### W. C. T. U. Notes

Women's Christian Temperance Union first organized in 1874.

AIM—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Morro—For God and Home and

BADGE—A knot of White Ribbon. WATCHWORD—Agitate, educate, organ-

Let us not judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. Rm. 14:81. OFFICERS OF WOLFVILLE UNION:

resident—Mrs. J. G. Elderkin.
st Vice President—Mrs. W. O. Taylor
nd Vice President—Mrs. G. W. Miller
tecording Sec'y—Mrs. Ernest Redden
or. Sec'y.—Mrs. Annie Murphy.
Yeasurer—Mrs. H. Pineo

SUPERINTENDENTS
Evangelistic—Mrs. William Chipman
Parlor Meetings—Mrs. Stanley Robin

Labrador Work—Mrs. J. W. Vaughn
Fishermen and Lumbermen—Mrs. W.
E. Fielding.
Anti-Narcotic—Mrs. W. O. Taylor
Flowers, Fruit and Delicacles—Mrs. D.
G. Whidden

Christian Citizenship—Mrs. B. O.

Press—Mrs. M. P. Freeman
Willard Hall—Mrs. M. P. Freeman
Temperance in Sabbath Schools—Mr.
C. A. Patriquin.
Supt, Tidings—Mrs. T. Hutchinson.

Business meeting of the W. C. T U.

### SANCTUARY WOOD

By Major Frederick Davy, O. B. E.

It is specially fitting during this month in which we celebrate the fourth anni-versary of the Armistice—to recall to nd the sterling herolsm and endurance and suffering of the brave men who unit ed their efforts to bring it about.

Sanctuary Wood! The words conjure pretty picture. Leafy follage rustling in the breeze, delicate winding paths al-most hidden in overhanging verdure, bird voices in the branches and an ancient spring and trickling Truther close by—
these are some of the ideas conjured to
view by the words "Sanctuary Wood."
But the Sanctuary Wood of the great

war presents a vastly different spectacle. How ghastly it looks from afar. Of the hundreds of once beautiful oaks not one remains whole. Leaves? Not a leaf has escaped the scorching, withering blast which swept across this ground. Stumps, scarred and pitted—some crowned by huge rosettes of speading splinters— and the split and battered trunks lying at all angles on the ground, are all that remain to tell that on this spot was

once a shady wood.

Every foot of this devastated area i packed with human interest and signs of human suffering. Over and over again first one side then the other has turned its artillery upon it. Over and over again has a torrent of humanity streamed across it and at last mingling with the clay of mother earth lie friend and foe

They lie here uncounted. One pitch dark night in a swirling shower of rain they came across, two gallant Canadian regiments, firmly, determinedly, and ir-

regiments, firmly, determinedly, and irresistibly, and won once more from the enemy this blistered and torn corner, of the world now known as Sanctuary Wood.

Baptized with the blood of Canada's sons, its earth pressed by their heroic footsteps, its air sanctified by their sterling devotion and lofty hope, how appropriate is its name!

Once again this year the writer visited the scene. Sanctuary Wood now presents a different appearance. A low underbush covers it and many of the stumps of the trees that remain have sprouted into foliage. Nature's hand has been at work to cover the scars of war. A smooth, firm macadam road built by the Canadian Government under the direction of Brig.-Gen. Hughes, of the Canadian Engineers, connects the scene with the Metalla Canadian Engineers and the scene with the

### SEEKING INFORMATION

A gentleman while on location away the backwoods was accosted by a ranger when leaving a log-wood cabin. "Whose hut is this?"—Moggs." "What is it built of?"—"Logs." "Any neighbors?"—"Frogs." "What's the soil?"—"Bogs." "What do you live on?"—"Hogs." "How do you catch them?"—"Dogs."



LORD HARDINGE



The British Ambassador at Paris who has resigned his diplomatic post.

### PERPETUAL YOUTH

And now the great city of Paris sends us word that everyone may live to be 150 years old. The encouraging in-

formation was imparted to the French Geographical Society by Drs. Javorski and Vachet, noted French scientists.

