little girls." The new children's menus go into service immediately on all dining and parlor-cars over the entire system of the Canadian National Railways.



Special Equipment for Lobster Packers

The celebrated "M" Marine Engines in all standard sizes.

STATIONARY ENGINES

Type "Z" factory-equipped 1 1/2 h.p. Specially built for driving Reeling Machines.

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A special outfit equipped with the "Z" Engine at a reduced price of \$100 L.A.S. St. John.

LOBSTER SCALES

Agate Bearings throughout. Extremely sensitive, heavily galvanized. The Standard of Fisheries Inspectors.

Plain and Galvanized Platform Scales.

Motor Boat Supplies and Columbia Dry Batteries, etc.

The Canadian Fairbanks-Morse Co. Limited

75 Prince William Street, St. John, N.B.

POSTAL EMPLOYEES TO STRIKE

A strike of postal employees of all branches of the service will begin on April 14 unless the federal government by that date has revised upwards the salary of the thousands of employees of its postal department; it was declared at a mass meeting of postal workers here yesterday. The strike will be national in its scope. Votes of local branch of different organizations which comprise the Canadian Federation of postal employees are ninety-six per cent in favor of strike if the government fails to meet their demands.

A Quick Relief for Headache

A headache is frequently caused by badly digested food; the gases and acids resulting therefrom are absorbed by the blood which in turn irritates the nerves and causes painful symptoms called headache, neuralgia, rheumatism, etc. 15 to 30 drops of Walter Seigel's Syrup will correct faulty digestion and afford relief.

ASPIRIN

Beware of Imitations!



Unless you can see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

Colds Lumbago
Toothache 'ache
Neuritis Rheumatism
Neuralgia Pain; Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacid-ester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture; to assist the public against imitations; the Tablets of Bayer Company will be stamped with their general trade mark! the "Bayer Cross."

CHURCH UNION IN NOVA SCOTIA

A further broadside against the Church Union bill was levelled at the committee on private and local bills. Hands off the nonconcurring units of the Presbyterian Church, was the burden of their plea to the legislators. Arguments were presented by two women delegates at this morning's session; Mrs. L. H. Moors, North Sydney; and Miss Annie Murray, New Glasgow; the first woman to address the committee on this question.

They asked that righteousness and the spirit of fair play might sway the legislators in their treatment of the bill arguing that the will of the minorities was being neglected and that the bill entered the realm of conscience and usurped the first principle of justice.

Hugh Ross K.C.; Sydney appearing he said as a private citizen a member of St. Andrew's Church and not a paid agent of any body in Canada addressed the gathering at length. He said he was an opponent of organic union on the principal that it was based on the fundamental error. If any man had told him five years ago he said that he would one day go before the legislators of Nova Scotia and plead with them to be allowed to worship unmolested; as he desired he would have "laughed in the face."

But he was not there to supplicate; he said—but to ask the government to safeguard the civil and property rights of those people who are opposing the bill and to afford them that property protection which is their right by the common law of Canada.

Colonel (Dr) John Stewart Hantifax said he had been asked to state his views and he said he was opposed to the measure. It was a terrible thing he said to divide churches and congregations and it would take many years to overcome its effects. All the hoped for ends could be attained by friendly cooperation he said and added that it was a sad day when the General Assembly of the Presbyterian Church voted in favor of organic union.

Colonel Thomas Cantley, No. Glasgow said he was present because he was a Presbyterian and was determined to remain one. The bill did not represent a movement of the people he said but represented the lust of a few for power and pride of place. I was born a Presbyterian and no power on earth can make me anything else he concluded.

W.R. Campbell of Truro said he came from a church that had voted twice in no uncertain way against union. "What has this church of ours ever done that it should be summarily wiped out by act of parliament?" he asked.

Robert Dawson a layman from St. John's Presbyterian Church in Bridgewater said he wished to protest against the bill on behalf of the members of his church—against bill—he said that takes us by the throat and tells us we have to go in whether we want to or not.

NEWCASTLE GETS HIGHLAND CUP

At a meeting of the Directors of the Highland Society held Tuesday in Newcastle twelve new members were elected to the society.

The Highland Cup was given to Newcastle and a committee headed by F.M. Tweedie, was appointed to consider the advisability of a Picnic day or other entertainment of a Scottish character.

"BUY AT HOME"

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In a world where appearances are valued as indexes to character, *Your Stationery* should represent you worthily—always and everywhere.

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Shipping Tags, Office Forms,
Envelopes, Statements, Etc.

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