

HIS HEALTH IN A TERRIBLE STATE

"Fruit-a-tives" Healed His Kidneys and Cured Him

HAGERSTOWN, ONT., Aug. 26th, 1913.
"About two years ago, I found my health in a very bad state. My kidneys were not doing their work and I was all run down in condition. I felt the need of some good remedy, and having seen 'Fruit-a-tives' advertised, I decided to try them. Their effect, I found more than satisfactory.
Their action was mild and the result all that could be expected.
My kidneys resumed their normal action after I had taken upwards of a dozen boxes, and I regained my old-time vitality. Today, I am enjoying the best health I have ever had."
B. A. KELLY
"Fruit-a-tives" is the greatest Kidney Remedy in the world. It acts on the bowels and skin as well as on the kidneys, and thereby soothes and cures any kidney soreness.
"Fruit-a-tives" is sold by all dealers at 50c a box, 6 for \$2.50, trial size 25c. or will be sent on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
MOTTO.—For God and Home and Native Land.
BADGE.—A knot of White Ribbon.
WATCHWORD.—Agitate, educate, or legislate.
OFFICERS OF WOLFVILLE UNION.
President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Kaye.
2nd Vice President—Mrs. Fitch.
Recording Secy.—Mrs. W. Mitchell.
Cor. Secretary—Mrs. John Caldwell.
Treasurer—Mrs. H. Pine.
Auditor—Mrs. T. E. Hutchinson.
SUPERINTENDENTS.
Evangelistic—Mrs. G. Fitch.
Lumbermen—Mrs. J. Kempton.
Peace and Arbitration—Mrs. J. Reid.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Parlor Meetings—Mrs. (Rev.) McGreor.
Press Work—Miss Margaret Barns.
Surprise Soaps, Wrappers—Mrs. M. Freeman.
Bulletin—Mrs. M. Freeman.
Laborer Work—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. G. Cullen.

There! There!

(President Wilson to the Suffragettes.)
There, little girls, don't cry!
From a deluge of tears refrain;
For the ballot sure
Could not possibly cure
The troubles of which you complain.
But trust for relief in the sweet by and by.
There, little girls, don't cry!
There, little girls, don't cry!
Five hundred of you I perceive,
I'm sorry you weep,
I'm sorry men shrink,
But all I can do is to grieve;
Alas! I am only permitted to sigh—
There, little girls, don't cry!
There, little girls, don't cry!
You're talking yourselves quite hoarse.
Five speeches I've heard,
And profoundly am stirred
By your tearful harangues, of course.
A finger you'll have in political pie
Some time, little girls—don't cry.
—Georgia White in Randolph (Vt.) Herald.

A Moral and Economic Curse.

A barroom, a drinking place is a plague spot which breeds moral pestilence. The liquor dealer runs an institution which is both a moral and economic curse.
The liquor dealers have taken out of the pockets of the people tens of thousands of dollars of hard earned money and in return have filled our jails with drunkards, and have robbed wives and children of the comforts of home.
Let our business men, our professional men, all classes of men and women unite in an aggressive campaign, and this province will be too clean in a few months to afford protection to a traffic which means to the country at large financial and moral waste.

Receive Favors With Gratitude.

To receive a favor gracefully—that is the supreme test of the gentleman or the gentlewoman.
The reason of this is that accepting a favor in the right way calls for the rarest and last flower of good breeding—humility. We are born proud, self-seeking and sensitive; we share these traits with the brutes. The task of culture is to change these attributes into humility, service and self-effacement.
We exact the man whose aim is to help people, to do something for somebody. But the very finest quality of service consists in allowing others to do something for us.
To make a child feel that you need him; a friend, that he is indispensable; a wife that she is loved; a husband, that life is not worth while without him; the poor, that they have power to serve; the rich, that their personality means more to you than their money; the learned, that they teach you; and the ignorant, that they inspire you; this is the subtlest and highest form of spiritual service. It is the surest hall mark of the gentleman or the gentlewoman.

Children Cry FOR FLETCHER'S CASTORIA

Want to do Business on the Lord's Day.

Joseph Cohen, barrister, is preparing a petition on behalf of the Jewish Grocers' Association, of Montreal, to be presented to the Dominion Government, praying that the Lord's Day Act be amended so as to permit Jews to keep open their places of business on Sundays. The petition will be largely signed, as there are many thousands of Jews in the city.