These gentlemes explain that their system consists of muscular injection of new cells for old ones. Presumably if the superposets cells are acceptable as a company of the superposets cells are acceptable to the content of t vorn-out cells are caught in time—that is before the tissues break down—we have the secret of perpetual youth, in appearance, at least. Wonderful! In these days of ance, at least. Wonderful in these days of the wireless telephone it is dangerous to laugh at anything, yet there is a pretty fancy in the possibility of a mail order service to permit the withering unfortunates in remote sections to "Buy Our Guaranteed Life Cells, with Patent Inlector" at so much per throw; \$100 for one more year of life,

Paris has sent to us some wonderful medical fakirs in the past—men and women who have posed as the cure-alls of everything from tuberculosis to the pip. It might be well to follow Sigsbee's advice and "suspend judgement" Hans Anderson news report.

### AUTO CAR TIPS

Children should never be allowed

to play around an automobile.

The exhaust gas forced out of the muffler should be colorless and almost odorless. The most essential tools for a

hammer, pliers roll of tape, screw-driver, pocketknife, tow rope, file, oil can and plenty of wire.

Go over your supply of spare parts and repair kit, and see that all items are supply of the property of the parts and repair kit, and see that all items are supply of the parts and repair kit.

plied. Tube patches, repair cement, valve plungers and caps are soon used up. Noise in the starter is a sure sign of trouble, which may be induced by

trouble, which may be induced by broken or badly worn teeth, a bent armatures shaft, a loose armature bearing or badly meshed teeth.

When a nut cannot be removed with an ordinary wrench, heat the wrench-and allow it to remain on the nut for a period. The nut can be removed without much trouble, as the heat will expand it before the bolt to which it is secured is warmed. cured is warmed.

Go over the steering gear occasionally to see if any part is coming loose. If this mechanism fails, there is usually a serious accident. If all parts are tight a serious accident. If all parts are tight put oil or grease wherever necessary, and then see if there is any lost motion at the steering wheel. If there is an inch or so, if should be taken out. Details differ with different designs but they all have some means of adjust-ment. Have this attended to at the

The teacher saw him.

"Go out into the schoolyard and finish your meal," he said sarcastically. To his surprise the lad quietly rose and moved towards the door, then he turned, "Please, sir," he said," could me listle brother come too, 'coa half of it is

Minard's Liniment for Garget in Cow

### THE SPIDER KNEW THE VALUE OF

At one time Mark Twain worked on a small newspaper called the Enterprise. Stale news was the objection of some, while others claimed that the editorials were poor, but Twain had a ready reply for every objection, as indicated by his following report to a complaint:

following report to a complaint:

"One day I received a letter from a subscriber saying that he had found a spider pressed between the pages of his paper. He wanted to know if this signified good or had luck. J replied:

"The finding of a spider in your copy of the Enterprise was neither good nor had luck. That spider was merely looking over our pages to find out what merchant was not advertising in them, so that he could spin his web across his so that he could spin his web across his door, knowing that he would lead a free and undisturbed existence forever after."

—The World Retai er.

### WHY HE WANTED IT

Mr. H. G. Wells, whose new novel, The Secret Places of the Heart," has caused something of a sensation, is telling a story of an incident that happened at a public dinner.

Mr. Wells was telling his neighbor

Mr. Wells was telling his neighbor what he would do to improve the world. The latter listened with attention and approval, but added:—
"I think that it is absolutely necessary for health that all water used for drinking and cooking should be boiled."
"You are a doctor, I suppose?" said the portelist

"No, sir" was the reply. "I am in the

### BREAKING IT GENTLY

A New York silk merchant went to the

bank to get his note renewed.
"I am sorry," said the banker, "but
it will be absolutely impossible for me to renew your note.'

The silk merchant's face paled. After moment of thought he looked up at the banker and asked:

'Were you ever in the silk business?' "Why of course not," answered the

banker.
"Well, you're in it now," said the silk merchant as he picked up his hat and went out.

### ON TIME

The lack of puctuality upon a certain ailway has given rise to many

The most essential tools for a re-pair kit are: jack, tire wrench, pump, hammer,—pliers roll of tape, screw-driver, pocketknife, tow rope, file, oil got a bad name, but it's a case of a certain gentleman never being so black he's painted."

The guard merely gave a gentle smile "This train, sir," he said, without a trace of embarrassment. "is not to-day's train. It is yesterday's."

