

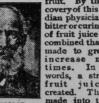
Wednesday, September 20, 194

POUNDS.

A DISCOVERY THAT **IS BENEFITING** THE WHOLE WORLD **GANADIAN PHYSICIAN MADE IT** Wonderful New Substance Formed By Combining

Fruit Juices

It takes Canada to do the really big things that are being donc. For thousands of years, people have known that fruit was good for them without knowing exactly why. A Canadian physician experimented until he found out.



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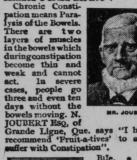
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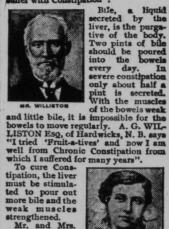
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Throwing exactly with the found out. Fruit juice is about nine-tenths water and one-tenth solid matter. And this solid matter is eight-iniths sweet and one-tinth bitter. It is the bitter principle that is the curative part of fruit. To get the full benefit of fruit, one must eat great quantities of fresh fruit. To get the full benefit of fruit, one must eat great quantities of fresh fruit. To get the full benefit of fruit, one must eat great quantities of fresh fruit. To get the full benefit of fruit, one must eat great quantities of fresh fruit. By the discovery of this Canadian physician, the bitter orcuring part of fruit juice is so combined that it is made into tablets which are known all over Canada under the name of "Fruit-a-tives". "Fruit-a-tives" is the only medicine in the world that cures Constipation. JAMES PROUDFOOT Esq, of Vankleek Hill, Ont, says "If is astisfied I could not live". Three are two loss in the world that cures the bwels which under showels in the bowels which are care the source of muscles in the bowels which are complete the source of muscles in th

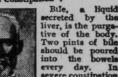


"I heartily



weak muscles strengthened. Mr. and Mrs. J. W. Fox of Newburgh, Ont., say"Ourdaughter was cured of Appendicitis by doctors said only save her life."

The woman's defense of her sex was cut short by a call to the tele-phone. She stepped into the hall and



"Fruit-a-tives" operation could



Constipation. It tones up the nerves and bowel muscles and increases the flow of bile. WM. PARSONS Exp. of Otterville.

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Sounds simple, doesn't it? And it is simple. And surely it is ell worth your while when you think of the reward in view. Now sit right down, take your pen or pencil—fill out the at-

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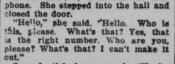
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tached coupon—or a post-card if it's circular which fully describes the con-test of the kind over held in Canada. itions of this, the first con-

Every dealer who handles "CANADA" Coment will also be given a supply of these circulars and you can get one from the dealer in your town, if that seems more convenient than writing for it.

Contest will sless on November 15th, 1911-all photos and de-scriptions must be sent in by that data, to be eligible for one of these prizes. Awards will be made as soon as possible thereafter. The decisions will be made by a disinterested committee, the fol-lowing gentlemen having consented to act for us, as the jury of award: Prof. Peter Gillespie, Lecturar in Theory of Construction, University of Toronto; Prof. W. H. Day, Professor of Physics, Ontario Agricultural College, Guelph; and Ivan S. Macdonald, Editor of "Construction."

Editor of "Construction." Having decided to compete for one of the prises, your first step should be t, get all the information you can on the subject of Concrete Construction on the Farm. Fortunately, most of the pointers that anyone can possibly need, are contained in our wonderfully complete book, entitled "What the Farmer Can Do With Concrete." A large number of Canadian farmers have already sent for and obtained copies of this free book. Have you got your copy yet? If not you'd better send for one to-day. Whether you are and hints that are invaluable to the farmer. Please scad full particulars and book. Name.....



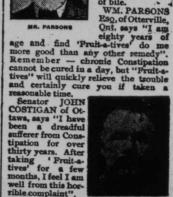
out." Seconds ticked away and still she relterated, "Hello, hello. Who are you, please?" Finally, in desperation the man KOR the receiver from her hand. H ' talked for five or ten seconds also then said, "Good-bye." "That was Bill," he said. "He want-ed to tell me something about Aunt Lucinda, but time was up and he didn't get a chance."

JIM'S WIFE.

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Such is Fat

It was a Bostonian, according to ollin Lynde Hart, in an article called Funny Roston," in the Metropolitan agasing, who enlivened the Longfel-w contempty by Burring, "See that o'd pover to



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will cure you. 5c. a box, 6 for \$2,50, or trial size 25c. At all dealers, or from Fruit-a-tives Limited, Ottawa.

The steamer Ethelhilds when clearing from Campbellton last Sunday morning ran on the bank. With the assistance of the Canso and Princess she was towed off at the afternoon tide and proceeded down the river undamaged.

A distressing accident was reported on Wednesday from Oak Bay whereby the young son of Ohas. Dugay lost his life. The child was playing around the yard, and by some means had tumbled head first into a water barrel. When extricated life was found to be extinct.



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Canada Cement Company, Limited, Montreal