There is a vast difference between a house and a home. A house is four walls and furniture, draperies, etc. A home is an atmosphere of comfort, happiness and contentment, a refuge from a storm. It may be small and humble, but it warms the cockles of the heart and soothes the tired, fretted soul. Any woman with true womanliness can help to make a home. She can use her talent for orderliness, her gift for cleanliness, her talent for decoration, her neatness and craving for light and beauty to transform a wilderness into a garden of homely, honey grace.—Bridgewater Bulletin

"A poor woman who had what is called a bad memory," went one day to church and heard a sermon upon dishonesty. A short time after, being questioned about the text, she complained that her memory was too treacherous to recall it. "But," she added, "I remember that when I came home I burst my bustle." This she obeyed the scripture, "Be ye doers of the word, and not hearers only."

CASTORIA

For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Wm. D. Fitch*

A woman who loaned a man \$50 about forty years ago has just received at his death a bequest of \$50,000. However, the thing does not work out in such a way as to suggest the lending pays. About a million other women loaned money just like that and never got a cent of it back.

Wire Wounds.

My mare, a very valuable one, was badly bruised and cut by being caught in a wire fence. Some of the wounds would not heal, although I tried many different medicines. Dr. Bell advised me to use MINARD'S LINIMENT, diluted at first with water. The same began to look better, until after three weeks the sores had healed, and best of all, the hair is growing well and is NOT WHITENED as is most always the case in horse wounds.
Weymouth, P. M. DOUCET

Children Cry FOR FLETCHER'S CASTORIA

In Kansas, which is a prohibition state, a public discussion is on concerning the old question of when is a man intoxicated? The controversy has been the means of recalling the old story of the deputy sheriff who refused to arrest a man charged with drunkenness because the accused had just moved one of his fingers. Any one who could do that must be sober in the officer's eyes. There is another tale also of a judge who ruled that a fellow who could hang on to the grass when propped on the ground could not be legally considered intoxicated. It is feared that even the Kansas will not be able to settle the vexed question, and that the courts will have to continue judging each case on its merits.

AILING WOMEN OF MIDDLE AGE

Mrs. Doucette Tells of Her Distressing Symptoms During Change of Life and How She Found Relief.

Belleville, Nova Scotia, Can.—"Three years ago I was suffering badly with what the doctor called Change of Life. I was so bad that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the only medicine I took that did help me and I recommend it. You don't know how thankful and grateful I am. I give you permission to publish what your good medicine has done for me."—Mrs. SIMON DOUCETTE, Belleville, Yarmouth Co., Nova Scotia, Canada.
Such warning symptoms as sense of suffocation, hot flashes, headaches, backache, dizziness, palpitation, irritability, nervousness, constipation, variable appetite, weakness and impatience, and distressing, are promptly headed by intelligent women who are approaching the period in life when woman's great change may be expected.
Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.
If you want special advice write to Lydia E. Pinkham Medicine Co. (consultants) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.
Minard's Liniment Cures Gout in Cows.

Cash Store.

HARRIS IN CANNED GOODS THIS WEEK
Get my price. You will be sure to buy. I want the money; and you want the goods.
C. W. STRONG
Wolfville.
If You Ride Harshback, HARNISS
are in good order. Repairs executed promptly. All work done highly satisfactory.
We carry a line of Harniss Drags, Arlo Harness, Whips, etc.
Also Buckles, Straps, Harness, Tackles, etc.
You'll find our prices too high. HARNISS HARRIS

AUTOMOBILE For Hire!

Careful Driver and Moderate Prices.
Phone 87-3.
G. H. Ruffee,
Wolfville, N. S.

A STAR'S UNDERSTUDY

She Played a Star Part After All.

By SPENCER L. CLARKE.

Miss Grazziella Fernald was understudy for the leading actress of the Eastern Stock company. Her greatest ambition was to be given an opportunity to show her skill and ability as an actress. Night after night she stood at the stage door waiting to hear if her services were needed, and when word was given that Miss Warrington was in good health and able to appear, she heaved a sigh of disappointment.