### SURPRISED MOTHER

The missionary society was meeting at our house and the woman who was to lead the devotionals took the elastic band from her Bible, laid it on her lap passage she was to read. During the solemn silence my young son marched over to her and, picking up the elastic, he announced: "Why, that's my mother and the solemn silence my young son marched over to her and, picking up the elastic, he announced: "Why, that's my mother and the solemn silence and

### APPLE SHIPMENTS

Frequent sailings from Halifax to London, Liverpool, Glasgow, Manchester.

fast oil-burning

Passages arranged to all parts.

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WOLFVILLE

### EDDICATION

That ignorance is refreshing, some expect to ever be prorated as a fool, lights. or hear myself referred to, as the kin-

system, instead of on the man?

### SPEEDERS

When I see a bird a-flyin' high above eople seem to think, but I shall never see it as my customary drink... You'll impression that he comes of better stock, ardly find a pizen that's deadlier that egotistic fledgelin' is within his hardly find a pizen that's deadlier than this—it makes me hoppin' mad to hear that "Ignorance is bliss." I don't him different, till he breaks a wing an'

A racer's apt to chuckle when he felk of the mule—I stick to eddication, spurts a neek ahead,—there's a power as a heap the safest plan to cultivate the ful temptation to become a thorough

as a heap the safest plan to cultivate the nobleness that makes a bigger man...

A surface-eddication, I hardly could endorse... You can't sock wisdom on a man, like rubbin' down a horse...

You don't heap knowledge on yer skin, the same a linyment... You'swaller, an' digest it, or its never with a cen!

You can garner infermation with a keen-observin' eye, an' store it in yer attic, till you need it, by an' by... You can eat a chunk of wisdom with an appetite that's smart, and it never swells

ful temptation to become a thoroughbred, so I allers cheer the lader wither on's hard. but there's pitfalls on a racetrack that a hoss don't understand.

I like to watch the trotters when they hold their noses high. It does me good to holler, as they go a-tearin' by but it's painful to consider, as they spurn the level track,—the aftermath is awful when the winner breaks his back!

So I'd ruther sorter live along, with-

appetite that's smart, and it never swells yer head up, nor solidifies the heart.

So, I take my eddicat'on, by the good old-fashioned plan, which puts it in the decent place to stay, I'll live a whole lots longer, an' die the natura' way.

### SLEEPING PORCH PHIL

The Es i no sleeps n his bearskin Up in the North I'm told. Last night I slept in my bare skin, An' I caught 'naughful cold.



O Sleep to-night use RA-RAZ-MAH has brought peaceful nights and restful sleep to thousands who formerly suffered the agonies of Asthma.

RAZ-MAM contains no narcotics or other habit-forming drugs. If it does not give relief we guarantee your rangies will return your money, \$1.00 a 80x. "Just swallow two capsules."

Prec Trial from Templeton Co., Toronto. Sold by A. V. RAND

RED ROSE TEA is one of the first package Teas sold in the Maritime Provincesfor 28 years it has been the foremost.



RED ROSE COFFEE is as generously good as RED ROSE TEA.

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## With Substantial Dividends

Have you ever heard of an absolutely safe investment, purchased by instalments, which does not require the payments to be completed if you become disabled, but, instead, pays you a monthly income as long as you live?

—which cancels all further payments in event of death and pays immediately the full amount you had set out to

-or, at the end of 20 years, absolutely guarantees to return to you every dollar you have deposited in annual premiums, with substantial dividends?

### The Capital Return Policy

is a new departure in life insurance policies which the Canada Life introduced to the public. It has carried out the above program for a great number of policyholders who wisely took advantage of it.

### This Policy Gives You---

1. Immediate Life Insurance protection for your home.

Cash values, available in emergencies, which, with the substantial dividends added at stated intervals, make your policy a valuable business asset.

3. At the end of 20 years you can draw out all you we caid in, along with dividends which have been

Or, you can take a Special Cash Guarantee, with the accumulated dividends, and continue the (fully paid for) earning dividends as long as you l

Or, this Special Cash Guarantee may be applied to rease the amount of your policy—for example, a \$5,000 icy would be raised to more than \$7,500.

### And in addition ---

some day you should become totally and ly disabled through accident or illness. Imall further deposits would cease, and you would 0.00 a month as long as you live—and the \$5.000 paid in full at your death. (This feature is a small extra payment yearly, which is not rerith the regular deposits.)

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