

2 lb Blue Bird Tea 1.00	Pienie Hams 258	more value than grass hays. For milk production good alfalfa hay has
2 lb Ceylon Tea 1.00	Bologna (roll) 15c	no equal but, if this is unobtainable,
2 lb Salada Tea 1.00	Breakfast Bacon (sliced) 40c	good clover or mixed hay is satis-
Orange Pekoe bulk45	Shortening 18c	factory. Damaged hay can be made
Crisco	20 lb tin shortening3.25	more palatable by cutting and mixing
OL : Western Doof 16a	1 D.1 - 00.	with silage or pulped roots. The
Round Steak	Clear Fat Pork 20c	same holds true regarding straw. To
Sirloin iSteak 25c	Choice Corned Beef 15c	same holds true regarding straw. To provide the necessary succulence in a ration for dairy cows roots or sil-

-

ly-

or

to

ch

=

1

r

(ALT)

SAUSAGES-The home-made kind filled with choice cuttings of Pork, well seasoned. The kind that the mere taste of gives you

Fresh Pork. Lamb. Vegetables, Oysters, Fresh Fish, Smoked and Salt Fish. Etc. Onions100 lb. bags at \$2.50. Molasses 85c-Flour, Feeds, Etc.

Out of Town Customers who cannot attend our Saturday Specials may have the benefit of these prices during the week.

Mitchell's Meat Market Everything to Eat Phone 79 Full Line of Groceries.

WINTER FEED FOR

oncentrates. A popular practice is the most valuable. to feed the cows one pound of grain The ceilings and walls should be for every 3 to 4 pounds of milk they swept down and a good coat of white produce. This is a good general rule wash applied, with some standard to follow. What the grain mixture disinfectant added to guard against should be will depend upon prices of vermin and disease, and, at the same the different feeds at that time, bran, time, make the stable much lighter. oats, barley, oil meal, shorts, soybean If there are not many windows in meal, brewers grains and cotton seed the stable add a few more, especially Newcastle, N. B. meal are the commonly used concen- on the sunny side. Plenty of light, trates. Bran 4 parts; ground oats 2 sunshine and good ventilation will

she will consume.

parts; ground barley 2 parts; oil help to save feed and veterinary bills. cake meal 1 part; makes an excellent cattle and sheep should all be washply drops in the fall and increases grain mixture for a commercial dairy ed or dipped with one of the standard in the spring. The dairyman given herd. It should be kept in mind that dips, before being put into winter THE DAIRY COW good cows, the proper proportion bred a freshly calved cow abundantly and quarters, as a preventive of vermin. It is also a very good plan to clip a suitable for good general manage cheapest milk. At this time a pound strip along the backs of the cattle, as ment in the matter of sanitation and of grain is equivalent to several well as the neck and shoulders when

factory. Damaged hay can be made live stock it is important, first of all

more palatable by cutting and mixing to see that the stable and barns are

same holds true regarding straw. To as, all broken glass replaced, doors

provide the necessary succulence in tightened, stanchions or chains look-

a ration for dairy cows roots or sil ed over carefully and any weak or

age, or both, are invaluable. Not broken parts renewed. The mang

only are these feeds succulent but ers should be inspected to see if

they are bulky and comparatively they are tight and so arranged that

cheap. Generally it is good business they can be kept clean with as little

to give a milking cow all these feeds labour as possible. Gutters and

This does not hold true regarding save all the liquid manure, which is

is a problem confronting a great thorough and regular milkers. It is the matter of sanitation and pounds crean later after the cow has they come in from pasture. With these preparations, there is several in the matter of sanitation and regular milkers. It is the matter of sanitation and regular milkers, it is the matter of sanitation and regular milkers. It is the matter of sanitation and regular milkers is several in the matter of sanitation and regular milkers. It is the matter of sanitation and regular milkers is several is severa With these preparations, and p Healer the roughage and concent ty of good clover hay, sligg or n trates tear producing cows should or both, and regular feeding,

with silage or pulped roots. The in proper

Live Stock

(shape,

in preparing for the wintering of

floors need to be tight in order to



42 2

No Appetite

Nervous exhaustion leads to distaste for food. The nerves of the stomach are weak, digestion fails and you become generally upset and out of sorts.

The secret of complete restoration is in getting the nervous system fully built up.

Mrs. R. Cheney, 208 Rich-mond St., Chatham, Ont., writes:

"I was troubled with indigestion, which caused me many sleepless nights, would be in terrible distress at times, I would be in terrible distress at times, and would get no relief for two or three hours. For sixteen montha I ate noth-ing but Shredded Wheat biacuits, as I dare not eat anything else. I did not know what to do, as I had tried so many different remedies, as well as doctors medicines, without gaining permanent relief. Finally I got some of Dr. Chase's Nerve Food, and while on the second box noticed that I was improving. I continued the treatment until I am now fully restored, and have returned to my regular diet. My husband has also taken Dr. Chase's Nerve Food with splendid results, so we are glad to splendid results, so we are glad recommend it to others."

Dr. Chase's Nerve Food, 50c a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto,

NDLY REMIT YOUR SUBSCRIP TION TO THE ADVOCATE

Stenographer Wanted An experienced lady Stenographer with some knowledge of bookkeeping and office work. Apply J. D. CREAGHAN CO., LTD. WANTED-Capable man for best business opening in Newcastle. Exclusive Contract. Good for three hundred dollars month upwards. Burnall Corporation of Canada, 43-0pd Hamilton, Ont. A FEW OF THE THOUSAND USES FOR TIRRO The Ideal Mending Tape Mends Hose Seals and Labels Jars Protects Fingers Mends Torn Umbrellas Mends Books and Music Binds Rugs Insulates It Mends. Binds, Wraps and

Newcestle, N. B.

Seals Price 15c and 25c

C. M. Dickison & Sons Druggists & Opticians one 27 The Penslar Store Phone 27