Julian Forsyth had been her devoted admirer since their childhood days, but now he craved for something more than mere friendship. He had little sympathy with her aspiration to become an actress. After repeated controversies on the subject, he said to her: "My love for you is greater and more sincere than all the applause you will ever receive. Why not marry me and be satisfied with the career of becoming my adored wife?"

"Marry! I should say not when I have this wonderful chance of proving how much better I can act than Miss Warrington. I have studied and studied the part, until I could recite it backwards and could act it in my sleep."
"Grazziella, this is absolutely the last time in any shape or manner that I will ask you again," said the young man with a determined air. "I have an offer to go west to investigate some farm lands. Shall we go together? I hate to think of you here all alone in this big city."
"Don't worry about me. I'm fully capable of taking care of myself."
"All right," responded Forsyth, yearning to take her in his arms, vowing that he would do his utmost to prevent her from receiving fervent stage kisses and embraces from some stranger before an audience of hundreds of people.

The following morning Miss Warrington received a note from Julian Forsyth, asking her to allow him to call in regard to an urgent personal matter. The messenger boy returned with the answer that she would see

Catty Woman.

Over in Brooklyn there's a woman who does quite a business in cats. She makes considerable pin money out of them. Her husband owns several apartment houses. A few weeks after arrival a new tenant is presented with a cat—not a fussed up cat with a yard of pedigree, just an ordinary cat picked up at the street or any place. Maybe the tenant doesn't care for cats, or that particular kind of cat. But the tenant thinks "What a nice landlady, what a kind landlady," and takes the cat, for the landlady has a very nice way with her, is very pretty and makes quite an impression. The landlady has several cats. They are Persians and most beautiful. Pretty soon she goes to the tenant and suggests mating. "How nice of the landlady," thinks the tenant. Little kittens come along and the tenant is so pleased, she'll take 'em all and not give the tenant so much trouble. In a little while they are sold for \$5 apiece. Once in so often thoroughbred cats are produced, which fetch \$20 to \$30, but in between times the mixed breed her quite a sum.

Cross Legs in the Car.

A young man and a young woman sat near the door of a Columbus avenue car, the young man having his legs crossed and one of his feet stuck out so that all who entered or left the car wiped their clothes on it, relates the New York Press. At 7th street a man and his wife got up to leave the car. The man stopped before the foot-protruding youth, took off his hat and said, "If you will kindly take your foot down it won't be necessary for my wife to wipe her dress on your shoes." Down came the foot, and apparently the most astonished young man in New York at that particular moment was the youth who had been rebuked. But a moment later there was an even more astonished man in that neighborhood. For when the man and his wife reached the street, she said, "Why did you trouble to do that? I always give the foot of a man like that a good kick when I pass it!"

Fresh and Storage Eggs.

Recent experiments by the government experts have shown that fresh laid eggs, when promptly stored and held at freezing point under ideal conditions, are perfectly good up to three months. After that they come to have a peculiar odor which is characteristic of stored eggs. When seven months have passed, there is difficulty in separating the yolk from the white, and the latter becomes thin and watery. At nineteen months, when the egg is cooked, the white is pink, and the yolk is much darker. Eggs stored for one year lose 10 per cent of their weight, though evaporated fresh eggs who boiled lose weight; storage eggs gain.

Precious Stones as Medicine.

A few centuries ago the "apothecaries" would regularly prescribe the various precious stones to be taken internally in the form of a powder. Pearls were especially popular in this respect, being used not only for many stomachic disorders resulting from overeating, but also by ladies in the hope of making their skin pearly white. However, as the dose was invariably a small one, fatalities rarely resulted.

Neat Grounds.

This is the time when the grass gets tall and unsightly, the burdocks begin to ripen and the thistles to scatter their seeds. Meticulous vigilance is the price of neat grounds both in town and country. Over the unsightly grounds both for present appearance and to prevent the seeding of the crop for next year. Neatness not only increases the value of your own property but helps to improve the appearance of the community.

Many poor physicians would have made masterly mechanics; many wretched architects would have made noble, athletic farmers and many pettifogging, parchment minded lawyers might have rendered the community excellent service as cobblers. Find your right place and there do your best.

Do the Irish like the Irish, Pat?

"Sure they do," answered Pat. "There's one, o' em who're I work, an' I wudn't mind if there were 5,000 more."
"Where do you work?"
"In an Irish cemetery."

I'll teach you to spoon with my daughter!

Cried a p. who was puff'ed up with puff;
"No thanks," said the snitter who'd caught her,
"She's already taught me herself."
I went to her father. The old man said "Yes."
"Does my son wearing this look of distress?"
"It's true that her father said 'Yes,' but you see,
I'd asked if he'd any objection to me."

Good Salesman Wanted

For every town and district where we are not represented. Prizes are being high prices, and Nuts are in demand. Make big money this Fall and Winter by taking an agency. Experience not necessary, free opportunity, exclusive territory, highest commissions paid. Write for full particulars.

Stone & Wellington

Posthill Nurseries
TORONTO, ONTARIO
Minard's Liniment for sale everywhere.

The little understudy will spoil the whole piece. I never would have engaged her if I had thought there was the remotest possibility of using her services. The next time I let my sympathies run away with my better judgment it won't be my fault." The only answer she gave was that it was utterly impossible for her to leave the hotel. Desperate, he sent a telegram to Miss Fernald, requesting her to report immediately at the theater. "Hurrah, hurrah!" she exclaimed. "At last I am going to get a start for one night, and who can tell maybe forever." In great haste she changed her gown, put on her hat and cloak, and fairly flew out of the house. She tried to suppress a scream, but the plea was agonizing. Two or three persons rushed to her assistance and helped her to her feet, and when the manager heard of the trouble a doctor was sent for instantly. The doctor announced that it was a bad sprain and probably Miss Fernald would not be able to walk for three weeks. The manager, however, turned around and used all the choice oaths in his vocabulary. Grazziella's disappointment was too keen to give vent to in words. She was the picture of despair. Once again the manager took up the phone and informed Miss Warrington of his dilemma. After a brief statement of the accident, he requested that she would appear as usual. Her illness had miraculously passed.

One of the men assisted Grazziella to her feet, and she was a panorama of tears as soon as she was alone. When Julian heard of the accident he hurried up to the boarding house and inquired for Grazziella.

"In so glad you came, Julian. I had my chance and lost it," she said mournfully.
"Well, suppose you give me a chance please," he pleaded.
"But I'm all damaged now," she replied, pointing to her bandaged foot.
"I thank the heavens for the accident, Grazziella. Let me see if I can ring this ring finger," he said, slipping a solitaire on her finger.

"Perhaps I may after all play a star part—and with the support of a good-looking, leading man," she said demurely.
(Copyright, 1912, by W. G. Chapman.)

They Protect Your Grain
Concrete is strong, durable and clean. It never wears out and needs practically no repairs. It is the cheapest of all materials for cribs and granaries. Write for this free book "What the Farmer can do with Concrete." It tells all about the uses of concrete and will help every farmer to have better buildings and save money.

Build Concrete Crib Floors and Supports

THEY keep the rats, squirrels and other rodents from carrying away your profits. Millions of dollars are lost to farmers each year through the ravages of rodents in cribs and granaries. Part of this loss is paid by every farmer whose crib floor isn't built of concrete. Concrete crib floors and supports stop the waste because

They Protect Your Grain

Concrete is strong, durable and clean. It never wears out and needs practically no repairs. It is the cheapest of all materials for cribs and granaries. Write for this free book "What the Farmer can do with Concrete." It tells all about the uses of concrete and will help every farmer to have better buildings and save money.

Farmer's Information Bureau

Canada Cement Company Limited
523 Herald Building, Montreal

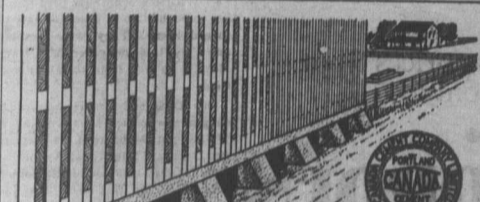


Five Roses Flour

Not Bleached Not Blended

MADE OF THE PUREST WHEAT GROWN IN CANADA

FORSALE BY WM. C. BLEAKNEY



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FORSALE BY WM. C. BLEAKNEY

FORSALE BY WM. C. BLEAKNEY

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(Without any obligation on my part send to the address below your Spring and Summer Catalogue.)

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50c Trip per week in each direction between Yarmouth and Boston.

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